

# CBD POWER

THE BEGINNERS GUIDE TO **CBD** AND HOW IT CAN  
**TRANSFORM** YOUR LIFE FOR THE **BETTER**



# **CBD Power**

**The Beginners Guide To CBD And How It  
Can Transform Your Life For The Better**

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# Introduction

The health benefits of CBD are well publicized and you may already be aware of how CBD can be used to manage pain. What you may not know is why CBD is so effective and the different health issues that it can help with.

CBD is now available in a range of different formats. If you are new to using CBD then the choice can be overwhelming. By reading this special report, you will know what format of CBD you need to use to manage your health issues.

This report is ideal for you if you are a beginner with CBD. We will cover all of the most important issues about CBD in this report so that you will know exactly what you need to do. CBD often gets a bad rap because of the myths that surround it. These myths are all untrue and we will explain why.

You deserve to know the truth about CBD and how it can help you so please read all of this short report. Do not deprive yourself of the life-changing properties of CBD. Let's get right into it!

In the first section, we will explain what CBD really is.

# What CBD Really is

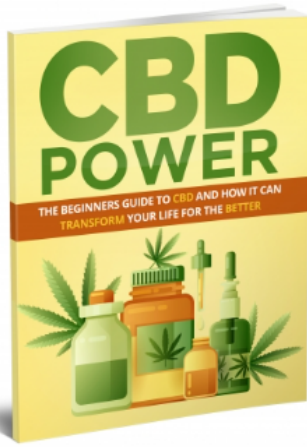
It is essential that you fully understand what CBD is and what it isn't. A lot of people will not use CBD because they do not really understand it. We will avoid using too much technical jargon in this section so that it is easier for you to learn what CBD is.

CBD is short for Cannabidiol. It comes from the cannabis plant and is just one of around 100 compounds found in the plant. The cannabis plant has buds or flowers on it and this is where the gooey like CBD resin is located. Flowers on the cannabis plant are covered by mushroom like small structures which are called trichomes.

The role of these trichomes is to provide protection against UV radiation and excessive heat. These trichomes have glands and they contain some very effective medical compounds such as aromatic terpenes, THC and CBD. Trichomes also have properties which protect the plant from bacteria, fungus and insects. Insects become trapped in the gooey resin.

## **CBD will not make you “High”**

One of the major misconceptions about CBD is that it will make you high. This puts off a lot of people from using it and it is totally untrue.



## CBD Power

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CBD Power is a new powerful guide for readers that are new to CBD and its benefits. Readers of the report will learn what CBD really is and what it isn't and why it is so effective for the management of pain and the other numerous health benefits that it provides.

Readers will learn all about CBD without the use of a lot of technical jargon.

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