

Body Massage

60/90 MINUTES

## AROMATHERAPY . RS 1000

THERAPEUTIC MASSAGE USING ESSENTIAL OILS CHOSEN ACCORDING TO INDIVIDUAL SPECIFIC NEEDS TO PROMOTE RELAXATION, RELIEVE STRESS AND TENSION.

## REFLEXOLOGY + LILY LOVE SCRUB . RS 1000

SPECIFIC PRESSURE TECHNIQUE APPLIED TO THE FEET WHERE ALL THE INTERNAL BODY STRUCTURES AND ORGANS ARE MAPPED OR MIRRORED IN MINIATURE.

## SHIATSU . RS 1200

THIS JAPANESE-STYLE ACUPRESSURE MASSAGE WORKS ON VITAL ENERGY POINTS TO UNBLOCK AND BALANCE THE BODY'S CHI.

30 MINUTES

## BACK MASSAGE + LILY LOVE SCRUB . RS 500

AN UPPER BACK MASSAGE GETS DEEP INTO THE MUSCLE TISSUES AND HELPS THE MUSCLE RELAX AND THEREFORE RELIEVE TENSION USING ESSENTIAL OILS.

MASSAGE AT HOME\* OR IN ROCHES-BRUNES
CONTACT: LILY LOVE ON 5921 6896 / FACEBOOK OR INSTAGRAM

\*TRAVEL FEE: RS 200