

Metabolic Surgery Dubai

A metabolic surgery is a medical specialized doctor who aims to perform surgeries that help in reducing weight and treat several metabolic syndromes. These surgeries may include gastric bypass, sleeve gastrectomy, and biliopancreatic diversion with a duodenal switch. Several [Metabolic Surgery in Dubai](#) perform these surgeries with proper care and vigilance.

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The journey towards a healthier life often begins with making significant changes in one's lifestyle and eating habits.

For individuals struggling with obesity and related health conditions, metabolic surgery has emerged as a potential solution to achieve lasting weight loss and improve overall well-being. In Dubai, a growing number of individuals are considering metabolic surgery to regain control of their health and transform their lives.

Understanding Metabolic Surgery

Metabolic surgery, also known as bariatric surgery, is a surgical intervention aimed at helping individuals lose weight and manage obesity-related health issues. The primary goal of metabolic surgery is to alter the digestive system to restrict food intake, reduce nutrient absorption, or both.

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Definition and Purpose

Metabolic surgery involves various procedures that work by modifying the stomach and/or small intestine, resulting in reduced food intake and changes in hormonal signals. By doing so, it helps individuals achieve sustainable weight loss and can improve or resolve health conditions such as type 2 diabetes, high blood pressure, and sleep apnea.

Types of Metabolic Surgery

There are several types of metabolic surgery procedures available, each with its own benefits and considerations. Some common procedures include:

Gastric Bypass: This procedure involves creating a small stomach pouch and rerouting a section of the small intestine to limit food intake and nutrient absorption.

Sleeve Gastrectomy: In this procedure, a portion of the stomach is removed, leaving a smaller, banana-shaped stomach that restricts the amount of food one can eat.

Gastric Banding: This procedure involves placing an adjustable band around the upper part of the stomach to create a smaller pouch and control food intake.

Biliopancreatic Diversion: This complex procedure involves removing a large portion of the stomach, rerouting the small intestine, and reducing nutrient absorption.

Contact Us

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