

THE WHOLE FISH

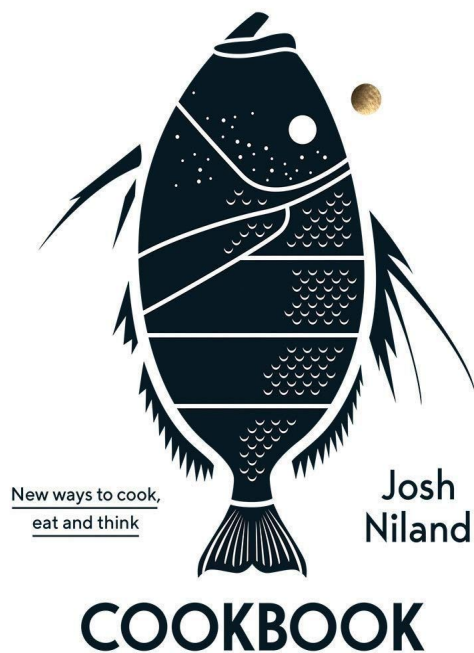


New ways to cook,
eat and think

Josh
Niland

COOKBOOK

THE WHOLE FISH



The Whole Fish Cookbook: New Ways to Cook, Eat and Think

Book Synopsis

We all want to eat more fish, but who wants to bother spending the time, effort and money cooking that same old salmon fillet on repeat when you could be trying something new and utterly delicious? In *The Whole Fish Cookbook*, Sydney's groundbreaking seafood chef Josh Niland reveals a completely new way to think about all aspects of fish cookery. From sourcing and butchering to dry ageing and curing, it challenges everything we thought we knew about the subject and invites readers to see fish for what it really is – an amazing, complex source of protein that can, and should, be treated with exactly the same nose-to-tail reverence as meat. Featuring more than 60 recipes for dozens of fish species ranging from Cod Liver Pate on Toast, Fish Cassoulet and Roast Fish Bone Marrow to – essentially

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"GARDENING AS EXTREME SPORT."
—The New York Times Book Review

"BOTH AN INSPIRATION AND A CAUTIONARY TALE."
—Life magazine

The \$64 Tomato



How One Man Nearly Lost His Sanity,
Spent a Fortune, and Endured an Existential Crisis
in the Quest for the Perfect Garden

William Alexander
author of *Flirting with French*

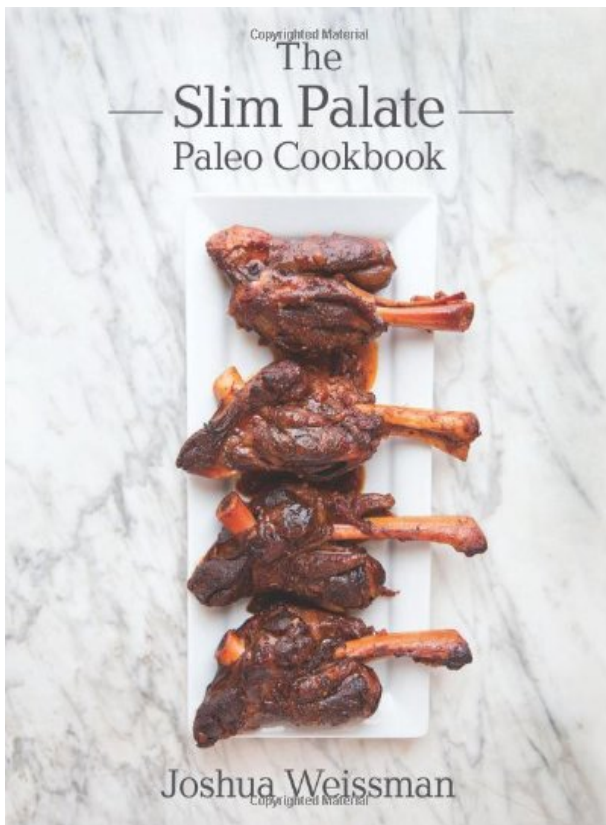
The \$64 Tomato: How One Man Nearly Lost His Sanity, Spent a Fortune, and Endured an Existential Crisis in the Quest for th...

Book Synopsis

Bill Alexander had no idea that his simple dream of having a vegetable garden and small orchard in his backyard would lead him into life-and-death battles with groundhogs, webworms, weeds, and weather midnight expeditions in the dead of winter to dig up fresh thyme and skirmishes with neighbors who feed the vermin (i.e., deer). Not to mention the vacations that had to be planned around the harvest, the near electrocution of the tree man, the limitations of his own middle-aged body, and the pity of his wife and kids. When Alexander runs (just for fun!) a costbenefit analysis, adding up everything from the live animal trap to the Velcro tomato wraps and then amortizing it over the life of his garden, it comes as quite a shock to learn that it cost him a staggering \$64 to grow each one of

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The Slim Palate Paleo Cookbook

Book Synopsis

Teenage foodie Joshua Weissman lost over 100 pounds just by turning from trendy diets to real food. Now he shares how he developed a sensible, yet still indulgent, philosophy of eating for health and happiness, along with some of his favorite recipes. For decades, the food industry has misconstrued valid viewpoints about healthful ways of eating, sometimes leading the public even further from good health. For this and many other reasons, we have become increasingly disconnected from the food we eat. In The Slim Palate Paleo Cookbook, teenage food blogger Joshua Weissman, who lost more than 100 pounds by eating real food, shares some of his favorite recipes, along with his philosophy on food. This book focuses on the use of whole foods and on eating for happiness and health. Whether you're

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