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**Free Monthly** 

# THE CAPITAL NEWS

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# Ward 7 Leaders Reject CORE DC Facility

### By: James Wright Special to The Capital News

Key leaders in Ward 7 said recently CORE DC's proposal to build a men's halfway house at the DC Eagle site on Benning Road, N.E. is unacceptable. However, Hope Village, the men's returning citizens re-entry residential facility in Ward 8, is still under a Federal Bureau of Prisons contract and is operating.

D.C. Councilmember Vincent Gray (D-Ward 7) does not favor the DC Eagle site becoming a halfway house. The councilmember noted, in a Jan. 28 letter to Dr. Kathleen Hawk Sawyer, the director of the Federal Bureau

of Prisons, that major economic development activity is expected to take place across the street from the DC Eagle site at the East River Park Shopping Center and the adjacent Senator Square, both properties of Cedar Realty Trust, and he wants no interference with that.

"Sitting a 300-bed halfway house next to this critical development will sound a death knell for this effort which Ward 7 residents have been vigorously and enthusiastically pursuing," Gray said. "This is undesirable and inconsistent with the needs and vision for this area of Ward 7. Surely, the federal government cannot have the intent of killing the hopes and goals of those who have worked so hard to bring desperately needed development to fruition." CORE DC has been searching for a permanent home in D.C. since it was awarded a contract with the Federal Bureau of Prisons to

continued on P2



### P2 COMMUNITY NEWS

# THE CAPITAL NEWS The UnTold Stories

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Please email the editor with any comments, questions or concerns: thecapitalnewsteam@gmail.com and visit the website: https://www.thecapitalnewsdc.com/

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If you would like to place a small job advertisement, housing advertisement or automobile advertisement in the paper please email the editor with the information and the paper will contact you about pricing for your ad.

### W7 Reject CORE DC Facility continued from pg. 1

build a halfway house in 2018. CORE DC decided to set up at 3400 New York Ave., N.E. but members of the surrounding neighborhoods and D.C. Councilmember Kenyan McDuffie (D-Ward 5), who represents the area on the D.C. Council, strongly objected. McDuffie later changed his mind but the developer, Douglas Jemal, vacated the project, thereby leaving CORE DC without a place of operation.

Meanwhile, Hope Village challenged the Federal Bureau of Prison decision before the Government Accountability Office (GAO) and in February 2019, it recommended that the BOP revisit its decision to award the contact to CORE DC. The Federal Bureau of Prison hasn't made a final decision on who will operate the halfway house in D.C. but Phinis Jones, Hope Village's spokesman, said he expects his client to retain the contract.

"We are open for business and we expect to win the contract," Jones said. He speculates that the contact decision from the Federal Bureau of Prison will be known on or before April 30. Jones said Hope Village has served the city's returning citizens population for decades and looks forward to continue to do so.

"Hope Village is a part of the Ward 8 community," he said. "We have 111 employees, 50 percent of whom are Ward 7 and 8 residents. Some of our employees have worked here for 15 and 20 and even 30 years."

Since CORE DC's interest in Ward 7 surfaced, there has been public discourse about the fate of Hope Village. To counter the perception that Hope Village may be shuttering, Jones sent a Feb. 13 letter to Ward 7 advisory neighborhood commissioners saying "community residents and public stakeholders are in belief and publicly stating that Hope Village, Inc., the halfway house in Ward 8, is scheduled to close."

"I am contacting you to let you know that this information is false," Jones said in the letter. "Hope Village is not closing nor does its owners, facility managers and dedicated staff have any plans to go anywhere. This is just false information that is being spread around in and around Ward 7 as well as other parts of the city." Jones would not speculate on why CORE DC is seeking a Ward 7 location. However, Tyrell M. Holcomb, the chairman of the 7F advisory neighborhood commission, said he thinks he may know why.

"There seems to be a dump-and-go mentality in this city about Ward 7," Holcomb said. "Just dump it in Ward 7 and nobody will say anything. That's not true and we don't want a halfway house in the Minnesota Avenue area.

"We have our own set of challenges to deal with and we don't need that."

Another commissioner, Anthony Lorenzo Green of single-member district 7C04, said the DC Eagle site "is prime real estate but the question is who is looking to benefit from it?" "With massive neglect in development and disinvestments to locally-owned businesses, this is the perfect time for us to come together to talk about how we fight for services that would be needed to support any influx of residents moving into or returning to Ward 7," Green said. Green said community meetings should take place to discuss CORE DC's or anyone else's ideas on what to do with the DC Eagle site.

In addition to the potential economic development that could take place at the DC Eagle site and its immediate vicinity, Gray has another reason to question CORE DC's proposal.

"While I am a supporter of returning citizens, I have also heard from some of our returning citizens that constructing a facility of this size would be inhumane," he said. "They likened it to a concentration camp. The harmful effects for returning citizens being housed in this manner and at this location cannot be overemphasized.

"To reiterate my unwavering position and that of so many Ward 7 residents, advisory neighborhood commissioners, civic leaders and returning citizens, we are unalterably opposed."

Gray encouraged his constituents to call CORE DC and the Federal Bureau of Prisons to voice opposition to this facility at 3701 Benning Road., N.E.

### COMMUNITY NEWS • P3

# REAL ESTATE NEWS What's the skinny on jumbo loans?

By: Rosalind Jimason Special to The Capital News

Let's talk about conforming loans vs. jumbo loans in the mortgage world.

### The Guidelines

Each year in October, the Federal Housing Finance Agency, or FHFA, collects data on the national median home value and compares that number to October of the previous year. If there is an increase, the conforming loan limit will increase by the same amount.

