



Breakfast (8 - 11:30am)

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| 2 Eggs Any Style greens, home fries OL, GF | 15 |
| Egg Sandwich fried eggs, cheddar, bacon, kewpie, sesame bun, home fries (OL, GF) | 16 |
| Fruit Plate sliced seasonal fruits V, GF | 14 |
| Avocado Toast avocado, togarashi, radish, lime V, (GF) + two eggs 7 | 15 |
| Smoked Salmon Toast cream cheese, tomato, cucumber, red onion P, (GF) | 18 |
| BLT lardon, bibb lettuce, tomato, fried egg, mayo (GF) | 16 |
| AB&J almond butter, fresh fruit, seasonal jam, toasted coconut V, (GF) | 14 |
| Burrata heirloom tomatoes, crunchy garlic, miso OL | 18 |
| Greek Yogurt granola, banana, jam OL, GF | 12 |
| Pancake butter, sorghum, maple OL + berries 5 | 18 |
| Vegan Scramble** mixed greens, home fries V, GF | 18 |
| Omelette** greens, home fries OL, GF + all egg white 1 | 17 |
| **Choice of two: bacon, chicken sausage, veggie sausage, cheddar, jalapeno, goat cheese, mushroom, tomato, onion, kale, spinach, roasted peppers | |

Sides

pork, veggie, or chicken sausage 7 bacon 7 2 eggs 7 home fries 5
tomato 5 avocado 7 bagel & cream cheese 7 toast, butter & jam (GF) 5

Plates

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| *Lido Burger cheddar, kewpie, LTO, fries (GF) | 20 |
| Beyond Burger vegan pepper jack, veganaise, lto, fries (V, GF) | 20 |
| Impossible Melt 1000 island, onions, swiss, everything bun OL, (GF) | 22 |
| Fried Chicken Sandwich lettuce, spicy mayo, pickles, fries | 20 |
| Blackened Grouper Sandwich tartar, lettuce, tomato, fries | 23 |
| *Petite Filet sorghum butter, fries or salad GF | 40 |
| *NY Strip grilled onion, chimichurri GF | 72 |
| Whole Branzino butterflied/grilled, charred lemon P, GF | 76 |
| *Ribeye sundried tomato pistou, herbs GF | 105 |

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

V: Vegan GF: Gluten Free OL: Ovo Lacto P: Pescatarian (Can be made diet friendly)

Salads

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| Tomato Salad burrata, micro shiso, crispy garlic, miso dressing | 18 |
| Wedge GF, (OL) iceberg, tomato, lardon, bleu cheese | 17 |
| Spinach Salad OL, GF, (V) goat cheese, apple, almond, sesame dressing | 16 |
| Kale Salad GF, V candied pecans, onion, dried cherries | 14 |
| Add: shrimp 13, chicken 10, avocado 7, beyond 10, blackened tofu 6, grouper 15 | |

Snacks

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| Bread Basket OL grilled sourdough, sorghum butter | 5 |
| Edamame V, GF cool ranch spice | 6 |
| Guacamole V, GF togarashi, chips | 14 |
| King Crab spicy mayo 1/2 LB. OR 1 LB. | 50/ 90 |
| Shrimp Cocktail lemon, cocktail 1/2 DOZ. OR 1 DOZ. | 16/ 28 |
| Hummus V, GF olive, sumac, flatbread | 16 |
| Short Rib Tacos corn tortilla, barbacoa, slaw | 19 |
| Pulled Pork Tacos corn tortilla, radish, pineapple | 17 |
| Crudité OL, GF fresh veggies, all the dips | 18 |
| Fruit Plate GF, V seasonal fruits | 14 |
| Maitake Mushroom V sweet soy, yuzu | 19 |
| Cauliflower OL, GF tahini emulsion, pickled chilis | 18 |
| Broccolini V chili, garlic, lemon | 14 |
| Zucchini V char broiled, sesame-miso dressing | 12 |

Cocktails

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| Elixir Vegetal vodka, pressed tomato, veggies | 14 |
| Paloma mezcal + tequila, pamplemousse, grapefruit soda | 14/65 |
| Endless Summer vodka, pamplemousse, campari, watermelon juice | 14/65 |
| The Botanist gin, elderflower, cocchi americano, cucumber, dill | 14/65 |
| Hot and Hazy jalepeño infused tequila, passionfruit, coconut water, aperol | 14/65 |
| Lido Lemonade vodka, pink lemonade, mint | 14/65 |
| Humo Rosado mezcal, hibiscus blanco, grapefruit, blood orange | 14/65 |

