

Program



For Memorizing the Quran with Perfecting

This guide contains:

- 1- Tips and advice regarding memorization.**
- 2- Timetable for memorizing three pages daily.**

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program to memorize the Quran



You can find out when the registration for the program is open by following one of the program's social media accounts.

In the name of Allah, The Most Gracious, The Most Merciful

All praises are due to Allah Lord of the worlds and we send our blessings and salutations to the most noble of prophets and messengers.

Welcome O memorizer of the Quran in this program of Tikraar for memorizing the Quran and perfecting it in the city of the Prophet peace be upon him. We ask Allah to assist you in memorizing and perfecting the Quran.

Before we show you the steps of memorizing the Quran and perfecting it, we would like to mention and warn about a few points that are preconditions of memorizing:

1) By Allah sincerity for Allah the Most High. so have sincerity to Allah with all your actions especially with his book.

And know that the Quran will either be an evidence for you or against you and it will either raise you or degrade you so these are the two choices either you will be raised in the ranks of Jenna or you'll be from the first to enter into hell fire. So be warned about making the Quran as a business or using the Quran for worldly benefits.

2) Holding vast on the rope of Allah and not relying on anyone other than him including those around you or your capabilities so be warned about having sole reliance on your capabilities or how good the program is and it is upon you to make lots of Duaa and remember Allah much so this is the greatest way to strengthen your soul and give you that motivation.

3) It is upon you to have patience and leave off hastiness for indeed success comes with patience, and what is it except for days and weeks until you reach this great goal with the permission of Allah.

4) Leaving off sins for indeed no one is granted goodness by doing evilness so increase in your good deeds.

5) Full devotion to the book of Allah so do not put any other knowledge in front of the Quran whatever it may be. The Quran is the best of sciences and the most blessed one.

From the greatness of the Quran is that a person won't memorize it successfully except that he dedicates himself for it. Allah says (And indeed, it is a mighty Book).

6) A lot of revision of the Quran in Salah and its recitation, for that is of the best ways to strengthen your memorization.

7) It is preferred to have companions that will assist you in memorization, for "the wolf eats from the stray sheep", but beware:

- From comparing your abilities to theirs.

- or it will go from friendship that encourages memorization to an obstructive friendship that will mainly be gatherings of useless talk.

8) Seriousness and diligence for mastering the Quran isn't achieved except by the serious and the diligent. Whenever you are easy with yourself, you will spoil your program for that day and then it will continue until you become careless and destroy what you built up of your memorization.

9) After you complete the memorization of the whole Quran, you must complete the revision of the whole Quran every 6 days for 6 months.

10) You must have a firm shaykh that follows up with you before and after memorization, and this of the main focuses of this program.

11) That you have a special mus-haf for memorization, so you don't lose the place you stop and start and the beginning of the lines when you change the mus-haf; also so that you can mark the repeated mistakes, similar ayat (mutashabihat), etc.

12) Memorization should be done every day of the week without stopping. In case of any emergency only the new memorization should stop while continuing the connection and revision (these two are never left off).

13) During revision, the mus-haf should be far from your hands so you don't get used to going back to it for every doubt. No matter how many times you repeat your memorization, **you won't be a strong Hafidh except if you get yourself used to not looking at the mus-haf whenever you're in doubt.**

14) You should complete your daily portion from the adhan of Fajr to the adhan of Fajr of the next day.

15) The repetition and connection cannot be done in the car, on the road, etc. It requires you to completely clear your mind. As for revision its allowed.

16) You shouldn't read a page in less than a minute, and not more than a minute and a half with Al Hadr (not fast nor slow) recitation.

17) You shouldn't memorize or perfect more than your daily portion that was given to you, except after coordinating with your shaykh.

18) Precision, truthfulness and honesty while completing the program.

19) Every part of this program must be completed, and one must follow it without adding or subtracting anything.

20) If you don't follow the program as it is, you won't achieve the result that you want (which is perfecting the memorization of the Quran).

