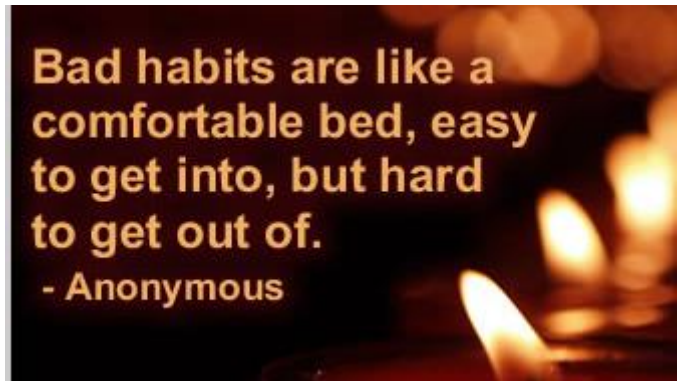


BAD HABITS

*Warm-Up Discussion

1. Do you have any bad habits? What are they?
2. Does your best friend / spouse / partner have any bad habits? What are they?
3. What bad habits do you think are the most difficult to get rid of?
4. Have you been successful in stopping a bad habit? What?
5. Do you agree with the quote? Why or why not?



*Vocabulary: Match the words with their definition

- | | |
|------------------------|--|
| 1. Smoker () | A. Slightly angry |
| 2. To slurp () | B. Drivers |
| 3. Noodles () | C. Someone who smokes cigars, cigarettes, etc. |
| 4. To quit () | D. To show / To tell someone something not known |
| 5. To leave around () | E. To stop doing something |
| 6. Annoyed () | F. Pasta |
| 7. Motorists () | G. To leave something somewhere carelessly |
| 8. Perhaps () | H. To make a noise while drinking |
| 9. To point out () | I. Maybe |

*Writing: Write two sentences using the vocabulary words above

1. _____
2. _____

*Listening: Listen to the text and fill in the blanks

LATE SHOULD EVERYONE HOUSE DRIVING FOOD
SMOKING YOUNG PEOPLE BREAK SMOKERS
ENGLAND TRAIN

What are your bad habits? I think everyone has bad habits. Not _____ agrees on what bad habits are. Some _____ don't think smoking is a bad habit. _____ people don't think listening to loud music on the _____ is a bad habit. In Japan, slurping your noodles is a sign that you enjoy your _____, but making a noise while eating in _____ is not good. Have you ever tried to _____ your bad habits? I have quit _____ and have stopped leaving things laying around the _____. I wish other _____ would stop their bad habits. I get annoyed when people are _____ for meetings or talk loudly on their phones in public. I also think many motorists need to think about their _____ habits. Perhaps I _____ point out their bad habits.

*Activity: Look at these bad habits and choose the five worst habits

1. Always arriving late
2. Sleeping too much
3. Eating fast
4. Watching too much TV
5. Staying up late
6. Biting your nails

7. Skipping breakfast
8. Spending too much time on the internet
9. Drinking alcohol
10. Being “superconnected”
11. Eating too much junk food
12. Smoking
13. Drinking too much coffee
14. Wearing headphones for hours
15. Cursing / saying bad words
16. Cracking your knuckles

*TOP FIVE:

1. _____
2. _____
3. _____
4. _____
5. _____

***Grammar point: Look at the following structure and write two sentences for each**

-Quit + gerund

1. You should quit biting your nails.
2. I need to quit checking my Facebook every five minutes.
3. _____
4. _____

-Stop + gerund

1. Maria wants to stop working out of the office.
2. I must stop driving fast.
3. _____
4. _____

With a partner answer these questions...

1. What is the worst habit? Why did you choose it? Give examples.
2. What are the other bad habits? Why did you choose them? Give examples?
3. What bad habits do the pictures show?