Frozen

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| F'rosé organic frozen rosé + floater 5 | 14 |
| Piña Colada + coconut rum 8 or aged rum 10 | 14 |

Sangria

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| Momo Mirage white wine, sake, peach, lychee | 14/65 |
| Rosé Gold rosé, elderflower, aperitivo, proseco | 14 |

Non-Alcoholic

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| Limonada de Coco coconut milk and syrup, lime juice + coconut rum 8 or aged rum 10 | 9 |
| Fresh Thai Coconut + coconut rum 8 or aged rum 10 | 12 |
| Soda coke, diet coke, sprite, ginger ale, iced tea | 3.5 |
| Juice orange, grapefruit, lemonade | 8 |
| Red Bull regular, sugar free, yellow | 8 |
| Acqua Panna | 7 |
| Pellegrino | 7 |
| AKALO Hangover Prevention Patch wearable vitamin patch | 5 |

Beer 8

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| Estrella Damm |
| Pacifico |
| Peroni |
| Sapporo |
| Standard Brauhaus |
| Coedo Shikkoku black lager |

Shots 5

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| Immune oregano, turmeric, black pepper |
| Afterparty milk thistle, camu, acerola cherry |
| Probiotic probiotics, coconut, pineapple |
| Wellness moringa, algae, ginger |

Cold Pressed 12

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| Watermelon Fresca (watermelon and lemon) |
| Pineapple X-Press (pineapple, apple, mint) |
| Metabolic Lemonade (coconut nectar, cayenne, lemon) |
| Rooted Beginnings (beet, carrot, apple, ginger) |
| Green Power (cucumber, kale, parsley, celery) |
| Orange Power (orange, green coffee extract, probiotics) |

Wine

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| VieVité côtes de provence, fr '18 | 15/62 |
| Whispering Angel côtes de provence, fr '19 | 15/65 |
| O d'Azur côtes de provence, fr '18 | 14/60 |
| Bodvár No 7 côtes de provence, fr '18 | 62 |
| Chateau La Gordonne côtes de provence, fr '18 | 64/1.5L 98 3L 180 |
| Miraval côtes de provence, fr '19 | 68/1.5L 120 |
| Domaine Ott côtes de provence, fr '19 | 95 |

Rosé

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| Prosecco valdo, italy nv | 13/50 |
| Chandon Brut Rosé napa, ca nv | 15/58 |
| Moët & Chandon Brut epervay, nv | 21/90 |
| Veuve Cliquot yellow label, reims, nv | 125 |
| Syltbar Prosecco low sugar, italy, nv | 60 |
| Ruinart Rosé reims, fr, nv | 130 |
| Ruinart Blanc de Blanc reims, fr, nv | 130 |

Spark + Champ

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| Pinot Grigio tre fili, italy '18 ORG | 14/52 |
| Sancerre clément & florian, fr '18 SUS | 17/72 |
| Chablis schaller vieilles, burgundy '18 ORG | 16/68 |
| Grüner Veltliner weingut, austria '17 BIO | 49 |
| Chardonnay barnett, carneros, ca '18 | 82 |
| Sauvignon Blanc taonga, nz '19 SUS | 50 |
| Trousseau combe pet'nat, stolpman vineyards '19 | 54 |
| Assyrtiko gai'a monograph, greece '19 | 62 |

White

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| Frico Rosso scarpetta, italy '17 ORG | 13/52 |
| Chat Fou eric texier, côtes du rhone, fr '18 NAT | 15/56 |
| Malbec terrazas de andes, arg '18 | 13/50 |
| Pinot Noir avearen, willamette, or '18 SUS | 16/62 |
| Pinot Noir hirsch, san andreas fault, ca BIO | 98 |
| Cabernet Sauvignon cakebread, napa, ca '17 | 130 |
| Gamay gdg, stolpman vineyards, ca ORG/BIO | 72 |
| Burgundy domaine m. juillot, mercurey 1er cru, fr '17 | 102 |

Red