

NO STRESS SO NO BAD HEALTH



The ebook containing **the secret** of life

SINPROVEMENT

Improve your life now with psychology & qigong



UNDERSTAND LIFE AND TAKE CONTROL

Why psychology is so important for you to know

We are all human beings that use psychology on each other and neuro programming (**influencing, suggesting**) each other with words and information. The age of the internet has digitalized our way of information spreading. This is were also a lot of internet frauds & **trolls / haters** also come in spreading disinformation and harassing people in their own advantage. It may be a hate crime, jealousy, revenge or just to remove a concurrent or silence someone. Some even go as far as gangstalking on a person, **neuro programming** the person with **theatre play** around him to get him **isolated** or make him **commit suicide**. The internet is a dangerous thing if you are not psychological enough to understand **how the mind of people work**, there are both good and bad people. The good people are just harder to find. So knowing about brainwashing and mind control techniques, Neuro linguistic programming



(**anchors, triggers, mirroring**) and reversed psychology used by humans everyday is very important and makes you understand and categorize the neuro programming techniques so you can see through people. Then you can select the good ones from the bad ones you could remove out of your live to have a peace of mind and be more relaxed. Stress brings a lot of problems and many of us have became in a bad health because of it. Less stress in life means more enjoying life and less health problems. There are many books to read about this subject. NLP for Dummies is a good one to start with. Every load on your mind, release it. Stress is brought by people and things, for every problem is a solution.

So why do I need qigong alike training with breathing

The Chinese **knew the secret** to this. From tai chi and qigong new compiled styles arrived with all the same purpose like **ba duan jin** or my own **SlowFastMoves**. When you move slow and inhale while performing a physical move and then exhale while doing the external move your organs get more oxygen. So you boost your body and mind while moving relaxed and not doing a over workout like with fitness or martial arts directly. Although SlowFastMoves combines both with eachother. **I believe the two should be combined** and therefore introduced SlowFastMoves. But no matter what you choose to do, to relax your mind and **enhance you oxygen flow to your brain and organs** do some tai chi/qigong alike moves in your life and take deep breaths. It really helps you out in relaxing. If you cannot do this or have no experience, buy the ba duan jin book from Amazon or contact me for learning SlowFastMoves. You can search for "ba duan jin" on Amazon also. There is **a lots of free learning material on YouTube also** to find about this subject so check it out, it will be the best addon for your health. Always take care of your health it is the most important thing.

Stop overthinking life is short enjoy it

Everyone of us is **dealing with stress** either from our spouse, children, bosses, colleagues, family, friends and even strangers, **we aren't perfect and nobody is.**

You start thinking and overthinking even about little things that happen, maybe your thoughts are even wrong and what you think is not the case. You should not think at all about little daily things those will happen again and again that is life. **What do you care and**

overload for? Life is short you should only enjoy it putting all negativity aside. You should find the **less stressful solution** to anything. Enjoy a hobby, go on vacation or just even going near a forest can be enlightening and relaxing. If you have problems which are personal with someone try to think about a **solution on the long term**, so you do not have

stress from it. Make sure the person does not give you stress anymore and if they do than you should **think about removing this person from your life** by not having any contact anymore, no matter how hard it seems you will get over it. As we want to be happy someone else wants to be happy too. **Happiness starts within yourself and is not money or material related** as many of us think. This is just the expectations we are programmed with by our parents and the media. While we need things for survival in today's society it is **unlikely you will end up dead** unless you live in the jungle. Just save some finances as backup and watch your money, whatever you do, also if you are a millionaire. Money goes faster away than you think, so keep track. Financial problems are also stress giving, there are solutions. You could work or do something for yourself. The perfect main solution for this is that you **save some money on your bank account** until things go better and not get seduced to buy things you don't need on the internet for example. **Resisting subliminal marketing** seems very difficult for many. But psychological training helps.



Not giving any value to other's opinions

Everyone has his own opinion which is legal to have of course. **Some will love you and others will hate you**, as far as sabotage or even killing you, there are all kind of people online and in the world today. This has always been that way in life and you should accept this. **The problem is in you thinking about their sayings and feeling you should comment back on them**, not agreeing with their opinions. Why should you even give a fuck about what someone thinks about you? There reasons may **vary from jealousy to not agreeing with you**, which one it is does not matter. As long as you are happy with your thoughts (the way you think about it) you don't give a damn what the other think because you know you are right and you know you are good in whatever you do in life.

Stop feeling like you need to prove yourself

The feeling we create of **proving oneself starts within our childhood**. There is no need to prove yourself or to measure yourself with someone else. For the sake of some sports it is fun to measure yourself with someone else. But you should **not feel obligated to do so**. If you know you are good and others feel the same about it you do not have to express yourself to others. But you can if you want too and the other party likes to do this also. You should have a free choice in this. But when you do, never see it as a stressful situation rather than a great fun way to express and measure your training either when you loose or win. Always be a sport and congratulate your opponent, next time you can train better if you would loose. This is also for school, everyone has his **own level**. This is what you should **respect**.



You started out from the beginning also, **nobody starts at the top** you learned from basics to advanced that is with everything like that. You do not have to prove yourself to anyone but you are free to measure in a fun way where both parties agree to measure taking any risks involved. **Never be a people pleaser**. Please yourself only. You came alone and you will go alone. Your skills are something that you will keep until death. When you got “certain skills” stay **anonymous**. Never show everything if you decide to show anything, keep the best for yourself so that you can come out with it unsuspected when you need to use it.

Expectations should not come from parents or family

We all know about this. Our **mom and dad want us to become** lawyers, doctors, engineers, anything that makes a lot of money. When you talk about being a pop star, model or garbage guy or something like that they will laugh at you and **tell you that is a dream** that you must not follow or will tell you those things are for a short time only, making life bad. That is what we are programmed with, expectations. The thing that makes us want to prove ourselves to others, the **non existing thing that was neuro programmed** into our young minds following us our entire lives. You should never feel obligated to submit to someone else’s expectations **you should follow your own**. Just do your best and the outcome will be fine, follow your heart it does not matter what you want to become, even if you do not want to become anything and just wander the forests, it is your life to live not theirs, even if it does not work out, **you at least tried and have no regrets**. Choose what you want to choose and what you think you would like to do, do it. You should learn from you own mistakes you cannot learn from other’s. My father always told me even till his death, I should learn from his mistakes, I never listened I made mistakes of my own to learn. The level of violence he had, I had also. My grandpa had it too he butchered bulls daily with his bare hands as our family were butchers in the Surinam. But that has changed totally now, because I **learned psychology** and how to apply it to improve life. I can control my aggression and express it in martial arts, wich I will always do until I die. **For me this is a art of living**, a lifestyle. What is your lifestyle? Do whatever makes you happy. Happiness means no stress and a life you can live until you die, it does not even have to be the same things you do. **You are in control**, you

spend your life, you should design your life, the way you want too. **Not** how **someone else** wants it. When I talked with my mother about not being meddlesome and not interfere in my life, she at first did not agree. **Parents always see you as their little kid** and mostly have only good intentions in the way they see their world. Later on after **some good talks** she agreed with it to not interfere in my life and **our bound became even stronger** after. We respected each other more and took time to hang out. Parenting is a great thing you can only know **when you get children yourself** how difficult it is to raise them and how to stay strong always.

Think about yourself do not take people's problems

Everyday you are thinking about your future and the past stopping you from **living in the present moment** where you should be, stopping you from progress and evolution as a human being. You are here now, take a deep breath and forget about all the thinking. The **brain works like a harddisk** and we are the computers, sometimes we get overloaded with information, we also need breaks to cool down. We are around Wifi and radiation all the time. **Getting irritated and aggressive** behind electronic devices. There is a way do deal with all of this, to get the balance. Because we need to **divide our time** so we can live a optimal live. Never feel responsible for doing what someone asks you to do. If someone comes with a problem to you and there is a **big risk involved**, that person probably does not have the balls to take the risk himself, for a reason. So remember that one. Even people look for dumb slaves these days.

These people are sucking your energy like vampires

There will be people in your life who are constantly telling you stories about this and that. **There seems no stop in them talking** or telling things about others. This are the kind of people that are uncertain of themselves and have no lives. They have **nothing real to tell** and do not want silence so they make up stories or tell you stuff about other people you do not even know if they exist. They are **sucking your energy by making you listening constantly** to them, making your brain overthink so overload. Avoid such people, they will only **increase your blood pressure** and stress level. Be with people you can be happy with.

Vitamins water food and proteines are so important

In todays genetically manipulated foods we buy in the stores there are less vitamins and minerals. Therefore we should take a supplement to adjust our intake of the vitamins and mineral we daily need. Think about a **complete multivitamin supplement from A to Z** they are not that expensive to get. Also **calcium** and **Omega 3-6-9** are important to take. **Whey proteine** shakes combined with some sports no matter wich ones (football, martial arts, qigong or whatever) makes sure you body muscles stay intact (or grow) which is a good thing. **Drinking a**



lot of water is also a must we always forget. Drink at least 2 liters a day. Try to eat a lot of **green vegetables** and **no candy or sugar** contained food. This is better for our organs and gives you mental and physical health. Eating varied these days is easy just get a Indian, Thai, Dutch, American receipt from the internet and cook it, the world kitchen is available to you in a click.

