



# NEWBORN ESSENTIALS CHECKLIST

## Clothing

- 5-7 short sleeved baby rompers/ bodysuits
- 2-4 pull-up pants
- 3-5 sleepsuits
- 1-2 newborn hats
- 2-4 pairs of mittens
- 4-6 pairs of socks and booties

## Bathing

- Bath tub
- 2-3 hooded towels
- Baby body wash and shampoo
- Baby lotion
- 6-8 washcloths

## Diapering

- 1 pack of newborn size disposable diapers
- 1-2 large pack of disposable baby wipes
- Diaper rash cream
- Waterproof diaper changing mat

## Health and Grooming

- Baby nail clippers or scissors
- A soft-bristled baby brush
- Ear thermometer

## Feeding

- 3-4 Nursing bras
- Breast pads
- Lanolin nipple ointment
- 3-6 burp cloths or bibs
- 3-5 feeding bottles
- Bottle brush
- Milk storage containers
- Breast pump
- Formula

## Cleaning

- Baby detergent
- Baby liquid cleaner

## Sleeping

- Baby cot
- Mattress
- 2-3 bedsheets
- 1-2 waterproof crib mattress protector
- 2-4 light receiving blankets/ muslin swaddlers

## Going Out

- Baby carrier
- Stroller
- Car seat (if you drive)

## Nice-to-Haves

- Bottle sterilizer and warmer
- Nursing pillow
- Swing/ bouncer seat
- Teething toy
- pacifier

