

## Who we are

HUMAN UNITEC INTERNATIONAL is a Project Financing, development and management Corporation, NASDAQ OTC: HMNU, developing a project for the realization and management of innovative MSK KINESIS Health and Wellness Centers and the exclusive commercialization and distribution of the DIT and MSK KINESIS TECHNOLOGY and related FDA and EU recorded MSK KINESIS devices.

## Contact Us

MSK KINESIS Corporation:

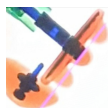
The Company is in now opening MSK KINESIS Health and Wellness Centers in Arizona (Sedona), Florida (Aventura, Miami), and New York (Manhattan) offering the exclusive MSKKINESIS Pain Therapies.

767 Arthur Godfrey Rd  
Miami, FL 33140

Phone: 1-786-862-5862  
Email: [info@mskkinesis.com](mailto:info@mskkinesis.com)  
Web: [www.mskkinesis.com](http://www.mskkinesis.com)



# MSK KINESIS – POWER: Protocols



**MSK KINESIS**  
767 Arthur Godfrey Rd  
Miami, FL 33140

**MSK KINESIS**

**POWER**

# Table of Contents

MSK KINESIS Health & Wellness .....	1
Getting Started.....	2
What offers MSK KINESIS .....	2
Focus on the Source: The “Band” .....	2
Our Mission .....	3
Protocols.....	4
Back and Neck Pain and Disc Disease .....	4
Tendinopathy and Tendonitis.....	5
Sport Injuries, Hernia and Muscle Diseases .....	6
Wellness.....	7
Lumbago .....	7
Carpal Tunnel Syndrome and Cervicalgia.....	8
Ankle and Sciatica.....	9

## ANKLE

The ankle is an intricate network of bones, ligaments, tendons and muscles. Strong enough to bear the body weight that enables a person to move, the ankle can be prone to injury and pain. MSK KINESIS treatment should focus initially on the area affected by pain with a pressure that shall not exceed 1.5 kg. Follow by focus on the foot in its entirety, with a pressure that does not exceed 2.4kg. Pressure on the muscles of the upper part of the ankle articulation is then applied to restore perfect connection of the foot with the rest of the body.

The MSK KINESIS treatment should be performed as follows:

- First, the painful Para spinal muscles and the muscle bellies of the muscles adjacent to the paravertebral;
- Second, the movement of the pressure must always be gradual and constant, never abrupt, and should never exceed 2kg.
- Third, the hand piece of the equipment must always remain perpendicular to the axis of treatment and never oblique.

The motion during treatment should be gradual and constant from the bottom to the top; the patient should remain in a sitting position. Treatment is focused on the painful points and on those that are adjacent to the paravertebral musculature, both in the upper part of the muscle belly and that of the lower one of the muscle belly, for about 15 minutes during 3 consecutive sessions.

# PROTOCOLS

## BACK PAIN

With the onset of acute pain, MSK KINESIS THERAPY will initiate a 4-week protocol consisting of a three-step process. Each painful point of origin will be focused with gradual and constant pressure for about 20 seconds, ranging between 1.2kg and 2.4kg per square centimeter, followed by a maneuver toward the periphery in a longitudinal manner at a pressure of 2kg per square centimeter. These steps are repeated on each painful point. Therapy should be administered three times a week.

## NECK PAIN

The MSK KINESIS treatment should be performed as follows: painful points should be initially treated with a gradual and constant pressure ranging from 0, 5, to 1kg per square centimeter with three steps for each sore spot. Following these three steps, we proceed to a comprehensive treatment of the cervical spine, with a constant pressure of 2 kg, repeating the treatment three times a week.

## DISC DISEASE

In the case of degenerative disc disease and small disc hernia production, MSK KINESIS treatment creates a constant pressure along the paravertebral muscles that are affected by pain, using a gradual and constant pressure of 2kg per square centimeter for up to 30 seconds. The treatment should be repeated in the same session for about 5 times, the results are expected to appear over the next 48 hours.

## TENDINOPATHY

In the case of intersectional tendinopathy, proceed through the MSK KINESIS treatments on affected areas from pain, with a gradual and constant pressure ranging from 3kg to 5kg per square centimeter. The pressure is maintained for 20 seconds and follows the same protocol repeated three times a week.

## PATHOLOGY OF ACUTE TENDONITIS

MSK KINESIS treatment must be performed by a gradual and constant pressure in the inflamed area for about 30 seconds, with constant pressure of 1.8 kg, 3 times in the same session.

## CHRONIC DISEASE TENDONITIS

Treatment protocol must maintain an alternating pressure for about 40 seconds on the tendon insertion points, twice in the same session.



## SPORT INJURY

Sport injuries account for a multitude of musculoskeletal injuries. In cases such as gymnastics sports, injuries can be broad and undifferentiated. MSK therapy is a great help in speeding up and improving the natural processes of healing in the body. MSK KINESIS intensive treatments also increase the physical sport performances capacity up to 70 % improvement for athletes.

## PATHOLOGY PUBALGIA

Groin strain also known as a sports hernia or athletics pubalgia is a chronic groin lesion. Athletes with pubalgia have an imbalance of the adductor and abdominal muscles at the pubis that leads to an increase of the weakness of the posterior wall of the groin. This imbalance leads to a deep groin pain. MSK KINESIS therapy procedure calls for gradual and constant compression up to 4kg, with intermittent pauses of about 20 seconds, to be repeated 4 times over the same session. The process is repeated after 24 hours. If there are other areas that are afflicted by radiating pain, with a constant pressure of 2 kg., up to 4 times per session.

