

New Jersey is a breeding ground for substance and drug abuse including illegal drugs, prescription medication, and alcohol. Based on modern studies, alcohol and opioid addiction continue to pose a larger risk in this area compared to the rest of America. Since 2004 there have been more than 14,000 deaths from drug overdose that have been reported.

Further Reading: [rehab NJ](#)

As scary as those statistics are, there are numerous effective drug treatment and management programs in place in New Jersey. More than 70,000 have been admitted to drug management facilities around the state in 2015 and this number has been increased to 76,000 in 2015. Even though this shows that people are more interested in seeking assistance for their addiction, it also indicates the increase in drug abuse in the state.

One of the biggest steps a person has to take involves admitting there's a problem because this is a launching pad for initial treatment plans. With more than 1,000 rehabs and treatment facilities in the state, there are numerous options for those who are looking to beat drugs. Anyone and everyone who is dealing with their substance abuse problem can find something that fits their needs across the spectrum of treatment centers, which runs the gamut from facilities fully funded by the state and local governments to centers that are entirely privately managed.

A troubling concern that is seen in people with drug abuse issues has to do with not seeking treatment. Many insurance carriers will pay for a short stay and/or treatment at one of the covered facilities. Please note, it is also possible to take the initiative and seek out financing plans with one of these leading treatment centers instead of making an initial lump sum payment.

Going to a non-profit organization that offers treatment at no or little cost is the other option that is available. State-funded centers might also work out, providing treatment and rehabilitation without expense, but they do usually come with limited duration with long waiting lists. In some cases, the government will also be able to help out in the form of grants.

There are many other factors that you need to consider when choosing the right drug rehabilitation facility in NJ. Each one is going to bring something unique to the table with an assortment of treatment programs. Doing ample research will help one determine which one will offer you the most help for your individual issues.

The length of stay is another important factor. There are facilities that have a 28-day recovery plan while some other centers will offer treatment programs until the patient is completely recovered - no matter how long it takes. Always ask about the amenities and the activities that are offered to residents. Check out the staff and make sure that the staff/client ratio is not too skewed.

Another important factor is a center that provides support and care after treatment. A treatment center that helps a patient to re-integrate into society following rehabilitation will offer a lower chance of relapse.

Look at top resources from Rehab Hotline, Narcotic Anonymous, NJ Connect, and others to learn more about appropriate treatment options in New Jersey.