

ASU Elementary school

September Menu

KG to Grade 5

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Sep.04 - Sep.08	Beef curry	Bantan	Spaghetti	Broccoli soup	Beef goulash
	Seaweed	Minced beef with mashed potato	Tomato & cucumber	Crispy chicken with mashed pumpkin	Apple & beet salad
	Boortsog	Carrot salad	Pizza bread	Orange	Bread
	Seabuckthorn juice	Baguette	Milk with honey	Oat cookie	Raisin juice
		Multi fruit juice		Fruit tea	
Sep.11 - Sep.15	Fried rice	Noodle soup	Chicken curry	Pumpkin soup	Spaghetti
	Tofu salad	Teftelli with mashed potato	Kimbab	Steamed beef bun	Tomato & cucumber
	Twisted cookie	Apple	Pan fried flat bread	Cabbage salad	Pizza bread
	Multi fruit juice	Baguette	Raisin juice	Corn tea	Cranberry juice
		Seabuckthorn juice			
Sep.18 - Sep.22	Meatball with rice	Seaweed soup	Spaghetti	Vegetable porridge	Pizza
	Carrot salad	Piroshki	Tomato & cucumber	Chicken with rice	Potato salad
	Steamed bun	Yellow radish	Pizza bread	Cereal	Watermelon
	Multi fruit juice	Raisin juice	Yogurt	Seabuckthorn juice	Tea
Sep.25 - Sep.29	Beef goulash	Bean soup	Chicken curry	Rice soup	Spaghetti
	Apple & beet salad	Tsuivan	Kimbab	Steamed beef with vegetable	Tomato & cucumber
	Boortsog	Cucumber	Bread	Cabbage salad	Pizza bread
	Multi fruit juice	Fruit tea	Seabuckthorn juice	Baguette	Cranberry juice
				Raisin juice	