In October 2019, the year-over-year median home value increase was 5.38%. Therefore, the conforming loan limit for a single-family home in 2020 will rise to \$510,400, up from \$484,350. The loan limits on multi-unit properties will rise to \$653,550, \$789,950 and \$981,700 for a duplex, triplex and fourplex, respectively.

### Loan Differences

Loans amounts at or under these limits qualify as conforming loans. They "conform" to guidelines set forth by Fannie Mae and Freddie Mac. Conforming loans make up the majority of residential loans funded. Loan amounts that are above these limits are referred to as jumbo loans. With a conforming loan, lenders are able to sell the mortgage in the secondary market, replenishing their credit lines in order to make more loans. Jumbo loans have no such robust secondary market. When a lender approves a jumbo loan, it assumes the risk should the loan ever go into default.

Naturally, this makes it more difficult to qualify for a jumbo loan. The minimum credit score for most conforming loans ranges from 580 to 620. Jumbo minimums range from 720 to 740. Somejumbo loans can require a lower score, but the rates and terms are much more stringent. Down payment requirements for jumbo loans are also much higher. A buyer can secure a conforming loan with a down payment of just 5% (or even 3% for special first-time programs) with the help of private mortgage insurance. Jumbo loans have no such insur-



ance policies available and require a minimum down payment of 20% of the sale price of the home. Providing a down payment of 25% or more will make it easier to qualify. Wondering if a jumbo loan is the right move? Reach out! I can help you find the right loan for your next move or investment.

## Calling in the pros on HVAC repair

If you're a homeowner, the internet can be a great source of comfort when it comes to tackling do-it-yourself maintenance. Yes, Google can show you the simple steps to replace a furnace filter, but most other HVAC repairs are not of the DIY variety.

Here's what to watch out for and when to call in the professionals:



### **Unusual Noises**

Modern, efficient heating and cooling systems should run almost silently. When you hear whistling, rattling, squealing, or knocking during operation, there's likely a problem. You can inspect the system yourself, but chances are you don't know much about the components inside your air conditioner or furnace. Rather than putting the safety of you and your family at risk, it's better to let an expert HVAC repair contractor take care of it.

### Nasty Odors

When an air conditioning unit or heating system is working correctly, you shouldn't be able to smell it. If there is an unpleasant odor emitted, something is wrong. Your first step should be a filter replacement, but if the smell persists you likely have mold growing, a damaged air duct, or a clogged drainpipe. Each of these situations will require a thorough cleaning of the unit and the eye of an expert tech.

## **Improper Airflow**

Clogs, blockages, and leaks can all lead to decreased airflow in your heating and cooling systems, causing them to run less efficiently and shortening their lifespan. Qualified HVAC repair technicians have the experience to quickly diagnose and address airflow issues.

## **Rising Energy Bills**

Have you noticed that your energy bills keep going up every month? Unless you're experiencing a big swing in temperatures, increased energy usage means your unit is having to work harder to maintain your desired temperature. By keeping an eye on your utility bills, you can get a tech dispatched and get in front of a total breakdown and the headaches that come when your unit isn't running at all.

## A note on hiring the right HVAC company

As with hiring any new contractor, take time to do your due diligence on HVAC service. Not all HVAC companies are the same, and you should never consider only one resource when determining the right one for you. Check credentials, licensing and insurance requirements in your region. Ask around for references and read reviews online. Finally, ask them for an estimate. Many HVAC repair companies will provide these at no cost. Get a quote from several different businesses before choosing one.



Happy Anniversary! The Affordable Care Act (ACA), which expanded health care coverage to millions of Americans, was signed into law by President Barack Obama on March 23, 2010. The DC Health Benefit Exchange Authority along with city officials and the DC community, celebrate the 10th Anniversary of the ACA and the success of DC Health Link, the District's online health insurance marketplace.

Today, nearly 97% of District residents have health insurance coverage and the District ranks #2 in the nation for the lowest uninsured rate. We take pride in these achievements and in the thousands of residents and small businesses who benefit from having quality health insurance.











# **EAST OF THE RIVER COUNTS 2020 CENSUS** MAKE SURE YOU COUNT

The 2020 Census matters to the government of the District of Columbia, and it should matter to you as residents, business owners, and long-term visitors east of the Anacostia River!

### WHAT IS THE CENSUS?

As mandated by the U.S. Constitution, our nation gets just one chance each decade to count its population. The U.S. census counts every person living in the 50 states, District of Columbia, and five U.S. territories.

### ARE THERE FEES TO FOR COMPLETING THE 2020 CENSUS?

There is absolutely NO COST/FEE for completing the 2020 Census online, by mail or over the phone. Be aware of possible malicious websites. Visit www.census.gov or www.2020census.gov for correct and up-to-date information.

### WHEN IS THE 2020 CENSUS?

Census day is April 1st 2020.

### **HOW TO COMPLETE THE 2020 CENSUS?**

In 2020, every household will have the option of responding to the Census online, by mail or by phone. On or between March 12th-20th, you will receive an invitation to respond online to the 2020 census.

### WHY DOES THE 2020 CENSUS MATTER TO DC?

The 2020 Census matters to the DC for several reasons. The District receives funds from the federal government which is used to improve infrastructure such as hospitals, fire departments, schools, roads, and improve services to residents. A complete and accurate count means the District receives the funding and services it is entitled to.

- The Federal government distributes over three billion dollars annually to the District to support vital programs based on the census data.
- Census data is used to update Ward and ANC boundaries to reflect population growth and movement across the district.
- District agencies rely on accurate census data for budgeting, planning and policy decision making across the city.