## MUSCLE DISEASES

In the case of acute injury, expect a 24/48 hours delay before intervention. MSK KINESIS treatment; the damaged area must be treated with a gradual and constant pressure of 0.5 / 0.8 KG, for 5 seconds; treatment should be repeated three times in the same session. A respite of 48 hours is recommended and then the entire treatment should be repeated. In the case of chronic lesions involving various muscles to a large extent, MSK KINESIS treatment calls for constant pressure of 4.0 / 4.5 kg, with pressure to be maintained for 30 seconds. The treatment must be repeated three times in the same session.

The tension on the Band limits the capacity of movement and muscle overload resulting in energy expenditure. Movement does not become metabolic activation of being, but rather a physical suffering with limitations that reflect on one's mood, ultimately effecting restlessness, low capacity reactivity and anxiety.

# MSK KINESIS provides medical and wellness treatments worldwide through affordable and easy to use technologies.

## Direct Application of Treatments

MSK THERAPY CENTERS showcase our MSK KINESIS device therapies for human treatments and allow space for additional health and beauty treatments and products to be administered.

MSK DENTAL is currently a partnership program with initial protocols and therapy being developed with a Dentist. We have already developed prototypes for Dentistry and will continue to expand our network of dentistry applications through our continued research and development.

# MSK KINESIS

## Health & Wellness

### CARPAL TUNNEL SYNDROME

A disorder caused by compression at the wrist of the median nerve. When the median nerve is compressed, it will often cause pain, numbness, and weakness affecting the hand to the thumb, index, and middle finger. Because of the mobility of the structures that are concerned, treatment should be done exclusively on the damaged areas with a gradual and constant pressure from 0.5 / 0.8 kg, three times in the same session.

### CERVICALGIA

Neck pain, although felt in the neck, can be caused by numerous other spinal problems. Neck pain may arise due to muscular tightness in either the neck and upper back, or pinching of the nerves emanating from the cervical vertebrae. Joint disruption in the neck creates pain as do joint disruptions in the upper back. In the case of chronic lesions involving various muscles to a large extent, MSK KINESIS treatment calls for constant pressure of 4.0 / 4.5 kg, with pressure to be maintained for 30 seconds. The treatment must be repeated three times in the same session.

### SCIATICA

Sciatica is a common type of pain affecting the sciatic nerve, a large nerve extending from the lower back down the back of each leg. The first step of the procedure is to apply MSK KINESIS on painful points in a gradual and constant manner, ranging from 2kg to 4kg per square centimeter. Each step is repeated 3 times with pressure maintained for at least 20 seconds for each point per session.

### MSK Kinesis Therapies



Certified Licenses Operators are providing a complete range of medical and wellness evaluations, assistance, and treatments, including classes for pre-and post-rehabilitation.

### MSK KINESIS POWER PAIN THERAPY



Noninvasive back and neck pain treatment and remedy, Tendinopathy (Sciatic and Lumbago), Rachialgia, Fibromyalgia, Sport injuries and sport capacity improvement and a multiple of other applications.

### MSK KINESIS MAX THERAPY



Noninvasive deep pain therapy of Tendinopathy, Rachialgia, Fibromyalgia, Sport injuries and/or improvement, Osteoporosis, treatment for reduction of severe cellulite and other applications.

# Getting Started

## What offers MSK KINESIS?

MSK KINESIS Devices offer cutting edge technology for medical and wellness treatments that have been proven effective in Italy for over 14 years. Working exclusively with a founding MD in Italy, we have developed the technology and methods to improve a wide array of patients' physical medical needs.

---

*“The program is challenging, but the result is quasi magic.” —Aurélia Dublanc, a MSK KINESIS customer*

---

## We Focus on the Source: The “Band”

MSK KINESIS Therapy makes it possible to treat, for the first time, the body's myofascial “Band”. This is revolutionary because the Band not only holds together the organs and bowels, but is a sophisticated semiconductor system for high intensity piezoelectric energy contained in protein and collagen. Every bone, muscle, nerve or lymphatic blood vessel is surrounded by a layer of connecting fabric, which is tasked to support and protect these elements.

Today, the new biomechanics insight considers the Band as a fundamental part of the connection tissues action, effecting our muscles, strength, postural, motor and emotional behavioral wellness. The Bands integrity and elasticity allows the body to maintain a fluid integration between a biomechanics' request for constant postural adaptation.

## WELLNESS

For Health and Wellness, the procedure will initially maintain a constant pressure of 2kg per square centimeter in areas near the spine, focused mostly on the muscles. Subsequently, the steps maneuver out at a distance of about 3 cm each. With a gradual and constant pressure, points in the central part of the thigh and calf are addressed. The femoral quadriceps is treated until malleable. Wellness treatment for the front part of the body proceeds with a gradual and constant pressure on points in the chest while maintaining the pressure of 4kg per square centimeter for about 20/25 seconds. The front and rear parts of the body will focus on points in the thighs with the pressure of about 5kg per square centimeter for about 30/35 seconds.

## LUMBAGO

The lumbar region has the responsibility of bearing a considerable amount of the body's weight. Forces can sometimes be too much for the structures, such as the muscles, ligaments and tendons, MSK KINESIS treatment focuses on remediating the disruption to the way joints in the area work and reducing inflammation and pain. MSK KINESIS provides a first treatment which targets the area affected by pain, with gradual and constant pressure to the Para spinal muscles and the adjacent area. Each sore point should be treated three times for about 20 seconds, with a constant pressure of 0.5 kg to 1.2 kg. Consequently, support structures must be reestablished to the joints of the back with a gradual and constant pressure from 0.7kg to 2.3 kg. and the underlying structures with a gradual and constant pressure throughout the belly muscle with a constant pressure of 2.5 Kg to 2.7 kg. Subsequently, treatment will be repeated at the patient's request or in the case in which the pain symptoms were continuing to occur.