The Definitions of the Terminologies in the Timetable:

Repetition of Yesterday	Repeating what was memorized yesterday from memory (5 times).
Listening	Listen to the page that is to be memorized three times by a Reciter (who has mastered tajweed) while following along in the mus-haf, in order to safeguard the memorization from errors and mistakes.
Tafseer	Read the tafsir (interpretation) of the page to be memorized during the day to enhance awareness of the meanings of the particular verses covered. This program recommends; "Al Mukhtasar fi Attafseer (English translation)" and Tafsir Al Muyassar (Arabic). (To download the tafseer: click on the tafseer that you want).
Recording	After the student is sure he has memorized the page, using a voice recorder he should then proceed to record himself reciting the memorized page three times from memory without looking at the mus-haf. After completion he should then listen to the recording while looking at the mus-haf to ensure proper memorization and to ensure there are no errors. If any mistakes are found (even one), this phase is to be repeated. Using the voice recorder, he is to then recite three times again.
Connection	This is reciting all mastered (perfected) pages over the previous 30 days from memory; one time, without looking the mus-haf.
Revision	This is reciting the old memorization from memory without looking at the mus-haf. It is upon the student to complete the old memorization every six days. We intend by old memorization: the portion of memorization that has exited the "connection" phase.
Circuit	Every completion of your old memorization is considered a circuit. The more the memorizer progresses, the more pages will be added to the new circuit.

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
1		Al-Fatiha_ Al-Baqarah	1 – 3	1	1	3	30			
2	5	Al-Baqarah	4 – 6	1	1	3	30			
3	5	Al-Baqarah	7 – 9	1	1	3	30	1 - 3		
4	5	Al-Baqarah	10 – 12	1	1	3	30	1 - 6		
5	5	Al-Baqarah	13 – 15	1	1	3	30	1 - 9		
6	5	Al-Baqarah	16 – 18	1	1	3	30	1 - 12		
7	5	Al-Baqarah	19 – 21	1	1	3	30	1 - 15		
8	5	Al-Baqarah	22 – 24	1	1	3	30	1 - 18		
9	5	Al-Baqarah	25 – 27	1	1	3	30	1 - 21		
10	5	Al-Baqarah	28 – 30	1	1	3	30	1 - 24		
11	5	Al-Baqarah	31 – 33	1	1	3	30	1 - 27		
12	5	Al-Baqarah	34 - 36	1	1	3	30	1 - 30		
13	5	Al-Baqarah	37 - 39	1	1	3	30	1 - 33		
14	5	Al-Baqarah	40 - 42	1	1	3	30	1 - 36		
15	5	Al-Baqarah	43 - 45	1	1	3	30	1 - 39		
16	5	Al-Baqarah	46 - 48	1	1	3	30	1 - 42		
17	5	Al-Baqarah_ Al-Imran	49 - 51	1	1	3	30	1 - 45		
18	5	Al-Imran	52 - 54	1	1	3	30	1 - 48		
19	5	Al-Imran	55 - 57	1	1	3	30	1 - 51		
20	5	Al-Imran	58 - 60	1	1	3	30	1 - 54		
21	5	Al-Imran	61 - 63	1	1	3	30	1 - 57		
22	5	Al-Imran	64 - 66	1	1	3	30	1 - 60		
23	5	Al-Imran	67 - 69	1	1	3	30	1 - 63		
24	5	Al-Imran	70 - 72	1	1	3	30	1 - 66		
25	5	Al-Imran	73 - 75	1	1	3	30	1 - 69		
26	5	Al-Imran_ An-Nisa	76 - 78	1	1	3	30	1 - 72		
27	5	An-Nisa	79 - 81	1	1	3	30	1 - 75		
28	5	An-Nisa	82 - 84	1	1	3	30	1 - 78		
29	5	An-Nisa	85 - 87	1	1	3	30	1 - 81		
30	5	An-Nisa	88 - 90	1	1	3	30	1 - 84		
31	5	An-Nisa	91 - 93	1	1	3	30	1 - 87		
32	5	An-Nisa	94 - 96	1	1	3	30	1 - 90		