# HOW CAN YOU HELP DC HAVE AN ACCURATE COUNT FOR THE 2020 CENSUS?

Definitely by completing the Census or getting counted on April 1st 2020. In addition to getting counted, you can help ensure a complete and accurate count by raising awareness about the Census, motivating others to participate, and working with civic associations, schools, and faith-based communities to organize through outreach and special events. As a resident, business owner, elected official, and friend to other members of Ward 7 and 8 communities your assistance is vital to the ongoing outreach efforts to educate and encourage participation in the 2020 Census.

The 2020 Census is more than a count. It's an opportunity—to get involved and to help shape the future of our communities. Our Mayor and the DC government is concerned that some of our residents in households with limited computer and internet access are at risk of an undercount as this will be the first online Census. Everyone has a role to play in the 2020 Census and the District of Columbia needs your help to raise awareness about the Census, the importance of an accurate count and to motivate other residents to complete the Census on April 1st 2020.

# FOR MORE INFORMATION PLEASE VISIT THESE WEBSITES:

WWW.CHCTDC.ORG/EOTRC2020 WWW.CENSUS.GOV WWW.DCCENSUS2020.DC.GOV





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COMMUNITY NEWS P7

THE ENFORMATION & COMMUNITY COME TOGETHER

# NEW DECADE FOR CONGRESS HEIGHTS' BUSINESS DISTRICT & ST. ELIZABETHS EAST



By: Wendell Quan

Congress Heights Business District is on the rise in 2020 with a new phase of development on the 180-acre St. Elizabeths East campus. In the New Year and Decade, to add new commercial space and bring daytime activity to the Congress Heights Business District.

DMPED (the Office of the Deputy Mayor for Planning and Economic Development) has issued RFPs for innovative developers to develop three city-owned parcels that will add to the completion of the Entertainment and Sports Arena and new 200 unit residential development. These new sites are clustered around the successful Entertainment and Sports Arena (ESA) that houses the 2019 National Champion Washington Mystics, the Capital City Go-Go and the Washington Wizards practice facility.

One of the three pieces of land, parcel 13, will be new construction. It's positioned between the ESA and a parking garage expected to be built to serve the areas new developments. Parcel 13 is a 4-acre site with space for over 126,000 square feet of mixed-use development. Parcel 13 sit just across from a planned town square by Redbrick LMD and the planned new Ward 8 hospital.

The planned town square on rendering would be a beautiful addition to the Congress Heights business district.

The proposed town square is on an 11-acre site that creates a pedestrian promenade leading to the Congress Heights Metro station and includes some residential, Class A office space, ground-floor retail and up to three levels of below-ground parking.

One of the three pieces of land, parcel 8, will be an adaptive reuse of a building constructed in 1920, and redeveloped for lease for an innovation education, workforce development and/or business development center. Parcel 8's building site is currently with more than 113,000 square feet.

The final parcel, parcel 9, is another adaptive reuse historic building that is expected to be repurposed for either office or educational uses. Parcel 8's building site is currently about 42,000 square feet available.

Congress Heights' Business District is on the Rise!

# Empowering Ward 8 Entrepreneurs with Business Skills for Success

Congress Heights Community Training & Development Corporation's (CHCTDC) Small Business Center advisors provide training workshops and one-on-one coaching. We help launch new enterprises and support existing businesses with business planning, financial projections, and marketing support among others.

CHCTDC Small Business Center's team has decades of business experience available to you. Our in-house team of professionals and external consultants provide actionable and practical advice on a wide range of areas, including:

- Business planning & strategy
- Web + Social media presence
- Financial management (personal business)
- Bookkeeping tools including QuickBooks Company formation
- Foodservice certifications
- Licensing & permitting (local, state & federal)
- DC Great Streets grant application
- DC Ward 7 & 8 Dream Grants
- DC Robust Retail Grants
- Marketing & advertising
- Access to capital
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# SMALL BUSINESS TECHNICAL ASSISTANCE NEWS

# NEW SMALL BUSINESS GRANT OPPORTUNITY NOTICE OF FUNDING AVAILABILITY Robust Retail \$10,000 Grant: Citywide

### By: Wendell Quann

The Department of Small and Local Business Development (DSLBD) has announced that they will be accepting applications for the 2020 Robust Retail: Citywide grants **starting January 15, 2020 and closing March 15, 2020.** 

A robust retail sector is critical to maintaining the vibrancy of DC neighborhoods, but market realities are changing for retail businesses. Thus the Robust Retail grant(s) support existing DC-based retail businesses adapting their business model to meet changing customer demand. DSLBD encourages but does not require applicants to include Made in DC products as part of their concept for business model redesign.

DSLBD intends to award up to \$10,000 per business to 40 businesses from the total \$400,000 in available funding for 2020. Funds must be fully expended with appropriate receipts and accounting by August 31, 2020.

# **Final Deadline**

The absolute final deadline to apply online is March 15, 2020 at 2:00 p.m. EST, no exceptions. Applications will only be accepted through the online application system listed in the Request for Application (RFA) on DSLBD's website.

# Who Can Apply?

Only For-profit consumer-facing, small retail businesses with a licensed location in DC are eligible for Robust Retail Citywide Grants. Home-based and non-profit businesses are not eligible for this grant opportunity. Applicants must have Clean Hands, a DUNS number, and active general liability insurance.

# How can the funds be used?

The funding may be used for expenses the agency deems reasonable to attempt effective business model redesign between April 1, 2020 and August 31, 2020. Examples of allowable and disallowed uses are detailed in the full Request for Application (RFA), also available on DSLBD's website during the application period.