Sitting less behind electronic devices

Many of us spend a lot of time behind the PC, laptop, smartphone or gaming systems (Playstation, Xbox). When you do so **you will notice you will be tired, irritated**, you could even become a bit more aggressive. Your **focus lies on the screen and you are not available** to the outside world even when someone calls your name. This is all bad. The problem is not that you are behind those things the problem here is that you do not **take enough breaks** and variate your time with relaxation inbetween. You should not be behind those things all day. Try to **install bluelight filters** on any device you can to avoid getting fatigue problems, make the screen darker is necessary if you do not have that available. Spend your time combined, go outside, take breaks drink water, go to the mall but do different things and always take breaks behind any electronic device. If you have the problem that your focus is too much on your smartphone, remember **the device is replaceable but the person calling you is a human and is not replaceable**. I learned to step out of focus immediately if someone is calling me. Typing windows keys and L to lock the screen and take a break or to press start to pause a game and listen to the person, is what I trained myself with. Therefore I also **do not game online** anymore so that I can react immediately. I have no problems with doing that after **a little bit of practice with focusing in and out**, so you can do this too. Others appreciate this like you would too if you call someone.

The government and corporations use mind control

We see it daily how corporations advertise to **convince** us to buy their goods and spend all our money on things we do not need, while they using **mind control tactics to hypnotize** us. The government does it in a more subtle way, using propaganda, the news, false flag terrorism (by their intelligence agencies), Manchurian candidates, **neuro mass control weaponry** working on electro magnetic fields or ultrasonic things for subliminal messaging. The government is a corporation and this corporations exists out of many sub organizations for example IRS, CPS, Social security, Police, Intelligence services and many others. The one robs us from our money, while the other makes up stories, the other one robs us from our children but hey its a system we grew up with. **The system works covered by soceity** and a excuse that it is all for the better and in our advantage **while we stay**



poor and they get rich. I do not believe that a system that creates believe systems to put itself high, **invented money** that **divides people**, gave **a rock like gold** value, tries to **control life of its citizens** has any good intentions. But many are raised that it is has and therefore it is difficult to prove them otherwise, as even proving is in their advantage as **court is theirs and decides in their advantages** where it can. Like they do with police agents, they kill someone and get away with it, either accidental (why they train shooting lessons for then) or in conspiracy with a infragard or intel agency. We kill someone and get caught, you get a ticket to jail for life or inside a mental hospital to keep you forever with psychs writing reports for you to never come out. The pathetic **NLP and dark mind control techniques a la Mkultra** are to see everywhere. They played and engineered new devices using Tesla technology but want the people to pay for energy, so everyone who is experimenting with Tesla tech or inventing somethings that can generate electricity of its own gets himself **killed or dissappeared** in covered up accidents. The story is horrific. We do not even have to pay for electricity or water but the system forces us too. That is why many **live off the grid** making their own things and stay untraceable, living out of the system, this is a option.

Forget about the horror ghost and UFO stories

Ghost stories were told back in the days to **protect certain areas and private ground from intruders scaring them**, even our parents believed it back then and told us about it, together with the horror movies we have seen, fear is induced into our minds. We even get dreams about it when we get to much words in our minds, making up our own horror stories in our minds, that is were things go bad. You should not believe in things like that at all, **if there was something like that their would be proof already**, many have died searching for ghosts and paranormal things, they found nothing real provable. The UFO phenomenon is actually a CIA project. Those things do not exist, but are **used to put people inside mental care** to perform experimentation with psychiatry and psy drugs, this



way the **experimentation** Mkultra alike continues in a legal way for the government and their contracted corporations. For example **Google has a lot of neuro and mind reading patents** (neuro bio feedback) that are used by the government, but in the back, it is no miracle as **Google was sponsored by the CIA**. The UFO phenomenons are just holographic images beamed into the skies using devices the **public has no knowledge about**. The reason why the car radio goes on and off while people experience a UFO flying over (holographic beamed image) is through **electro magnetic fields, radiation and pulses**. Through somethings called v2k and remote neural monitoring they can even induce sounds into the cochlea of the person seeing the UFO in 360 degree around him (audio spectrum). When the person goes to sleep brain wave devices **can control the person's dream**, making him experience a kidnapping by Aliens which is actually just a neuro weapon controlling the person's dream and making

it look real. The person goes to a psych to tell about this and before he knows he ends up as a labrat, a guinea pig inside a mental institution where he will be experimented on. Labeled for life as crazy for society.

Did you buy what you want or what you need

Many of us buy stuff on the internet. Did you bought what you really needed to live or did you bought what you liked for its looks or to go with the flow. And now you are nagging you have no money right? This is something many of us experience. If you are like that make sure you **save money**, to save you out of coming problems and **try to get off this addiction**. This is important for you and your entire life. Money is needed to survive unless you live off the grid and provide everything for your own.

Stop feeling guild or shame

There is no reason for you to feel **ashamed or guilty towards anyone**. You are the one living your life and not them. Your opinion should be more important **than theirs in your mind**, so you do not have to feel guilty or ashamed. Any decisions you made in life are **not returnable**. So why think back of it. **Learn from it** so you make better decisions in the future.

Take vacations and relax from time to time

Everyone needs a break a vacation is a great way to do so. Whether you take it inside or outside of your country go see a new environment. New environments are relaxing for humans, it is like you will go on a adventure. You can go alone or take your loved ones with you. Even going to the cinema can be a real relaxation or just seeing a theater show. Always take some time out to relax and unload the mind of thoughts. Do whatever relaxes your mind **regularly**.

Intelligence services and their (illegal) projects

In my life I experience some corruptness inside the intelligence services of my country. I was targeted and selected as a targeted because of my martial arts movies on the internet. By death threats they tried to force me to put everything offline but still today I do not listen and fight intel about this subject with the police supporting them of course and a whole infragard of informants and citizen spies from Groningen Netherlands. They tried to drive me paranoia and mental with gangstalking, theater and neuro weaponry to label me. I did not give a damn about it. They couldn't have it that it had no effect on me, while they repeated trying. They tried to cook me and then setup entrapments with friends of each other in conspiracy playing independent witnesses for the police to win court cases. The corrupt informants and citizen spies tried to wreck my



life but could not. As I talked about it and let everyone in the world including my close friends know about the situation. The police from Groningen still covers this subject up and do as if their noses bleed and I am crazy, like you would expect. If you are experiencing problems with this kind of people read this it can save your life: <http://rats-nosnitch.com/> my story and their neuro patents can be found here: <http://www.slowfastmoves.com/ratsnosnitch/docs/targetedindividuals.pdf>

Respecting others thinking patterns

Even if you **know better respect others opinions** do not try to convince them otherwise to change if they do not want to. Everyone is **raised in a different way** and with their own believe systems in their own IQ level. Remember this.

Engineered believe systems all psyops scripts

The elite that created the governments of the world. Are also responsible for **creating believe systems**. We can see that the **Torah, Koran, Bible and any believe system look like a guideline for people to live in peace** with each other. The truth behind this, is that it was created to look like this. But it is used to divide people, start wars and control them through it. Because someone knew the people would believe in their own believe system, **see theirs as superior** and then learn their children to believe this to. The government has adopted the same structure and methods as the believe systems have. They **enslaved people** to their system tactically, because they can with the power they gained using psychological warfare and people were pre neuro programmed to think this way that something bigger must be above them, a God like thing they must submit to, that God like thing, illimunati or whatever, is your government. In fact these **believe systems**



are all psychological scripts to pre program human beings into silence, obedience, submission and enslavery. Intel agencies abuse this a lot. So we can say God is the government, the intel agencies and police are angels, we are the servants if choosen. Demons (employees/slaves) are hiding in all of us, while it is the government & their corporations who are satan seducing us into evil and self destruction, like Yin & Yang everything is in balance: Fire/Water, Good/Bad, Dark/Light. The one needs the other to survive. But is this true, is such balance needed? Or are we programmed with opposites that it is? So people have the choice of which one they want to choose right, because we cannot all be perfect and be good. There is no Jesus who is perfect and probably where was no Judas also. Everyone has both of them inside, the question is how you want to balance it. This is all psychology, therefore believe systems are psyops scripts. Made by a very smart tactical and psychological group of people.

Thinking about the world and to change it

When we see the bad things on the news or hear about people dying we do not agree naturally, usually. As we could be experiencing that also. Some of us think the whole day about making a change in the world. **You can't change the world.** While everyone talks shit about even a little change can make a difference. Well, you cannot change the world alone. You can only change **yourself and your vision** on the world. Over thinking about this subject all day is not good for you. Just let the world roll. Think about your world and how you will **put things together so you enjoy it** and can **be happy** about it.

Political puppet play

On the news and the TV we see all kind of people who are in politics, with security guards and their own good intentions for the public. This is all puppet play. They are there to give people hope everything will be better. This is all shit, nothing will be better ever, **otherwise it already would be a great world after every politician after politician came** and promised a better world. They are just the puppets playing theater for the masses so the people keep the system in mind and feel like those guys decide everything in the world and your life. So you vote and corporate with the system and think it helps.



