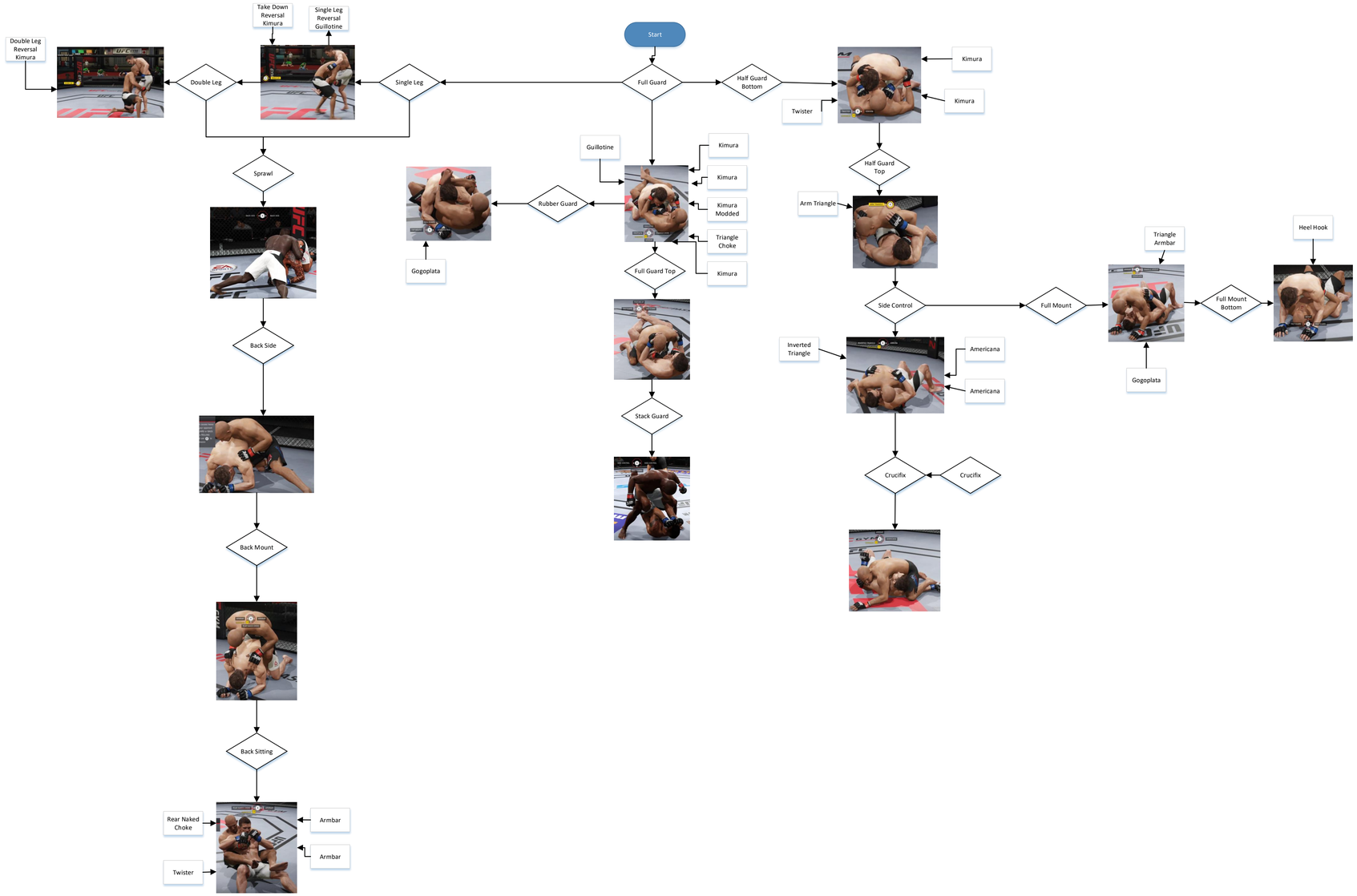
Start
Full Guard
Half Guard Bottom
Kimura
Kimura
Twister
Single Leg
Double Leg
Take Down Reversal Kimura
Single Leg Reversal Guillotine
Double Leg Reversal Kimura
Sprawl
Back Side
Back Mount
Back Sitting
Rear Naked Choke
Armbar
Armbar
Twister
Guillotine
Kimura
Kimura
Kimura Modded
Triangle Choke
Kimura
Rubber Guard
Gogoplata
Full Guard Top
Stack Guard
Half Guard Top
Arm Triangle
Side Control
Inverted Triangle
Americana
Americana
Crucifix
Crucifix
Full Mount
Triangle Armbar
Gogoplata
Full Mount Bottom
Heel Hook