# How will awardees be selected?

Grant recipients will be selected through a competitive application process. All applications from eligible applicants received on or before the deadline will be forwarded to an independent review panel to be evaluated based on the applicants narrative on the use of the funds to help the business stay open, grow and adapt to meet market challenges.

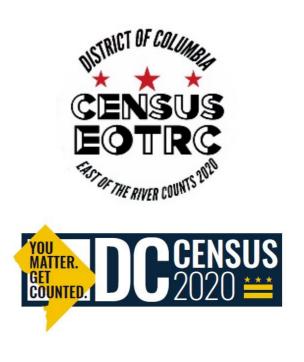
A DSLBD program team will review the recommendations. The Director of DLSBD will make the final determination of grant awards. Announcements of selected awards will be made on or around April 15, 2020.

# How do you apply?

All instruction are included in the formal "Request for Applications" (RFA) available for download on DSLBD's website on or before January 15, 2020. Applicants are encouraged to read the full Request for Application (RFA).

# **Questions?**

CHCTDC Small Business Center will hold information sessions and are available to provide one-on-one technical assistance to apply for this grant. Applicants are highly encouraged to seek in person information and assistance. For assistance, please call CHCTDC at (202) 563-5200.



ber to 4,212.

# Real-time update on coronavirus outbreak



TMedical staffs swear in as members of the "assault team" in the fight against the novel coronavirus-related pneumonia in a hospital in Wuhan, central China's Hubei Province, Jan. 22, 2020. (Xinhua/Cheng Min

South Korea reports 476 new cases of COVID-19 on Monday, lifting its total num-

9:59 am – Mar. 2

# 9:47 am – Mar. 2

A total of 75 passengers including 22 from South Korea were quarantined for observation on flight CA440 from Seoul to Chongqing on Sunday, as four passengers showed symptoms of fever.

## 9:33 am – Mar. 2

East China's Zhejiang Province reported one imported case of COVID-19 from Italy on Monday. No other confirmed cases were reported in the province on the same day.

# 202 new coronavirus infections, 42 new deaths were reported on Mar 1 in the Chinese mainland. The total infection number soared to 80,026 with 2,912 deaths.

# 11:12 am - Mar. 2

The three hospitals in Wuhan under military management have treated 3,467 critically ill patients and cured 689 of them as of Sunday. Military hospitals across China and military medical teams sent to Wuhan have treated 4,450 COVID-19 patients and cured 1,000 of them.

## 11:10 am - Mar. 2

A hospital in East China's Zhejiang Province on Sun conducted the world's first lung transplant for an elderly COVID-19 patient.

# 10:43 am – Mar. 2

The recovery rate from COVID-19 patients in 31 provincial-level regions in China exceeds 55%, marking an 18-consecutive-day rise. The recovery rate outside Hubei rose to 82.84%.

# 10:41 am – Mar. 2

193! The number of new COVID-19 cases in Wuhan fell below 200 for the first time in 34 days. 196 new cases reported in Hubei Province in the last 24 hours, with 14 cities reporting zero new cases.

## 10:38 am – Mar. 2

Second death confirmed in the US, reports said, citing health officials, as @VP said in his latest interview with @CNN, "we could have more" coronavirus deaths in the US.

## 10:24 am – Mar. 2

East China's Zhejiang Province lowered its epidemic emergency response level on Monday after more than 15 regions downgraded response level as combat against COVID-19 made visible progress.

# 10:09 am – Mar. 2

Yuan Yangyang, 36, a doctor in Central China's Henan Province, died as a result of coronavirus-related cardiac arrest early on Friday, after working for 39 consecutive days to fight against COVID-19.

# 10:03 am – Mar. 2

Beijing reported one new COVID-19 infection on Sun, bringing the total infection to 414, of which 25 were imported cases from other provinces and 2 from overseas: local health commission. 8:21 am – Mar. 2

Hubei Province reported 196 new cases of novel coronavirus pneumonia on Mar 1, with 42 new deaths and 2,570 cases of recovery. The total number of infections in the province climbed to 67,103 with 33,757 recovered and 2,803 dead.



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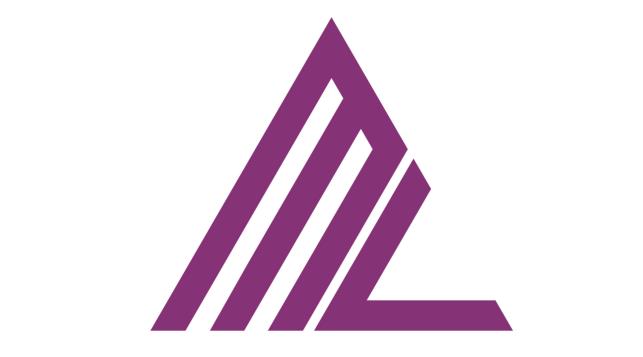
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COVERNMENT OF THE DISTRICT OF COLUMBIA

### By: Lewis Mcilwain Special to The Capital News

Randle Highlands Elementary School in partnership with The Shed Barber Lounge kicked off Black History Month this year by offering free haircuts to students every week for the entire month of February. In the midst of students roughhousing and enjoying their gym period, The Shed Barber Lounge along with its founder Jalil Fayson and his group of talented volunteer barbers transformed the stage in the school's auditorium into a miniature barbershop.



Victor Kakulu, the project manager for the initiative, was looking for a way to give back the community and reached out to others in his network. He enlisted the help of Jalil Fayson, and Allen Richardson, the Vice Principal at Randle Highlands Elementary School. All three men attended Lincoln University during their undergraduate career and are all members of Alpha Phi Alpha Fraternity, Inc.



