

THE CAPITAL NEWS

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The Untold Stories

Henderson Passionately Leads Cedar Tree Academy



By: James Wright and Jasmin Thomas
Special to the Capital News

Dr. LaTonya Henderson, the Chief Executive Officer at Cedar Tree Academy Public Charter School, walks around with a pep in her step and a glide in her stride. And why shouldn't she.

Dr. Henderson leads what some consider one of the finest charter schools in Ward 8. Cedar Tree Academy is a Tier 1 charter school that serves students in Pre-Kindergarten to Kindergarten and will be adding 1st grade in the 2020-2021 school year. Tier 1 schools are tiered on a scale of 65-100 percent with the criteria being: student progress on Pre-literacy, Reading, and Math portions of standardized tests, parent satisfaction evidenced by re-enrollment the following school year, student achievement and attendance.

continued on P3

Ghana: Homecoming for African Americans



African Americans find new home in Ghana - gateway of the brutal African slave trade to the US that began 400 years ago.

By: Kwasi Gyamfi Asiedu
Special to the Capital News

The Cape Coast castle, built with local labor in the 17th century, is frequented by tourists [Edem Robby Abbeyquaye/Al Jazeera]

Accra, Ghana - Afia Khalia Tweneboa Kodua, then a resident of Los Angeles, still remembers the day she was ending her first trip to Ghana in 2011.

"I am not a public emotional person so I got to the airport and asked [myself]: 'what is this? Are those tears?'"

continued on P15

Community News



Congress Heights Art All Night
Read More on P4

Community News



Safe Passage Safe Spots in Congress Heights
Read More on P15

National News



Remembering Sept 11
Read More on P16



THE CAPITAL NEWS

THE UNTOLD STORIES

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Cedar Tree Academy continued from pg. 1

Dr. Henderson and her team have consistently been a Tier 1 school since they have been eligible for tiering.



Cedar Tree achieved an 89.4 rating, the highest of any charter school in Ward 8, according to the 2018 School Quality Report produced by the D.C. Public Charter School Board. Dr. Henderson is proud of these accomplishments despite some challenging environmental conditions that some of her children come from.



Cedar Tree Academy's mission – *The Academy is committed to academic excellence for all students. We will build the foundation for all students in a safe learning environment designed to enhance social and emotional growth, cognitive and creative development while preparing students to become active independent learners. No exception. No excuses.*

Cedar Tree Academy is fulfilling their mission by educating the students using a combination of phonemic awareness and holistic approaches. By using a variety of educational methods, they can ensure that they are reaching and teaching all the students on their educational level. Students also are taught using a STEM

(Science, Technology, Engineering and Math) curriculum. “We want our young scholars to prepare to become tomorrow’s engineers, scientist, and mathematicians. Their exposure to STEM is important for the growth and development of our students.”, says Dr. Henderson. Also, a variety of other programs are offered at Cedar Tree. Programs such as: **music education**, where children are introduced to educational concepts through rhythm, movement, and sound; **art education**, where children can express themselves through collaborations with peers, their imagination, and cultural literacy; **Spanish education** at Cedar Tree is geared toward introducing students to basic Spanish words and concepts; and **physical education**, where children learn the importance of healthy living and exercise.



The school attributes their success to their parent engagement program, in addition to a strong academic program. Cedar Tree supports the families through their many partnerships. Partnerships with organizations such as:

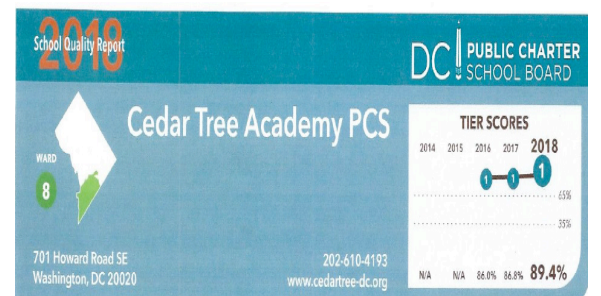
- **Martha’s Table** who provides fresh fruits and vegetables to the school once per month and gives them to the parents. They also provide samples of foods that can be cooked using the items that are provided.
- **The Department of Behavior Health** assist the school by providing support to students and families inside and outside of the school. Dr. Henderson believes that community partnerships like this help bridge the gap between the school, home and the community.



Cedar Tree also has a parent center that is open to its parents. In the parent center, parents can use the computers, print documents, and find resources that will help them with a variety of needs. The school offers classes to parents on topics ranging from credit repair, job readiness, first time homeownership, and healthy living just to name a few. Working with families is one of the school’s top priorities. “Parent engagement is very important to a school’s overall success”, says Dr. Henderson.

When asked what the motivating force behind her educational career of twenty plus years has been, Dr. Henderson stated, “It’s simple. I love what I do. I believe that Frederick Douglass had it right when he said, ‘It is easier to build strong children than to repair broken men.’”

At Cedar Tree Academy we are developing strong children who will learn today and lead tomorrow.”



Ghana Homecoming continued from pg. 1

“It was clear something had awoken in me and ignited in me and I have to come back. My ancestors are telling me; I have to come back,” she told Al Jazeera.

And so, in 2017, she left Los Angeles, California and moved permanently to Accra, Ghana’s capital with her three young children.

On her first visit, she was known as Khalia Bennett. But she says her trip was so transformative, she “dropped her slave name” and legally changed her name “to complete my story.”

She took on Afia, the Asante traditional name given to girls born on Fridays, and took her new last name from a descendant of Yaa Asantewaa, a 19th century queen within the Asante kingdom, who led a revolt against British colonialists.

Tweneboa Kodua now runs Goddess Touch Therapy, a massage therapy business serving a nascent but growing clientele of middle-class Ghanaians and often African American visitors to Ghana.

