It is a minimally invasive procedure that helps individuals lose weight. In this procedure, the surgeon places a silicone balloon in the stomach. He then inflates the balloon with the saline solution. This Inflation occupies the space in the stomach and decreases the appetite of the person. It also makes the person fuller sooner. However, the doctors ask the patient to continue the diet and exercise with this procedure. The Elipse Gastric Balloon Dubai lasts for six months or more in the stomach.



Losing weight can be a challenging and frustrating journey for many individuals. Despite following strict diets and workout plans, sometimes the results are not satisfactory.

Therefore, weight loss surgery and procedures are becoming popular among people seeking effective weight loss solutions. One of these procedures is the Elipse gastric balloon, which is gaining popularity in Dubai. In this article, we will discuss the Elipse gastric balloon, its benefits, and its effectiveness in helping people lose weight in Dubai.

What is the Elipse Gastric Balloon?

The Elipse gastric balloon is a non-surgical and non-permanent weight loss procedure that helps individuals achieve their desired weight loss goals. It involves inserting a soft and flexible balloon through the mouth and into the stomach, which is then filled with fluid.

Once in place, the balloon takes up space in the stomach, making the individual feel fuller and satisfied after eating smaller portions of food. The procedure takes approximately 20 minutes, and the patient can return home the same day.

How Does the Elipse Gastric Balloon Work?

The Elipse gastric balloon helps individuals lose weight by reducing the amount of food they can consume at each meal. It creates a feeling of fullness and satiety, making it easier to adhere to a calorie-controlled diet.

The balloon remains in the stomach for four months, during which time the individual will work with a nutritionist and a health coach to develop healthy eating habits and regular exercise routine. After four months, the balloon naturally deflates, and the individual will pass it through their digestive system.

Benefits of the Elipse Gastric Balloon

The Elipse gastric balloon has several benefits, including:

Non-Surgical Procedure

Unlike other weight loss surgeries, the Elipse gastric balloon is a non-surgical procedure, meaning it does not require any incisions, scars, or general anesthesia. This reduces the risk of complications, and the patient can return home the same day.

Contact Us

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