

# Online course for policy makers and civil servants on the Sustainability Goals, Nutrition, Public Health, Health literacy and Effective online learning

# A Swedish Institute funded joint KTH-MDU online training program

### Course brief

Two universities in Sweden, The Royal Institute of Technology (KTH) and Mälardalens University (MDU), have designed a course in Public Health, Nutrition, Sustainable development, Digital health literacy and Effective online learning. The Universities are partnering with Society for Family Health (SFH), Rwanda, an NGO in Rwanda to locally facilitate the training program.

We are looking for 30 qualified mid-level decision-making professionals to participate in our course. The target group is government officials and actors in the civil society organisations (such as NGOs) in Rwanda, Ethiopia and Kenya.

The online training program targets policy influencers working with education, agriculture, health or social welfare. The program comprises three modules:

- 1. Pros and cons of online learning in general and Question-Based Learning in particular.
- 2. Global sustainability goals with a focus on nutrition and public health.
- 3. Digital health literacy among public health professionals and the general public.

The online course will start June 20, 2023 and run through May 2024. It will be entirely online, with the exception of the final physical workshop in Kigali on May 8-9, 2024. Participants are expected to spend approximately 40 hrs of study time on the course in total. The course design allows a high degree of self-paced learning approach, within three time frames for the three different parts of the course. Each module also includes a synchronised meeting with group work. There is no cost for participating.

### Requirements

- Must have an Ethiopian/Rwandan/Kenyan nationality.
- Hold a position with a mandate to bring about change.
- Proven experience in decision-making in a government or non-governmental organisations of 3 years in a field related to the course content.
- Good communication skills in English, verbally and in text.
- Good working knowledge of computers.
- Access to a stable internet connection and up-to-date computer. At least 4G or fibre connection during the synchronous video meetings.

- Support and mandate from their organisation to take part in this programme.
- Completed a minimum first (BSc, BA, MD or other) degree at University in Sciences,
  Agriculture, Nutrition, Sociology, monitoring and evaluation; public health, education or related field.

## Responsibilities

- Read and comprehend course content, passing the online tests.
- Attend and actively participate in the workshops (all online, but the final workshop will be held physically in Kigali).
- Complete course requirements in a timely manner.
- High degree of professional ethics and integrity.

### Outcomes of the course:

The trainees will gain general understanding on how the sustainability goals of Agenda 2030 are linked to public health and nutrition. In addition, they will gain insight in the state-of-the-art digital learning methods that can increase professional health literacy and lead to increased awareness of how to combate current health challenges in Rwanda, Ethiopia and Kenya.

Participants will be given a letter of participation and completion at the end of the program.

Interested candidates must, no later than April 25, 2023 in this Google form: https://forms.gle/Q1yAvG3fFxnyBqcm9

submit the following (in English): Curriculum Vitae (CV, max. 3 pages) and a Cover letter (describe your current position and what you will gain by participating (max. 1 page) and a one minute video (use your phone) where you introduce yourself and what you are working on in English. Also a screenshot of your internet connectivity at <a href="https://www.bredbandskollen.se/en/">https://www.bredbandskollen.se/en/</a>

Successful candidates will be notified by email no later than May 17, 2023.

Individuals from the following entities are encouraged to apply:

- Ministry of Health, Ministry of Agriculture, Ministry of Education, Ministry of Family and Gender Promotion
- Organisations affiliated with the above-mentioned ministries and relevant NGOs within these fields.

A video with voices from former participants can be found here: https://play.kth.se/media/t/0\_o463np6d

More information can be found here:

kth.se/onelearns mdu.se/onelearns https://www.facebook.com/OneLearns

If you have any questions, please contact *Alex Mugisha at SFH* <u>amugisha@sfhrwanda.org</u>, +250 788 87 1984

Sincerely yours,

Olle Bälter, <u>ob1@kth.se</u> <u>https://www.kth.se/profile/balter?l=en</u>

<sup>\*</sup>Qualities of diversity and inclusion will be taken into consideration.