In 2001, Ghana’s parliament passed the Right to Abode law, which grants the descendants of enslaved Africans the right to stay in Ghana.

That law paved that way for people like Tweneboa Kodua and other African Americans to move back to Ghana with more ease.

Afia Khalia Tweneboa Kodua, a massage therapist, repatriated to Accra, Ghana in 2017 from Los Angeles [Edem Robby Abbeyquaye/Al Jazeera] [Al Jazeera]

Since independence in 1957, Ghana has explicitly cultivated people of African ancestry born in the Americas to not only visit, but potentially stay and invest their money and knowledge into the country.

Ghana has a dark history of being one of the main exit points, along the West African coast, where hundreds of thousands of African women and men were sold and shipped by European merchants from their towns to



the Americas, as part of the Transatlantic Slave Trade.

In the 1950s and 1960s, the country was home to leading civil rights campaigners, writers and thinkers including W.E.B Du Bois and Maya Angelou. Malcom X, Muhammed Ali, Martin Luther and Coretta Scott King also made high profile visits to the country.

‘It is like night and day’

In their home, north of Accra, Dr Ọbádélé Kambon and his son, Kwaku, are using an interactive computer game to practice counting of numbers in Yoruba language.

“Meta, merin, marun” - (three, four, five), the young Kambon repeats at the behest of the game.

Even though Yoruba is not widely spoken in Ghana (except among the large Nigerian immigrant community), Dr Kambon who speaks Yoruba, hopes his three children would learn to speak it along with local languages such as Twi and Ga.

Born and raised in the United States, Kambon permanently moved to Ghana with his wife and daughter in 2008 from Chicago.

He had visited a decade earlier with his mother, who organizes spiritual tours for African Americans. He spent his study year abroad at the University of Ghana, where he now teaches at the Institute of African Studies.

As a black family, Kambon says life in Ghana is very different compared to the United States.

“One time, I was holding my son in my arms... and I just thought for a second that I don’t have to worry about my son being shot down on the street. This was not too long after the Tamir Rice incident,” he told Al Jazeera, referring to the 2014 killing by police of the 12-year old black boy.

Leaving behind the reality of racism and police brutality in the US also rings true for Tweneboa Kodua.

Dr Obadele Kambon became a naturalized citizen along with 33 other ‘returnees’ [Edem Robby Abbeyquaye/Al Jazeera] [Al Jazeera] “I don’t have to deal with racism on an everyday basis. I don’t have to deal with my cultural identity being challenged and questioned. The level of violence is incomparable - it is like night and day.”

Ghana Homecoming continued from pg. 4

In December 2016, Kambon’s relationship with Ghana was further strengthened when he became a naturalized citizen along with 33 other ‘returnees’.

“I have only restored to you what rightfully belongs to you and was painfully taken away,” Ghana’s then-president, John Mahama, said after conducting the naturalization ceremony. The current government has announced plans to grant more citizenships later this year.

While the reception in Ghana has been anything but hostile, it can be tricky sometimes.

“For some Ghanaians, their approach to me is as an ‘other’ because the moment they hear me speak they are like ‘ah, she’s not from Ghana.’ But once we have a conversation [and] they understand who I am, they are very accepting and welcoming and supportive of me being here,” Tweneboa Kodua told Al Jazeera.

‘Pilgrimage’

While not all will repatriate to Ghana, the government hopes testimonies such as these would encourage more Americans of African ancestry to visit Ghana in a bid to boost its tourism numbers.

It has dubbed 2019, the Year of Return, to commemorate the 400th anniversary of the arrival of a group of Africans to Virginia. While that group were not the first Africans to arrive, August 1619 is often commemorated as the start of the slave trade in the United States.

“We don’t classify them as tourists or visitors. We say they are on a pilgrimage to their ancestral land where their ancestors were taken from. We recognize them as our own,” says Robert Morgan Mensah, head of education at the Cape Coast Castle dungeons.

Built with local labor in the 17th century, a little over four million captured Africans are believed to have passed through the Cape Coast dungeons alone, Mensah says. A significant portion of them died on the rough seas and were thrown overboard.

“Anytime [Diasporan Africans] come, they come with emotions; whatever they have read about, they want to see it in the form of empirical evidence...When they come and listen to the story, they weep,” Mensah told Al Jazeera.

In 1979, the United Nations’ cultural agency UNESCO bestowed World Heritage status on the slave castles and forts that dot Ghana’s coastline.

Recent high-profile visitors such as the Barack Obama family and Colin Kaepernick have increased the country’s profile as a destination for black people yearning for a spiritual connection to ‘the motherland’ especially in these times of heightened racial tensions.

However, for those thinking about repatriating, Dr Kambon (who teaches the Twi language online) says they have to make a commitment to learn a local language.

