



## **PROGRESS**



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Are you looking for a challenge for you and your horse where you'll both become fitter, happier and more confident? Well look no further — our #Hack1000Miles challenge is perfect for you. Welcome aboard the hacking ship — you're joining the ever-growing community of Hack 1000 Milers. Use this tracker to record every mile. Share it with your fellow challengers on social media (don't forget the hashtag) and in the Hack 1000 Miles Facebook group.

START DATE

NAME S TOTAL WEEK 1 WEEK 4 HACKING TOTAL MILES **HACKING TOTAL** MILES WEEK 9 WEEK 10 WEEK 11 WEEK 12 **HACKING TOTAL MILES** 

**HACKING TOTAL MILES** 

WEEK 19 MILES WEEK 2

**HACKING TOTAL MILES** WEEK 25 WEEK 28 **HACKING TOTAL MILES** 

WEEK 24

HACKING TOTAL MILES

/2020

WEEK 35 MILES

WEEK 39 WEEK 40 **HACKING TOTAL MILES** 

WEEK 41 WEEK 43 HACKING TOTAL

**HACKING TOTAL** MILES

WEEK 49 WEEK 50 **WEEK 51** WEEK 52 **HACKING TOTAL MILES** 

**GRAND TOTAL** 



**END DATE** You've hacked this far — 10 — 20 — 30 — 40 — 50 — 60 — 70 — 80 4 miles Length of the Badminton cross-country course 84 Eden Valley Loops bridleway, Cumbria 100 110 120 130 140 150 160 170 180 117 A lap of the M25 How far you travel through 200 210 220 230 240 250 space in 1 second 205 Length of the Pennine Bridleway — 260 — 270 350 280 290 Furthest anyone has ever run without 300 — 310 — 320 — 330 — 340 — 350 — 360 — 370 sleeping 373 The height of Hubble 380 390 above Earth 400 400 — 410 — 420 — 430 — 440 **—** 450 — 460 — 470 — 480 — 490 Combined length of bridleways

The total mileage of the North York Moors 500 510 520 530 540 550 560 570 580 bridleways 559 Half way across the Sahara Desert 600
The miles of bridlepaths in Brecon Beacons National Park 600 610 620 630 640 Fill **621** Length of the Mongol Derby 650 660 670 680 690 me

on Exmoor 500 700 Furthest a 710 lost dog has been found 720 730 740 750 760 770 780 790 from home 746 Length of Welsh coastline 800 850 150 times as tall as Mount Everest 810 820 830 840 850 860 870 880 **874** Land's End to John O'Groats by car 900 - 910 932 - 920 - 930 Crossing of the Gobi Desert 940 950 960 970 980 984 London to Lisbon

700



1000



