Gastric Balloon in Dubai, Abu Dhabi is a type of procedure that involves inserting a balloon in the stomach endoscopically to help you feel fuller soon. It's suitable for those who want to lose weight non-surgically.



Are you struggling with obesity and looking for a non-surgical solution for weight loss? Look no further than the <u>Gastric Balloon in Dubai</u>. In recent years, the Gastric Balloon has gained popularity as a safe and effective option for individuals who are struggling with obesity and want to shed those extra pounds without undergoing invasive surgery. In this article, we will delve into the world of Gastric Balloons, exploring how they work, who is eligible for them, the different types available, their effectiveness, and much more. So, let's get started!

What is a Gastric Balloon?

A Gastric Balloon is a medical device that is inserted into the stomach to promote weight loss. It is made of soft, durable silicone material and is filled with saline solution or air. The balloon is placed in the stomach using an endoscopic procedure, which is a minimally invasive technique that does not require any incisions. Once in place, the Gastric Balloon occupies space in the stomach, making the person feel fuller with smaller meals, thus reducing the amount of food intake and promoting weight loss.

How does a Gastric Balloon work?

The Gastric Balloon works by creating a feeling of fullness in the stomach, which helps in reducing hunger pangs and controlling food intake. The balloon occupies space in the stomach, leaving less room for food, and promotes early satiety. As a result, individuals tend to eat smaller portions and consume fewer calories, leading to weight loss. The Gastric Balloon is usually placed in the stomach for a temporary period, typically ranging from 6 to 12 months, depending on the type of balloon used.

Benefits of Gastric Balloon

The **Gastric Balloon in Dubai** offers several benefits for individuals struggling with obesity. Firstly, it provides a non-surgical option for **Weight Loss in Dubai**, making it a preferred choice for those who are hesitant to undergo invasive procedures. It is a less risky and less expensive alternative compared to other surgical weight loss procedures such as gastric bypass or sleeve gastrectomy.

Secondly, the Gastric Balloon is a temporary solution, which means that it can be removed after a certain period of time. This makes it a reversible option for weight loss, giving individuals the flexibility to choose the duration of use based on their weight loss goals and health condition.

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