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
33	5	An-Nisa	97 - 99	1	1	3	30	19 - 93	1 - 3	1
34	5	An-Nisa	100 - 102	1	1	3	30	19 - 96	4 - 6	
35	5	An-Nisa	103 - 105	1	1	3	30	19 - 99	7 - 9	
36	5	An-Nisa_ Al-Ma'idah	106 - 108	1	1	3	30	19 - 102	10 - 12	
37	5	Al-Ma'idah	109 - 111	1	1	3	30	19 - 105	13 - 15	
38	5	Al-Ma'idah	112 - 114	1	1	3	30	19 - 108	16 - 18	
39	5	Al-Ma'idah	115 - 117	1	1	3	30	37 - 111	1 - 6	2
40	5	Al-Ma'idah	118 - 120	1	1	3	30	37 - 114	7 - 12	
41	5	Al-Ma'idah	121 - 123	1	1	3	30	37 - 117	13 - 18	
42	5	Al-Ma'idah	124 - 126	1	1	3	30	37 - 120	19 - 24	
43	5	Al-Ma'idah_ Al- An'am	127 - 129	1	1	3	30	37 - 123	25 - 30	
44	5	Al- An'am	130 - 132	1	1	3	30	37 - 126	31 - 36	
45	5	Al- An'am	133 - 135	1	1	3	30	55 - 129	1 - 9	3
46	5	Al- An'am	136 - 138	1	1	3	30	55 - 132	10 - 18	
47	5	Al- An'am	139 - 141	1	1	3	30	55 - 135	19 - 27	
48	5	Al- An'am	142 - 144	1	1	3	30	55 - 138	28 - 36	
49	5	Al- An'am	145 - 147	1	1	3	30	55 - 141	37 - 45	
50	5	Al- An'am	148 - 150	1	1	3	30	55 - 144	46 - 54	
51	5	Al-A'raf	151 - 153	1	1	3	30	73 - 147	1 - 12	4
52	5	Al-A'raf	154 - 156	1	1	3	30	73 - 150	13 - 24	
53	5	Al-A'raf	157 - 159	1	1	3	30	73 - 153	25 - 36	
54	5	Al-A'raf	160 - 162	1	1	3	30	73 - 156	37 - 48	
55	5	Al-A'raf	163 - 165	1	1	3	30	73 - 159	49 - 60	
56	5	Al-A'raf	166 - 168	1	1	3	30	73 - 162	61 - 72	
57	5	Al-A'raf	169 - 171	1	1	3	30	91 - 165	1 - 15	5
58	5	Al-A'raf	172 - 174	1	1	3	30	91 - 168	16 - 30	
59	5	Al-A'raf_ Al-Anfal	175 - 177	1	1	3	30	91 - 171	31 - 45	
60	5	Al-Anfal	178 - 180	1	1	3	30	91 - 174	46 - 60	
61	5	Al-Anfal	181 - 183	1	1	3	30	91 - 177	61 - 75	
62	5	Al-Anfal	184 - 186	1	1	3	30	91 - 180	76 - 90	
63	5	At-Tawbah	187 - 189	1	1	3	30	109 - 183	1 - 18	6
64	5	At-Tawbah	190 - 192	1	1	3	30	109 - 186	19 - 36	

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
65	5	At-Tawbah	193 - 195	1	1	3	30	109 - 189	37 - 54	
66	5	At-Tawbah	196 - 198	1	1	3	30	109 - 192	55 - 72	
67	5	At-Tawbah	199 - 201	1	1	3	30	109 - 195	73 - 90	
68	5	At-Tawbah	202 - 204	1	1	3	30	109 - 198	91 - 108	
69	5	At-Tawbah	205 - 207	1	1	3	30	127 - 201	1 - 21	7
70	5	Yunus	208 - 210	1	1	3	30	127 - 204	22 - 42	
71	5	Yunus	211 - 213	1	1	3	30	127 - 207	43 - 63	
72	5	Yunus	214 - 216	1	1	3	30	127 - 210	64 - 84	
73	5	Yunus	217 - 219	1	1	3	30	127 - 213	85 - 105	
74	5	Yunus_ Hud	220 - 222	1	1	3	30	127 - 216	106 - 126	
75	5	Hud	223 - 225	1	1	3	30	145 - 219	1 - 24	8
76	5	Hud	226 - 228	1	1	3	30	145 - 222	25 - 48	
77	5	Hud	229 - 231	1	1	3	30	145 - 225	49 - 72	
78	5	Hud	232 - 234	1	1	3	30	145 - 228	73 - 96	
79	5	Hud_Yusuf	235 - 237	1	1	3	30	145 - 231	97 - 120	
80	5	Yusuf	238 - 240	1	1	3	30	145 - 234	121 - 144	
81	5	Yusuf	241 - 243	1	1	3	30	163 - 237	1 - 27	9
82	5	Yusuf	244 - 246	1	1	3	30	163 - 240	28 - 54	
83	5	Yusuf_ Ar-Ra'd	247 - 249	1	1	3	30	163 - 243	55 - 81	
84	5	Ar-Ra'd	250 - 252	1	1	3	30	163 - 246	82 - 108	
85	5	Ar-Ra'd_ Ibrahim	253 - 255	1	1	3	30	163 - 249	109 - 135	
86	5	Ibrahim	256 - 258	1	1	3	30	163 - 252	136 - 162	
87	5	Ibrahim	259 - 261	1	1	3	30	181 - 255	1 - 30	10
88	5	Al-Hijr	262 - 264	1	1	3	30	181 - 258	31 - 60	
89	5	Al-Hijr_ An-Nahl	265 - 267	1	1	3	30	181 - 261	61 - 90	
90	5	An-Nahl	268 - 270	1	1	3	30	181 - 264	91 - 120	
91	5	An-Nahl	271 - 273	1	1	3	30	181 - 267	121 - 150	
92	5	An-Nahl	274 - 276	1	1	3	30	181 - 270	151 - 180	
93	5	An-Nahl	277 - 279	1	1	3	30	199 - 273	1 - 33	11
94	5	An-Nahl_ Al-Isra	280 - 282	1	1	3	30	199 - 276	34 - 66	
95	5	Al-Isra	283 - 285	1	1	3	30	199 - 279	67 - 99	
96	5	Al-Isra	286 - 288	1	1	3	30	199 - 282	100 - 132	