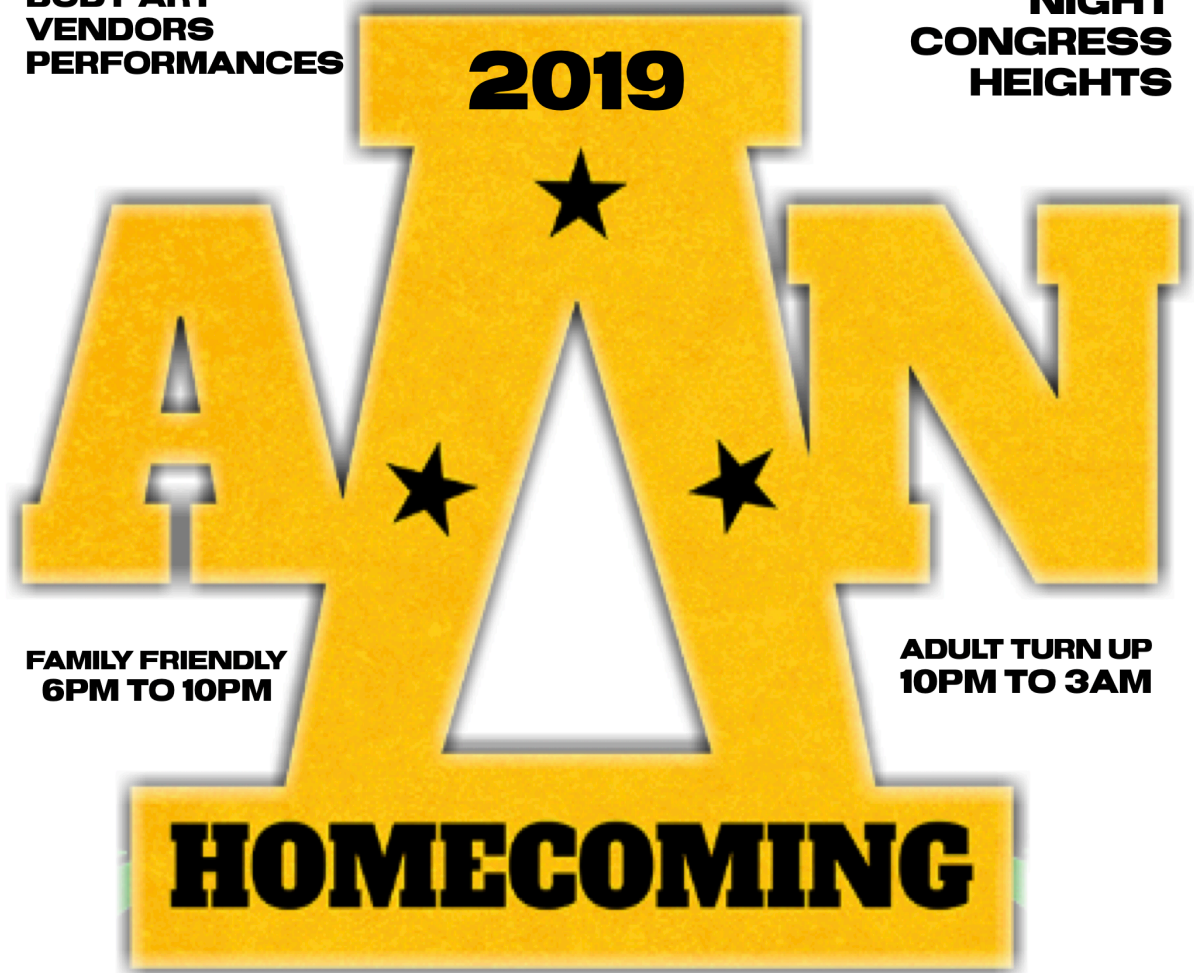
“You will have an entirely different experience if you speak the language versus if you don’t. Especially when people are coming here saying I am trying to connect with my roots and heritage - then part of that is taking the effort to learn the language.”

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NEWS

It's time to register for the 38th Annual Congress Heights Day Parade

It is that time again when the Congress Heights Community Association hosts it's 38th Annual Congress Heights Day Parade culminating with Art All Night - Soul of the City.

SAVE THE DATE: This year the parade will be held on September 14, 2019 starting at 4pm.

The parade will **start** at **Ballou High School, parking lot** located at
3401 4th St SE, Washington, DC 20032

The parade will **conclude** at
2700 Martin Luther King Jr Ave SE, WDC 20032.

We are counting on you, your family and/or organization's participation to make this year's event a success. This year has been the year of great things in Ward 8 and Congress Heights.

We look forward to everyone coming to the Soul of the City to be a part of the greatness !

Registration for this event closes September 10, 2019

Register NOW: www.2019chparade.eventbrite.com

If you have any questions or concerns please feel free to contact
Dominique Rice at 202.563.5200 or email: dominique@chctdc.org

Hope to hear from you soon and please share our flyer on your social media pages and with your neighbors. Thanks in advance!

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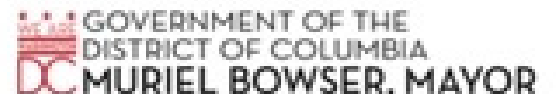
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SPECIAL

EVENTS

Congress Heights Art All Night

September 14, 2019 7:00 pm – 3 am

FREE EVENT



The annual Destination Congress Heights Art All Night festival celebrates the visual and performing arts, showcasing the diverse talents of Ward 8 and the city's creative community. Public and private spaces along Martin Luther King Jr Avenue SE transform into pop-up galleries and performance stages for an evening of art in all its forms. And the best part? **It's all FREE!**

This year's theme HOMECOMING was selected by the Congress Heights community residents and business community. It perfectly connotes what Congress Heights Art Night is all about. It's that feeling of intense excitement and happiness you get when the community connects and reconnects; when former Ward 8 and Congress Heights artists and residents come home and reconnect. It builds community. It celebrates African American contributions to DC's culture and creative economy. It's MUSIC, DANCE, FASHION, FILM, ART, CUISINE AND VENDORS. It's diverse, inclusive and inviting. It's a time to connect with old friends and make new ones. It's a time where everyone comes together – business owners, community organizations, residents, community leaders, visitors, artists, students and friends - to celebrates the arts and small business. An experience like none other, Congress Heights Art All Night is a time to celebrate the many things that make Ward 8 and Congress Heights so special: the community, excellence, and experience!

Last year, over 12,000 festival attendees enjoyed exhibits, performances, and interactive art experiences in Congress Heights. More than 200 artists and performance groups were featured – our largest and most diverse program yet.

For further information contact: Destination Congress Heights at 202-563-5200 and visit www.chartallnight.com

Congress Heights Art All Night is presented by Mayor Muriel Bowser and the DC Department of Small and Local Business Development in partnership with Destination Congress Heights with support from the DC Commission on the Arts & Humanities.