Martial arts and violence

I practice martial arts from the age of 6. So I know how to move and what I am talking about when it comes to violence. Martial arts is a sport, practicing the use of violence. We all got the nature of fighting inside of us whether you like it or not. **There is no need to use violence on**

anyone in real life unless necessary. Try talking first. If that does not help and the person goes too far then violence is acceptable, because **that is were it will go eventually.** While people are said to not carry any weapons and government disarming campaigns come like sandwiches. They themselves carry guns and hurt citizens.

There is **something wrong** in that one. They give us reasons with their informants to use violence on people and hope to justify that and get away with it using psyops tactics, most police do get away with it because judges go in their advantage, that is how the system works. Martial arts is not meant for violence but **for self defense**, I would apply it for myself for self defense first. There must be a very good reason that something goes wrong, usually the thing going wrong comes from the untrained party, making a wrong move on the trained party. Like with everything in life. Self defense is a necessary tool in life. A natural instinct. Many people asked me about if they should pump



themselves up with fitness as a necessary must for martial arts to hit and punch harder. The answer is **no you do not have to do fitness as a must**. Repeating the move and making it hard is more important. I have been thin, muscled, fat and both, jojo-ed between all 3 states and **it did not make a difference**. I have gained muscles at my arms and feet automatically training over the years which **in all 3 body states never did disappear** and probably never will. This is because I use them in my training so with proper natural nutrition and **over the years they just grew**. They never went away and still do not go away. Even when I used protein and creatine I could not make them bigger or smaller. When you just train you will grow the muscles you need to perform the moves, that is with any sports. If you really want to pump yourself up which I also tried once with as only result I got a belly from it, you can do it. If you got that kind of motivation and you want to look like a bodybuilder of course you should do that. **Just know that if you go that way**, you must keep them intact by nutrition and training forever and try to do it the natural way or it will all fall down, literally.

Fear induction and intimidation

We see them all the time, people acting thug. They think other people will be afraid of them **because they act** or do a certain character, copied from many movies. Or guys telling horror stories searching a vulnerable target. You should not be afraid of anything. We can see fear induction in many things. On the media, inside movies, games, by the police and government, maybe even family, friends or your environment. Realize there is nothing to be afraid of. Living is fear is no life at all. We all die some day. Accepting death is a good thing. **Only if you are not afraid to die, you can live life at the fullest**. Nothing will hold you back. You will be unstoppable with anything. People who intimidate you are probably people with a low self esteem acting. The ones that would attack you, just attack you, they do not play theater, do not warn you and do not threaten or intimidate I know this from experience in real life combat. Live fearless, live good.



Not giving a damn

You could think about all your problems at once overloading yourself but for the sake of unloading your mind of thoughts and limiting stress, you could also not give a damn. Just live life and **forget about anything that makes you sad, angry, stressful or violated**.

Being unstoppable doing what you enjoy

If someone tells you to stop what you are doing then you should continue. Because then you know you are good and things go well. So be unstoppable and **keep doing the things you love to do**. Stop searching for compliments you do not need those. Your

training should boost your ego and self esteem not the words of other people which have no meaning at all as you do not know what they are really thinking. Maybe they are **kissing your ass in front and fucking you from behind**, you can not know. Level yourself up for yourself.

Getting to know other people of the same kind

Most of us want to know people who have the same hobbies as we do and **love the same things** and sports. On the internet it is easy to **connect to people**. You can find them in groups. Also on Facebook and other places. In real life you can start conversations also if you think someone connects to you.

Patience pays off but we are all in a hurry

Most of us cannot stay patient we want whatever we want and we want it right now. That is how the human mind is programmed. When you go around that circle this is pure self destruction without results. When you take your time to work on something, save for things, you will have more options in life. Learn patience because it will be a important things for your entire life on earth.

Trust and poisonous snakes

Watch out with who you trust. **Not everything that blinks is gold**. Some may sweet talk in your face while spitting in your back. Some go years in cooking others against you, making others explode on you with emotions, while you do not know why other people react on you that way. **People are like snakes so watch out**. Their poison can slowly kill you. Make sure you kick out the non thrust worthy people out of your life. Life is about giving mostly not taking.

How the entertainment industry influence & suggests

Even when watching movies for example "War of the worlds" we can see how fear is induced to **prepare you for something bad that will happen** in the future. We learn that we have tot run away for something following us like in most horror alike movies. By this **fear is induced inside our minds** and we get feelings/emotions of being afraid for something which can be expanded to be afraid of anything. Unless you get all this, that it is fake, in the advantage of the elites (money making entertainment industries) and the government to keep us dumped down and as their sheeps, you should not watch horror movies at all. Telling your kids about a monster below their bed is also not good. You should **not use fear to control** your kids, instead **stabilize** them and give them **self esteem**. Learn them to defend themselves, take care of themselves and **adapt to any situation they encounter** to survive. Other movies show us how the CIA super soldier project is being implemented. Movies from Marvel for example do not giver use the horror feeling but the super hero feeling. Everyone wants to be special and have super powers. Even "my little pony" has their hero's an cat kittens **using violence and glitter** and so there are many cartoons. Some mental care personnel even beams the subliminal suggestion to people they can fly so they jump off buildings thinking they can.

Stay realistic, all you can really do in live is train your mind and body at the maximum level you can reach and this is **genetically dependent** how rough this may sound, it all depends for the most part how good your parents and grandparents were at something. What you want to make of it and how you want to **sculpt your skills** is your choice to take. Taking care of your health is important, moving instead of sitting is important (doing sports) so do what you think is best for you. **Choices are endless in this** whether you want to play football eat banana's or ginger it's your choice to make, **your life to live**. Just know this about the entertainment industry, the people behind all this **are no good people**. They use mind control and subliminal messaging to make their money.

Doomsday and prepping

We all heard about it **2012 would be the end of the world**. Many of us fed the survival equipment industry a lot when this intel was spread **by corporate and government trolls** on the internet. **Millions were made** by people buying all kinds of gear with some even buying containers to survive. We were programmed **to be afraid of this scenario**. It is never bad to have a bug out bag with a medikit, some foods and some equipment. However there is **"go to far thing"** in here. Would it really happen, people would rob each other so there is a chance all your savings go away no matter how much you saved. Even if you thought about security **people would group together and kill** your security. The real people who could afford for prepping and doomsday, are the ones who have spread the rumors and create new "end of the world" dates, not the sheep citizens mind programmed with doom scenario's. The security of these people who can afford it, would be difficult to breach as they can buy thick underground bunkers instead of only some equipment. But **the survival industry has now grown** by such things and plays on this fear. So think about it. It is all illegal marketing after all.



The rise of infragard and secret societies

Infragards are ordinary citizens who *act as a community watch group* to prevent crime in the name of **local either national security**. They often work with government agencies and corporations and do all kind of jobs. Their network expands over all the world with people from **every kind of profession**. The problem is that they gained to much power and trust. Therefore they have access to neuro patents to do intel gathering with remote interrogation **which they abuse for personal gains and revenges** rather than fighting crime. Some of them even create crime doing behavior modification to after wards go after their targets **to claim the money**. The people who are informants, rats, snitches, provocation agents, police, intelligence, mental care personnel and from all of the same kind, often are trained to stop until they get their target into **full control and submission**. Destroying the targets, making him homeless, making them go through court cases with entrapments using false witnesses, legal kidnapping and other jobs are normal for them. They are used for many jobs with the outcome always for their local community, corporation or for the State to win. Even **driving a person mental** is

nothing new for them. They do it with pleasure and they get their immunity from police as informants to **wreck someone's life** blaming him for all kind of crimes he did not commit to gain access to perform illegal corrupt **surveillance** using all kind of excuses. They make it look as if their target is harassing them. The **infragard itself will always deny of its existence** and it will do as if their target is crazy which is all part of the game for them to win. It gives them the advantage judges will not believe their target, the police will not like the target, usually because behavior modification is done also at the same time. It is a pathetic not honored way to win.

