

# Different Types of Diabetes

## Type 1

### Diagnosis

Type 1 is often diagnosed in young children, but it can be diagnosed at any age

### Development

The immune system will destroy any new beta cells the body produces

### Treatment

Type 1 causes dependence upon injected or pumped insulin for life

### Prevention and Control

Type 1 cannot be prevented and it cannot be controlled without insulin

## Type 2

### Diagnosis

Type 2 is often diagnosed in people over age 40, but it can be diagnosed at any age

### Development

The body becomes insulin resistant and does not use insulin properly

### Treatment

Treated initially with diet, exercise and/or pills. Over time some Type 2 may have to inject insulin

### Prevention and Control

Healthy lifestyle choices are known to lower the risk of Type 2, however, some people inherit Type 2 despite a healthy lifestyle. It is possible for some to manage Type 2 without medication, or to be taken off of medication with better management and go in "remission", but this is not the case for all Type 2



**There is no cure for Type 1 or Type 2**

## Other Types of Diabetes



Gestational diabetes: a form of diabetes in pregnancy

LADA (also known as Type 1.5): a slower progressing form of Type 1

MODY: a form of diabetes caused by specific genetic mutations

Diseases of the pancreas, certain surgeries and medications, or infections can cause diabetes. These types of diabetes account for only 1% to 5% of all cases of diabetes.