

**REWARD OVER RISK**

# FOREX JOURNAL

BY COLT MOSDEF



@COLT\_MOSDEF



@COLT949

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_



DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

DATE: \_\_\_\_\_

# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
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SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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# OF TRADES: \_\_\_\_\_

PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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PROFIT/LOSS: \_\_\_\_\_

SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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_____	_____	_____	_____	_____
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
\_\_\_\_\_

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SYMBOL	LOT SIZE	ENTRY	EXIT	P/L
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WHAT YOU DID RIGHT/WRONG: \_\_\_\_\_  
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