People talking with themselves

We see them walking in society and they talk to other persons who are not there. The disease **schizophrenia does not exists**. So do many mental diseases not exist but are rather created. The voices these people hear are either **pre recorded voices repeated through a ALICE chatterbot** and kept under surveillance by a **Cybernetic Mind Hive team** that makes sure the person does no harm to others. These persons end up in bad health, homeless or worse. They hear the voices we now know as **v2k and remote neural monitoring** because they were **chosen as guinea pigs** to test neuro weaponry on as the system always want to win and for the sake of mass control and must test their weaponry. To **get rid of the persons** they are talked to death to perform suicides, crimes (Manchurian candidates, false flag terrorism) for the State, showing citizens as example by threat to subliminally let you know, **you could become one of them too** if you become a activist or whistleblower. It is easy for the State to break someone down, later rebuild him into its likings and give him **shelter, food and a job**. This person would be a **loyal employee and go into submission**. This are all mind control tactics the government uses. Just like they cook people inside jail giving them voices, **using them as throwaways** promising them money when they come out if they **perform a theater piece or eliminate a political opponent which** means a whistleblower or activist. The **police often tries with suggestion and manipulation** to make these kind of people **turn up for a crime they did not even committed** (like we see with Linc in the "Prison Break" series. Because **those people are weak minded** or do not know anything about psychology the police will always suggest to the other party they are guilty of the crime. They might say things like "we already know what you did and we have prove, so why don't you tell us the truth about it and say you did it" (**yes they will talk extra long to disrupt you and confuse you making the brain through more unnecessary information**) well if the police had prove of anything they do not even have to interrogate you about you and could arrest you and bring you through court immediately. **Their intel gathering tactics are weak once you understand** them. They might also say to you that "a friend of yours" **went to them anonymously** and told them everything, this is all tactics to make you talk, you have the right to **remain silent**. Some corrupt police officers, make snitches do jobs for them implanting things like **drugs in people's bags and homes** to get them convicted making it look they are a part of something, or **make someone who comes from jail a offer to get time off** if he does a job for which he will not get caught as the police officer makes sure the police will not be there at the

moment of the crime. There are many of these covered up cases as there are not only whistleblowers or activists against the State, there are also those that believe in the **police State**. They believe in a new world with surveillance. These people cook targets remotely with induced audio to do dirty jobs for them, recruit them as informants either Manchurian candidates, get them silently killed in accidents or committing suicide and put them against each other to kill. The end route is always death in their scheme, with themselves, blameless.

Intelligence agencies and the State kill

Yes they do kill like I described above, **there are many ways**. A infragard could setup a car accident, then act as concerned citizens feeling pity for the person died in the car accident, all theater of course. They could use Manchurian candidates, homeless people and people inside jail using false promises. They could make you government dependent on social security and give you everything and later on bring you in a situation with a infragard or person that drains your money claiming damage you cannot pay for, ending up homeless and death. There are so many options in this. Even giving you **undetectable poison** as we know the CIA and intelligence agencies have. These are not detectable inside medical facilities. Even biological weapons, viruses and created diseases are option for them. They **want to keep their power** and have the world. The government supports many corporations and **they support the government** back. A example of a person who was killed was Bruce Lee. He came to know that Wing Chun was not good enough. So he created Jeet kune do. He knew that a martial artist should be allround in the future. At such level government personnel especially police are not trained in combat. He died in a setup with a coma. Michael Jackson had a infragard around him a long time. He was probably no pedophile either, they were just after his money. His financial status growth but intelligence was more **worried about his influence and power on the masses** so they killed him covering it up with overdoses. Tristan van der Vlis shot many people in Alphen a/d Rijn inside the Netherlands telling he heard voices in his head. He was chosen as Manchurian candidate, performed his theater piece, killed others and himself. And **the police was there to play the hero in the name of the State** convincing citizens they are needed and the system should remain for the sake of the people, you got to be a sheep to believe this. Children of activists and whistleblowers are legally kidnapped by setups so that the State **prevents new political opponents from growing up**, preventing revolution. These children would grow up free knowing the truth about the system which is not in advantage of the governments of the world. Everyone experiencing these "voices" through v2k and remote neural monitoring , are **trying to make them dumbed down and weak minded**, have the same program based on intel gathered through phone and internet data, but also from people around the person. The target will get the feeling to be helpless, worthless this all by many people but hear-able at each word for only the target to neuro program him into specific behavior and submission. They **want their targets to work with them at their own self destruction**, wrecking their life, making false promises to fulfill all his wishes in life. Once the target believes this he will listen to the operator. Never listen to any voices if you get under **electronic harassment** v2k, remote neural monitoring and surveillance or you may end up as a Manchurian candidate or committing suicide. Also never believe your induced dreams, even from a death loved one. The target will get comments on the things he does either right or wrong, **so the operator can get in control** of the person.

With theater and threats, making use of sudden happening events so the targets believes the operator can predict anything together with making the person **watch the klok at specific times** like 11:11 or 33:33 so they make it look like there is something special happening, while there is not. You will notice that **you are dealing with stupid fucks** onces they tell you things like “watch everybody in the eyes”, “get in trouble with someone else”, “you are nothing”, “you should commit suicide”. They will also tell you that they will stop all of it once you go to mental care and get yourself labeled, this is all bullshit they will not stop, it’s just tactics to discredit you. And the persons who you ear and pre recorded it are people who are real and you have seen in your life, agents or snitches, **often coming to live near you as fake neighbors or citizens**. They will later on try to cook you and get you in trouble with them using their friends as false independent witnesses trying to get control over you because they either want something from you or try to get you killed using community slaughter or get you so many court cases independently **so that you get homeless** of paying them for damage. Many of them do not have the balls to even kill you and are dependent on you follow their orders to get in trouble or die, calling the police evvertime you come in their neighborhood, driving around with police behind them and making **U-turns with their cars** asking you to pull back. Making you **commit a crime** is what they love most. This is after all how snitches earn their money by preventing crimes, solving crimes and by **doing dirty jobs the cops cannot do** under their commitment to law. Imagine how pathetic they are, they act a lot but do not have the balls to confront you in real life and therefore try to talk you to death, want you to talk aloud in public like a crazy person **so others will join them in their battle against you convincing others that it’s for the better** of society their target gets isolated into mental care or jail. It is not possible that everyone is having the same trip so **targeted individuals are right**. They are targeted by the government and corporations, for silent elimination, **agenda 21** (*genocide*). CIA style is what they have, infragard. The government forces us to work as their slaves, makes movies about it to program our subliminal minds that **we should obey something bigger and more powerful then ourselves**, use theater pieces and lives of innocent people to remember us of their power with violence. But we should remain silent and be a nice sheep or we get shot by their police or military force. That is not freedom. Being mind programmed to be born, go to school, marry, get children, get old with a unnoticeable pension, learn your children and grandchildren to follow the rules of enslavement too and then die. **Which generation did ever put a stop to this psychological torture system** called “we are the government and this is for your own good hoax”. You really must be a damn sheep to not understand what I mean, ignorant and afraid. Get over it and understand the logical truth behind this.

No shame, no guild, no fear and then life starts

Shame, guild and fear are things that stop us from being ourselves and living life at all. You **hold yourself back for others**. But **you do not live for others**. There is no rule you should take other people into account unless they are from your own circle. Be fearless, so you do not have to be afraid for anything. Do not give a damn about someone’s reaction either opinion shame is bad, never feel guilty because **you cannot turn back time and retake a decision after its consequences** already appeared. Also never be afraid of death it comes for everyone in many different ways. If

you are afraid of dying, for death itself, then you cannot live life at all being afraid to die every fucking day, preventing it from happening while it is undeniable it will happen one day either fast or slow. Once you get over these things success will come and **grow you as a person**. There will be many people who will try to take advantage of you. Especially if they know you are good at something. They will come to you from all kinds of backgrounds and **kiss your ass sweet talking you**, while they think in their own advantage, to (ab)use you. Remember this, kick them the hell out of your life and make them never return. Many **people cook others to hate you** this are your haters. You should love them, if you have haters things go well actually. **Trust nobody if you stand behind all this information** I gave you. There are so many pretenders around there, actually working for the government. **Rats.**

Government Communication Headquarters

Unlike Google who has a commercial license to use the mind altering, consciousness and subliminal messaging patents. The Government Communication Headquarters does not need to. They spy on every communications. They also are responsible for remote neural monitoring and audio induction, calling it schizophrenia for the masses. This is where they try to control an individual and use him as **Guinea pig**. They can use it to make his life better or worse. But most of them create Manchurian candidates using MKUltra psychology tactics and make money out of every theater piece that has been played with dead or worse, as a result that the government can send the police or show its force so that the people will keep believing in the system and both create fear inside of them seeing the system as the only option of defense. These people working for the **government communications headquarters can be of any kind**, from informants, to citizen spies, informant people, police or anyone working for the government. They also use it to protect their employees from citizens who oppose their system. Remotely using threats like getting you homeless (using IRS), snatching your kids (CPS) or killing you (using police & informant with fake witnesses) are just a part of their pathetic game. In some cases they will try to recruit you as one of them. Throwing your life in danger. Or they create the circumstances where they can destroy you and wreck your life as <http://rats-nosnitch.com/> describes how law enforcement can and does. Judges will then cooperate with the law enforcement unless you have used a hidden camera or have collected evidence against your opponent even a judge cannot talk shit around. The people hired to destroy your life will talk all kind of power talk remotely trying to control you. Once they understand they cannot the game gets dangerous.

The nightmare demon from you dreams as a kid

Now that we know mass control neuro weaponry is able to alter the mind using **electro magnetic fields** and sound can be induced remotely using **HSS ultrasound**. The same way the UFO hoax worked with beaming light and using EMP also the demon hoax from our childhood works. You get afraid for something pulling you into darkness, under your bed, nightmares that look real? The government even tries to scare our children using this technology. They use fear induction as control method for their system so they want to make sure kids grow up having that fear, difficult to remove, always able to call it back again. That is why you should face all your fears to get over it. Once you do life will be different and you will be different for the better. Every fear you felt as a kid even the thing

at the end of you bed or any kind of presence always has been this Cybernetic Mind Hive teams working for the government as this technology of mind reading, hologram beaming, hypersonic ultrasound, REM sleep altering, mind control is actually very old, only now has been combined and perfected to a weapon in 1. **Remember you cannot trust your dreams** also not from a already dead loved one suddenly coming into your dreams telling something which has a positive outcome for the State.

