



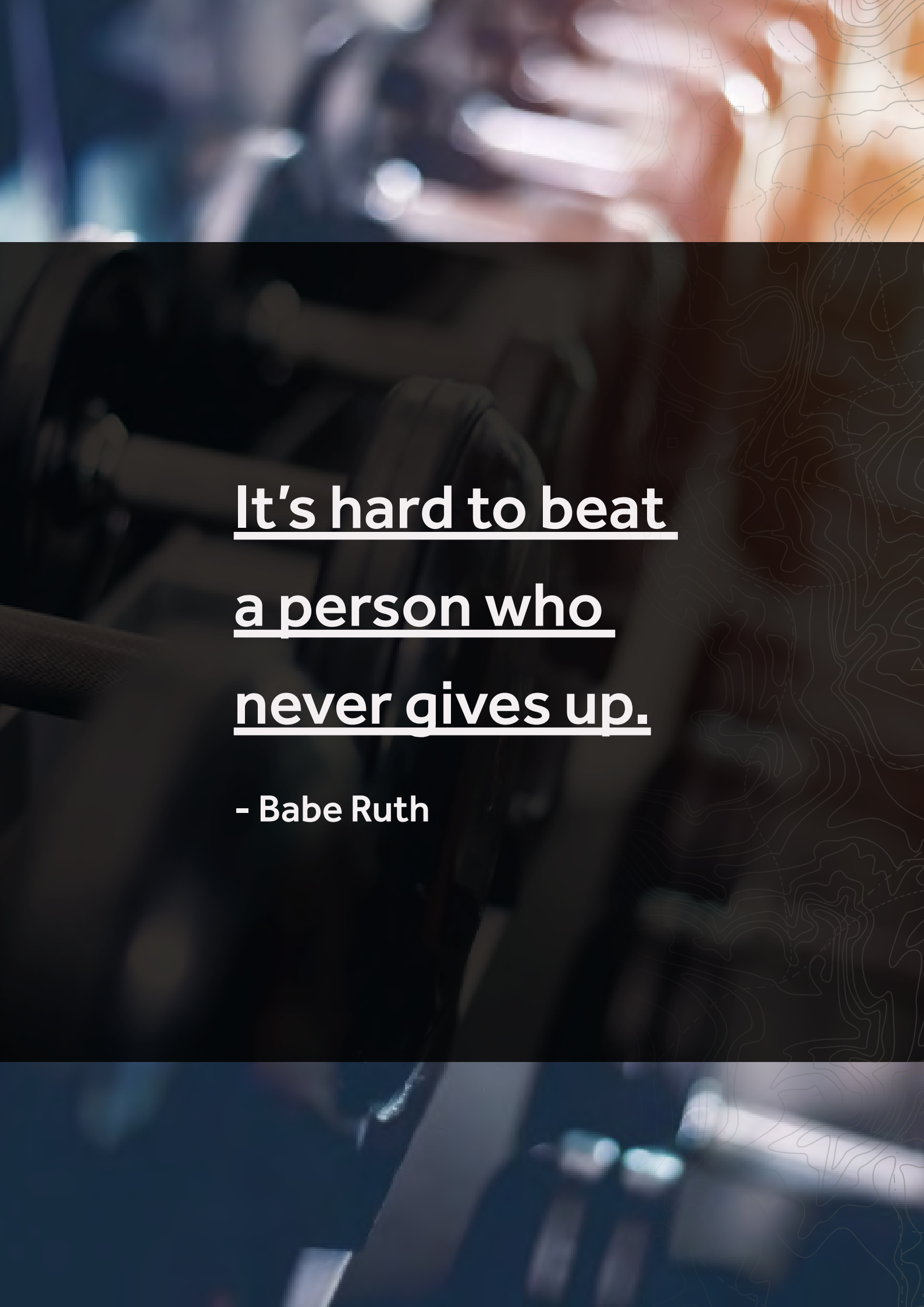
[www.maltamarriott.com](http://www.maltamarriott.com)

