

# NUTRIBULLET

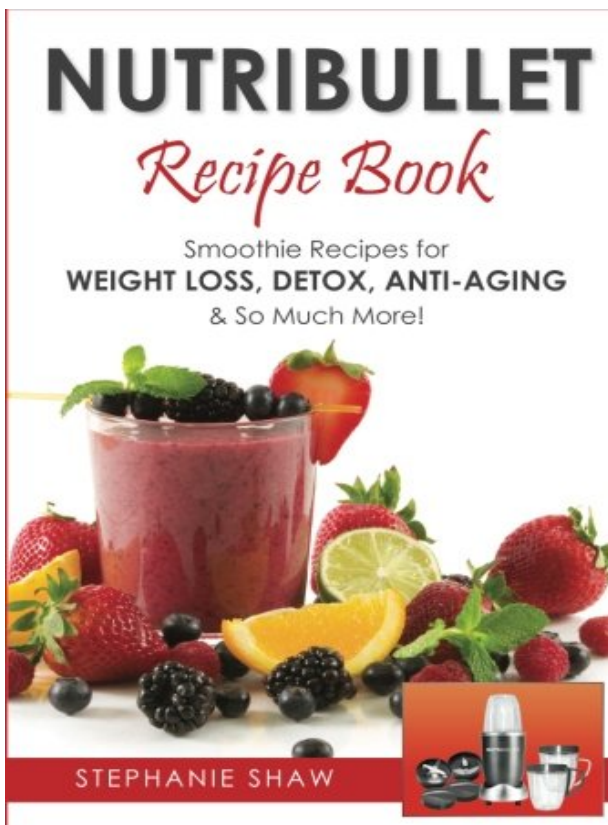
## *Recipe Book*

Smoothie Recipes for  
**WEIGHT LOSS, DETOX, ANTI-AGING**  
& So Much More!



STEPHANIE SHAW





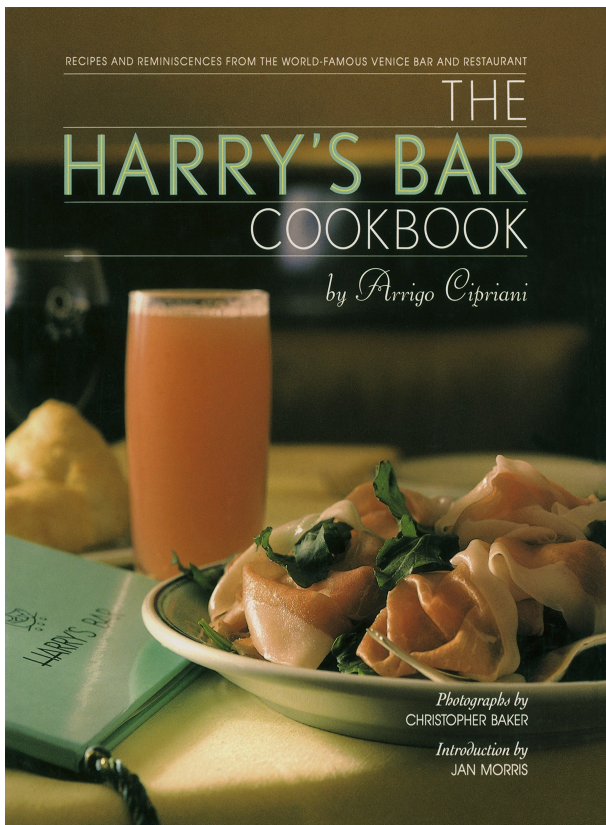
## **Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More!**

### **Book Synopsis**

Nutribullet Recipe Book makes it so quick & easy to utilize all of the nutrients that natural foods have to offer in fresh, delicious & tasty smoothies. On the day you start using your Nutribullet you'll receive a huge boost to your body & wellbeing. The boost of vitamins, nutrients, minerals & antioxidants will start restoring you to your natural balance by cleansing & detoxing with the result being that you feel happier & more energetic than you've felt in a long time! As well as feeling amazing & so full of energy, you'll very soon notice the weight dropping off & your skin looking incredibly radiant. Furthermore, you'll find your that blood pressure & cholesterol levels will drop to optimum healthy levels. Your organ health, metabolism & immune system will all get that boost that you so

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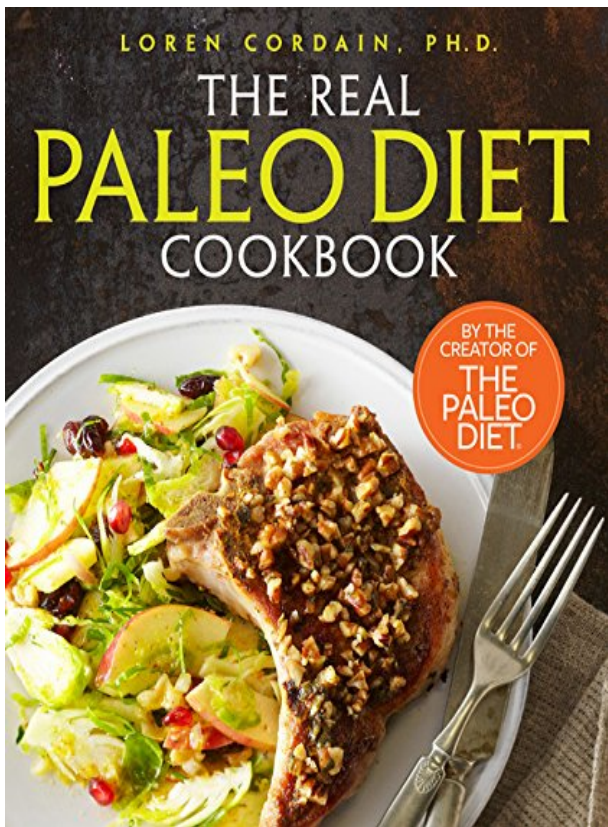
## **The Harry's Bar Cookbook: Recipes and Reminiscences from the World-Famous Venice Bar and Restaurant**

### **Book Synopsis**

There is only one Harry's Bar. Located on Venice's Calle Vallaresso, near the Piazza San Marco, this legendary restaurant has been, for five decades, the meeting place for artists, writers, royalty, maestros, divas, celebrities, the very rich, and lots of ordinary—but very wise—Americans and Europeans. Everyone from the Windsors and the Onassises and the Burtons to Cole Porter Ernest Hemingway, and Joan Crawford has come here for great food, fine drinks, and the incomparable ambiance. Now, to the delight of his legions of customers, Arrigo Cipriani shares his favorite stories about Harry's Bar and its secrets—and reveals for the first time his treasured recipes for the restaurant's most popular dishes. Harry's Bar above all, is a bar. Its distinctive mixed drinks were created by its

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## **The Real Paleo Diet Cookbook: 250 All-New Recipes from the Paleo Expert**

### **Book Synopsis**

The return of the true Paleo diet with 250 enticing recipes that prove following The Paleo Diet is as delicious, inventive, and inspiring as it is healthy. It's official—the real Paleo Diet is back. Loved for its simplicity, health benefits, and because it really works, the diet has been widely imitated since its release. Yet no one knows this plan better than Loren Cordain, its creator. As an expert in evolutionary medicine, Cordain realized we had moved away from the foods we were designed to eat—lean proteins, fruits, and vegetables—while modern staples such as sugar, salt, and carbohydrates were creating a host of 21st-century health issues, including obesity and heart disease. By eating the right food, people are healthier. But can eating Paleo be tasty? In this all-new cookbook with

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