



NBME Explanations

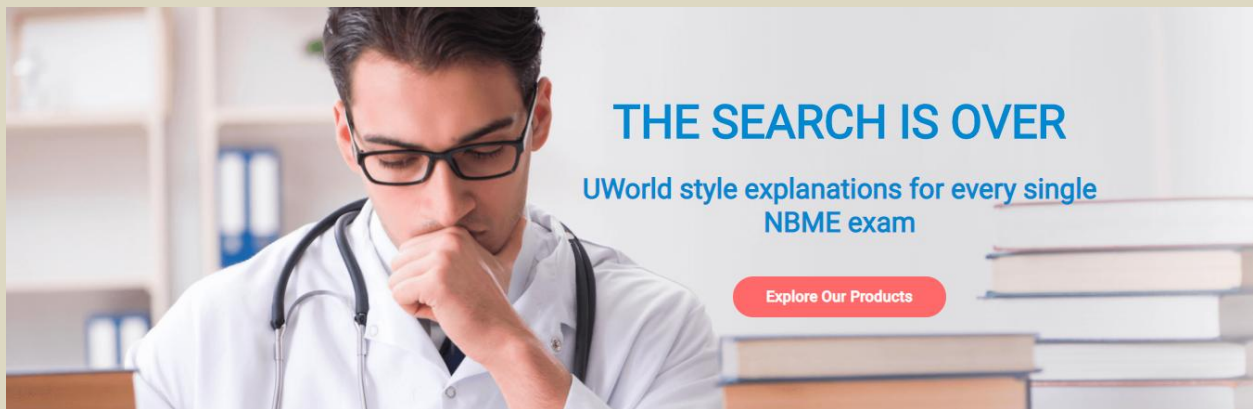
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Progress on the USMLE Phase 1 test always stems from going from the first day of medical school into the correct frame of mind. Setting up to be ready on the very first day will help you increase your performance dramatically, so make sure you 're practicing the Step 1 test right from the outset. Have a look at [NBME explanations](#) to get more info on this.

Here are three tips, together with the suggestion, to ensure your success:

1-Link your research guide with your teacher notes

It's a fact that in the last few weeks of their training most students use a research guide, so do yourself a favor and take one with you through your lessons and incorporate some of your lecture notes into the document, because that will guarantee that you not only focus on the maximum yield material but also any of the peripheral details you might learn about. Everything I thought effective with me was basically to carry my research guide to each class with me, and to turn through whatever segment we covered in class that day, and when it was listed that contributed to the importance of the notes I would clearly take notice of. It will give you a valuable opportunity for your training for USMLE in the long term. You can learn more at [NBME exams](#).



2-Perform 1 qbank the right way

Instead of constantly asking the same questions, take notes and really know the details. There's also little interest in constantly asking the same questions as what this does is checking your capacity to remember what you've seen recently. Instead, get a workbook and write down notes on every issue, take your time and really make the most of your efforts. Not only can this technique help you understand more, and eventually become a stronger practitioner, but it can save you a lot of time , effort, and resources as several qbanks will really become financially worrying.

3-Perform at least 1-2 NBME realistic exams

Now is the time to check where you are by taking an NBME exam or two after you've practiced it. This will inform you how well qualified you are for your tests and will direct you on what things you need to focus in a little further. The NBME tests are excellent resources particularly if

you decide to move into a harder medical profession, they will tell you whether you're going to score high enough to be successful. If you try one and you're not scoring big enough, then go back to test again and see if the performance has changed. Have a look at [*NBME practice test*](#) for more info on this.

Summary:

Prepare for the USMLE boards the right way. Your one-stop shop for all NBME explanations, including explanations to correct answer choice, images/diagrams, explanations for incorrect answer choices, and an educational objective to bring home the point!

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