

From Heartbeats to Heartbreak.

*A summary of the project by Justin-Genious (for better comprehension)
This is not an in-depth analysis.*

HEARTBEATS AND HEARTBREAKS consists of 6 tracks. This summary explains each track and the connections thereof.

1. Starting off with Poetry: Body Language; as the classic tale of heartbreak begins with love, the poem serves as a fitting introduction to the project. The opening line, "If love had a sound, this would be that sound", was taken from Akua Naru's "Poetry: How Does It Feel?" which is where the instrumental was also taken. Body Language, which portrays lovers communicating through actions rather than their words, is a continuation of the poem, 5PACE from Dilletante (2020). This can be inferred from the similarities in what sound like the typical break-up lines: "I think we need space" and "I think we need to talk".

Although it introduces the project, Body Language is not where HEARTBEATS begins, it is a part of HEARTBEATS.

Fun fact: if you listen closely to 5PACE, you can hear Justin-Genious faintly respond to the "WTF" remark with "this is body language".

2. The second song, FIRST HEIST, is where the HEARTBEATS begin. Using a play on words from the famous saying, "Love at first sight", the song expresses young love. Waking up to pictures of your lover since you can't actually be with them all the time, going to bed once more with the same sentiments, young distant love. Innocence, in a sense. The song has a poem that accompanies it with the same title, it was posted on Justin-Genious' Facebook timeline in 2021.

It reads:

FIRST HEIST

I could paint a picture
Allow me a second of expression
Heh, "It will just take a minute", a mixture
Lines with similies and smiles in succession

The truth now evident
In my... rather slow act; but immersion
For the subject that so stands eminent
Elegance is the first impression

Time and effort equates perfection
Allow me to take a second of expression
As I try to perfect this so it matches....

Perfect.
With little effort
Stole my eye at first sight
Love at first heist.

Ika.I brings in some contrast with his verse, where he reminisces on young love and reflects on how far he has come with his lover, expressing further that their love would carry on til their last days if they are both willing.

Fun fact: Although the poem was written in 2021, the song was written 4 years prior to it.

3. Gaia's Daughter is a shift in character, there is a loss of innocence and an affinity for mind-altering substances. The words "Gaia's Daughter", express a double meaning; Gaia being the goddess of the Earth, the Earth itself or mother nature, her daughter being a human (since she is of the earth) and a plant (Mary Jane). She takes him higher with her energy and so does the plant, he is in love with both. He reflects on how gorgeous the lady is but also hints at an addiction (fiending for a meal ... they say that she gon be the death of me)

Fun fact: This song was not in HEARTBEATS AND HEARTBREAKS at first it was only added on the last day before the release.

4. Elijah's interlude is the crux of the project, where you are provided with poetry that reflects love for a significant other as well as sad remarks due to the broken relationship. Mentioning "heart beats" in the first part then "heart breaks" as the poem progresses is perfectly aligned with the classic tale, how it always begins so well only to end in tragedy. He mentions how his lover's attention is drawn towards alcohol instead of him (another mind-altering substance). The poem clearly explains itself and it is done so on top of an instrumental (strings, fitting as he says his heart strings a song) that leads to the next song; Alone.

5. Alone. Just as Elijah's interlude expresses loss of love, Alone is an expression of heartbreak and regret. This is where you are introduced to the feminine voice singing along, suggesting that she shares the same sentiments as Justin-Genious but in actuality, he was in the wrong. The words are from the aforementioned lady, it's Justin-Genious who is singing along so as to make it seem that he's the one who was heartbroken. "I'm only human", shows that he knows it's his mistakes that ruined the relationship... The second part of the song is him acknowledging his mess-up and is thus turning back to smoking to forget about this (which doesn't work, obviously). He finds it difficult to move on without her and he tries to convince her to return.

