

<b>Academic</b>	<b>Mental Health</b>	<b>Spiritual/Cultural Well-Being</b>
<a href="#">Content Tutors (Academic Learning Center)</a>	<a href="#">Empower Me</a>	<a href="#">Indigenous Student Center (ISC)</a>
<a href="#">Writing Tutors (Academic Learning Center)</a>	<a href="#">Indigenous Student Center (ISC)</a>	<a href="#">Spiritual Services</a>
<a href="#">Study Skills Tutors (Academic Learning Center)</a>	<a href="#">University of Manitoba Health and Wellness Office</a>	<a href="#">UMSU Student Clubs</a>
<a href="#">English as a Second Language supports (Academic Learning Center)</a>	<a href="#">University of Manitoba Student Counselling Center</a>	<a href="#">Manitoba Indigenous Cultural Education Center Inc. (Outside Source)</a>
<a href="#">Academic Success Workshops (Academic Learning Center)</a>	<a href="#">Klinik Community Health (Outside Source)</a>	<a href="#">Immigrant Centre Manitoba: Ethnocultural Organizations (Outside Source)</a>
<a href="#">Math Help Center</a>	<a href="#">Government of Manitoba Virtual Therapy (Outside Source)</a>	<a href="#">Neeginan Centre (Aboriginal Centre Of Winnipeg Inc (ACWI)) (Outside Source)</a>
<a href="#">Arts Academic Advisors</a>	<a href="#">Rainbow Resource Center for 2STLGBQ+ (Outside Source)</a>	<a href="#">Ma Mawi Wi Chi Itata Center (Outside Source)</a>
<a href="#">First-Year Planning Guide</a>	<a href="#">Mind Your Mind (Outside Source)</a>	<a href="#">Wa-Say Healing Center (Outside Source)</a>
<a href="#">Virtual Advising Help Center</a>	<a href="#">Crisis Response Center (Outside Source)</a>	<a href="#">Mount Carmel Clinic (Outside Source)</a>
<a href="#">English Language Center</a>	<a href="#">Mental Health Education Resource Center (Outside Source)</a>	
<a href="#">The Purdue Online Writing Lab aka Purdue Owl (Outside Source)</a>	<a href="#">Canadian Mental Health Association (Outside Source)</a>	
<a href="#">UM Achieve/JUMP Portal</a>	<a href="#">EMentalHealth (Outside Source)</a>	
<a href="#">U of M Academic Calendar</a>		
<a href="#">Career Compass (Career Services)</a>		