Remember to never fear anyone or anything, the government uses fear and people between each other do also. You have to get over fear to live your life at a maximum. You have to **“don’t give a fuck”** attitude **“ready to face and fighting anything”** attitude at a **Alpha level** or you will be kicked like a pussy. Somewhere the super soldier CIA method programmed into movies as superhero is very good. You could use it at a realistic level for motivation inside training. The **cat kitten CIA programming on the other hand is not**. It wants girls to act like make up dolls being prey for men. Beauty does not need make up it needs character. Sometimes we see people playing popular with a fake attitude or performing a character from movies, this is not the way. Being yourself is. Many girls try to be singers or superstars influenced by media and false promises of richdom which we all know about in our lives. There is no easy money making.

As mass mind control weaponry is being put in almost every country to test on citizens as guinea pigs, **driven them paranoia with gangstalking and schizophrenic using HSS ultrasound and personal psychological scripts using ALICE chatterbots to repeat audio through a cybernetic mind hive team from the government communications headquarters or corporations** it is difficult to tell the difference between a fake dream and a real dream. Sometimes you get real dreams from something you did when you was awake or watching a movie. But even that can be suggested into a dream they want to create for you. Remember that inside dreams you can take control. Instead of moving in slow motion like you expect you would with them in control, you could move even faster than light, because its just a dream right? So there is nothing that is not possible over there. Once you have the power to control your own dreams and be the boss inside of it, there is no chance for them to have the overhand inside your REM sleep while dreaming.

Loosing family and friends to be happy

In life not everyone agrees with eachother and sometimes it is **better to get rid of people who have either no good intentions** inside your life or who have no real value. In my life I first tested and analysed everyone around me, even using stealth keyloggers (spying) and trigger words to send me data “fuckin* even VPN & scanners” to know for sure who is real and who is not. I discovered many people were nice in my face and said shit about me while chatting. I even experienced one of my cousin pulling his dick in the webcam having cybersex as the keyloggers makes screenshots with intervals. I had put around 8 keylog servers with big capacity online and logged a lot of information. I tested every file on virustotal.com and edited the code to make sure it went through any antivirus software. Phishing was also a favorite of mine mimicing many active social media sites like Hyves/Cu2/Facebook. But the most important I discovered that people I thought I could trust are not trustable but snakes. These snakes I happily lost contact with, while I still think there are many around me. I have many jealous people in my life and haters. This is normal for someone like me. It is assumable that you have too even if there are just

a few. I do not ask you to violate the privacy law by making keyloggers (while you could use the more easy services that are available today and can log Android phones also for free after websites logins) but interrogate everyone around you to make sure they do not lie to you. Ask around to another person, this person knows to see what he tells about you just make sure you can trust someone before you become a fool.

Freddy, Jason, It, Chucky they are fear induction patents

When we look at Freddy Krueger and its horror movies we see how the movie tries to tell us about remote neural monitoring. Freddy gives us nightmares but can come in reality too (other programmed neuro Manchurian candidates) as our subconscious is programmed in the nights with their mind stimulation and subliminal suggestions (through remote neural monitoring).

Jason Voorhees is a psychotic killer who listens to his dead mother only which he sees and hears (Freddy VS Jason) this is also what remote neural monitoring does. It tries to control the mind of Jason using his mom. When a loved one dies and you suddenly see the person in your dreams trying to emotionally hurt you or command you to perform a crime just know that it is intelligence using remote neural monitoring. It is a clown that hurt children. We can see that

one as the CPS. It creates excuses within society to snatch children away from their parents. Almost 90% of those children end up with sexual abuse inside foster cares, mentally ill, as criminals or worse. They use the organized crime to do so or drive parents crazy either give them accidents with a car or on vacation. Chucky is another idol of fear induction and makes children look twice at their doll. All the pre programming like when we see demons having horns, or we see darkness coming into a room, with a door suddenly opening. It's all fear induction with pre programming which the commercial industry and government takes advantage from. It is essential to lose your fear totally. Even if you buy a house or hear ghost sounds. Understand that remote neural monitoring can do this. We are going into a new era where these things are declassified and this technology will be old, having harassed our parents and many others for many years to sell their houses for less or make them move out of certain regions. It is just as with believe system they are engineered for control and war. Mass controlling, people control (limiting life on earth) and to keep the real elite in power, which are all secret organizations like the freemasons.



Author information

My name is **Iffie Hamidullahkhan**. I am a martial artist and ICT Professional from the Netherlands, The Hague. I live my life like any normal human with my family, friends and martial artists around me the way I love it. I like to learn new things daily, psychology intrigues me especially NLP and mind control. I learned the good and bad sides of people, that I cannot thrust anyone just like that. For the government I am a **activist/whistleblower** for myself **I am someone speaking the truth and fighting for freedom**. I hope my information helped you out in a positive way. If you have any question feel free to contact me through www.slowfastmoves.com/slowfastmoves/contact



For this little ebook I write know there will be many Manchurian candidates, cooked no-life snitch people from jail, trained assassins who will **get a nice job in killing me**. I do not give a fuck I am ready. I will never shut up about this. People should know this truth. When you understand all this you will know too.

If I ever get killed remember me for telling the truth about these fuckers. Know that they **killed me using v2k and remote neural monitoring** using others as puppets inside jails and mental cares. I forgive the others for being stupid. I forgive those that played "**Zerzetsung / Zerzetsen**" theater against me in Groningen Netherlands as they are dumbed down and **thought** they did it for the better. **I hope I will be forgiven for the crimes I am going to commit against the State. In that one, I will be guilty**. Oh yeah, neuro techology does not work, thoughts are not facts and therefore are useless in court. **The hell with neuro feedback and bio technologies** they are no addon for either police or intel. There may be good police somewhere but from my experience those are very few and hard to find. **The government should reorganize**, get good people, but because they did not. World war 3 has come, civil war, against the State.

Never doubt yourself because many people will try to make you doubt. Get rid of fear, guilt and shame. There will be so many **people in life who you cannot trust**, these there are more of than the opposite. Therefore your selection should be careful and thought through of those you keep around in life. Make sure you can take care and defend for yourself. Setup your own little community that is trustworthy and non public, hidden. The government calls **everyone seeing the truth keeping themselves busy with radicalism**. This is all bullshit, you do not have to be a terrorist or Manchurian candidate to fight this battle. They need to put labels on our kind because they know they will loose battle every single time someone comes to know the truth about them. What could they do if the whole world sees the truth about the system, that forces upon us. Neuro programs our children and **puts our elderly in a state to die** inside cares wich do not even have enough finances. Life was not intended to be this way, they created life, money, believe systems, the power to give value to anything not worthy like gold (a

rock). **But what is their right to do so?** It is: You stupidity, sheepness and fear. Get rid of this, to live life, never listen to them.

My **YouTube channel** can be found here: <https://www.youtube.com/channel/UC-tD7L1LuFARibv6CEZRiqw>



Iffie Hamidullahkhan from the Hague, Netherlands (*I am a TI and enemy of the State*)

Remember: Updates for this document are done regularly check it here:

<http://www.slowfastmoves.com/sinprovement/sinprovementebook.pdf>

I do not force you to choose a side or make a choice I tell you about my opinion and try to make sure you understand some things about a system that has been corrupted! Mind control is what the elite, government and corporations use on you and now because you are dumbed down through propaganda, indoctrination, media and false flag shows combined with extreme fear induction, these guys control your planet you live in? They own everything, they gave themselves the right to surveillance on anything and want you to not be you anymore but to be a robot for them, as their property, in their advantage to gain and profit from you as a slave.

When you become too smart for society, the elite and government's only tactics is to silence you by bribe or killing to cover their crimes up. Informants and accidents is their way, you will be labeled mental and crazy for them.



