

## After Care Instructions

Proper care following your procedure is necessary to achieve the best results.

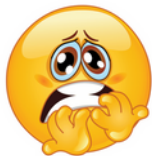
Failure to follow the post treatment instructions may result in the excess loss of pigment, discolouration and/or infection, as well as premature fading of the permanent makeup in the future



Day 1: Oh I am in love with my Permanent Makeup. Thank you!



Day 2-4: I don't like this colour, it looks really dark and solid



Day 5-7: OH NO! All the colour is scabbing and falling off!



Day 8-10: What? The scabs have fallen off and there is no colour!



Day 14-28: Thank goodness the colour has come back! Still a little patchy and uneven though



Day 42: (After Touchup) Awh, it is so beautiful, Thank you!

## All Areas

Do not expose the treated area to the sun (Best to avoid for 30 days)(wear a hat and sunglasses) Maintain a good sun routine at all times in the future.

Do not use any harsh cleansing creams or chemicals on the treated area.

**Do not pick the scabs/crusts that form on the treated area. Allow it to fall off naturally (This can cause scarring and loss of colour)**

Do not soak the area in the shower, bath or swimming pool. Avoid hot, steamy showers for 10-14 days

No Facials, Botox, chemical peels, electrolysis or hair removal for 4 weeks.

Use a clean fresh pillow case when sleeping, try to avoid sleeping on the face. Travel pillows are recommended to use.

**Avoid hot, sweaty exercise until all scabs are off**

Please also remember the skin is a living organism and we cannot determine what it will do afterwards, We at Touch of Blush try to guide your skin in the right direction

# Eyebrows

Do not apply any of your own products until all scabs are off.

On the day of procedure: Leave the brows alone for 24hours

Day 1-14: Gently wash your brows in the evening and apply a small amount of given aftercare ointment

Day 14 + : If scabs are still present continue cleaning and hydrating until skin returns back to normal

Avoid sleeping on your face as best as possible. Travel pillows work well to prevent you from rolling over

Resume regular facial routine once all the scabs are off the brow area.

Do not tweeze or wax the brow until all scabs are off

Remember brows will be darker the first few days after the procedure.

Don't panic they will lighten

Keep in mind that in many cases; some unevenness of colour is to be expected after the first application.

This is the purpose of the touch-up visit.

All PMU procedures are a 2 step process. Results cannot be determined until the touchup is completed

All PMU areas need to heal, peel and fade. This can take up to 10 days.

It can take up to 4 weeks for the colour to reappear and settle in the skin.

# Eyeliner

Avoid wearing eye makeup until all scabs are off

Apply given ointment once a day for 7 days, or until all scabs are off.

Avoid getting the area wet until all the scabs are off

If you wear contacts, avoid wearing them for 24hours after the treatment

Mascara can be worn 72hours after the procedure, however it is recommended to purchase a new one to avoid infection.

If you choose to wear mascara, avoid washing it off until the eyeliner scabs are off. If cleansing is required, use two earbuds to remove mascara using a sandwich technique

# Lips

Lips will look extremely dark after the treatment.

Apply given ointment through the day to keep lips hydrated. Don't let your lips get dry

Avoid getting the area wet until all the scabs are off

Drink through a straw until all the scabs are off

Eat clean dry foods or with cutlery to avoid getting the lips dirty and avoid spicy and salty foods.

No kissing until scabs have completely come off.

If you experience any swelling, pain, itching or blistering, discontinue use of aftercare ointment and call your technician immediately.

Touchups are charged at an additional fee. It is your responsibility to book in advance to avoid disappointment. Please book 1-2 weeks before your desired appointment time