HOMECOMING: THE ART OF CHOCOLATE CITY

By: Wendell Quann

We are excited to announce that Congress Heights' ART ALL NIGHT will be held on Saturday, September 14, 2018 starting at 7:00 PM and running until 3:00 AM the following morning.

ART ALL NIGHT is a free arts festival curated by Destination Congress Heights that celebrates the artistic richness that has emerged from Congress Heights with an unprecedented gathering of artists, makers, business owners, community organizations, residents, community leaders, visitors, students and friends - to celebrates the arts and small business. Representing some of DC's greatest artists, the festival highlights the profound artistic breadth and cultural influences of East of the River artists.

Last year over 12,000 people attended Art All Night in Congress Heights and this will be another amazing event you don't want to miss.

The Night is bound to dazzle and delight with the vividness of its artists' imaginations. Showcasing over 200 of DC's finest artists in more than 14 venues, indulge yourself in its abundant pleasures of MUSIC, DANCE, FASHION, FILM, ART, CUISINE AND VENDORS, interactive art experiences and a midnight brunch – you will be inspired!

The festival features:

- 50+ painters, sculptors, photographers, and other visual artists
- 9 stages of music, art demonstrations, fashion and more
- 100+ artistic vendors including local businesses
- Live music, ranging from gospel to blues to jazz to soul to funk to RNB to Dancehall to Go-Go to Afro beat to Hip Hop
- A fusion of healthy African, Caribbean & Soul cuisine
- An Art Garden installation
- A Tribute to Go-Go
- A Tribute to Women Artist
- Midnight Brunch and Live Mixtape

This year's music line-up includes:



Sugar Bear & EU

EU (Experience Unlimited) is one of the original Washington DC Go-Go bands. Fronted by founding member Gregory "Sugar Bear" Elliott, the original members all attended Ballou High School (currently the subject of a critically acclaimed documentary). The band chose the name Experience due to their respect for the Jimi Hendrix Experience, and Unlimited because they did not want to limit the range of their music. Their early regional hits included EU Freeze, Lock Your Butt, and Knock 'Em Out Sugar Ray. Although they are best known for their Grammy nominated, massive worldwide hit Da-Butt from Spike Lee's "School Daze" soundtrack, EU scored hits with Salt & Papa (Shake Your Thang), with rap innovator Kurtis Blow (Party Time), and on their own with Buck Wild and Taste of Your Love. Da Butt won Soul Train's best R&B/Soul Single, Group in 1989.



Bela Dona Band

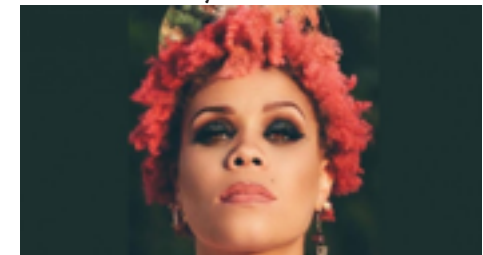
Washington D.C. is the birthplace of this exciting and diverse all-female band, founded in September 2007. The high-energy concert style presentation and dynamic musicianship exuded on stage are incomparable. Their unique style of Funk, Jazz, R&B and Rock commands audiences and the meshing of the raw talents possessed by these seasoned musicians captivates all who see them perform. Individually, the breadth of experience of each band member ranges from formal training in jazz, classical, opera, gospel, and R&B, to touring and performing with artists such as Nile Rodgers, Regina Belle, Pieces of a Dream, Chaka Khan, Chuck Brown, High Five, Sugar Bear & EU, Salt & Pepa, Stephanie Mills, Michael Bolton, Elton John and many others. Collectively, Be'la Dona has had the pleasure of performing with Erykah Badu, Vivian Green,

Avery Sunshine, KeKe Wyatt, Algebra Blessett, Melanie Fiona, Estelle, Rah Digga, Lil Mama, Goapole, Marsha Ambrosious, Chico DeBarge, Chrisette Michele, Howard Hewett, Case, Kurtis Blow, Doug E. Fresh, Biz Markie, Tony Terry, Tanya Blount and Chuck Brown, as well as being deemed the official band for Beverly Bond's, "Black Girls Rock Tour".



Jus Paul

DC native and graduate of Anacostia High School. His Genre includes R&B, Hip Hop, Rap, Jazz, EDM, Go-Go and others. R&B sensation, songwriter, hit-maker and lead vocalist for world famous jazz band, The Blackbyrds, JusPaul, brings the art of song to his signature vocals. His successful introductory EP, self-titled JusPaul, lit the torch that has carried him into a fire-hot independent musical career. He continued his lyrical rise with his sophomore mixtape, Bobby Brown Jr., which allowed him major exposure. After, he released, "Dirty Dabbin", which showed his creativity as a artist, he took the internet by storm by ranking in over 150k views. This multi-talented singer-songwriter brings "the voice" to his original songs as well as sought-after collaborations; such as DMV Stars Visto, Trap Rock, P Wild, Noochie from Oy Boyz and The Foot Work Band. JusPaul has discovered a new eclectic sound that will take the world by storm.



Pinky Killacorn

Pinky Killacorn is a Hip-Hop artist, rapper, song writer, and entertainer but more importantly she has built a stellar reputation among her fans that now makes her name synonymous unique greatness. Pinky, hailing from the Northwest quadrant of Washington, D.C. is affectionately referred to by residents as "The Uptown Cherrybomb". She has worked from the ground up to hone an original sound, an individual sense of fashion and a luminescent demeanor that leaves a positive impression in professional and social circles alike.