REMOTE NEURAL MONITORING

Watch this for better explanation it is essential to watch all and whole of the videos and you will understand it:

<https://www.youtube.com/watch?v=RA53Ei9N2A>

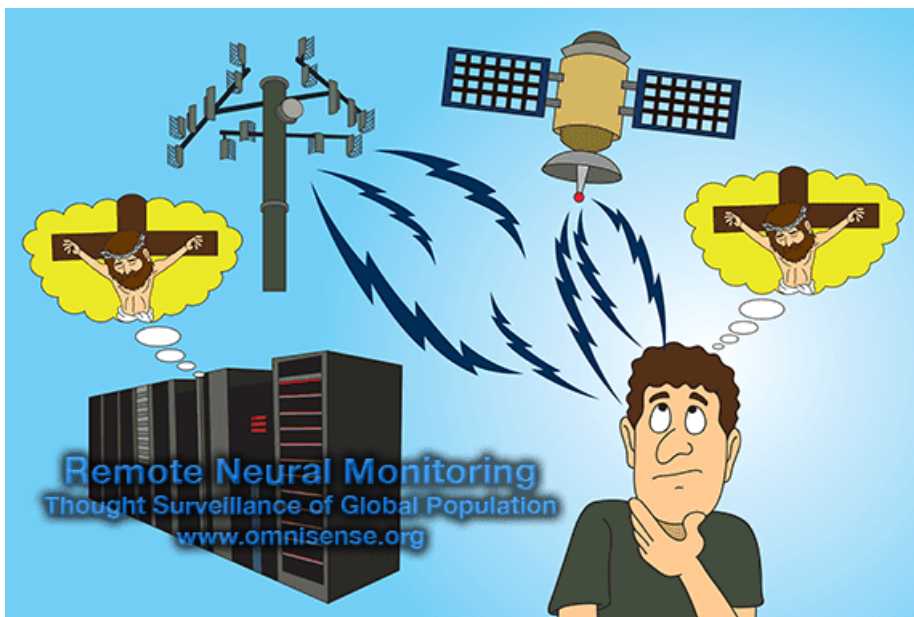
<https://www.youtube.com/watch?v=WpZEjf-Ta6g>

<https://www.youtube.com/watch?v=YwSiVTA7pnc>

<https://www.youtube.com/watch?v=plrHU4VKbRM>

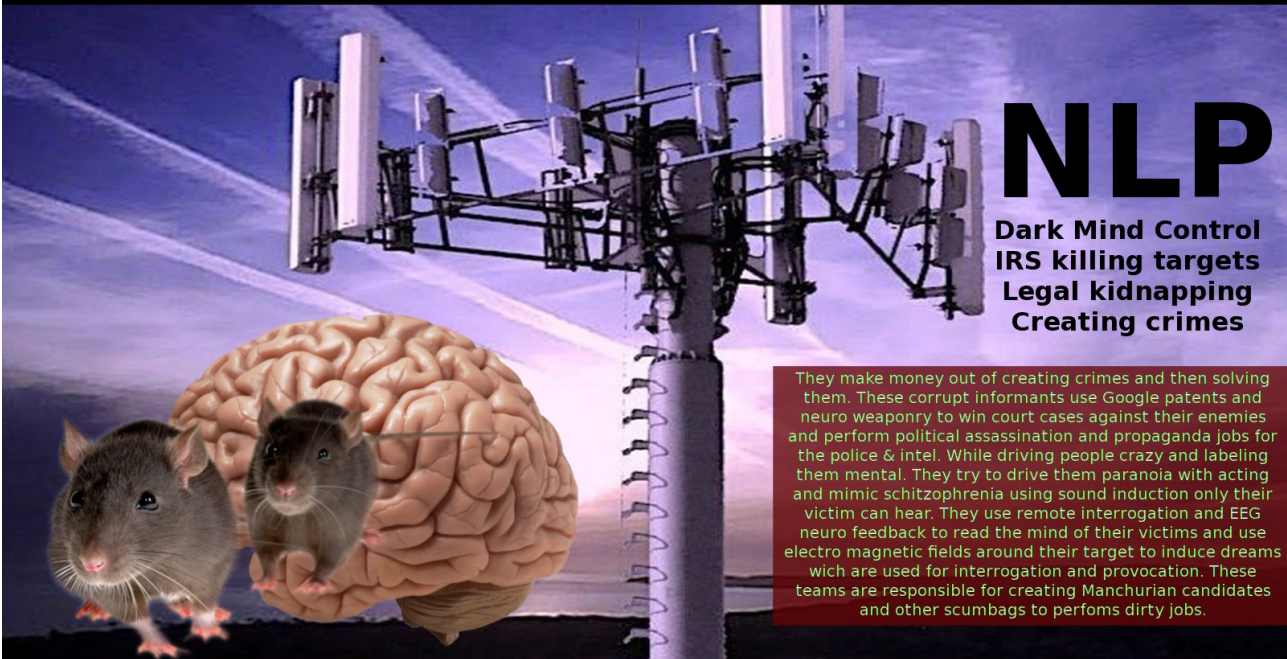
<https://www.youtube.com/watch?v=-rYFF8uYf2o>

Do not forget to read the free ebook here below. It tells you a lot about remote neural monitoring and illegal gang stalking operations taking place in the world by the government, freemasons, corporations & individuals with access to this neuro technology. It once was meant for crime prevention but now has gone rogue.



GRONINGEN RATS & HSS ULTRA SOUND

Microwave auditory effect **MEDUSA** Silent sound spectrum



NLP

**Dark Mind Control
IRS killing targets
Legal kidnapping
Creating crimes**

They make money out of creating crimes and then solving them. These corrupt informants use Google patents and neuro weaponry to win court cases against their enemies and perform political assassination and propaganda jobs for the police & intel. While driving people crazy and labeling them mental. They try to drive them paranoia with acting and mimic schitzophrenia using sound induction only their victim can hear. They use remote interrogation and EEG neuro feedback to read the mind of their victims and use electro magnetic fields around their target to induce dreams which are used for interrogation and provocation. These teams are responsible for creating Manchurian candidates and other scumbags to perform dirty jobs.

ACTING AS NEW NEIGHBORS DRIVING AROUND YOU IN THEIR CARS INTIMIDATING POLICE ENTRAPMENT USING FALSE WITNESSES

Mike Vos

Darell Oehlers

Yeah right pig pathetic & weak use your bike chain accordingly

Informant - Wikipedia, the free encyclopedia
An informant is a person who provides privileged information about a person or organization to an agency. The term is usually used within the law enforcement world, where they are officially known as confidential or...

Below you will see Rats/Snitches from a informant community from Groningen trying to frame/push everyone for money with the police even when innocent
Their goals: Drive you into Police custody > Mental care (declare you paranoid schitzofrenia) > Send CPS after any children Legal kidnapping > Isolate you > Suicide/Murder Psychology

Janine Ruby Lindveld

Foebie

Famos

Pham Nguyen

Hoa Hong Nguyen

Uploads

TRAVEL VLOG: London Trip → 170 weergaven • 1 maand geleden

Recept - Appel Spelt Pannenkoekjes 197 weergaven • 3 maanden geleden

Recept - Homemade Aardbeien Limonade 282 weergaven • 3 maanden geleden

SHOPPING Alles afspelen

Yeeeh I got paid for snitching & acting street theatre now I am going to buy new clothes and go on holiday

Winter Sale Shoplog - Primark, Zara en H&M door Janine Ruby 3.179 weergaven • 6 maanden geleden

Shoplog Miami | Forever21, LoveCulture, Victoria's Secret... door Janine Ruby 641 weergaven • 7 maanden geleden

Wow snitches get riches from an ugly blue car to a new red rover and also cars for all your friends and family you are a real moneybag how much does it pay as a informant rat to snitch out people or to make something up to innocent ones

Missing v2k ultrasound & MRI neuro monitoring

Gemeente Groningen

Buying new clothes and stuff being paid as a rat/snitch to go on vacation? Trying to be popular and famous and trying to put others down who also post videos on YouTube? You are still a snitch girl!

REMOTE INFLUENCING & EEG READING

Illegal gangstalking & Mental labeling inside Groningen for the IRS

RATS / SNITCHES/INFORMANTS/PROVOCATION AGENTS ILLEGALLY KILLING INNOCENT PEOPLE

Groningen Infragard informants & citizen spies by local police, IRS, corporations, intel
Illegal abuse Google patents with Neuro (software) platform by Infragard watch groups

Here below the patents that exist & are used for v2k & rnm to drive people crazy:

We see here below the patents to manipulate the nervous system while someone sits behind the computer or smartphone using electro magnetic fields is already possible making you ill

Targeted Individuals x Patent US6506148 - N x

Secure | <https://www.google.com/patents/US6506148>

Google Inloggen

Patenten Aanvraag Verlening [Stand van de techniek zoeken](#) [Dit patent bespreken](#) Pdf weergeven PDF downloaden

Nervous system manipulation by electromagnetic fields from monitors

US 6506148 B2

SAMENVATTING

Physiological effects have been observed in a human subject in response to stimulation of the skin with weak electromagnetic fields that are pulsed with certain frequencies near 1/2 Hz or 2.4 Hz, such as to excite a sensory resonance. Many computer monitors and TV tubes, when displaying pulsed images, emit pulsed electromagnetic fields of sufficient amplitudes to cause such excitation. It is therefore possible to manipulate the nervous system of a subject by pulsing images displayed on a nearby computer monitor or TV set. For the latter, the image pulsing may be imbedded in the program material, or it may be overlaid by modulating a video stream, either as an RF signal or as a video signal. The image displayed on a computer monitor may be pulsed effectively by a simple computer program. For certain monitors, pulsed electromagnetic fields capable of exciting sensory resonances in nearby subjects may be generated even as the displayed images are pulsed with subliminal intensity.

Publicatienummer	US6506148 B2
Publicatietype	Verlening
Aanvraagnummer	US 09/872,528
Publicatiedatum	14 jan 2003
Aanvraagdatum	1 juni 2001
Prioriteitsdatum	1 juni 2001
Status van betaling	Betaald
Ook gepubliceerd als	US20020188164
Uitvinders	Hendricus G. Loos
Oorspronkelijke patentigenaar	Hendricus G. Loos
Citatie exporteren	BIBTeX, EndNote, RefMan

Patentlicenties (16), Niet-patentlicenties (5), [Verwijzingen naar dit patent](#) (4), Classificaties (6), Juridische gebeurtenissen (3)

Externe links: USPTO, USPTO-toewijzing, Espacenet

AFBEELDINGEN (10)

<https://www.google.com/patents/US6506148#forward-citations> results, and Japanese and South Korean patents.

