

# Legacy Health

## What is an INR blood test?

An INR blood test measures how long it takes your blood to clot. The INR goal range can vary from person to person, depending on many factors. Your doctor will tell you what your INR range should be.

## What does the INR number mean?



- An INR number that is too low means you might not be taking enough warfarin, and you may have a higher chance of clotting.
- An INR number that is too high means you might be taking too much warfarin, and you may have a higher chance of bleeding.
- If your INR number is not in range, your anticoagulation care provider may need to adjust your warfarin dose in order to get your INR back to the safe range.

## How often does the INR need to be checked?

- You will need an INR test every few days when starting warfarin for the first time.
- Once your INR is at the proper level you will need testing less often.

## Other important things to remember about your INR:

- Keep your appointments for your INR checks. You can stay safe if your warfarin dose is right for you.
- Tell your anticoagulation care provider about any trips you might be planning, in case you need an INR while you are away from home.

**Questions?** If you have questions, or would like more information, please call your anticoagulation clinic.