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97	5	Al-Isra	289 - 291	1	1	3	30	199 - 285	133 - 165	
98	5	Al-Isra_ Al-Kahf	292 - 294	1	1	3	30	199 - 288	166 - 198	
99	5	Al-Kahf	295 - 297	1	1	3	30	217 - 291	1 - 36	12
100	5	Al-Kahf	298 - 300	1	1	3	30	217 - 294	37 - 72	
101	5	Al-Kahf	301 - 303	1	1	3	30	217 - 297	73 - 108	
102	5	Al-Kahf_ Maryam	304 - 306	1	1	3	30	217 - 300	109 - 144	
103	5	Maryam	307 - 309	1	1	3	30	217 - 303	145 - 180	
104	5	Maryam_ Taha	310 - 312	1	1	3	30	217 - 306	181 - 216	
105	5	Taha	313 - 315	1	1	3	30	235 - 309	1 - 39	13
106	5	Taha	316 - 318	1	1	3	30	235 - 312	40 - 78	
107	5	Taha	319 - 321	1	1	3	30	235 - 315	79 - 117	
108	5	Al-Anbya	322 - 324	1	1	3	30	235 - 318	118 - 156	
109	5	Al-Anbya	325 - 327	1	1	3	30	235 - 321	157 - 195	
110	5	Al-Anbya	328 - 330	1	1	3	30	235 - 324	196 - 234	
111	5	Al-Anbya_ Al-Haj	331 - 333	1	1	3	30	253 - 327	1 - 42	14
112	5	Al-Haj	334 - 336	1	1	3	30	253 - 330	43 - 84	
113	5	Al-Haj	337 - 339	1	1	3	30	253 - 333	85 - 126	
114	5	Al-Haj_ Al-Mu'minun	340 - 342	1	1	3	30	253 - 336	127 - 168	
115	5	Al-Mu'minun	343 - 345	1	1	3	30	253 - 339	169 - 210	
116	5	Al-Mu'minun	346 - 348	1	1	3	30	253 - 342	211 - 252	
117	5	Al- Mu'minun_ An-Nur	349 - 351	1	1	3	30	271 - 345	1 - 45	15
118	5	An-Nur	352 - 354	1	1	3	30	271 - 348	46 - 90	
119	5	An-Nur	355 - 357	1	1	3	30	271 - 351	91 - 135	
120	5	An-Nur_ Al-Furqan	358 - 360	1	1	3	30	271 - 354	136 - 180	
121	5	Al-Furqan	361 - 363	1	1	3	30	271 - 357	181 - 225	
122	5	Al-Furqan	364 - 366	1	1	3	30	271 - 360	226 - 270	
123	5	Ash-Shu'ara	367 - 369	1	1	3	30	289 - 363	1 - 48	16
124	5	Ash-Shu'ara	370 - 372	1	1	3	30	289 - 366	49 - 96	
125	5	Ash-Shu'ara	373 - 375	1	1	3	30	289 - 369	97 - 144	
126	5	Ash-Shu'ara_ An-Naml	376 - 378	1	1	3	30	289 - 372	145 - 192	
127	5	An-Naml	379 - 381	1	1	3	30	289 - 375	193 - 240	
128	5	An-Naml	382 - 384	1	1	3	30	289 - 378	241 - 288	