"The project came about as a response to the amazing work that Ellen and Michelle Obama did with bringing Randle Highlands new technology," Kakulu explained. "We wanted to show the kids that the community they live in

# Free Haircuts for February at Randle Highlands Elementary School



Photos in article by Justin Featherstone

are watching as well. We're proud of you and we've got your back."

Kakulu was referring to a few months ago when Michelle Obama and Ellen Degeneres surprised Randle Highlands during Ellen's Greatest Night of Giveaways episode and gifted the school with a new Basketball court, as well as new laptops and iPads.

"We wanted to match what Michelle Obama and Ellen were doing. If these kids can look in the mirror and love what they see, it will make them feel like they can be their best and do their best. There were a few economic hardships that almost stopped us from bringing



this project to life, but the team pressed on and we were able to overcome it and pull it off," Kakulu explained.

The volunteer barbers on site were excited to lend their talents to support the project. Eddie Val, Rodney B., and Palmyra "Missie" Walton are just a few of the barbers who showed up to make a difference this month.



"We were able to come four times this month and stay all day from about 8am-2pm. Each day we've come, we've seen roughly 50 students. Some are even repeats. The good thing about it is if you have children, especially mulcontinued on pg. 19

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### Free Haircuts for February continued from pg. 18

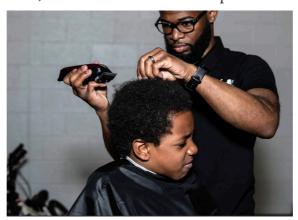
tiple boys, that's pricey at the barbershop. It's a tremendous help on the household and it also helps build confidence for the kids as well," Fayson said.

He went on to talk about the typical cost of



a decent haircut in a regular barbershop, and how families were able to save around \$20 per child this month. For families living in Ward 7 in Washington, D.C., saving \$20 per child on haircuts can be a big deal.

"Victor and Allen saw the need and reached out to me. I recruited the barbers from Bladensburg Barber School, and we were able to pull this together in a few months," said Fayson. As Fayson was breaking down the logistics of how everything came together, Dexter Pinder, Jr. of Ms. Williams first grade class walked up to the barber chair with a head full of dreadlocks. He informed everyone that he wanted to chop them off and go with a lower cut. Fayson verified with Vice Principal Allen Richardson that Dexter's guardians have given him the authority to cut his hair, and then immediately got to work. While Dexter was in the barber's chair, I decided to ask him a few questions.



"Dexter, how long have you been growing your hair?"

"Oh, I don't know. My grandmother does my hair. I want a haircut like everyone else, they all have fades. They're bald like you," Pinder said jokingly while giving me a big toothless smile.

"You aren't afraid to cut your locs off," I re-

ART EXHIBITIONS

### COMMUNITY NEWS • P15

sponded.

"No. What you trying to say? My head is gonna look big? You don't think I'll be able to fit through the door?"

Fayson chuckled at our exchange as he continued to give Pinder the fade he requested.



As the day went on, it became apparent that the kids were all excited about getting fresh haircuts during school hours. And they deserve it.

The students at Randle Highland Elementary School have amazing attendance and great test scores which has caught the attention of everyone from Victor Kakulu to First Lady Michelle Obama.

As this Black History Month ends, we can be sure that these students will continue to excel in everything they put their mind's to. And thanks to the free haircuts, they will be doing it in style.





# RENTAL SPACE

# WORKSHOPS

CHACC'S MISSION IS TO INSPIRE, EDUCATE AND EXPOSE YOUTH AND ADULTS TO THE RICH ARTS AND CULTURAL OPPURTUNITIES IN WARDS 7 AND 8, FROM A HISTORICAL AND MODERN DAY PROSPECTIVE.

Heights



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# m

### **SCORPIO**

(October 23 to November 21) Your home affairs are very much on the spotlight, this month. This is very much favorably connected to all the very slow changes that have been occurring, in reference to your personal resources. Talks about possible changes of residence could be present. An opportunity at work, to increase your income, could be coming your way this month. A superior could be looking at you in a very favorable way, but just remember that all these experiences are attached to learning. Though always for the better, this could cause you some worries and concerns, but the overall picture looks very favorable, if you want to go.

## **SAGITTARIUS**

(November 22 to December 21) The keynote for you this month is on your area of communications. Unexpected news connected to an old investment could be reaching you that could prompt a decision on your part. Looking carefully at pros and cons could give you a better understanding of the situation and you might find that this looks better than anticipated — avoid any rash decision. This is connected to an experience that you have in the past that caused you and still is causing lots of agitation. A well learned lesson will come from this. You could also find yourself dreaming about doing some repairs at your home base and cooperation from mate or partner could be found only with shared resources, as work and planning will be done by you alone.

### **CAPRICORN** (December 22 to January 19)

You could find yourself, this month of March, dealing with expenses concerning you home base and making too fast decisions that you could regret. A slower pace on thinking throughout any situation will be the best course. Everyone deserves a break now and then. The only problem, Capricorn, is you may continue to run the treadmill. The 2020 March horoscope says that your desire to change residence could be present, as responsibilities at the home base seem to be easing off. Reconciling past responsibilities with the future, with mate or partner, could be worked out once you two decide where you both wish to head at, in your life. Emotional need, to move forward, is necessary and a responsibility.

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### **AQUARIUS** (January 20 to February 18)

This month could bring you a fast pace connected to your friends. You could be meeting new people but beware of some misguided information that could emanate from this. A learning experience could be received by you that could cause you unfounded worries, though love and understanding on your part could mitigate any wrong doing. You could be feeling somehow confused about your role in the past and what is expected from you in the present; lots of communication could be very enlightening to you.

