

From the author of the #1 *Wall Street Journal* bestseller

*StrengthsFinder 2.0*

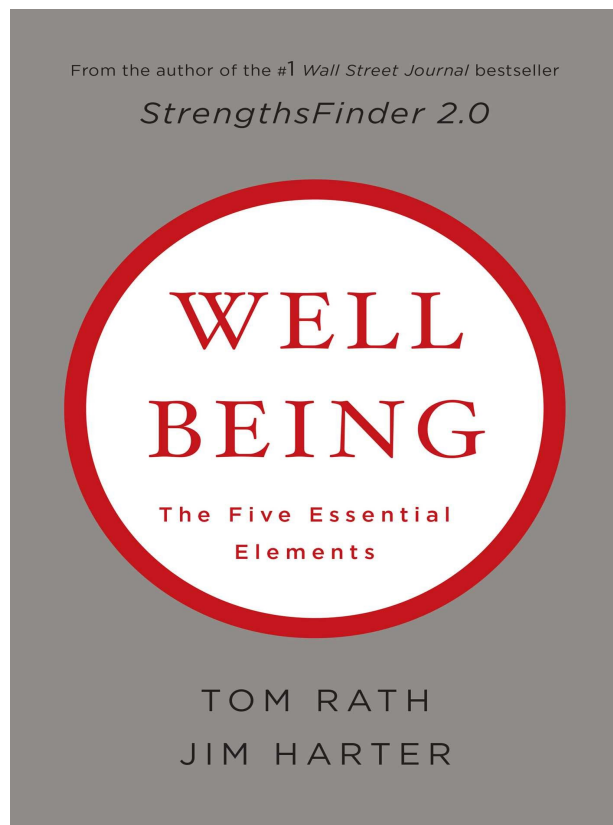


WELL  
BEING

The Five Essential  
Elements

TOM RATH  
JIM HARTER

# Wellbeing: The Five Essential Elements



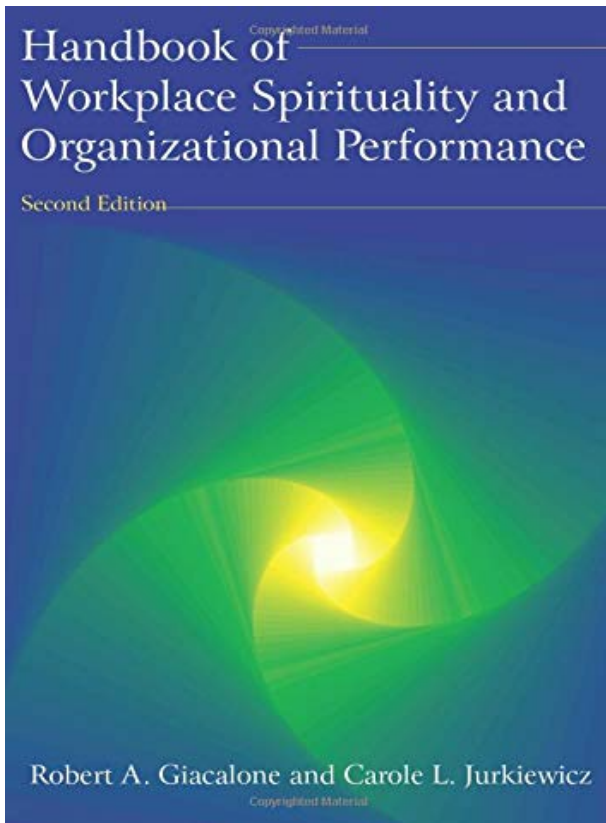
## Wellbeing: The Five Essential Elements

### Book Synopsis

From the #1 New York Times bestselling author Tom Rath (more than 2 million copies sold in the U.S.) and bestselling author Jim Harter, Ph.D., a wide-ranging book (based on a 150-country Gallup study) that will help readers improve their careers, relationships, finances, physical health and community wellbeing. Over the past decade, Gallup has introduced the concepts of strengths-based development and employee engagement to more than 20 million people around the world — largely through the #1 Wall Street Journal bestseller StrengthsFinder 2.0 by Tom Rath and the New York Times bestseller 12: The Elements of Great Managing, which was coauthored by engagement expert Jim Harter. In Wellbeing: The Five Essential Elements, these bestselling authors team up to share the results of a landmark