Youth Lively

Navigating the World as a Young Prosperous Adult

Movers and Savers: Young and Dumb but We Don't Have to be Broke

5 Ways to Make and Save Money as a Young Adult

Author: series by Courtney Williams

One of singer, Khalid's most favored songs is 'Young Dumb & Broke' where he details the carefree nature of young, dumb, broke high school kids. Typically it takes a few years of working and moving up the totem pole before your income is truly secured. This is why young people are typically 'dumb' and 'broke'. We're too young and too 'dumb' to work in advanced fields with advanced paychecks but we're old enough to know that we want nice things. Nice expensive things. Now, I'm no expert on finances but I have come to realize that I don't have to be in order to save money. Here are five tips that help me save money as a broke college student.

1. Get a job This tip has worked for me in the summer when I can get the perfect balance of work and play. This will not only give you something to put on your resume but will give you consistent income for however long you choose to work. If you are not in school or have other obligations, consider working full time. Most summer jobs available for younger people are part-time; however, there are full-time jobs out there. If you are in school or college and full-time is not an option part-time may be substantial. If you have a busy schedule that is pulling you in different directions, you should consider mastering the art of a side-hustle.

A side-hustle is one of the best ways to make extra cash and the best part is it will always work on your schedule. Maybe you're good at doing hair and become your neighborhood stylist; maybe you're the only one in your dorm with a bike and can do food runs for people; maybe you're good at painting and start a shoe customization business. With a side-hustle your possibilities are endless. And yes it can count as a job.

2. Pay Attention! If you go and spend money at numerous locations, even if you're only spending three dollars at a convenience store, or somewhere else that money will add up. Before you know it, you've spent more money than you expected for a day and realize your wallet is empty by the end of the week. For many, this happens with credit or debit cards as you cannot actually see yourself handing over the physical cash. One way to limit subconscious spending is to keep track of your receipts and review your purchases every week. You can do this as often as you see fit and it will make you think twice about what you buy. Pay attention to the prices and how often you're buying a product. Just by understanding where most of your money goes when it's not in your wallet can help you keep it in it.

3. Plan ahead. Did you know that the price of that shiny new phone will eventually go down? Did you know that cute pair of shorts will go on sale towards the end of the summer? Yep it's called sales. If there is something you are planning on buying such as a new spring outfit or movie tickets for a date, it may be in your best interest to try and calculate how much it will cost, how long it will take for you to obtain the dollars you need and when you will be able to make up for the expense. A little bit of math never hurt anyone and being able to plan ahead will allow you to better prepare for bigger purchases. This might save you the 'geez, my wallet is empty' surprise.

For clothing and other items, it's also a good idea to try and estimate when something will go on sale. Yes, you may want that adorable sundress or that amazing pair of shades that would make you look so good. But you could also wait until the winter or fall when it goes on sale and rock the outfit next summer.

You'll feel even better knowing that you got it for a much cheaper price. The clearance section can be your friend.

4. Beware of the sticker price! If you live in the US then you know that unless stated otherwise \$9.99 actually is about \$10.50. If you're making an online order, what was once \$12.99 could be \$21 dollars in taxes and delivery fees. Beware of summer, winter and holiday sales. A 20 percent off sale is in no doubt a good deal but percent off sales does not mean shop until excess. If you're like me, you may make the mistake of emptying out your wallet on something that you didn't even really want but chose to get because the sticker price said it was on sale.

Sticker prices can be a little deceiving. When possible, try to limit delivery offers to avoid process and shipping fees. This isn't to say not to take advantage of a good deal though. If you see that coat you have been wanting since forever so nicely on sale for 30 percent off, by all means go for it, just make sure you don't get sucked into the glory of the sale price and ignore how much you're actually spending.

5. Put it away! We as young people have probably had to borrow money from our parents at least once and received the lecture of how money doesn't grow on trees. Borrowing money can make you feel a little childish but if you are able to make your own money you can minimize this. One way to save money; a way that has helped me out the most over the years, is to not touch it at all. Of course nothing is free so the idea of not spending any money is impossible but what is possible is creating a budget that allows you to gradually save. If you have a bank account, at the start of every month or after a paycheck, set a significant amount of money aside strictly to

continued on pg. 15

Safe Passages in Congress Heights

By: Shelley Rice

The 2019 – 2020 academic school year is fast approaching for many students and families. Doors of 115 traditional District of Columbia Public Schools (DCPS) and 123 Public Charter Schools (DCPCS) are scheduled to open on August 26, 2019 as the first day of school for students and August 29, 2019 as the first day of school for Pre-K students.

While Back to School Festivals across the city are helping to prepare students with free school supplies, grooming and other resources, safety concerns are also being heard. As of August 6, 2019, there have been 100 reported homicides in the District of Columbia, and East of the River families have been significantly impacted with growing violence.

Based on concerns around student safety, the District established the School Safety and Safe Passage Working Group to better understand and enhance safety-related policies that impact DCPS and DCPCS.



On Friday, August 23, 2019, at Dorothy I. Height Place, on Martin Luther King Jr Ave, Mayor Muriel Bowser’s leadership team on public safety and justice along with DCPS Chancellor Ferrabee and staff, Patrol Chief T Dickerson, and East of the River services announced the Safe Passage – Safe Spot Program highlighting community partners in Congress Heights, the Soul of the City.

The Congress Heights Arts and Culture Center, under the leadership of Keyonna Jones, is among businesses committed to community watch out and have agreed to open its doors to students as a Safe Spot if they feel endangered or threatened by violence as they travel to and from home and school daily.