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
129	5	An-Naml_ Al-Qasas	385 - 387	1	1	3	30	307 - 381	1 - 51	17
130	5	Al-Qasas	388 - 390	1	1	3	30	307 - 384	52 - 102	
131	5	Al-Qasas	391 - 393	1	1	3	30	307 - 387	103 - 153	
132	5	Al-Qasas_ Al-Ankabut	394 - 396	1	1	3	30	307 - 390	154 - 204	
133	5	Al-Ankabut	397 - 399	1	1	3	30	307 - 393	205 - 255	
134	5	Al-Ankabut	400 - 402	1	1	3	30	307 - 396	256 - 306	
135	5	Al-Ankabut_ Ar-Rum	403 - 405	1	1	3	30	325 - 399	1 - 54	18
136	5	Ar-Rum	406 - 408	1	1	3	30	325 - 402	55 - 108	
137	5	Ar-Rum_ Luqman	409 - 411	1	1	3	30	325 - 405	109 - 162	
138	5	Luqman	412 - 414	1	1	3	30	325 - 408	163 - 216	
139	5	As-Sajdah	415 - 417	1	1	3	30	325 - 411	217 - 270	
140	5	Al-Ahzab	418 - 420	1	1	3	30	325 - 414	271 - 324	
141	5	Al-Ahzab	421 - 423	1	1	3	30	343 - 417	1 - 57	19
142	5	Al-Ahzab	424 - 426	1	1	3	30	343 - 420	58 - 114	
143	5	Al-Ahzab_ Saba	427 - 429	1	1	3	30	343 - 423	115 - 171	
144	5	Saba	430 - 432	1	1	3	30	343 - 426	172 - 228	
145	5	Saba_Fatir	433 - 435	1	1	3	30	343 - 429	229 - 285	
146	5	Fatir	436 - 438	1	1	3	30	343 - 432	286 - 342	
147	5	Fatir_Ya-Sin	439 - 441	1	1	3	30	361 - 435	1 - 60	20
148	5	Ya-Sin	442 - 444	1	1	3	30	361 - 438	61 - 120	
149	5	Ya-Sin_ As-Saffat	445 - 447	1	1	3	30	361 - 441	121 - 180	
150	5	As-Saffat	448 - 450	1	1	3	30	361 - 444	181 - 240	
151	5	As-Saffat_ Sad	451 - 453	1	1	3	30	361 - 447	241 - 300	
152	5	Sad	454 - 456	1	1	3	30	361 - 450	301 - 360	
153	5	Sad_ Az-Zumar	457 - 459	1	1	3	30	379 - 453	1 - 63	21
154	5	Az-Zumar	460 - 462	1	1	3	30	379 - 456	64 - 126	
155	5	Az-Zumar	463 - 465	1	1	3	30	379 - 459	127 - 189	
156	5	Az-Zumar_ Ghafir	466 - 468	1	1	3	30	379 - 462	190 - 252	
157	5	Ghafir	469 - 471	1	1	3	30	379 - 465	253 - 315	
158	5	Ghafir	472 - 474	1	1	3	30	379 - 468	316 - 378	
159	5	Ghafir_ Fussilat	475 - 477	1	1	3	30	397 - 471	1 - 66	22
160	5	Fussilat	478 - 480	1	1	3	30	397 - 474	67 - 132	