Here below we see that there exists a device for remotely monitoring and altering brain waves which we humans use to think (thoughts) and communicate with which can be altered

Targeted Individuals x Patent US3951134 - A x

Secure | <https://www.google.com/patents/US3951134>

Google Inloggen

Patenten [Stand van de techniek zoeken](#) [Dit patent bespreken](#) Pdf weergeven PDF downloaden

Apparatus and method for remotely monitoring and altering brain waves

US 3951134 A

SAMENVATTING

Apparatus for and method of sensing brain waves at a position remote from a subject whereby electromagnetic signals of different frequencies are simultaneously transmitted to the brain of the subject in which the signals interfere with one another to yield a waveform which is modulated by the subject's brain waves. The interference waveform which is representative of the brain wave activity is re-transmitted by the brain to a receiver where it is demodulated and amplified. The demodulated waveform is then displayed for visual viewing and routed to a computer for further processing and analysis. The demodulated waveform also can be used to produce a compensating signal which is transmitted back to the brain to effect a desired change in electrical activity therein.

Publicatienummer	US3951134 A
Publicatietype	Verlening
Aanvraagnummer	US 05/494,518
Publicatiedatum	20 april 1976
Aanvraagdatum	5 aug 1974
Prioriteitsdatum	5 aug 1974
Uitvinders	Robert G. Malech
Oorspronkelijke patentigenaar	Dorne & Margolin Inc.
Citatie exporteren	BIBTeX, EndNote, RefMan

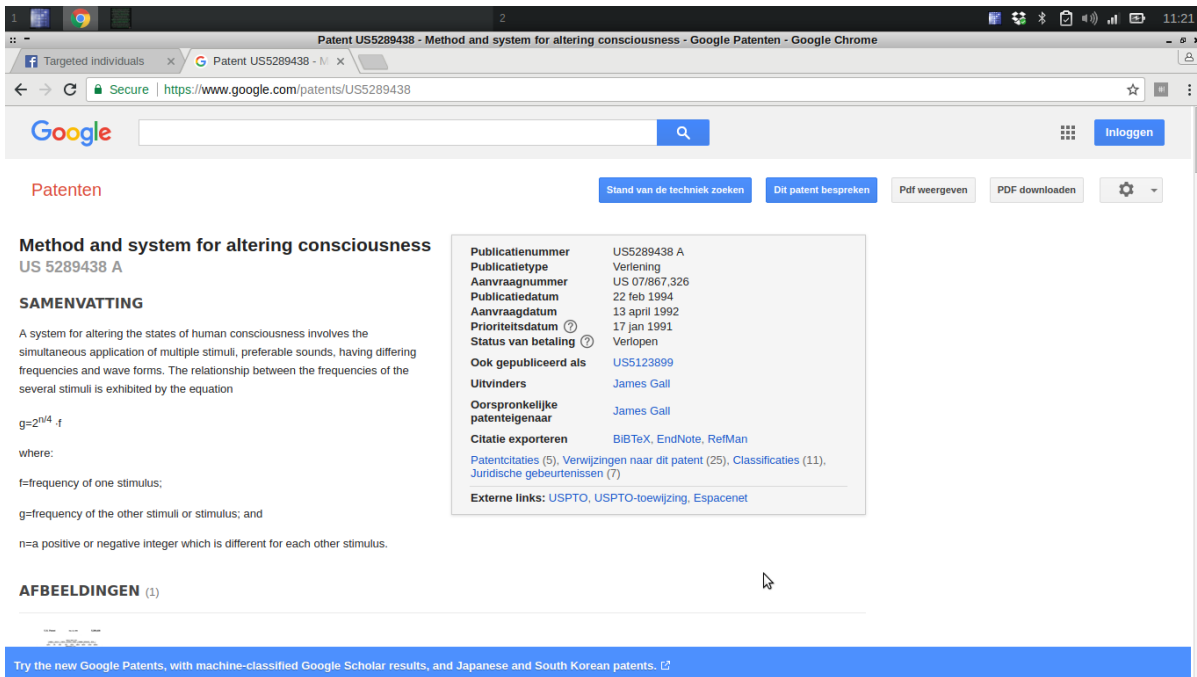
Patentlicenties (8), Verwijzingen naar dit patent (23), Classificaties (10)

Externe links: USPTO, USPTO-toewijzing, Espacenet

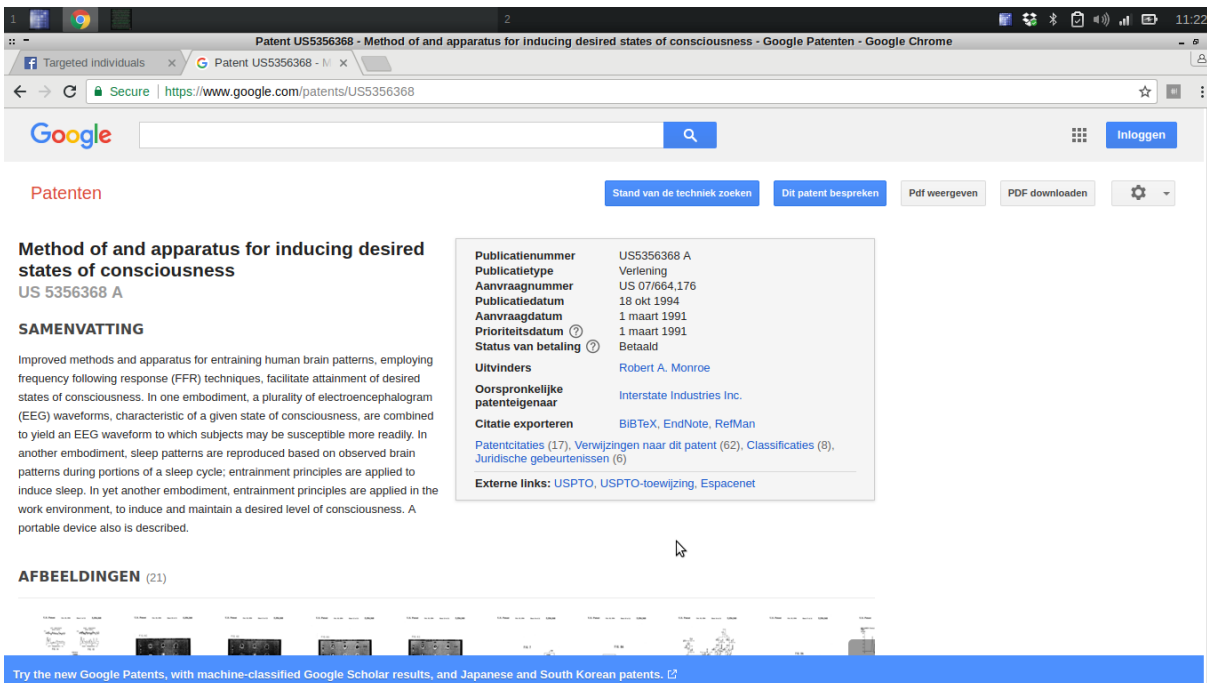
AFBEELDINGEN (2)

Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents.

We can see here that it is even possible to edit someone consciousness by a system



The desired state of consciousness (brainwashing) can also be induced by this patent below



Groningen Netherlands has both the headquarters of Google and the IRS over there so the locals are neuro programmed to follow the system as good dogs. Everyone they can neuro program as political opponents to silently assassinate for any advantage they have as the State or IRS they will. Anyone who stands in their way will hear voices and they will act as if they have authority while hiding behind the cops and calling the cops every time in Groningen like little fools playing gangsters. From which you can see immediately they are snitches working for the IRS, police, intel, CPS and mental care. Neuro programmed to feed the State as

cybernetic mind hives using neuro reading and writing technologies from Google patents combined in one briefcase.

Here below we see they can monitor your consciousness so know what your state is

The screenshot shows a Google Chrome browser window displaying the patent page for WO 1987000745 A1. The page title is "Electroencephalographic consciousness and anaesthetic monitor". The patent number is WO 1987000745 A1. The abstract is available in English. The description and claims are also available in English. The patent citations section lists several cited patents, including EP0013183A1, EP0182402A2, US2860627, and US3032029. The publication number is WO1987000745 A1, the publication type is Application, and the application number is PCT/AU1986/000214. The publication date is 12 Feb 1987, the filing date is 28 Jul 1986, and the priority date is 30 Jul 1985. The inventors are Richard Bernard Silberstein and the applicant is Swinburne Limited. The patent is also published as CA1308169C. The external links include Patentscope and Espacenet.