The highlighted Ward 8 Safe Spots include:

- * Congress Heights Arts and Culture Center
- * Councilman Trayon White Office
- * Department of Parks & Recreation
- * The DC Library
- * MLK Deli



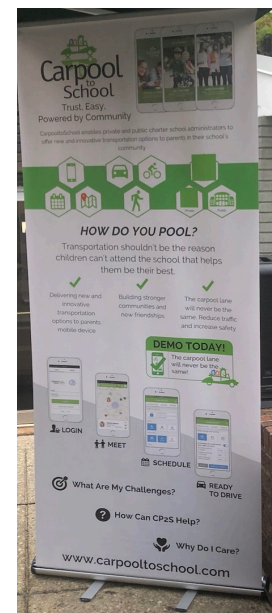
Chancellor Ferebee spoke to a crowd of nodding heads in agreement that “The Safety of our children is the responsibility of every community adult.” It takes a village to commit to the safety of our children.

One hundred school resource officers have been provided special training for youth. This new Safe Spot Program is a connected school model with 23 spaces within Congress Heights and Anacostia. Each will mount signage identifying the Safe Spot for 19 DCPS and 10 DCPCS students to find refuge.



Ms. Angel Hunter, Principal of Martin Luther King Jr Elementary School was present with teaching staff in support of the effort. When asked how Safe Spots will impact the students and families she serves, Principal Hunter stated “From school house to home, this will obviously give students a greater sense of safety to know that the community members and schools within the area are embracing their safety “

Other safe transportation efforts of the Safe Passage Working group include the new Pilot launch of the Car Pool to School program. Find more details at www.carpooltoschool.com. You can also download the application of new partners ‘Life Safe’ to participate in a peer to peer communication safety platform.



■ Youth Living continued from pg. 14

go in your savings. The rest can be used for spending money. Make sure you are prioritizing the things you need over the things you want as well.

If you do not have a bank account, it is best to start one. The sooner you have an account, the sooner you will be able to save and quickly manage your expenses. Many banks have loyalty programs and will offer rewards to customers for participation. When making an account, you should check to see what rewards you could gain later with your savings.

Saving and making money is all about checks and balances, literally. It’s ok to treat yourself every now and then as long as you know you can recover. Yes you may be young, yes you may be too inexperienced to work in the highest paid markets yet, but by making smart decisions with what you can do with your money, you could be on the path of not only having more money but practicing financial responsibility as well.

911 Remembrance

By: Courtney Williams

September means back to school, back to work and back to business as usual for the remainder of 2019. It is a month that will come and go for many; however, for some it is a month where pain will resurface. A pain that will be with them forever. It is the month where many will be reminded of the tragic day where their loved one along with 3000 others perished in the September 11 terrorist attacks of 2001. It is a tragedy that hits close to home for DC. The Pentagon being a short drive away; serves as a reminder of where many victims including three 11 year old DC students lost their lives.



Though nothing can be done to bring back those who were lost, our nation still comes together. Despite political differences or personal connection to the events on that day communities unite as part of the National Day of Service and Remembrance. Organizations partner to feed the homeless, clean national parks and host outreach programs. Along with memorial ceremonies, there are events such as the Police, Fire, and Sheriff Memorial 5k Run as well as the cross-cultural Unity Walk.

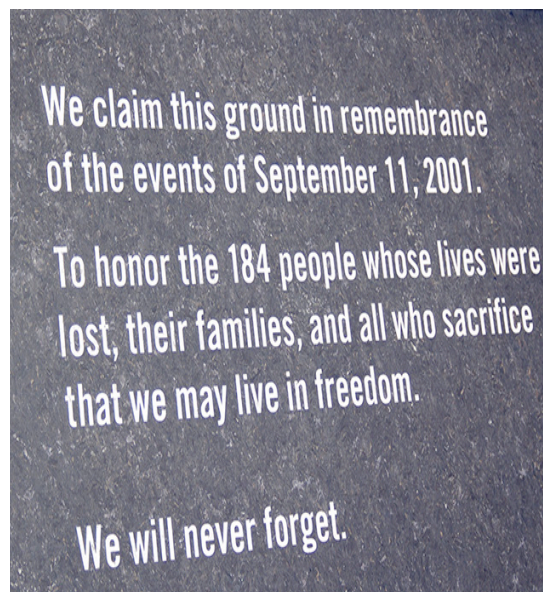


September 11 will always be a mark of tragedy; however, with the work that is done in remembrance of those who were lost, it is also a day of hope. It is a day to remember to be kind to everyone you meet. It is a day to remember that life is precious. It is a day to give thanks for the ones we have and the time we have had with them. The nation calls upon everyone to lend a helping hand during this day and a variety of volunteer opportunities for all ages and details for charitable donations will be made available.

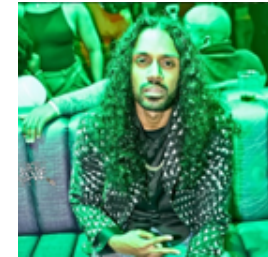
The theme for this day is always shown as unity. The aftermath of the attacks was America's response to the world showing strength and the refusal to let the events tear us apart. The attacks also sparked patriotism from those of all different shades and backgrounds. All American's, all working together to recover from the devastation.

The Capital News encourages our readers to take care of each other and to help where there is need. The National Day of Service is a day to do just that. It is a day to take care of each other, to take care of our communities and a day to take care of our nations people.

In memory of those who lost their lives on that day.



Homecoming continued from pg. 13



DJ MAGA

DJ MAGA is founder and creator of AFRO SOCA LOVE. A native of St. Lucia and a Howard University graduate. Music is his narrative.

WHAT IS AFRO SOCA LOVE

Afro Soca Love (ASL) is an organization aimed at strengthening the connection between Africa and its diaspora through the arts, community and creativity. Using the facets of Caribbean Carnival and African culture, ASL host events in many leading diaspora markets worldwide.

To say DJ MAGA is passionate about music is an understatement. Using turntables as a pallet to recreate uniquely vivid musical canvases, DJ MAGA's appreciation for music has transpired into what looks like a very promising career. Armed with a willingness to learn and an intense work ethic, only time can tell what the future has in store for this young talent.



