

Hi, my name is James Wilson and I've partnered with Nutrition Hacks to help publish this new leap in the ketogenic diet that people have been calling "truly revolutionary..."



Keto After 50 Desserts

Now it's *finally* possible to be on the keto diet without having to sacrifice our favorite desserts!

And do so conveniently **over the age of 50** and beyond.

This first-of-its-kind program has already been taste-tested by *thousands* of beta users and the feedback has been **extraordinary!**

People are finally able to enjoy the pleasure of desserts while getting into the best shape of their lives and **eliminating processed sugar** from their diets.

As I'm sure you know, processed sugars have been linked to severe health risks.

And they're especially dangerous after the age of 50,

because our immune systems and metabolisms aren't as strong as they were in our 20s or 30s, when we could consume sugars without harmful effects our bodies.

So now we have to be **extra-careful** when it comes to the stuff we put in our body.

Fortunately, the incredibly delicious desserts that I'm about to share with you have no processed sugars or preservatives.



They even contain nutrient-rich ingredients that can...

- ✓ Strengthen Your Immune System
- **✔** Boost Your Metabolism
- ✓ Provide Youthful All-Day Energy

- **✓** Improve Mental Clarity & Focus
- ✓ Satisfy Sweet Tooth & Sugar Cravings

Now you can **finally enjoy your desserts** *guilt-free*, knowing that each dessert is nutrient-rich and great for your health!

Whether it's a black forest cake **drenched in chocolate...**

Or banana split ice cream **overflowing with toppings...**

And even lemon squares that immediately **melt in your mouth...**

<u>Whatever</u> your favorite dessert is, it's possible to enjoy it once more.

A Better Way to Enjoy The Ketogenic Diet

(Especially for Men & Women Over 50)

Let's face it... the ketogenic diet is tough.

Of course, the results have been proven over and over again. There's no doubt this is a very effective way of burning fat, improving brain function, increasing energy and feeling younger...

But it's <u>just so hard</u> to maintain.

I mean, you pretty much have to cut out so many delicious foods and deprive yourself.

Unfortunately, that's the easiest way to run into a plateau and **rebound** from all that effort...

I know, because that's exactly what happened to me.

I lost 21 pounds on the ketogenic diet...

And then I gained it all back because I couldn't take

it anymore...

You see, being married to one of the best cooks in the world for over 25 years, you get to enjoy the rich flavors of all kinds of foods.

And let's just say that I have one *heck* of a sweet tooth.

So as the years went on, I became 70 pounds overweight and started to have some health scares...

When a trip to the doctor revealed that I was borderline

Type 2 diabetic, I decided to make a change right then and there.

But at age 59, it was hard to even imagine that I could make such a drastic transformation at that stage of my life.

It Wasn't Until I Stumbled upon the Ketogenic Diet That I Finally Had Some Hope.

The results other people were getting from it were very encouraging to me. I thought, this might actually work for me...

So I decided to learn everything I could about the "ins and outs" of the keto diet and how the body forces itself to burn away fat by producing ketones from not having too many carbs.

I gave the keto diet a try, and in just a few short weeks, I lost 21 pounds.

But I had one major weakness...

My Love For Sweets & Desserts

My wife is an incredible baker and our home is always filled with the smell of delicious sweets that have you coming back for more every time.

The time came when the temptation was too strong, and I couldn't resist anymore...

I began to sneak sweets throughout the day...

It was like I couldn't help myself. My cravings were rampant, and I couldn't control them.

Anyone on keto knows that **sugar is the** *last* **thing you should eat** if you want to keep your body consistently in ketosis.

I was repeatedly **rebounding back and forth** between gaining weight and losing it depending on whether I could control my cravings.

It was a nightmare...

I wanted to *give up* and just eat whatever I wanted. I didn't care if I was going to lose all the progress that I spent months trying to achieve.

Being over the age of 50, the **rebound weight gain** effect hit me hard...

And in half the time it took me to lose that weight,

I gained it all back and felt like I aged another

20 years.

I was ready to give up all hope.

"I Can Have My Cake and Eat It Too"

The Moment That Changed My Life

My wife saw me going through these changes and saw how much I was suffering. She sat me down one day and asked me what she could do to help...

