



Download/Stream Book Quantum Body by Deepak Chopra, Jack Tuszynski, Brian Fertig:

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Book Description: Joining forces with two leading scientists, New York Times bestselling author Deepak Chopra offers a quantum leap for improving our physical and mental health.

In an unprecedented collaboration between three of today's most powerful minds, Deepak Chopra, M.D., teams up with physicist Jack Tuszynski, Ph.D., and endocrinologist Brian Fertig, M.D., to bring readers a visionary work that delves into the innovative world of quantum science and shows how unlocking its secrets can revolutionize how we live and age—and, ultimately, how we can eradicate disease. The key is the quantum body.

Unlike our physical body, which is subject to aging, injury, and decay, the quantum body exists on a sub-atomic level and is the infinite, invisible source of everyday reality that affects your thoughts, feelings, sensations, and biological responses. Without your quantum body, there is no physical body. And this lack of awareness of the most crucial part of ourselves negatively impacts our lives every day.

Through a powerful combination of prescriptive exercises and innovative research into the quantum world, the authors unveil seven breakthroughs that will revolutionize the future of everyone's well-being. Central to this revolution is a groundbreaking understanding of metabolism—the way our cells process energy—that promises to challenge our understanding of modern medicine as we know it.

Though all too familiar in the physical world, Alzheimer's, type 2 diabetes, cancer, and heart disease do not exist at the fundamental level of quantum reality. By harnessing the power of the quantum body, we can significantly improve our physical and mental well-being, including supporting healthy cell, tissue, and organ function, boosting immunity, promoting mental resilience, and expanding our understanding of what it means to live a happy and purposeful life.

In this groundbreaking book, Chopra, Tuszynski, and Fertig show you the way by unveiling the "real" reality of your body and mind as never before and providing a vision for a tomorrow that is already here.

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