DJ DIRTY RICO

Born and raised in Washington, D.C. and graduated from Oxon Hill Senior High School went on to Howard University {THE REAL H.U.}. He is the creativity behind "The Noisemakers" and a face and sound of the DMV.

DeeJay Dirty Rico, the party jock, has rock the airways for Majic 102.3 and WPGC 95.5. He continues displaying his love for music (especially Go-Go) and the people. He uses the power of his Noisemaker Nation and on the Evening Rush Hour Drive with The Noisemaker Traffic Jam. He constantly works with some of the best artist in the city!!!! HE LIKES TO CALL IT THE DMV!!!!

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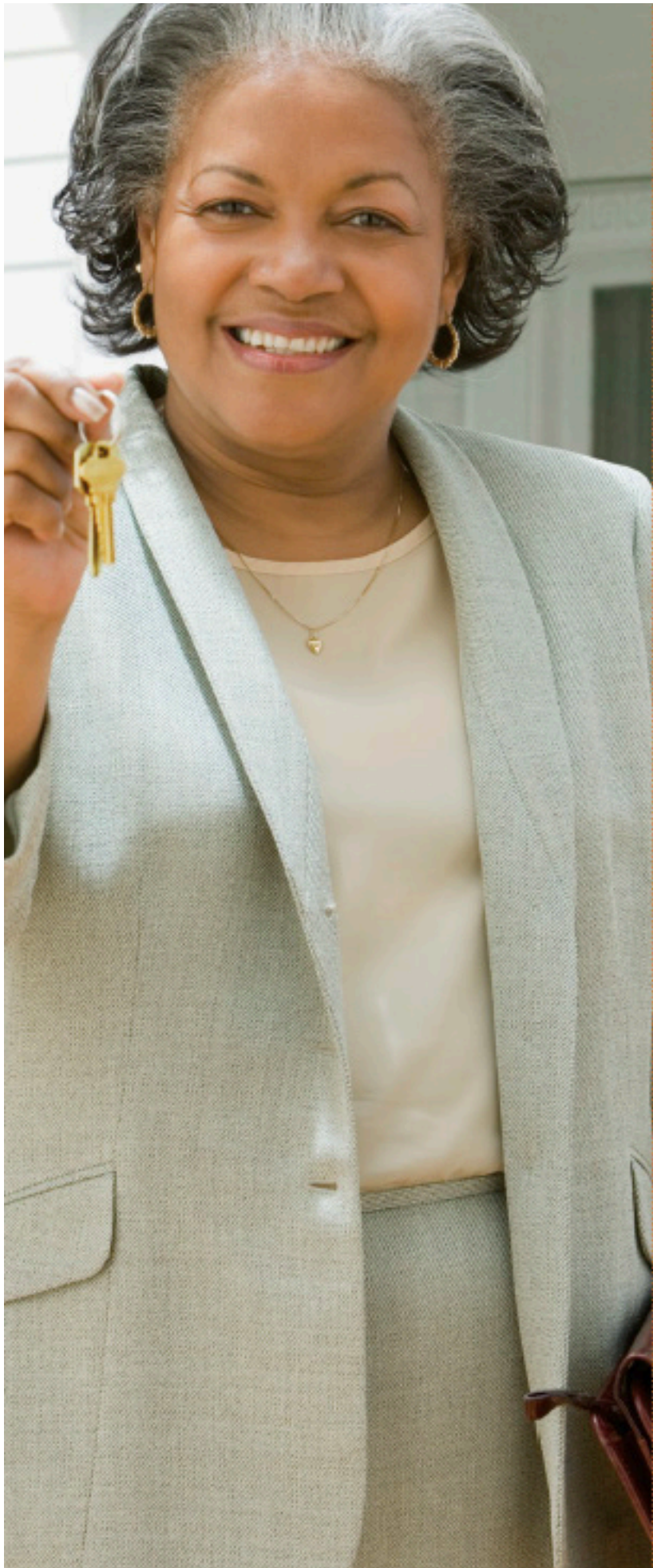
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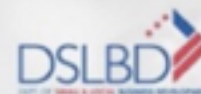
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Raymond Recreation Center
3725 10th Street NW

Petworth Library
4200 Kansas Ave, NW

Starlight Foods
5425 5th Street NW

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6234 3rd Street NW

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4000 Georgia Ave, NW

Takoma Park DC Library
416 Cedar Street NW

Yes! Organic Market
4100 Georgia Ave, NW

WARD 5

5th St. Laundromat
415A Rhode Island Ave. NE

A Cut Above the Top Barbershop
2377 Rhode Island Ave. NE

American Quality Home Care Services Inc
2312 Rhode Island Ave, NE

Barbershop
3506 12th St NE

Department of Human Services
920-A Rhode Island Ave. NE

Department of Veteran Affairs
1500 Franklin St. NE

Fish King
403 Rhode Island Ave NE

Good Old Reliable Liquor Store
1513 Rhode Island Ave NE

Israel Baptist Church
1251 Saratoga Ave. NE

Jet Set Hair
3530 12th St. NE

Lucky 7 Liquor
2317 Rhode Island Ave. NE

M&S Barber Services
2900 12th NE

Murry's & Paul's
3515 12th St NE

Neighborhood Market
1611 Rhode Island Ave. NE

Newton Food Mart
3600 12th St. NE

Salon Shear Madness
2014 Rhode Island Ave NE

Sammy Carryout
2801 Franklin St NE

Woodbridge Public Library
1800 Rhode Island NE

WARD 7

Anacostia Library
1800 Good Hope Rd. SE

Benning Road Library
3935 Benning Rd. SE

Capitol View Neighborhood Library
5001 Central Ave SE

Deanwood Recreation Center
1350 49th St. NE

Ft. Davis Community Center
1400 41st St. SE

Francis A. Gregory Public Library
3660 Alabama Ave SE

Hillcrest Community Center
3100 Denver St. SE

Hillcrest Recreation Center
3200 Camden St SE

New 7 Market
1406 Good Hope Rd. SE

Safeway

2845 Alabama Ave. SE

Washington Seniors Wellness
3001 Alabama Ave SE

WARD 8

Allen Chapel AME Church
2498 Alabama Ave. SE

Andrews Federal Credit Union
1556 Alabama Ave. SE

The Arc/ Parkland Community Center
1901 Mississippi Ave. SE

The Big Chair Coffee Shop
2102 MLK Jr. Ave. SE

Brighter Day Ministries Congress Heights
421 Alabama Ave. SE
Brighter Day Ministries A.P. Shaw Campus
2525 12th Pl. SE

