

"THE PASSION CONTINUES"

WOODBIDGE SOCCER CLUB Ontario Aligned Player Pathway with Program Descriptions

RECREATIONAL

- **Active Start** Ages 4 and 5
- 1 Training - Skills and Game
- 12 week summer season (3v3)
- 16 week winter season (3v3)
- Junior Coaches + Group Leader with one **FUN** Activity

- **FUNDamentals** Ages 6 to 8
- 1 Training & 1 Game
- 12 week summer season
- 16 week winter season
- 4v4: U6 or 5v5: U7-U8
- Optional Development Classes
- Junior Coaches + Group Leader

- **Learn to Train** Ages 9 to 12
- 1 Training & 1 Game
- 12 week summer season
- 16 week winter season
- 7v7: U9 & U10; 9v9: U11-U12
- Optional Development Classes
- Junior Coaches + Group Leader

- **Soccer for Life** Ages 13+
- 1 Training & 1 Game
- 12 week summer season
- 16 week winter season
- 11v11
- Volunteer Coaches
- Become a Junior Coach Program

DEVELOPMENT

- **FUNDamentals** Ages 8
- 2 Training & 1 Festival
- 20 week summer season (5v5)
- 20 week winter season (5v5)
- Station Training
- Qualified Coaches & Leaders

- **Learn to Train** Ages 9 to 12
- 3 Training & 1 Game
- 20 week summer season
- 20 week winter season
- 7v7: U9 & U10; 9v9: U11-U12
- Qualified Coaches & Leaders
- Station Training

COMPETITIVE

- **OPDL** Ages 13 to 17
- 4 Training & 1 Game
- 12 month program with rest and recovery periods built in
- Standards Based League
- Qualified Coaches & Leaders

- **Soccer for Life** Ages 13 to 21
- 2-3 Training Incl. Games
- 20 week summer season
- 20 week winter season
- Qualified Coaches & Leaders
- Men's & Ladies League 1 Ontario; Men's OSL & Ladies OWSL (11v11)



TALENTED PATHWAY



GRASSROOTS
community soccer

SOCCER 4 LIFE PATHWAY
competitive/recreational soccer

POTENTIAL OPPORTUNITIES

National Teams



Professional Soccer



University and College Opportunities



Provincial Teams



ACTIVE FOR LIFE

U4-U12

U13

U14

U15

U16

U17

U18

SENIOR