I thought there was no solution, that I was doomed for the

rest of my life...

She asked me about keto, and I told her the role that sugar played. I was lost, and I didn't know what to do. I was on the verge of tears when her eyes lit up... I could tell she had an idea.

She went to the store and when she returned, told me to stay out of the kitchen. I didn't know what she was up to, I just laid on the couch feeling sorry for myself.

Shortly after, she brought me a slice of the most decadent and incredible-looking chocolate cake (my favorite) that I'd ever seen in my life.

I told her that there was <u>no way</u> I could eat it!

She urged me to try a piece, and although my conscience was telling me not to, **I couldn't resist.**

I took a huge mouthful and I could feel every ounce of stress in me dissolve.

I couldn't help myself... I ate the entire slice.

It was **so delicious and rich** that my mouth was watering for more...

She told me to go ahead and have another slice:

There was no sugar and barely any carbs in it!

I couldn't wrap my head around it...

How could something so decadent and delicious have no sugar and be low in carbs?

She explained how she was able to find **zero-carb alternatives** to sugar that worked just as well as processed sugar and found alternatives for flour, grains and any other artificial ingredients that are added to

traditional desserts.

That was when my eyes lit up, and I came up with a **new idea** for helping both men and women that are over 50 and attempting the keto diet.

Combining my knowledge of keto with my wife's baking expertise, we created...

Keto After 50 Desserts

A revolutionary new way to enjoy a **real dessert every single day** without the stress of not being in ketosis, and with **absolutely no guilt** when you want a second helping...

Each recipe has already been tested by **thousands** of the pickiest eaters and dessert-lovers over the age of 50 and the feedback has been outstanding!

Here's What's Inside The Best-Selling Keto Desserts Cookbook For Men & Women Over The Age of 50...

- ✓ Step-by-step instructions for creating every single delicious recipe
- Macronutrient profiles protein, fats, carbs for every serving of each recipe
- Complete list of every ingredient to make each recipe along with a picture of the finished dessert

Here's a small sample of the delicious types of desserts you'll find inside...

CAKE & PASTRIES

These are the desserts that contain the highest amount of carbs and sugars. They are rich, decadent and always make someone feel guilty... **but not anymore!**

It's easy to enjoy anything from a triple-fudge chocolate cake to a New York style cheesecake, a white chocolate mousse or a delicious pumpkin pie. It's sure to satisfy any craving and provide full satisfaction.

COOKIES

Cookies are quite possibly the easiest dessert to get your hands on. Also the easiest to finish without realizing the entire box is gone...

With these sugar-free and low carb recipes you can enjoy favorites from gooey chocolate chip cookies to snickerdoodles or shortbread cookies that simply melt in your mouth. So this time you can eat the whole box and it's alright!

CHOCOLATES & CANDIES

Another dessert that's easy to binge on...

But if you have a craving for salted caramel pecan brittle or even want to make your own chocolate chips that you can eat on their own or add to any recipe, we've got you covered!

Or maybe you want some sour gummy bears for a quick snack. And did I mention they're enhanced with vitamin C to make your guilt-free dessert even better!

ICE CREAM & FROZEN DESSERTS

What's better than rich, smooth ice cream on a hot summer day?

Keto-friendly ice cream that you can make easily and adjust to whatever flavor suits you! Or maybe you prefer low-carb cookie dough bites that are packed with flavor and sure to keep you in ketosis while satisfying your sweet tooth.

On top of all that, through the Keto After 50 Desserts, you can experience the benefits of being on Keto, like:

- ✓ Improved Cholesterol Levels
- Accelerated Fat Burning
- **✓** Lower Blood Pressure
- ✓ Reduced Blood Sugar Levels
- ✓ No Energy Crashes
- Clearer Skin
- Healthier Organs
- ✓ Less Inflammation & Joint Pain

So, go ahead and reach for another cookie, a second slice of cake, or a third scoop of ice cream because although it's still important to not binge on these perfect desserts, you don't have to feel guilty because even one serving can help curb cravings.

It makes the hardest part of the keto diet an absolute breeze!

And if that wasn't enough, you're also getting...

2 FREE BONUSES

FREE BONUS #1

Keto After 50 Superfood Milkshakes

Do you remember going down to the local diner and ordering your favorite milkshake?