Busboys & Poets
2004 Martin Luther King Jr Ave SE

CSAM's America's Islamic Heritage Museum
and Cultural Center
2315 MLK Jr. Ave. SE

Cedar Tree Academy
701 Howard Rd. SE

Community College Preparatory Academy
2405 MLK Jr. Ave. SE

DHS Congress Heights Service Center
Dept. of Human Services Child Care
4001 South Capitol St. SW

Excel Pharmacy
3923-A S Capitol St SW

Excel Care Pharmacy @United Medical Center
1310 Southern Ave SE

Fort Carroll Market
3705 MLK Jr. Ave. SE

Good Wash Laundromat
1603 Good Hope Rd. SE

Hope Village
2844 Langston Pl SE

IHOP
1523 Alabama Ave. SE

Industrial Bank

1800 Good Hope Rd. SE
1800 Martin Luther King Jr Ave SE

Kingdom Care Senior Village
814 Alabama Ave SE

Marion Barry's Ward 8 Office
2100 MLK Jr. Ave. SE

My 3 Sons Barbershop
3125 Martin Luther King Jr Ave SE

Opportunities Industrialization Center
3016 MLK Jr. Ave. SE
3707 MLK Jr. Ave. SE

Park Southern Apartments
800 Southern Ave. SE

Parklands-Turner Neighborhood Library
1547 Alabama Ave SE

P.R. Harris School
4600 Livingstone Rd. SE

UPO/Peetey Greene Community Center
2907 MLK Jr. Ave. SE

R.I.S.E. Demonstration Center
2730 Martin Luther King Jr Ave SE

The Roundtree Residences
2515 Alabama Ave. SE

Secrets of Nature
5923 South Capitol St. SW

St. Elizabeth's Hospital
1100 Alabama Ave. SE

Southeast Tennis and Learning Center
701 Mississippi Ave. SE

SunTrust Bank
1340 Good Hope Rd. SE

Secrets of Nature Health Food Centers
3923-B South Capitol St SW

UDC at Congress Heights
3100 Martin Luther King Jr Ave SE

United Medical Center
1310 Southern Ave. SE

September Horoscopes

ARIES

(March 21 to April 19)

If you find yourself pushing something away that you no longer want in your life but it just doesn't seem to be going anywhere, try talking to it instead. Maybe ask it what it wants, or if it is trying to teach you something.

TAURUS

(April 20 to May 20)

People say "Who cares what others think" like it's so easy to let go. Trust me, I know it isn't easy. Expecting to be free of perceived judgments in all areas is a little grandiose. But what if you just practice letting go of others' opinions in just one area?

GEMINI

(May 21 to June 20)

This month, practice knowing way less than you think you do. Not only will the others in your life find it a relief, but you might really enjoy this openness, too.

CANCER

(June 21 to July 22)

Impostor syndrome is so natural for many of us. We feel like kids inside, or frauds, and like the world is going to find out we don't know anything — even if we actually do know what we're doing. One helpful thing to remember is that the people whose judgment we fear probably also feel like kids in some ways, too.

LEO

(July 23 to August 22)

Family matters will be most important to you. Professional development and other aspects of your life will have to wait until the end of the month. The Leo sun sign values family hence the need to ensure that your family is united and happy before thinking of anything else.



VIRGO

(August 23 to September 22)

Happy Birthday, Virgo! The other day I decided that this is the year of not doing shit I don't want to do, and it starts now. As a Virgo, this is a scary prospect, because we often fear that we are not enough or that we will let people down. But it's OK, and even great, for us to err on the side of not overextending ourselves.

LIBRA

(September 23 to October 22)

If you've been engaged in a practice that has been benefitting your life, don't stop doing it. So often we create a good habit or pattern for ourselves and then, when our life gets better, we think that we don't need it anymore. But it's the opposite that's actually true.

SCORPIO

(October 23 to November 21)

This month, try to spend some time with other people's pets. Even if you have your own pets, make sure you chill with a few new animal friends. See if they have anything to teach you about living in this very second.

SAGITTARIUS

(November 22 to December 21)

I'm dictating this horoscope in my car, which is often the way I write, as I drive by a line of palm trees in silhouette against an evening sky that is practically silver. It just dawned on me that I often live in a fast, consumptive way that could lead me to miss my entire life. Just felt like I should share.

CAPRICORN

(December 22 to January 19)

It's not our feelings that are so painful, but our thoughts about our feelings: the fear and the self-judgment, the idea that we should be farther along somehow. This month, practice just leaving your feelings alone, and see if you are more or less tortured.

AQUARIUS

(January 20 to February 18)

The solutions we need are always inside us, never an outside fix, but at some points in our lives this becomes more apparent than others. If you find that some of your old coping mechanisms are no longer working, try to avoid replacing them with more external shit. Maybe see what happens when you just put them down for a minute.

PISCES

(February 19 to March 20)

Sometimes we hear a voice whispering in our ear that says, "Things are the way they are, facts are facts, the world is exactly this way." Then we turn around and there's no one there. This month, take a moment to examine which ghosts are talking to you.

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