MARRIOTT

# FITNESS

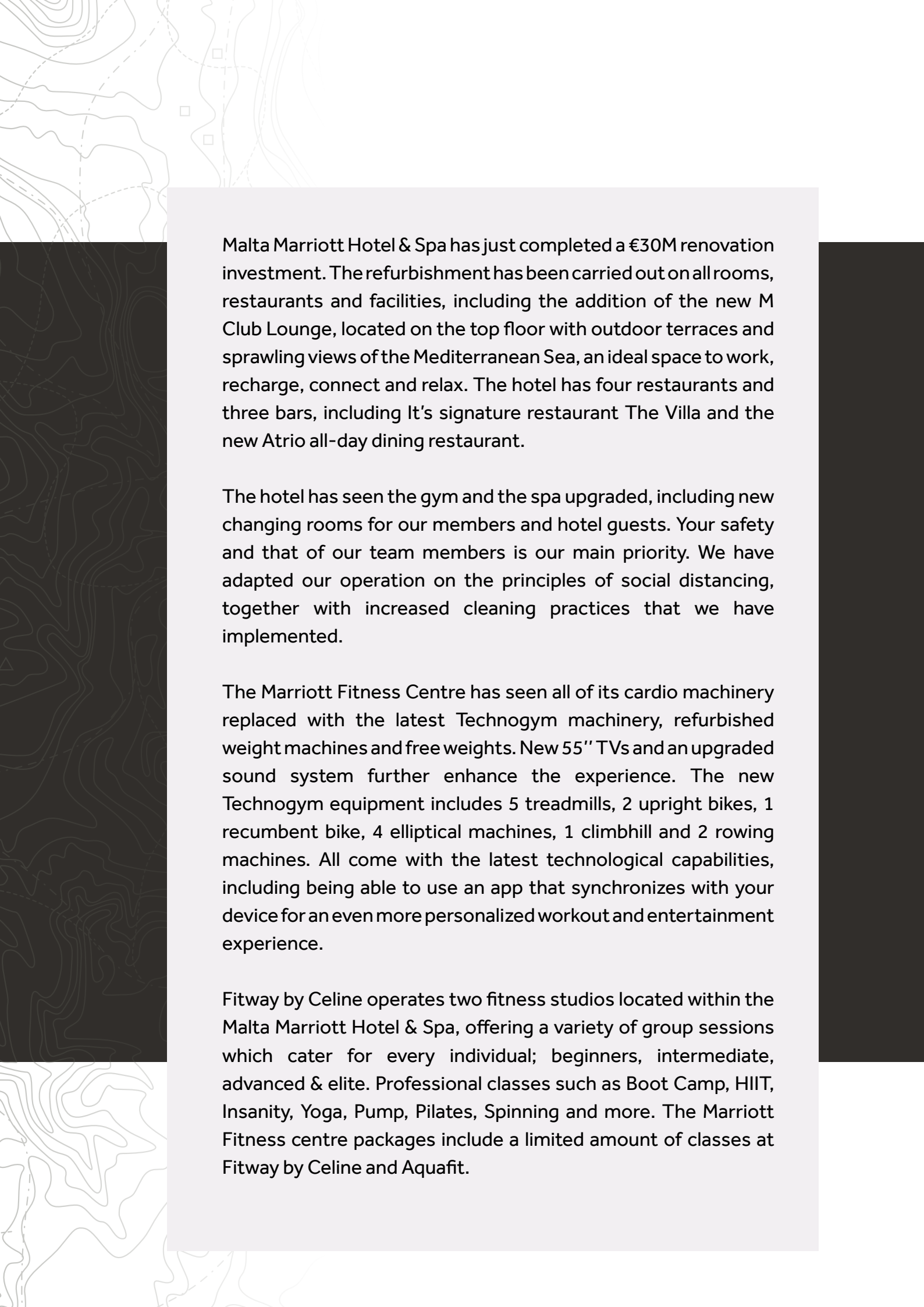
CENTER

2023



It's hard to beat  
a person who  
never gives up.

- Babe Ruth



Malta Marriott Hotel & Spa has just completed a €30M renovation investment. The refurbishment has been carried out on all rooms, restaurants and facilities, including the addition of the new M Club Lounge, located on the top floor with outdoor terraces and sprawling views of the Mediterranean Sea, an ideal space to work, recharge, connect and relax. The hotel has four restaurants and three bars, including its signature restaurant The Villa and the new Atrio all-day dining restaurant.

The hotel has seen the gym and the spa upgraded, including new changing rooms for our members and hotel guests. Your safety and that of our team members is our main priority. We have adapted our operation on the principles of social distancing, together with increased cleaning practices that we have implemented.

The Marriott Fitness Centre has seen all of its cardio machinery replaced with the latest Technogym machinery, refurbished weight machines and free weights. New 55" TVs and an upgraded sound system further enhance the experience. The new Technogym equipment includes 5 treadmills, 2 upright bikes, 1 recumbent bike, 4 elliptical machines, 1 climbhill and 2 rowing machines. All come with the latest technological capabilities, including being able to use an app that synchronizes with your device for an even more personalized workout and entertainment experience.

