Appetizers

1- Falafel The heart of Syrian cuisine, this worldwide famous crunchie vegetarian delight is an all time favorite. Included in order is lettuce, tomatoes and Tahini sauce. All you add is the pita bread.

7 pieces for \$10 with tahini/lemon sauce and sm. cabbage salad and \$1.40 for each extra piece.

- **2- Baba Ganoush** A complex smoky roasted eggplant spread with pomegranate seeds, parsley, green peppers, and lemon, sprinkled with walnuts. Appetizer for 2 with pita \$13.00 and \$6.50 for each additional person
- **3- Mutabal** A comforting roasted eggplant dish with lemon, Yogurt and Tahini. Perfect for dipping! Appetizer for 2 with pita \$13.00 and \$6.50 for each additional person
- **4- Creamy Hummus** One of the best Syrian dishes, a mixture of chickpeas, tahini, and lemon.

Appetizer for 2 with pita \$9.00 and \$4.50 for each additional person

5- Sambusak A fried parcel of pastry with either a feta and spinach or a tasty beef filling. A delicious snack, appetizer or as part of a well-balanced meal. Spinach/feta 4 pieces \$8.00

Meat 4 for \$8.00 \$2.00 for each additional piece.

APPETIZER TRAYS FOR PARTIES

Mix and match your favourites from above and serve a beautiful and tasty array of party food.

Main Dishes

1- Kapseh This special Chicken and Rice dish is a whole dinner on one plate! Mildly spiced with almonds, raisins, and a rich tomato sauce to add flavor and color. We suggest you order with it our refreshing Cucumber and Yogurt Salad.

Minimum order for 2 \$14.00 and \$7.00 for each additional person

2- Kibbe A delicacy and a family favourite Crunchy meatballs of fine Bulgur and ground beef, stuffed with juicy seasoned ground beef. Especially delicious when served with our famous creamy mushroom soup or as a side dish with a salad, rice or potatoes.

6 pieces \$12.00 - 12 pieces \$23.00 24 pieces 45.00

3- Kebab Hindi With Indian overtones this Syrian dish contains mildly spiced ground meatballs braised in the oven cooked in a delicious and aromatic tomato and onion sauce with plain rice included in your order.

Minimum order for 2 \$14.00 and \$7.00 for each additional person

4- Ouzi A special pastry package! This filling is a mixture of spiced ground beef, aromatic rice, almonds, pistachios and peas. Filo dough is wrapped around the stuffing and baked in the oven, very popular for special occasions. Typically served with Cucumber and Yogurt salad.

Minimum order for 2 \$14.00 and \$7.00 for each additional person (note orders are only taken on Sunday and we need 24 hours notice to prepare Ouzi)

5- Makloube A tasty and colourful dish of eggplant cooked with mildly spiced rice and beef.
Typically served with
Cucumber and Yogurt salad.
Minimum order for 2 \$18.00 and \$9.00 for each additional person.

For **large** orders ask about our discounts

(S) Small: Two servings - (L) Large: Four servings

Soup

1- Lentil soup A widely popular soup that goes well with Kibbe, a starter for a meal or for lunch. Included in your order are sliced lemon and fried pita bites!

Cup \$5.00 Bowl \$8.00

2- Mushroom soup Popular throughout the Middle East, this soup that goes well with Kibbe, and makes a tasty lunch!

Cup \$5.00 Bowl \$8.00

3- French Onion soup This famous soup is also popular in every Syrian house! Served with toasted bread and melted cheese on top.

Cup \$5.00 Bowl \$8.00

Salads

1- Fatoosh A refreshing tomato, cucumber, lettuce and mint salad served with crispy fried pita bites.

S: \$10.00 - L: \$20.00

2- Tabboule A parsley-based salad for those special occasions, picnics or family dinners that incorporates a refreshing mixture of bulgur, tomatoes, lemon juice and olive oil.

S: \$10.00 - L: \$20.00

3- Fresh Green Salad The Syrian style salad of fresh cucumber, lettuce, tomatoes, onions and garlic with a fresh mint, olive oil and lemon juice dressing.

S: \$10.00 - L: \$20.00

4- Cucumber and Yogurt Salad A refreshing salad that goes with almost every Syrian dish. Homemade yogurt is the base with minced cucumber and fresh mint, making it a taste sensation.

S: \$5.00 - L: \$10.00

5- Beet and Tahini Salad A healthy dinner or a rich side salad with fresh beets, tahini sauce, parsley and sprinkled walnuts.

S: \$10.00 - L: \$18.00

DESSERT

1- Baclava The most popular and widely known dessert served in many countries in the Middle East. Filo dough pastry wrapped around sweetened walnuts, crispy-baked and drenched in a honey or sugar syrup.

Walnut 10 pieces: \$20.00 Pistachio 10 pieces: \$20.00

2- Creamy Orange and Rice Pudding Served cold, this Syrian speciality is comforting, flavourful and sweet.

Minimum order 4 cups \$16.00

About Syria

Syria is the heart of Levant! Located on the Eastern coast of the Mediterranean, and home of multiple civilizations

Syria was one of the oldest countries in the world with a history that starts approximately in 10,000 BC.

Syria was home to several civilizations including Amorite and Ebla, Aramea, Phoenicia, and Palmyra, and was the part of several empires including Assyrians, Egyptian, Roman, Persian, and the late Islamic, and Ottoman Empires. Syria was home of the first Alphabet ever written (Ugarit) that dating around 1,400 BC.

Syria was home of a diverse society that is the a mixture of multiple cultures and civilizations, and Damascus, the capital, is the first capital in the history of mankind, while Aleppo, the second biggest city in Syria was one of the prominent station on the silk road.

Who we are

Fatoosh is a group of newcomers to Canada who came from Syria within the past several years.

We enjoy cooking, working together and sharing our foods with the community.

Our food is fresh, taken from cherished family recipes and always very TASTY!

Visit our Facebook page for regular updates, daily specials and offers!

Cuisine

Food is the reflection, the heart, and the living memory of every culture

Linked to the regions of Syria where a specific dish has originated, Syrian cuisine is rich and varied in its ingredients. Syrian food mostly consists of Southern Mediterranean, Greek, and Southwest Asian dishes. Some Syrian dishes also evolved from Turkish and French cooking: dishes like shish kebab, stuffed zucchini/courgette, yabrak (stuffed grape leaves, the word yaprak derives from the Turkish word 'yaprak' meaning leaf).

For orders

Hala at 506 425 9842

For large events or special parties, please contact:

fatoosh.nb@gmail.com for information and quotes.

Or via our Facebook page: Fatoosh Homemade Syrian Cuisine

When ordering online, use the name and number of the dish, the order size, the date, etc. on our order form.

If you have any serious food allergies, please let us know immediately.
We regularly cook with different nuts (and oils) like almonds, walnuts or pistachios and we cannot guarantee that any food is nut free.

ORDER TOTAL-CASH ONLY

There will be a minimum delivery charge of \$5.00 within town





Homemade Syrian Cuisine