Taking that first taste of a thick, velvety, chocolate milkshake that perhaps you shared with a crush or with the gang after a night out?

You *can* be on the keto diet and experience all that once more!

Introducing Keto After 50 Superfood Milkshakes.

Inside, you'll find the top recipes for **delicious milkshakes** that are **keto-friendly** and will leave your sweet tooth 100% satisfied.

And that's not all...

We'll also show you which superfoods you can add to your milkshakes to further complement the keto diet, a healthier metabolism, and improved overall well-being.

For the first time ever, you can have **healthy** and **delicious** milkshakes, any time you want!

While being able to finally eat a real dessert, every single day is going to improve the keto diet on so many levels, I want to introduce another bonus that will push your success even further.

Keto After 50 Breads & Pastas

Inside you'll find dozens of recipes for your favorite breads and pastas that can satisfy your carb craving every single time.

Imagine being able to eat **a real hamburger** without having to throw away the buns...

Or pouring meat sauce over a huge plate of spaghetti...

It blows everything you've ever known about the keto diet out of the water.

We use **healthy** and **delicious** alternative ingredients to give you the best bread and pasta, so you can stay on track with the keto diet and achieve your goals.

Here's What Everyone Else is Saying About Keto After 50 Desserts



From: Maria H, 55 years old, New York, NY to James Wilson

I've never found any diet that let me eat the sweets that I wanted. I basically had to cut out my one true love from my life. And even though being on keto was helping me lose weight faster than anything else, I still really missed desserts! It definitely made me cheat a bit more than I should've and I was paying for it, gaining back weight.

But when I found that there was also a Keto After 50 Desserts, I bought it immediately! It included so many of my favorite treats that I wasted no time making them. They were so delicious and rich, that most times I was satisfied with one serving. Now, I'm back on track with my weight-loss goals and I can still enjoy dessert!



I am not a baker. I'm more of a BBQ guy. But that doesn't mean that I don't enjoy sweets. I don't like eating a meal without the knowledge that there will be desert after. But after starting the keto diet, I found it increasingly difficult to sacrifice dessert. I'd cheat and eat a piece of cake or snack on candy while watching TV.

I was gaining weight again and I thought I would have to just give up and accept it. Then I found the Keto After 50 Desserts. I took this opportunity to learn how to bake and in no time, I was making my favorite desserts! I began to lose weight again because I was keeping my body in ketosis through eating tasty desserts that had no sugar. This is the most incredible breakthrough I've seen anywhere!



From: George S, 65 years old, Dallas, TX

to James Wilson

This is truly revolutionary! I first got the Keto After 50 Desserts for my sister since she was on the keto diet for several months now. Her progress was slow though because it was so difficult for her to avoid sweets. I wanted to help her so when I saw this incredible book, I knew it was just right for her! I first baked her some chocolate chip cookies and I told her to have as many as she wanted. She looked at me like I was crazy.

But when I assured her it was alright, she ate one and said it was the most delicious cookie she's had! And really, I couldn't even tell the difference! When I told her it was sugar-free, low in carbs and keto-friendly she almost couldn't believe it. I gave her the book and now she can keep her sugar cravings in check and she is finally losing the weight she wanted. Thank you!

As you can see, there is nothing like Keto After 50 Desserts on the internet or on any bookshelf out there.

If you ever thought about attempting a rapid fat burning ketogenic diet while enjoying your favorite desserts, and you're over the age of 50...

Keto After 50 Desserts is the #1 Option You'll Ever See!

Simply put, Keto After 50 Desserts is an amazing option for **ANYONE over the age of 50** who wants to transform their bodies and not have to deprive themselves of their favorite foods!

And this gets so much better...

You see, I've had a successful career as an author back in the day, so I'm definitely not doing this for the money...

So I convinced Nutrition Hacks to save a small batch of books of Keto After 50 Desserts (including the 2 Free Bonuses) **so we can give away this system for only \$9** before it's in stores worldwide.

Yes, that's right!

You'll be getting Keto After 50 Desserts and 2 FREE Bonuses for Just \$9.00 on This Page ONLY!

All you have to do is **click the <u>claim now</u> button below** and we will rush ship this book right to your door.

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