Fitway by Celine operates two fitness studios located within the Malta Marriott Hotel & Spa, offering a variety of group sessions which cater for every individual; beginners, intermediate, advanced & elite. Professional classes such as Boot Camp, HIIT, Insanity, Yoga, Pump, Pilates, Spinning and more. The Marriott Fitness centre packages include a limited amount of classes at Fitway by Celine and Aquafit.

# PACKAGES

We have a variety of membership packages available to suit all needs and schedules, with rates as follows:

	Individual	Couple
Daily	€33	n/a
Weekly	€72	n/a
Monthly	€110	n/a
Quarterly	€275	€460
Half Yearly	€430	€760
Annual	€790	€1250

Off peak membership - Valid between 06:00-16:00.

Priced as follows:

	Individual	Couple
Quarterly	€200	n/a
Half Yearly	€305	€530
Annual	€550	n/a

# OPENING HOURS

Monday to Friday	06:00-21:00
Weekends & Public Holidays	07:00-19:00

## Membership includes the following:

- Use of gym indoor heated swimming pool, sauna, jacuzzi, plunge pool, steam rooms + lockers
- Complimentary towel (use of extra towel is charged at €1 per towel)
- Complimentary use of squash court
- Limited classes available in Fitway by Celine for Marriott Fitness Center members. Please note that members must book at least 3 days in advance.
- Gym members are offered a free consultation and a 4 week's fitness program tailor made for each individual's needs.
- 2 hour parking voucher upon presentation on the client parking ticket

## Group / Corporate Memberships

- 5 members or more = 10% discount on Individual membership
- 10 members or more = 15% discount on Individual membership



# TERMS & CONDITIONS

- Membership freeze at a cost of €15 per freeze up to 3 months
- Squash Court at €15 per hour, with the racket rental fee of €5 per racket per hour.
- Administration charge of €10 in case of membership card loss.

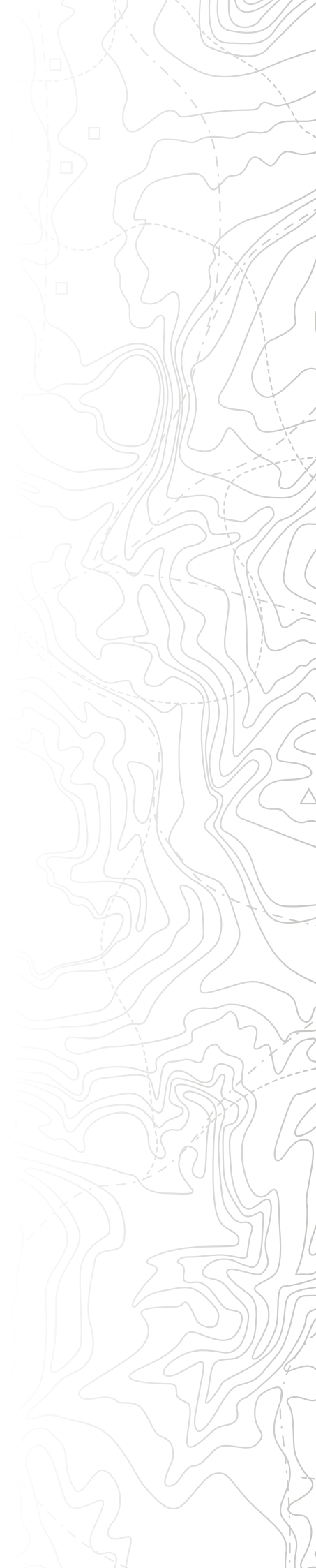
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## **Prior to entry:**

- Members can make use of the stand with information upon entrance.
- Contactless payments are encouraged for all new members.
- Utilise the provided antibacterial wipes to wipe down machines and weights after use.
- Towels must be used on all sweat-absorbing equipment, including mats and machines.
- Towels must cover the whole upholstery of the equipment; therefore hand towels are not permitted.

## **General rules & updates:**

- Whilst we have an obligation to ensure our facility is as safe & hygienic as possible, we ask all members for their co-operation whilst using the gym facilities.





The below signed parties hereby enter into this gym membership agreement, acknowledging and accepting the above terms and conditions.

Full name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Mobile No: \_\_\_\_\_ Res No: \_\_\_\_\_

Email address: \_\_\_\_\_ Signature: \_\_\_\_\_

Name and contact number of person to be contacted in case of emergency:

Full name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Mobile No: \_\_\_\_\_ Res No: \_\_\_\_\_

Email address: \_\_\_\_\_ Signature: \_\_\_\_\_

Type of Membership: \_\_\_\_\_

For Office use only: \_\_\_\_\_ Date of application received: \_\_\_\_\_

Renewal Date: \_\_\_\_\_

Approved by: \_\_\_\_\_







**MARRIOTT  
MALTA**

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