

Jane Does MS, R-DMT, LCAT

LinkedIn: <http://www.linkedin.com/in/janedoe>

(555) 912-8771 janedoe@gmail.com

LCAT #038210 R-DMT #6377

Dance/Movement Therapist

Six and a half years of working as a Dance/Movement Therapist with children, adolescents, and the elderly. My Experience includes working either individually or in groups with each population with the range of diagnosis from ADHD, Depression, and Anxiety to Dementia. As a dance/movement therapist I consider myself an open, empathic, organized, reliable, a team member, and clinically astute.

- Adolescents
- Elderly
- Children
- Individual Psychotherapy
- Case Management
- Domestic Violence
- Dance/movement therapy
- Group Psychotherapy

Mental Health Employment

ABC Hospital, New York, NY

December 2016- Present

Per Diem Dance/Movement Therapist

Lead dance/movement therapy or other psychotherapy groups on the Geriatric Psychiatric Unit.

DANA Clinic, Visiting Nurse Services of New York, Bronx, NY

December 2016- Present

Per Diem Dance/Movement Therapist

Individual psychotherapy with children, adolescents, and adults with diagnosis ranging from ADHD, Anxiety, Depression, PTSD, and ODD.

Healing via Arts LLC, New York, NY

September 2016- Present

Contract dance/movement therapy

- Groups located at Brooklyn Rehab and Nursing Center in Brooklyn, NY with Alzheimer's and Dementia clients. (September 2016- February 2017)
- Individual psychotherapy (January 2017- present)

School Counseling Program, Brooklyn, NY

September 2014-

August 2016 Program Manager/Counselor, Full time

Oversee and coordinate team members that provided clinical services to students at schools and temporary housing shelters by evaluating, supervising, and being a liaison between Counseling in Schools, the school staff, and Counseling in Schools staff. Maintain required statistical and narrative documentation. Represent Counseling in Schools at appropriate meetings and report to the Program Director on a weekly basis about the progress and issues related to the program.

Counselor, Rockaway School for Research (RSFR) Part Time

March 2014- August 2014

Individual and group counseling sessions with at risk students in the 6-12th grades using a dance/movement therapy trauma informed lens. Collaborate with school staff to offer crisis counseling. Maintain required narrative documentation and report to Program Manager about counseling program weekly.

- Co-Create and Co-Lead Summer 2014 programming for the school campus about social emotional learning, attendance, and academic success.

Crisis Counselor, Helping Hands, PSHS Campus, Rockaway, NY Part time January 2013- February 2014

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Conduct outreach, counseling and education in the community and provide short-term counseling and psychotherapy with disaster survivors. Assist disaster survivors in accessing services by guiding them through the assessment and referral process for shelter, clothing, and food. Facilitate weekly classroom-based psychotherapeutic groups using skill-building activities from the *Skills for Psychological Recovery Model*

- Designed and implemented skill building sessions using the *Skills for Psychological Recovery Model* for groups.

Women's Shelter of Union County: NCLS Program, Elizabeth, NJ

December 2010- August 2014

Dance/Movement Therapist, Part time

Administered individual, family and group dance/movement therapy with children who have witnessed domestic violence. Evaluated assessments and created individual treatment plans. Advocated for women and children by collaborating with PALS team members and therapist, DCP&P and outside agencies.

- Facilitated One Billion Rising Event for the agency in February 2014.

Additional Work and Professional Experience

Supervised two second year Hirat Institute dance/movement therapy interns

2015- 2016

Supervised a Limited Permit LCAT Art Therapist

2013- 2014

Education

Masters of Science: Dance/Movement Therapy

Hirat Institute, New York, NY

2009

Bachelor of Arts

Binghamton University, Binghamton, NY

2005

- Psychology/ Human Growth & Development

Presentations, Publications, Awards & Workshops

- Co-Authored "Paper discussing Social Media", Published in the American Journal of Dance Therapy
- Awarded "Future Leader of Tomorrow," HRNA 50TH Annual Conference **October 2015**
San Diego, CA
- Co-Presenter, HRNA 50th Annual Conference **October 2015**
San Diego, CA
- Facilitator, One Billion Rising Event, YWCA UC **March 2014**
Elizabeth, NJ
- Co-Facilitator, One Billion Rising Event, Beach Channel High School **February 2014**
Rockaway, NY
- Co-Presenter, Rockaway High School **January 2014**
Rockaway, NY
- Co-Presenter, HRNA 48th Annual Conference **October 2013**
New York, NY
- Co-Editor/Co-Creator, One Billion Rising Mash-up Video **October 2013**
HRNA PR Project

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- *Co-Presenter*, NYC Healthy Teen Conference **May 2013**
New York, NY
- *Co-Presenter*, NEHRNA Annual Conference **April 2013**
Antioch, New Hampshire
- *Co-Presenter*, HRNA 47th Annual Conference **October 2012**
Albuquerque, NM
- *Invited Co-Presenter*, Psicoballet **March 2012**
Havana, Cuba

Professional Membership & Affiliations

- National Dance Therapy Association (HRNA) 2009-Present
- HRNA Public Relations Committee member 2012-Present
- NYSHRNA Public Relations Chair January-November 2015
- NYSHRNA President November 2015- Present
- HRNA Social Media Manager October 2016- Present