# March Horoscopes

Source:www.yearly-horoscope.org/march-2020-monthly/

### **PISCES**

### (February 19 to March 20)

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You could find yourself, this month, changing your mind in many circumstances but you probably will be keeping it to yourself. Confusion, about past experiences, could be reflected in your personal income and values, and this will have to be reconciled throughout the help from your and your partner's shared resources. This could also bring hard lessons for you and some worries, in spite of opportunity to improve your money area. Sense of responsibility could be softened up somehow, as you could try not to be so hard on yourself. You could be putting some enthusiasm into doing some social and entertainment activity. You could feel very energetic this month and this could make you careless, so watch your steps!

### ARIES

### (March 21 to April 19)

Your area of friends is very much on the spotlight this month. Changes of plans, made with activities connected with friends, could appear from nowhere but, if you put your mind into this, it will not cause you many troubles and it could rebound, for the better. A strong desire to take a faraway trip could be felt by you and it could be made a reality, if you can balance this with your personal responsibilities. Worries will not take you anywhere this month, as you try to juggle yourself between past experiences and what the future is bringing. **TAURUS** 

## (April 20 to May 20)

The keynote for you this month is in the area of your career, promotion and new direction in life. A monetary reward, from a partnership or inheritance, could also be featured. Opportunity to reap from outside sources of income could be featured, but agitation concerning changes, in this area, could be over inflated. Harmony is present, so look at the situation in an optimistic manner, in spite of unclear circumstances that could be puzzling to you. Ask for clarification. A friend or acquaintance could be the bearer of much news that could help you to sort out this confusion.

### **GEMINI** (May 21 to June 20)

Possibility of traveling could come to you from nowhere, that could be connected to circumstances surrounding an older friend; a pleasant situation could be also attached to this. Your generosity could be called for and this could possibly cause you worries, as a money matter can be very unclear. Find out everything before you put your hand, in your pocket. You have a lot to learn concerning your shared values, and emotions could be in the way; do not rush into anything, as your nature could betray you.

### CANCER (June 21 to July 22)

You could be giving a lot of thought to very unexpected circumstances surrounding your area of shared income. Slow changes in your work area could be triggering this matter. Your work area seems to be surrounded by very harmonious happenings and your sense of responsibility should be very much in the forefront. Worries concerning opportunities to improve your career status could be bothering you. Challenging circumstances, at work will have to be discussed so you can come to a better understanding and compromise, by mid-Summer. Exotic vacations, in foreign lands, live in your dreams, this month. Whether a brief respite or life-long goal, investigate what stirs in your soul



### LEO (July 23 to August 22)

Spotlight is on your marriage and partnerships. Surprising developments, coming from far away, could be happening in this area. Your mind could be going a mile a minute and you could be changing your mind, in a matter related to this area of your life. Someone that had been around you, in a very quiet way, could come forward into your life. This could cause you agitation, as lessons and responsibilities are very much in the picture. In the second half of the month, you could be having differences of opinion at your workplace that could be resolved in a very amicable way. Your focus, this month, is on work, relationships and resources shared with others.

### VIRGO

### ΠQ (August 23 to September 22)

Unexpected developments, at work, could find you changing your mind very rapidly, a few times. Insecurity connected to opportunity of a lucrative enterprise will be calling for negotiations. Harmony should prevail at your home front and the need to be cautious, on shared financial matters, could be present. This may cause some preoccupation, reflected as a learning experience connected to your sense of responsibility. The second half of the month will find you with a lot of activity, in your area of investments and speculations.

### **LIBRA** (September 23 to October 22)

Social activities are in the limelight for you this month. Your natural social grace is enhanced in work and play. A possibility of taking a short trip could be featured. This could come to you in an unexpected manner. Responsibility, with your partner, will have to be worked out before you can take this trip. Opportunity to mend a situation, in a past experience, could appear as lines of communication are open, in a very harmonious way. Adjustment should be made, Your work area could also be super busy, at this time, but this could be organized so you can take your trip.



CIRCULATION - 10,000 PRINTED

The Capital News is delivered monthly to high impact and heavily frequented public areas in Ward 5, 7 and 8. Our distribution includes churches, bus stops, post offices, community centers, clinics, coffee shops, barbershops, beauty salons, and IHOP and other restaurants.

4 readers per issue)

### WARD 5

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CAPITAL VIEW CONGRESS HEIGHTS FAIRFAX VILLAGE FORT DAVIS PARK MARSHALL HEIGHTS RIVER TERRACE

### THE CAPITAL NEWS **MARCH 2020** Volume 32, Issue 24

# **Religious Corner**

You can pick up your monthly issue of The Capital News at any of the locations below. If you would like to be included in the distribution please contact thecapitalnewsteam@gmail.com

Allen Chapel A.M.E.Church Rev. Dr. Michael E. Bell, Sr., Pastor 2498 Alabama Ave. SE WDC 20020 (202) 889-3296 "The Cathedral of Southeast DC" Sunday Worship 8:00am &11:00am Sunday School 9:15am www.acamec.org

"Teaching God's Word and Serving God's Word" **Brighter Day Ministries** Rev. Tommy Murray, Pastor Multi-Location Church Visit our website: @ www.brighterdaydc.org A.P. Shaw Campus 2525 12th Place, SE, Washington, DC 20020 11am Sunday Worship Congress Heights Campus 421 Alabama Avenue, SE, Washington, DC 20032 8:30am Sunday Worship Office: 202/889-3660 • Fax: 202/678-5213 Email: churchoffice@bdmdc.org