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# Handbook of Workplace Spirituality and Organizational Performance



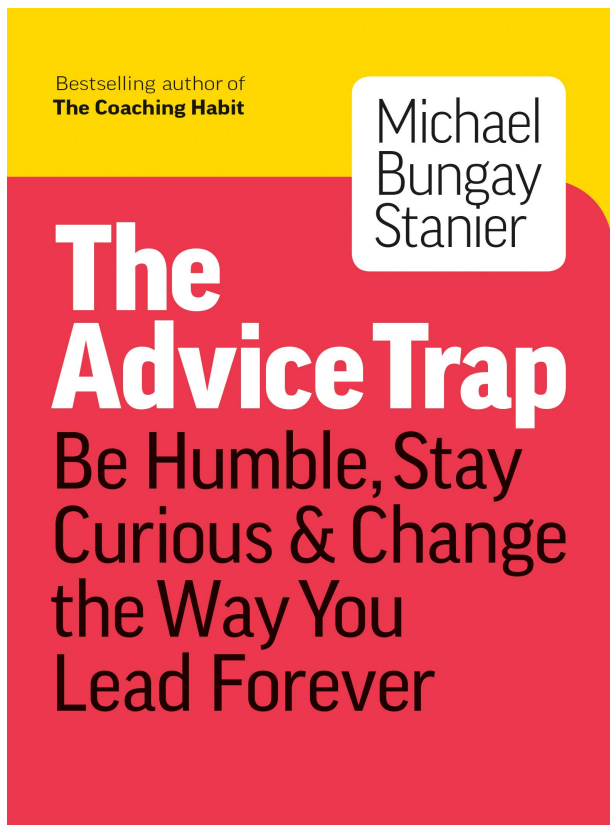
## Handbook of Workplace Spirituality and Organizational Performance

### Book Synopsis

An explanation of how and why the economic downturn of 2007 became the Great Recession of 2008 and 2009. It explores the root causes of the cycle of boom and bust of the economy. It describes social equity in terms of its arguments and claims in political, economic, and social circumstances.

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# The Advice Trap: Be Humble, Stay Curious & Change the Way You Lead Forever



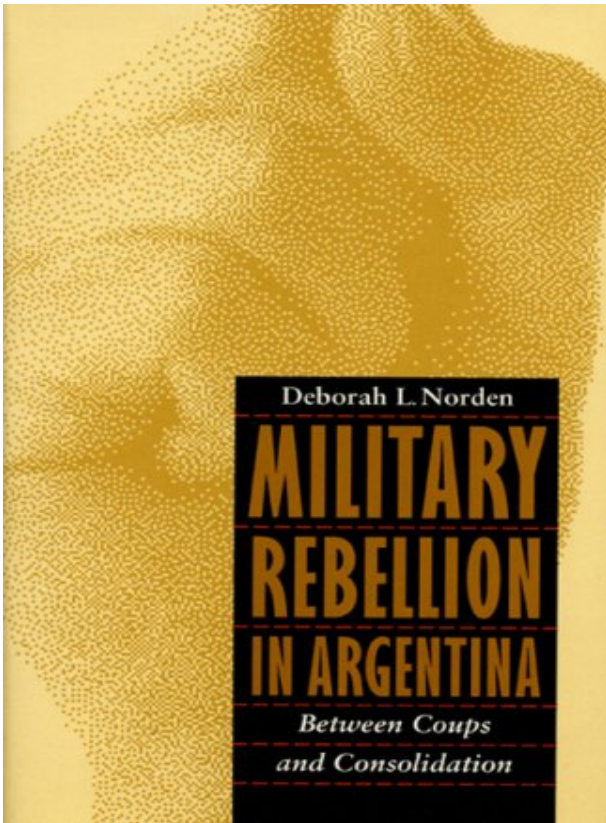
## The Advice Trap: Be Humble, Stay Curious & Change the Way You Lead Forever

