

## *Steps of writing a case report!*

- 1. Find a case:** Either a rare case or unusual presentation of a common case. **How do I know?** Ask the senior residents/consultants
- 2. After finding the case:** Collect the history, take photos if needed (make sure it's of high resolution, take the lab finding, pic of imaging or biopsy if ever done).
- 3. Now open Pubmed:** Collect all similar reports about the same disease in a folder, quickly review them.
- 4. Start typing the report:** Open a word doc and write 4 headlines:
  - **Abstract (sometimes you don't need it, leave it last)**
  - **Case report (start here)**
  - **Discussion**
  - **Conclusion (sometimes you don't need it)**
  - **References**
- 5. Case report:** write as if you write a good history note, patient's age, race, gender, how they present in details, examination, investigations and the treatment plan.
- 6. Discussion:** (here you use the papers you collected as references) start by the definition of the disease, how they present usually and compare it to the presentation of your case, the findings in your case and the literature, how they treat it usually and how been the patient treated in your case (always compare your case with the published cases)

7. **Abstract if needed by the journal:** Definition of the disease and summary of the case
8. **Find a journal:** type in Google top 100 journals in (specialty). if your case is extremely rare you to top journals . if are in you are in a hurry and need it to be publish soon (high profile journals can take up to 1-2 years to publish your case and other journals sometimes can publish it in one week online.
9. **After choosing the journal:** Check the [Author's guidelines](#) (it is not nice that your paper was rejected because you didn't follow up their words counts or font size, style of writing, like some journal they want you to write under the picture Figure 1. Some wants only Fig. These minor things can make a difference.
10. **Before submitting:** You need to get your paper reviewed for English and if you copy pasted some data you need to paraphrase them by an editor. You can go to [www.upwork.com](http://www.upwork.com) but make sure you don't choose anyone. Be sure to choose a native speaker and professional editor and when you send the paper there shouldn't be any name on it, yours or the journal name. Just to be safe.

**\*Check the other PDF file (How to write a case report in details)**

لا تنسوننا من الدعاء! Best of luck!

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