Campbell A.M.E. Church 2568 Martin Luther King, Jr. Ave. SE, WDC 20032 (202) 678-2263 Sunday Worship 8:00am & 11:00am Sunday School 9:30am Prayer Service Wednesdays 6:30pm Bible Study Wednesday 12noon Bible Study Thursday 7:00pm

> Christ Ministries 30 Atlantic Street, SE WDC 20032 Services: 11 am and 3pm

Covenant Baptist United Church of Christ Dr. Dennis and Christine Wiley, Co-Pastors 3845 South Capitol St. SW WDC 20032 (202) 562-5576 "Ministries for the Mind, Body and Spirit" Sunday Worship 10:00am Wednesday Bible Study 12noon & 6:30pm www.covenantbaptistucc.org

East Washington Heights Baptist Church Rev. Kip Bernard Banks, Sr., Pastor 2220 Branch Ave. SE WDC 20020 (202) 582-4811– Office (202) 58202400– Fax Sunday Worship 11:10am Sunday School 9:30am Devotional Service 10:45 am Bible Study Wednesday 6:30pm Children's Church 2nd & 4th Sunday 11:00am www.ewhbc.org ewhbc@aol.com Emmanuel Baptist Church Christopher L. Nichols, Pastor 2409 Ainger Pl., SE WDC 20020 (202) 678-0884-Office • (202) 678-0885- Fax "Moving Faith Forward" Sunday Worship 8:00am & 10:45am Family Bible Study Tuesdays 7:00pm Prayer Service Tuesday 6:00pm www.emmanuelbaptistchuurchdc.org

Greater Mt. Calvary Baptist Church Archbishop Alfred D. Owens, Pastor Evangelist Susie Owens, Co-Pastor 610 Rhode Island Ave. NE WDC 20002 (202) 529-4547 "It doesn't matter how you feel, God is still worthy to be praised" Sunday Worship 8:00am & 10:45am Super Sunday Service 3rd Sundays of month 6:00pm Wednesday Night Prayer 6:30pm Wednesday Bible Study 7:30pm www.gmchc.org/

Israel Baptist Rev. Dr. Morris L. Shearin, Pastor 1251 Saratoga Ave. NE WDC 20018 (202) 269-0288 "We Enter to Worship, We Depart to Serve" Sunday Worship 10:45am • Sunday School 9:15am Senior Bible Class Tuesday 10:30am Wednesday Prayer Noon & 6:30pm Bible Study Wednesday 7:00pm Holy Communion First Sunday 10:45am http://www.israelbaptistchurch.org/

> Johnson Memorial Baptist Church Rev. Henry A. Gaston, Pastor 800 Ridge Rd. SE WDC 20019 (202) 581-1873 Sunday Worship 7:45a. & 11:15am Church School 9:30am Bible Study Wednesday 8:00pm Prayer Meeting Wednesday 7:00pm

Kingdom Care Senior Village Place of Worship: Greater Fellowship/Gospel Baptist Church 814 Alabama Ave SE Washington, DC 20032 Phone: 202-561-5594

Macedonia Baptist Church Rev. Garfield Burton, Pastor 2625 Stanton Rd. SE WDC 20032 • (202) 678-8486 "A Church With a Living Hope in the Midst of Dying World" Sunday Worship 10:00am Sunday School 9:00am Prayer & Bible Study Wednesday 7:00pm & 7:30pm Saturday Sacrificial Prayer 7:00am www.macedoniadc.org/ Matthews Memorial Baptist Church Dr. C. Matthew Hudson Jr., Pastor 2616 MLK Ave. SE WDC 20020 (202) 889-3709 Office (202) 678-3304 Fax "Empowered to love and Challenged to Lead a Multitude of Souls to Christ" Sunday Worship 7:30am & 10:45am Church School 9:30am Prayer, Praise & Bible Study Wednesday 7:00pm Bible Study Saturday 11:00am Holy Communion 1st Sunday 10:45am

> New Life Ministries DC Reverend Ernest D. Lyles, Sr. 2405 MLK Jr. Ave SE WDC 20020 Sunday Worship 10:00am https://newlifeministriesdc.org/ "A small church with a mega heart" Phone: 202-304-2005 Email: joinus@nlmdc.org

Pennsylvania Ave. Baptist Rev. Dr. Kendrick E. Curry 3000 Pennsylvania Ave. SE WDC 20020 (202) 581-1500 "Committed to the Cause of Christ" Sunday Worship 10:45am • Sunday School 9:30am Adult Bible Study Mondays 7:00pm Young Adult Bible Study Tuesdays 7:00pm Bible Study Wednesday 6:30pm http://www.pabc-dc.org/

St. John C.M.E. Church Reverend John A. Dillard III 2801 Stanton Rd. SE, Washington DC 20020 (202) 678-7788 Sunday Worship 11:00am Sunday School 9:00am http://www.stjohncmecdc.org/

St. Matthews Baptist Church Rev. Dr. Maxwell M. Washington, Pastor 1105 New Jersey Ave. SE WDC 20003 (202) 488-7298 "Striving to be more like Jesus with an emphasis on 'Prayer'" Sunday Worship 9:05am • Sunday School 8:00am Bible Study Tuesday 7:30pm Prayer Meeting Tuesday 7:00pm Hold Communion 3rd Sunday Morning www.stmatthewsbaptist.com stmatthewbaptist@msn.com

Union Temple Pastor Anika Wilson Brown 1225 W St SE, WDC, 20020 • (202) 678-8822 "It's a family affair" Sunday Worship: 8:00am & 11:00am Thursday Night Worship: 7:30pm