### Book Synopsis

From the author of the runaway bestseller *The Coaching Habit* comes an authoritative guide to getting the most out of your workforce—and it all starts with curbing your urge to dole out advice. In *The Advice Trap*, bestselling author, speaker, and leadership coach Michael Bungay Stanier shares his invaluable insights into developing team members' professional performance, using tips that even the busiest managers can put into play. Learn how to confront and quell the three advice monsters that lurk inside us all, and how to resist the seven temptations that can ensnare even the most well-meaning manager. With his trademark wit and wisdom, Michael shows you exactly how to ask questions that drive impact and engagement, eliminate the negative and accentuate the positive. He takes you through

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# Military Rebellion in Argentina: Between Coups and Consolidation



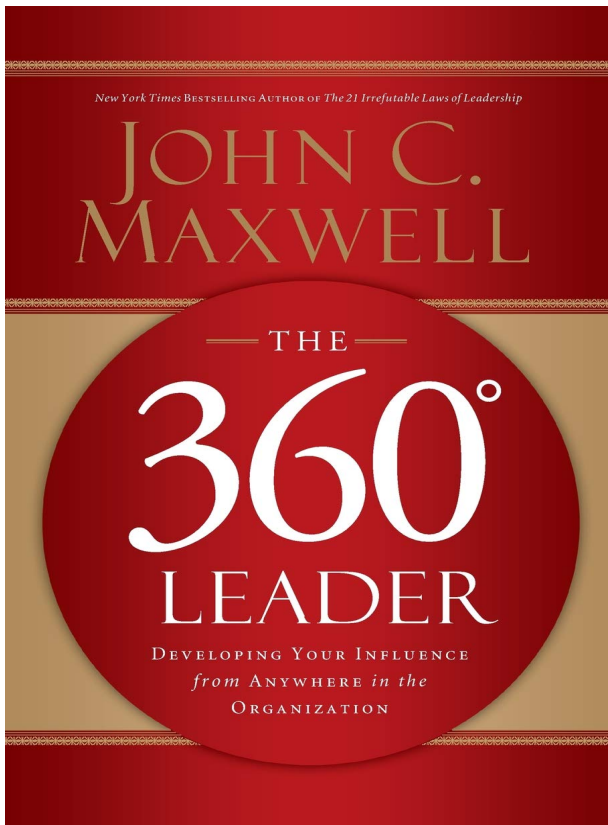
## Military Rebellion in Argentina: Between Coups and Consolidation

### Book Synopsis

Argentina's recently established democracy endured the trauma of four major military uprisings between 1987 and 1990, continuing even after the rebels' original motivations faded. Exploring the causes of the rebellions and the rebel movement's development, Deborah L. Norden's *Military Rebellion in Argentina* underlines the inherently undefined nature of new democracies and reveals important dimensions of how coalitions are formed within the armed forces. By focusing on a military movement rather than merely separate incidents of insurrection, this study reveals central motivations that could be otherwise overlooked. Norden begins with an analysis of the relation between democracy and military insurrection in previous postauthoritarian civilian periods, then turns to Argentina's long

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# The 360 Degree Leader: Developing Your Influence from Anywhere in the Organization



## The 360 Degree Leader: Developing Your Influence from Anywhere in the Organization

### Book Synopsis

Learn how to lead with maximum impact, regardless of your position, through this masterclass distillation of John C. Maxwell's thirty years of experience teaching people how to make a significant difference in their organizations. As one of the globe's most trusted leadership mentors, John C. Maxwell debunks the myths that hold people back from leaning into and developing their influence. In this inspiring call-to-action, he shows middle managers how to leverage their unique positions and become 360 degree leaders by exercising influence in all directions--up (to the boss), across (among their peers), and down (to those they lead). Readers will learn how to overcome the challenges facing the vast majority of professionals, including the pressures and pain points that come from being

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