6. Open Letter ft. Miyelani begins with a message that clearly asks Justin-Genious to move on. The verse of song, as the title suggests, is a letter to Justin-Genious from his ex-lover. She expresses how she feels about him and how he made her feel in the course of their relationship, making it clear that he chose someone and/or something else when all she wanted was for him to be there for her. It is her moving on and asking him to do the same. She gives him advice before closing the letter, asking him to take care of himself lest he ruins himself, showing that she still cares... Hoping that he will change for the better in time.

Fun fact: There are three voices in the song, the first is the singer, Justin-Genious and the voice of the writer which can be heard from the 2nd minute of the song.

In closing, HEARTBEATS AND HEARTBREAKS is based on true events that span across a couple of years. Do not take it as a true story, take it as something you could find parts of yourself in. If you cannot relate, enjoy the art as it's given... or not.

Thank you.

This was HEARTBEATS AND HEARTBREAKS by Justin-Genious and Friends.

Until next time.

5.

LYRICS

1. Poetry: Body Language

If love had a sound
This would be that sound
I think we need to talk

Without using words
Conversation and expression through verbs
Not verbally but tonight I wanna speak Ebonics
I feel euphoric at the sight of your waist as you lay and
The shape I see is parabolic
I wanna talk without the words
I'm talking body language

You know that I'm differently wired
I told ya I could hold ya like a soldier
I mean I could support your legs
on my shoulders if you feel tired

(So let's talk about it)

Quit acting savage, let me heal your damage
with my appendage
like a bandage
I wanna
wrap myself around you and be in the present
Now is all that matters
You shift a bit to the side and your eyes say get on the mattress
how they entice me, heaven is exciting
she invites me, "I want you inside me"
I reply with a smile
Right before our lips touch and we close our eyelids
Body language, how I say I love you with all this silence

(So let's talk about it)

Soul kisses plus caresses as the heavy breathing starts
sensations giving our hearts fast pulsations
I know you set your phone on silent
so we can saxophone all night like,
oh my gosh my girl's a fine "your highness"
I feel your highness as I free your breasts from their harness,
we're getting bare, this conversation is honest
Lying together, letting our bodies tell the truth

So let's talk about it

I understand the importance of communication,
won't you just let your body talk
We move as one, in unison
I wanna feel your body torque

I know you like it when I take the lead
You say what I do best is teach
But I don't need to say it with my lips,
your body is my figure of speech
And it's never out of reach
Every single time I beseech
Sheesh

Raising hell on our way to heaven
Vibrations in my eardrum
And as we hum
I want to hold hands until kingdom come
Cum

This is love
Love
I wanna write about and even feel myself about it
You won't feel the same without me
So let's talk about it
Let's talk about it

This is love
I wanna write about and even feel myself about it
You won't feel the same without me
So let's talk about it
Let's talk about it

This is love.

2. FIRST HEIST FT. IKA.I

(Chorus)

Everyday I wake up
Start my day off
With your pictures
Just thinking 'bout you
Thinking 'bout you

Nights I just stay up
With my face up
In your pictures
Just thinking 'bout you
Thinking 'bout you

(Verse 1: Justin-Genious)

And all my homies say I got bad for you
Even though your mama think I'm bad for you
You know I can never hold back the truth
I feel like you're the one and I was made for you

I would go mad for you
Matter 'fact I would go HAM for you
Break my back for you
Travel to the moon and back for you

Cause I love you crazy
Ain't no better way I could say it
Yeah, I love you crazy
Ain't no better way I could say it
And I wanna wear my heart on sleeve
When you're not around
Girl, it gets harder to sleep
You're the girl of my dreams

(Verse 2: Ika.I)

Thinkin' bout the first time I met you
You was wearing jeans and a white shoe
Used to make noise in the staff room
Now you make noise in my bedroom
I don't want another man to love you
Wanna be the only one you run to
My chest is your pillow when we cuddle
My back is your pillar when you struggle
Girl I love you crazy

Ain't no better way I can say it
Met my mom and my daddy
Even got a baby
I know you love and you hate me
I don't know if you wanna marry me
But if you wanna marry me ama love you till the day they bury me

(Chorus) x2
[Justin-Genious over second chorus]

I let my guard down
You stole my heart
It was love at first heist

(x2)

Love at first heist

Love at first heist

(Outro: Elijah)

what an august patron of the arts
to go outside and dance with the stars
that is what falling for you reflected in me.
I may have paused writing poetry then
though your observations of the way my earlobes are different,
and my humour breaks freely in the air,
and my hands enjoy tending your temple
just to accept our difference,
was all the inspiration i needed to keep to self.