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
161	5	Fussilat_ Ash-Shuraa	481 - 483	1	1	3	30	397 - 477	133 - 198	
162	5	Ash-Shuraa	484 - 486	1	1	3	30	397 - 480	199 - 264	
163	5	Ash-Shuraa_ Az-Zukhruf	487 - 489	1	1	3	30	397 - 483	265 - 330	
164	5	Az-Zukhruf	490 - 492	1	1	3	30	397 - 486	331 - 396	
165	5	Az-Zukhruf	493 - 495	1	1	3	30	415 - 489	1 - 69	23
166	5	Ad-Dukhan	496 - 498	1	1	3	30	415 - 492	70 - 138	
167	5	Al-Jathiyah	499 - 501	1	1	3	30	415 - 495	139 - 207	
168	5	Al-Jathiyah_ Al-Ahqaf	502 - 504	1	1	3	30	415 - 498	208 - 276	
169	5	Al-Ahqaf_ Muhammad	505 - 507	1	1	3	30	415 - 501	277 - 345	
170	5	Muhammad	508 - 510	1	1	3	30	415 - 504	346 - 414	
171	5	Al-Fath	511 - 513	1	1	3	30	433 - 507	1 - 72	24
172	5	Al-Fath_ Al-Hujurat	514 - 516	1	1	3	30	433 - 510	73 - 144	
173	5	Al-Hujurat_ Qaf	517 - 519	1	1	3	30	433 - 513	145 - 216	
174	5	Qaf_ Adh-Dhariyat	520 - 522	1	1	3	30	433 - 516	217 - 288	
175	5	Adh-Dhariyat_ At-Tur	523 - 525	1	1	3	30	433 - 519	289 - 360	
176	5	An-Najm_ Al-Qamar	526 - 528	1	1	3	30	433 - 522	361 - 432	
177	5	Al-Qamar_ Ar-Rahman	529 - 531	1	1	3	30	451 - 525	1 - 75	25
178	5	Ar-Rahman_ Al-Waqi'ah	532 - 534	1	1	3	30	451 - 528	76 - 150	
179	5	Al-Waqi'ah	535 - 537	1	1	3	30	451 - 531	151 - 225	
180	5	Al-Hadid	538 - 540	1	1	3	30	451 - 534	226 - 300	
181	5	Al-Hadid_ Al-Mujadila	541 - 543	1	1	3	30	451 - 537	301 - 375	
182	5	Al-Mujadila_ Al-Hashr	544 - 546	1	1	3	30	451 - 540	376 - 450	
183	5	Al-Hashr_ Al-Mumtahanah	547 - 549	1	1	3	30	469 - 543	1 - 78	26
184	5	Al-Mumtahanah_ As-Saf	550 - 552	1	1	3	30	469 - 546	79 - 156	
185	5	Al-Jumu'ah_ Al-Munafiqun	553 - 555	1	1	3	30	469 - 549	157 - 234	
186	5	At-Taghabun_ At-Talaq	556 - 558	1	1	3	30	469 - 552	235 - 312	
187	5	At-Talaq_ At-Tahrim	559 - 561	1	1	3	30	469 - 555	313 - 390	
188	5	Al-Mulk_ Al-Qalam	562 - 564	1	1	3	30	469 - 558	391 - 468	
189	5	Al-Qalam_ Al-Haqqah	565 - 567	1	1	3	30	487 - 561	1 - 81	27
190	5	Al-Haqqah_ Al-Ma'arij_ Nuh	568 - 570	1	1	3	30	487 - 564	82 - 162	
191	5	Nuh_ Al-Jinn	571 - 573	1	1	3	30	487 - 567	163 - 243	
192	5	Al-Muzzammil_ Al-Muddaththir	574 - 576	1	1	3	30	487 - 570	244 - 324	

Day	Repetition of Yesterday	Surah	Page Number	Listening	Tafseer	Recording	Repetition	Connection	Revision	Circuit number
193	5	Al-Muddaththir_ Al-Qiyamah_ Al-Insan	577 - 579	1	1	3	30	487 - 573	325 - 405	
194	5	Al-Insan_Al-Mursalat_ An-Naba	580 - 582	1	1	3	30	487 - 576	406 - 486	
195	5	An-Naba_ An-Nazi'at_ Abasa	583 - 585	1	1	3	30	505 - 579	1 - 84	28
196	5	At-Takwir_ Al-Infitar_ Al-Mutaffifin	586 - 588	1	1	3	30	505 - 582	85 - 168	
197	5	The remain	589 - 591	1	1	3	30	505 - 585	169 - 252	
198	5	The remain	592 - 594	1	1	3	30	505 - 588	253 - 336	
199	5	The remain	595 - 597	1	1	3	30	505 - 591	337 - 420	
200	5	The remain	598 - 600	1	1	3	30	505 - 594	421 - 504	
201	5	The remain	601 - 604	1	1	3	30	523 - 597	1 - 87	29
202	5						30	523 - 600	88 - 174	
203							30	523 - 604	175 - 261	
204							30	523 - 604	262 - 348	
205							30	523 - 604	349 - 435	
206							30	523 - 604	436 - 522	
207							30	541 - 604	1 - 90	30
208							30	541 - 604	91 - 180	
209							30	541 - 604	181 - 270	
210							30	541 - 604	271 - 360	
211							30	541 - 604	361 - 450	
212							30	541 - 604	451 - 540	
213							30	559 - 604	1 - 93	31
214							30	559 - 604	94 - 186	
215							30	559 - 604	187 - 279	
216							30	559 - 604	280 - 372	
217							30	559 - 604	373 - 465	
218							30	559 - 604	466 - 558	