

How to Solve Skin Problems Efficiently?

With the increasing pollution and harmful UV rays, there are several intricate skin problems. Some difficulties are due to an upsurge in hormones; otherwise, the rest of them are due to pollution or other factors. The [best skin doctor in delhi](#) is known for its top-notch medical pieces of equipment that can quickly render solutions.

Skin problems are prevalent and therefore need instant treatment. Issues such as acne, Atopic Dermatitis, Hives are some of the worst examples. Patients suffering from any minute symptom must appoint a dermatologist for fruitful solutions.



What are common skin problems and their solutions?

Here are some causes and solutions for these skin problems that will help you to understand them.

Acne

Acne or acne vulgaris is the most common skin problem for half of the population. It can cause certain anxiety in teenagers, as it causes due to the increased hormonal flow in the blood. Sometimes with just topical cream patients can get rid of it, but sometimes it needs the guidance of the [best skin doctor in delhi](#).

Topical creams such as Adapalene or Differin are available at any pharmacist even without a prescription, but it is better to take necessary advice from doctors. For acne those are severe, Oral Isotretinoin is recommended. But this cream must not be used for females who are pregnant as it has medical components that can result in congenital disabilities.

Atopic Dermatitis

This skin problem is also known as Eczema, that mostly occurs in children. The leading cause of this medical issue is due to genetics, but researchers are finding the very root of it. The [best skin specialist in delhi](#) is a child-specialist and can understand each problem.

When topical creams or solutions do not work, doctors suggest Dupixent or Dupilumab, which is an injection for moderate to severe atopic dermatitis.



Final Words

Patients who are noticing any form of skin issue must connect with the [best skin doctor in delhi](#) for utmost and permanent solutions. Some minor skin issues can result in severe medical conditions. Therefore it is wise to appoint a doctor for instant care.

For Original Post Visit: <https://dermatologist-delhi.blogspot.com/2020/12/how-to-solve-skin-problems-efficiently.html>