### COMMUNITY NEWS • P19

# **Our Distribution**

You can pick up your monthly issue of The Capital News at any of the locations below. If you would like to be included in the distribution please contact thecapitalnewsteam@gmail.com

### WARD 4

Andrene's Caribbean/Soul Food 308 Kennedy St. NW

> BP Gas Station 7000 Blair Rd. NW

Hattie Holmes Senior Center 324 Kennedy St. NW

Kwik Stop 4801 Georgia Ave NW

Midnight Deli 4701 Georgia Ave NW

Petworth Action Committee @ Raymond Recreation Center 3725 10th Street NW

> Petworth Library 4200 Kansas Ave, NW

Starlight Foods 5425 5th Street NW

Senbeb Natural Foods 6234 3rd Street NW

Shell Gas Station/ 7 Eleven 4000 Georgia Ave, NW

Takoma Park DC Library 416 Cedar Street NW

Yes! Organic Market 4100 Georgia Ave, NW

### WARD 5

5th St. Laundromat 415A Rhode Island Ave. NE

A Cut Above the Top Barbershop 2377 Rhode Island Ave. NE

American Quality Home Care Services Inc 2312 Rhode Island Ave, NE

> Barbershop 3506 12th St NE

Department of Human Services 920-A Rhode Island Ave. NE

Department of Veteran Affairs 1500 Franklin St. NE

Fish King 403 Rhode Island Ave NE Good Old Reliable Liquor Store 1513 Rhode Island Ave NE

> Israel Baptist Church 1251 Saratoga Ave. NE

> > Jet Set Hair 3530 12th St. NE

Lucky 7 Liquor 2317 Rhode Island Ave. NE

> M&S Barber Services 2900 12th NE

> > Murry's & Paul's 3515 12th St NE

Neighborhood Market 1611 Rhode Island Ave. NE

> Newton Food Mart 3600 12th St. NE

Salon Shear Madness 2014 Rhode Island Ave NE

> Sammy Carryout 2801 Franklin St NE

Woodbridge Public Library 1800 Rhode Island NE

### WARD 7

Anacostia Library 1800 Good Hope Rd. SE

Benning Road Library 3935 Benning Rd. SE

Capitol View Neighborhood Library 5001 Central Ave SE

Deanwood Recreation Center 1350 49th St. NE

Ft. Davis Community Center 1400 41st St. SE

Francis A. Gregory Public Library 3660 Alabama Ave SE

Hillcrest Community Center 3100 Denver St. SE Hillcrest Recreation Center 3200 Camden St SE

New 7 Market 1406 Good Hope Rd. SE Safeway 2845 Alabama Ave. SE

Washington Seniors Wellness 3001 Alabama Ave SE

WARD 8 Allen Chapel AME Church 2498 Alabama Ave, SE

Andrews Federal Credit Union 1556 Alabama Ave. SE

The Arc/ Parkland Community Center 1901 Mississippi Ave. SE

> The Big Chair Coffee Shop 2102 MLK Jr. Ave. SE

Brighter Day Ministries Congress Heights 421 Alabama Ave. SE Brighter Day Ministries A.P. Shaw Campus 2525 12th Pl. SE

Busboys & Poets 2004 Martin Luther King Jr Ave SE

CSAM's America's Islamic Heritage Museum and Cultural Center 2315 MLK Jr. Ave. SE

> Cedar Tree Academy 701 Howard Rd. SE

Community College Preparatory Academy 2405 MLK Jr. Ave. SE

DHS Congress Heights Service Center Dept. of Human Services Child Care 4001 South Capitol St. SW

> Excel Pharmacy 3923-A S Capitol St SW

Excel Care Pharmacy @United Medical Center 1310 Southern Ave SE

Fort Carroll Market 3705 MLK Jr. Ave. SE

Good Wash Laundromat 1603 Good Hope Rd. SE

Hope Village 2844 Langston Pl SE

IHOP 1523 Alabama Ave. SE Industrial Bank 1800 Good Hope Rd. SE 1800 Martin Luther King Jr Ave SE

Kingdom Care Senior Village 814 Alabama Ave SE

Marion Barry's Ward 8 Office 2100 MLK Jr. Ave. SE

My 3 Sons Barbershop 3125 Martin Luther King Jr Ave SE

Opportunities Industrialization Center 3016 MLK Jr. Ave. SE 3707 MLK Jr. Ave. SE

> Park Southern Apartments 800 Southern Ave. SE

Parklands-Turner Neighborhood Library 1547 Alabama Ave SE

> P.R. Harris School 4600 Livingstone Rd. SE

UPO/Peetey Greene Community Center 2907 MLK Jr. Ave. SE

R.I.S.E. Demonstration Center 2730 Martin Luther King Jr Ave SE

The Roundtree Residences 2515 Alabama Ave. SE

Secrets of Nature 5923 South Capitol St. SW

St. Elizabeth's Hospital 1100 Alabama Ave. SE

Southeast Tennis and Learning Center 701 Mississippi Ave. SE

> SunTrust Bank 1340 Good Hope Rd. SE

Secrets of Nature Health Food Centers 3923-B South Capitol St SW

UDC at Congress Heights 3100 Martin Luther King Jr Ave SE

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# We build more than homes... we build communities.



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is dedicated to the creation of community focused projects. DDG develops housing and community facilities that provide both social and economic benefits. Our projects include housing that offers unique designs while preserving the diversity of the community, charter schools that offer alternative educational environments and public facilities created with both distinctive architecture and responsive program offerings. All of these developments share the common goal of creating financial viable ventures while enriching the local community.



Development with a Moral Imperative

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