



# Become a mentor of a voluntary project Upgrade Yourself! Be a pioneer to our unique cell phone app and gain a complex training in leading people!

## The training will offer you:

- opportunity to learn how to effectively lead a group of people (leadership, mentoring)
- practical skills useful for project conducting and implementation
- deeper insight into communication skills (constructive and non-violent communication)
- opportunity to gain a team and support for your idea/action/project

## Sign up and become a leader on a journey ending with a successful project!

#### Description of the action:

Training for mentors of the project **Upgrade Yourself** is an opportunity to gain useful skills in leading people, managing projects and meeting interesting people from Slovenia and Czech Republic.

It is also an opportunity, challenge and non-formal commitment to more long-term engagement. Therefore, think twice before you sign up, whether you are interested and really ready to get into it! Training that you are going to take part in, is only a first step in a journey of a project group leader, who will have a whole year for inventing and implementation of his/her idea.

And what shall follow-up after the training?

- ✓ Opportunity to learn and use the cell phone app **IM-PROVE** for cracking your voluntary experience and competence growth;
- ✓ support in starting up your project idea, its promotion and networking with other people who
  would like to join you;
- ✓ support in project group coordination in case of your interest we are able to provide you with a
  mentor/advisor from our staff;
- ✓ opportunity to consult together your project idea and a support that you will need for it;
- ✓ opportunity to continue with another training in 2016 and withupgrading your experience

Due to international nature of the event the training will be conducted fully in English.

TheTRAINING FOR MENTORS OF PROJECTS will take place from 16<sup>th</sup> to 21<sup>st</sup> June in Střelské Hoštice, Czech Republic. Two participants from Slovenia will be selected to take part in the training.

#### How to apply?

Please fill in the form at: <a href="http://goo.gl/QX9EH9">http://goo.gl/QX9EH9</a> till Monday 8<sup>th</sup> June 2015.

For more information on the project contact us at: globalno@zavod-voluntariat.si.

### Regarding the costs...

The whole training including accommodation and travel costs is **100% covered**. Though, given that the event is quite exclusive and for very limited number of people, the selected participants will deposit a refundable prepayment of 30 EUR. After taking part in the training this deposit will be refunded.

After you sign up for the training we will send you an info sheet with more information and exact programme of the training. We are looking forward to meet you!