3. Gaia's Daughter

(Hook:) x2

Come into my room, I'm puffin' on that potent grass
Tryna get to you, I'm thinking 'bout that hourglass
Out of sight!
Out of sight
We don't even need a map

(Verse 1)

Yeah
Enter the dame
Into the dome
She showing me game
Feelin' insane
Feelin' the same way
Let me know when you wanna maintain
Pick a "hey-day"
The world is at my fingertips, it's soft but this ain't clay
Look into my mainframe
Am I crazy?
Never have I ever met a lady
That could take me
Outta space, outta this place
I'm lost in
All of these shapes, your body and face
You're gorgeous, you're flawless so

(Hook:) x2

Come into my room, I'm puffing on that potent grass
Tryna get to you, I'm thinking bout that hourglass
Out of sight
Out of sight
We don't even need a map

Out of sight
Out of sight
We don't even need a map (x2)

(Bridge)

Gaia's
Gaia's daughter ain't no other girl that's flyer (flyer)
I'm inspired (I'm inspired)
By the fire (by the fire)
Take me higher (take me higher)

(Verse 2)

With your energy, won't you speak to me

Make the best of me
Fiendin' for a meal, what's the recipe?
She keep blessing me
They say that she gon be the death of me
She takes me out my misery
Open sesame, takes the rest with me
Patiently
Stay with me

She told me feeling the vibe
Saturday night, we be alive
Yeah
Suddenly up on the way
Hidden away, finest escape
Yeah
Locked up in these four walls
And I got you on all fours
Blowing my mind
You're a smart broad
You're genius

(Hook:) x2
Come into my room, I'm puffing on that potent grass
Tryna get to you, I'm thinking bout that hourglass
Out of sight
Out of sight
We don't even need a map

(Outro)
Gaia's
Gaia's daughter ain't no other girl that's flyer (flyer)
I'm inspired (I'm inspired)
By the fire (by the fire)
Take me higher (take me higher)
(With your energy)
(With your energy)

4. Elijah's interlude

what an august patron of the arts

to go outside and dance with the stars

that is what falling for you reflected in me.

I may have paused writing poetry then

though your observations of the way my earlobes are different,

and my humour breaks freely in the air,

and my hands enjoy tending your temple

just to accept our difference,

was all the inspiration i needed to keep to self.

my heart beats a different melody for you

singing all harmonies in tune

stringing a song

my soul longs for yours.

do i belong to you?

damn, i shouldn't have shared our love interest to my friends

that's probably why we're not together

whoa, this is the reason why we're not forever.

you made me question my reasons for trusting you

made me pray more for you

that i forgot God needed my heart too.

no more self-care

feelings of despair

can't see how that's fair

fighting for a one-sided affair.
i'd rather you had tasted my body with your mouth
instead of lying to me with it
confusing the passage of time
not knowing that this faith of mine
is aligned to a pathway of all that's right.
i enjoyed the way you kissed me though
seemed sincere but overly compromised though
i don't know what he did to you to hate intimacy
because you'd rather consume alcohol than to see me.
oh, what a sham it is to be me
because to get closer to love felt like a tragedy.
my heart breaks knowing that you'd rather be a comic to the masses
when our relation was in shambles
protecting your facade inside to neglecting your mirage
i broke my reflection when all i wanted was to be seen
and you were left across my mirror
to make sure that i replay these scenes,
are you happy?

