

TEDxLeidenUniversity UNMUTED

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Table of Contents



UNMUTED **PAGE 1** | PROGRAMME **PAGE 2** |
OUR SPEAKERS **PAGE 3** | THE SPONSORS
PAGE 8 | OUR EXHIBITION SPACE **PAGE 9**

UNMUTED

What does it mean to be (un)muted? This year's event is centered on this theme, challenging us to tackle taboos by unmuting ourselves and bringing to light ideas that are too often hidden from the spotlight. With this open theme, we allow our speakers to explore being unmuted from multiple angles, perspectives, and life experiences. You will hear a breadth of exciting ideas spanning across fields from Leiden University students, scholars, and professionals on the cutting edge. We aim to open a safe space for our speakers to share ideas that ought to be unmuted in the public sphere. Our ambition is to highlight a variety of topics and issues and to foster conversations that turn whispers into progress.

We hope this event will offer a space for bright ideas, compelling stories, and critical reflection. We challenge you to listen to these ideas that are brought forward and to spark conversations that challenge the status quo. What issues do you think should be unmuted and why? Let us face our biases and cultivate our conscience to become outspoken, unapologetic, and unmuted.

- The TEDxLeidenUniversity Board

The Programme

13:30 - Walk in

14:00 - Opening Speech

14:05 - Speakers One to Five

15:15 - Interlude

15:35 - Speakers Six to Ten

16:50 - Closing Remarks

17:00- Networking Drinks

Our Speakers



Sander de Bruin is currently studying International Relations and Organizations. He will take us through the importance of listening and how this can help us in unmuting those around us as well as ourselves. He emphasizes the value of hearing the experiences and stories of people, without jumping to conclusions or counterarguments.

Nova Spruijt studies Liberal Arts and Sciences. Nova will talk to us about the criminalization of catcalling. She will take us through women's experiences with catcalling and ultimately make the case that this should be a criminalized act.



Our Speakers



Margje de Koning is the artistic director of the renowned film festival Movies that Matter. Drawing on her experience, Margje's Talk will explore how films can be leveraged to catalyze change. In doing so, she intends to focus on societal and environmental issues.

Iago Jover Mariño focuses on the ways in which classrooms must be modernized in order to adapt to modern times. Through a multidisciplinary and inclusive approach, the implementation of "Creative Technology" is analyzed as the solution our educational systems need.



Our Speakers



Milda Gadliauskaitė studies International Relations and Organizations. In her Talk, Milda unmuters the topic of regretting motherhood. She expands on the negative implications of connecting a woman's worth to her ability of being a mother and gives some solutions to make the lives of mothers better.

Alexandra Kolb is currently studying Liberal Arts and Sciences. Growing up with ADHD herself, tonight she aims to shed light on the blessings and curses of neurodivergence, specifically ADHD. Ultimately, she hopes that her talk will result in greater empathy for those living with the disorder.



Jiye Seong-Yu is a co-founder of Asian Voices Europe, a young nonprofit working on anti-Asian racism in Europe, and the first Asian organization consulted by the EC for its anti-racism action plans. Jiye explores the use of subjective stories and objective data in creating balanced dialogues and space for marginalized voices.

Our Speakers



Efe Afonoghara is currently studying International Relations and Organizations. Efe's topic centers on the value of traditional knowledge when addressing environmental, economic, and political issues. Efe calls for low-tech solutions, grounded in ancestral wisdom. This idea stems from his endeavors to address the housing shortage in West Africa.

Dr. Femke E. Bakker works as an assistant professor in Political Psychology at Leiden University. She also works as an inspirational speaker, meditation & self-empowerment teacher. In her Talk, Femke explains what self-gentleness is, and why it is such a powerful tool to bring out the best in yourself and in others



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Our Exhibition Space

EXPERIENCE



Charmaine is a photographer based in Berlin and The Hague. Her work focuses on the representation of experiences of persons of colour. Charmaine devotes her art to unmuting her subjects and her audience. The photographs in her collection 'Mi Sabi' denounce the direct link between Zw*рте Piet and racism in the Netherlands. To denounce this tradition, she uses three photographs taken by her, as well as some archive images and newspapers. If you would like to know her more, follow her journey on Instagram @chrmdheij.

EXPERIENCE



Project4Equality is a feminist group based in The Hague. Their aim is to make feminism accessible to everyone, moving beyond the big-scale protests and creating a feminism that can apply to daily lives, changing behaviours and attitudes, and smashing the patriarchy from its roots. They have started working with the Red Dot Foundation in collaboration with the 'SafeCity' app. SafeCity is a platform that crowdsources personal stories of sexual harassment and abuse in public spaces. The objective is to provide first-hand data to individuals, local communities, and local administrations with the purpose of identifying factors and causes that lead to violence in public spaces. To know more about what they can accomplish, you can follow their Instagram account @project4equality.

Our Exhibition Space

EXPERIENCE



At the non-profit side of the World Economic Forum, they are currently working on a project called International Justice Education. They aim to provide expats/ refugees in the Netherlands with more knowledge about their rights.

Thank you for participating!

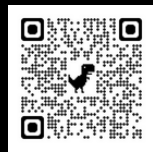
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