

# Gastric Balloon in Dubai

[Gastric Balloon in Dubai](#), Abu Dhabi is a type of procedure that involves inserting a balloon in the stomach endoscopically to help you feel fuller soon. It's suitable for those who want to lose weight non-surgically.

# Gastric Balloon in Dubai



# Gastric Balloon in Dubai

Obesity has become a global epidemic and affects millions of people worldwide. It is a major risk factor for several health problems, including diabetes, heart disease, and stroke. Despite the numerous weight-loss options available, many people struggle to **Lose Weight in Dubai** and maintain a healthy lifestyle. One of the latest innovations in weight loss is the gastric balloon. In this article, we will discuss what a **Gastric Balloon in Dubai** is, how it works, its benefits and risks, and how it compares to other weight-loss procedures.

- **What is a Gastric Balloon?**
- A **Gastric Balloon in Dubai** is a [Non-Surgical Weight Loss in Dubai](#) procedure that involves inserting a deflated silicone balloon into the stomach. Once inserted, the balloon is filled with saline solution or gas, reducing the amount of space in the stomach and limiting food intake. The procedure is performed under sedation, and the balloon is removed after six months.
- **How does a Gastric Balloon work?**
- The [Gastric Balloon in Dubai](#) works by creating a feeling of fullness and reducing hunger. By limiting the amount of food that can be consumed, the body is forced to use stored fat for energy, resulting in **Weight Loss in Dubai**. The balloon also helps patients develop healthy eating habits, such as eating smaller portions and choosing healthier food options.

# Gastric Balloon in Dubai

- **Who is a candidate for a Gastric Balloon?**
- A **Gastric Balloon in Dubai** is recommended for individuals who have a body mass index (BMI) of 30 or higher and have not been able to [Lose Weight in Dubai](#) through diet and exercise alone. It is also an option for those who are not eligible for other weight-loss surgeries due to medical conditions or BMI limitations.
- **Types of Gastric Balloons**
- There are several types of **Gastric Balloons** available, including the Orbera balloon, ReShape balloon, Obalon balloon, and Spatz balloon. Each balloon has its unique features and advantages, and the choice of balloon depends on the patient's individual needs and goals.
- **Gastric Balloon Procedure**
- The **Gastric Balloon** procedure is performed on an outpatient basis and takes approximately 20-30 minutes to complete. A gastroenterologist or [Bariatric Surgeon in Dubai](#) inserts the deflated balloon through the mouth and into the stomach using an endoscope. Once the balloon is in place, it is filled with saline solution or gas and inflated to the desired size. After six months, the balloon is removed using the same endoscope.

# Contact Us

- Address: Villa 1091, Al Wasl Road, Al Manara Area (On the junction of AlThanya & Al Wasl Road) Dubai
- Mobile: 971 561772998
- Website: [www.dynamicclinic.com](http://www.dynamicclinic.com)