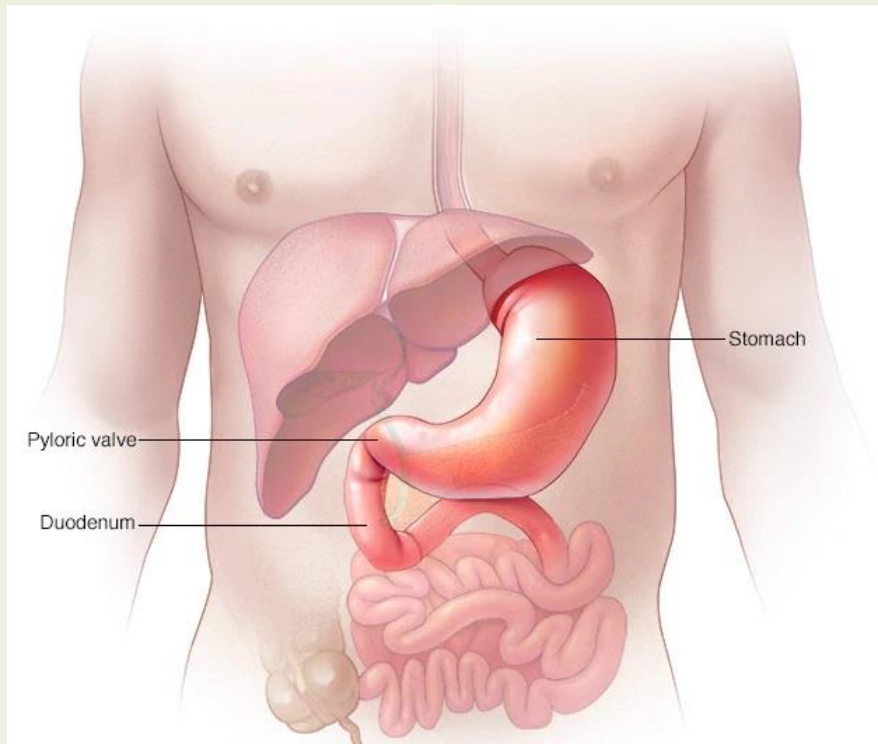
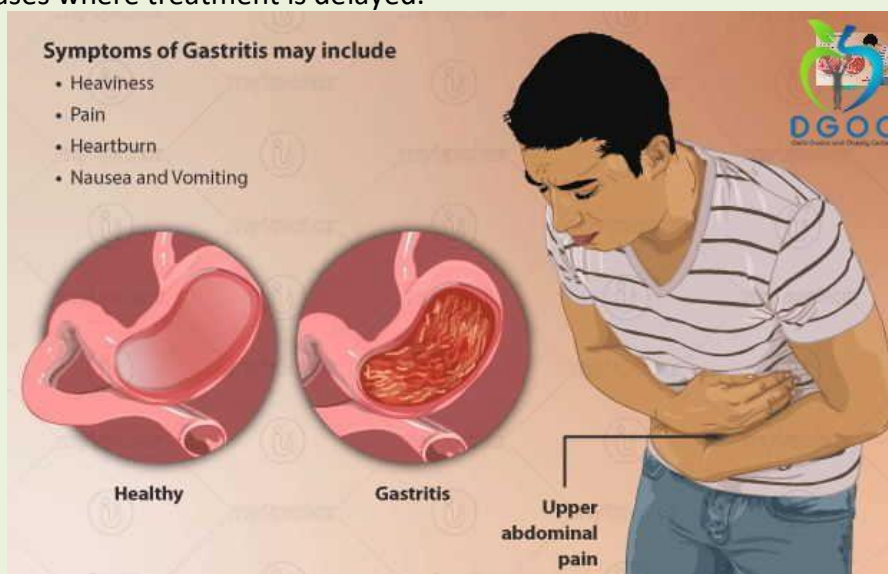


## Gastritis: Symptoms and Causes

Gastritis is a group of medical conditions that occur in the digestive tract of the human body. The primary issue faced by patients is inflammation in the stomach due to an infection. While some have acute gastritis that occurs suddenly, others develop it over a long period known as chronic gastritis. Mentioned below are the symptoms and causes of this disease:



1. **Symptoms** - The most common indicator of gastritis, be it acute or chronic, is the burning sensation that patients in the upper abdomen. Along with this, some patients feel nauseated after consuming a meal. Vomiting out blood can also occur in cases where treatment is delayed.



2. **Causes** - Gastritis occurs when there is inflammation present in the lining of the stomach. This inflammation is caused by infections by certain bacteria that enter the system through unsanitary food or beverages. Besides this, regular use of pain relievers can trigger gastritis as well.

## Profile

Dr Vikas Singla is a reputed consulting [Endoscopist Gangaram hospital](#) in New Delhi. His reputation in the field of gastroenterology has been recognised by several autonomous bodies. After completing his graduation from Sardar Patel Medical College in 2002, Dr Vikas Singla also practices at All India Institute of Medical Sciences till 2011. Also, he was chosen for a super specialisation course in the Department of Gastroenterology and Hepatology. He is one of the finest doctors offering advanced treatment in fatty liver diseases, pancreatic and biliary diseases, and inflammatory bowel disease.



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