5. Alone

(Verse 1: Justin-Genious with Unathi)

So You said that you would carry me
Yeah, you said that you would carry me home
And I never did anything ... And I never did anything wrong
So why am I alone now?
All on my own now
And I'm screaming with no sound
I don't know how to go on with without you
You were my boo
Cause you said that you'd be there for me
Never leave
You were my everything
And I believed in everything in you said
And I would do anything
To see you in my arms now
I wish that you were still mine
You took away my heart
Man, this cannot be my real life
You're the only thing that I need
If you cut me then I would bleed

(Justin-Genious)

Girl, I'm only human
You're the only woman
I know would heal my wounds and
I'm hoping that you come back

Cause I said that I would never leave
[Cause you said that you would never leave]

(Verse 2: Justin-Genious) [Unathi]

If you cut me then I would bleed

[If you cut me then I would bleed]

Sticks and stones done broke my bones, I know I'm yours that's why it's hurts
to see you see leave
I can't say it in a sentence more unique
I convey it in a song so you can play it
Every day and even when you fall asleep
Hope you it in your dreams
Whoa!

Never thought I'd hit another low
Now I'm looking for the high

[Never thought I'd hit another low
Now I'm looking for the high]

toking with my bros
I was talking with my bro, and he said I gotta let it go

[I was talking with my bro, and he said I gotta let it go]

No!
Pass the blunt, let me blow
You don't know how it feels to you get your heart broke
(cough)
Man this kush is dope
What you call it, purple haze?
Oh, my days
And I'm back to my place, and I'm all alone

(Chorus: both) x2

[Justin-Genious]

Why am I alone now?
[and I call your phone]
All on my own now
[won't you come back home?]

(Outro: Unathi) x2

Why am I alone now?

All on my own now?

6. Open Letter ft. Miyelani

(Prelude:)

Kiss me goodbye
You'll be alright

(Hook 1:)

Gotta take some time to grow
Think I gotta let it go
Picking on my scars
Been hugging on my past
I get down on my knees
I tell God what I need
Right now it's not you
I can't really see this through (this through)

(Bridge:)

Can you give me some space?
I could do with a break from this
Saying things from the outside might put me in my right mind
I feel

(Chorus x2:)

You're not Mr. Right right now
I'm not Mrs. Right for you

(Bridge:)

I get down on my knees
I tell God what I need
Right now it's not you
I can't really see you anymore

(Verse: Justin-Genious)

Yeah
Dear Justin

I hope this finds you well
I had to write to you, hell, some things I really wanna get up off my chest
Cause I am stuck in
A phase where I wanna tell you that I hate you but I love you and I hate that
but
Just in
Case you think that you could have your way with me
Like babe, I'm begging please, don't leave, I'll better man
only if you stay with me
That's make believe
Like holding on to a burning bridge
I'm better off your reach

I only held on just in
memory of once upon a time
When you said you would never change
The wind blows and suddenly you're not the same
My girls would ask me if I'm insane cause I would always stay through all the
pain
Changing lanes, and playing games, yeah, you had me stressing
I had a long night with my feelings into pen and page
So much rage at a young age it got depressing
How naive of me, I thought we'd never be estranged, what a shame

You left my heart in stitches
Talking bout forgiveness
I can't even stand your pictures
Man, screw you and your other
Yeah

[Regomoditswe]
So maybe I was holding on to a love that was never mine
I thought you were my Mr. Right

But you had your back turned when I needed you
Ain't no turning back, I have to see it through
When you read this I'll be free of you
Sincerely yours
P.S.
Keep yourself in check or you will wreck yourself
Damn, you gotta

(Hook: Miyelani)
Gotta take some time to grow
Think I gotta let it go
Picking on my scars
Been hugging on my past
I get down on my knees
I tell God what I need
Right now it's not you
I can't really see you anymore

(Outro: Miyelani)
Gotta take some time to grow
Think I gotta let it go
Picking on my scars
Been hugging on my past