We see here below that there is a platform made for a Brain Computer Interface probably binding all these patents together in a incredible spy and brainwashing device briefcase

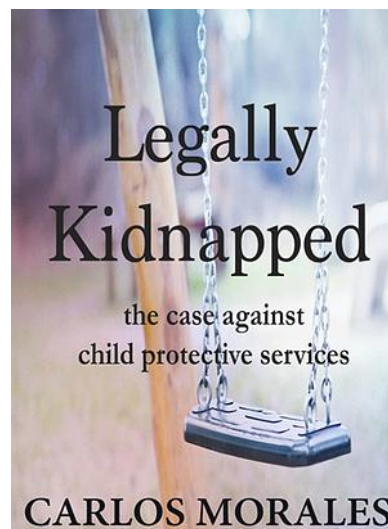
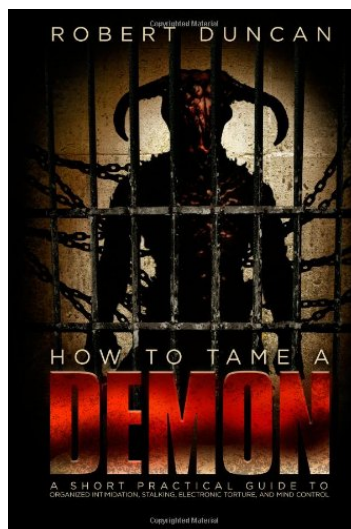
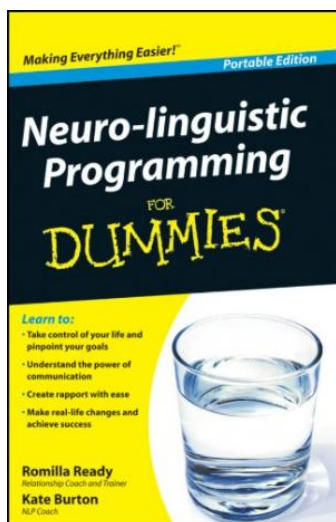
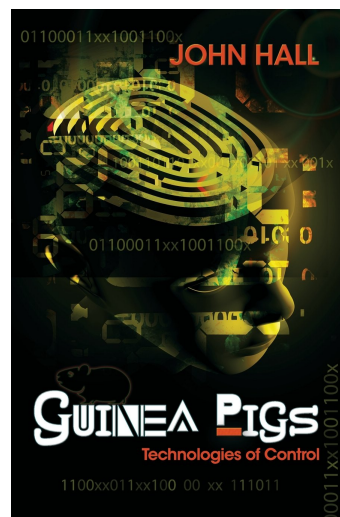
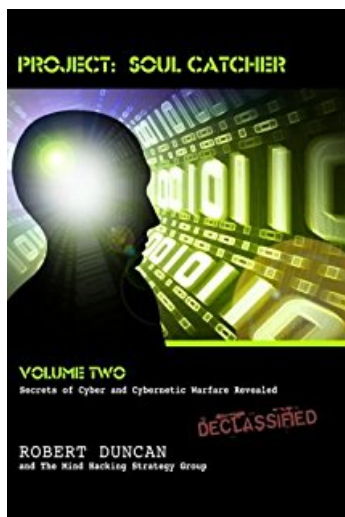
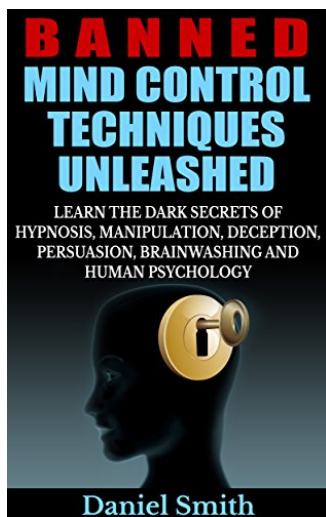
The screenshot shows a Google Chrome browser window displaying the patent page for US 9092055 B2. The page title is "Platform and method for BCI control". The patent number is US 9092055 B2. The summary (SAMENVATTING) describes a method for BCI control utilized to control a plurality of brain control devices. The brain control devices are capable of executing an operation themselves. A brain-wave control platform is provided for supplying a first signal and a second signal, wherein the first and second signals are utilized to visually evoke a user's first and second brain waves, respectively. The brain-wave control platform selects one of the brain control devices as a to-be-controlled device by the first brain wave, and the to-be-controlled device is controlled to finish an operation by the second brain wave. The publication number is US9092055 B2, the publication type is Verlenning, and the application number is US 13/415,169. The publication date is 28 juli 2015, the filing date is 8 maart 2012, and the priority date is 25 maart 2011. The inventors are Shih-chung Chen, Shih-Chang Hsieh, and Wei-Jhe Hung. The original patent owner is Southern Taiwan University. The patent is also published as US20120245713. The external links include USPTO, USPTO-toewijzing, and Espacenet.

The IRS uses inducing of voices also to destroy the life of targets that have the potential to grow as miljonair. Than the cybernetic mind hive team tries to disrupt the person to save money for the State or to get away with it. The target usually ends up homeless, calling names in public talking to himself. While the IRS personnel enjoys a bonus with their colleagues and goes on holidays. They try to control something and then make you believe

they have authority over you, supposedly falsely helping you out (yeah right) in their own advantage.

This are books you have to read about this subject to understand it:

- How to tame a Demon (Robert Duncan)
- Project soul catcher 2 (Robert Duncan)
- Guinea Pigs (John Hall)
- Banned mind control techniques unleashed (Daniel Smith)
- Neuro linguistic programming for Dummies
- Legally kidnapped (Carlos Morales)



Sound can be induced bypassing to the Cochlea as we can see here below

The screenshot shows the Google Patents page for US 4532930 A. The title is "Cochlear implant system for an auditory prosthesis". The summary (SAMENVATTING) describes a cochlear implant system with an electrode array, a silastic carrier, and a receiver-stimulator. It details how data is transmitted from an external speech processor through an inductive link to the implant, which then stimulates the cochlea. The summary also mentions various safety features and testing procedures.

Publicatienummer	US4532930 A
Publicatietype	Verlening
Aanvraagnummer	US 06/483,806
Publicatiedatum	6 aug 1985
Aanvraagdatum	11 april 1983
Prioriteitsdatum	11 april 1983
Status van betaling	Betaald

Ook gepubliceerd als CA1212501A, Nog 11 meer »

Uitvinders Peter A. Crosby, Nog 5 meer »

Oorspronkelijke patenteigenaar Commonwealth Of Australia, Dept. Of Science & Technology

Citatie exporteren BiBTeX, EndNote, RefMan

Externe links: USPTO, USPTO-toewijzing, Espacenet

Here we see again below a implant can be put in the ear making people hear voices

The screenshot shows the Google Patents page for US 8805547 B2. The title is "Extra-cochlear implanted hearing aid device". The summary (SAMENVATTING) describes an extra-cochlear hearing aid implant with a pad having electrode prongs that extend into the cochlea. It details how the implant is adapted to be placed onto the endosteum overlying the cochlea in an "extended soft surgery" technique. The summary also mentions hollow tubules that extend from the pad and which are adapted to supply and withdraw neurotrophic proteins and other materials in a fluid into and from the cochlea, and also to provide electrical stimulus to the hearing cells.

Publicatienummer	US8805547 B2
Publicatietype	Verlening
Aanvraagnummer	US 11/451,715
Publicatiedatum	12 aug 2014
Aanvraagdatum	13 juni 2006
Prioriteitsdatum	30 juni 2005

Ook gepubliceerd als US20070005117, WO2007005532A2, WO2007005532A3

Uitvinders Michael H. Fritsch, John H. Fritsch

Oorspronkelijke patenteigenaar Domestic Legacy Limited Partnership

Citatie exporteren BiBTeX, EndNote, RefMan

Externe links: USPTO, USPTO-toewijzing, Espacenet

AFBEELDINGEN (11)

They use remote neural monitoring. MEDUSA weapon systems and silent subliminal messaging to influence people. Remote mind reading is done by decoding the electronic brain link signal from humans by Brain computer interfaces and than decoded to read like a harddisk. With live neuro feedback they can read what the mind think. This would all be great to use in prevention of terrorism and crime but corrupt teams use if for their own revenge and personal gain. They can control the REM dream state and induce dreams also which are used for interrogation purposes to see if someone is a danger to society. Even is the person is not he is provoked until he is so that the police can go after.

Electrodes for implanting into the cochlea again a schizophrenia making patent

Patent US4261372 - Electrode for implantation into cochlea - Google Patents - Google Chrome

www.google.com.pg/patents/US4261372

Electrode for implantation into cochlea

US 4261372 A

ABSTRACT

An electrode in the form of a foil-like flexible, electrically insulating support member having nerve electrodes supported thereupon for implantation into the cochlea. The electrode establishes electrical communication to the acoustic nerves of the human ear, substantially in the area of the cochlea containing the auditory nerves pertaining to that part of the audible spectrum, which is relevant to the intelligibility of speech. The electrode is provided with two prongs and a shank, each prong having a length which corresponds to the length of the turn in the cochlea into which it is to be inserted during implantation and hence the two prongs are of different lengths. Further, each prong terminates in a bevelled pilot guiding member which guides each prong through its respective turn in the cochlea to thereby reduce damage to the auditory nerves. During implantation each prong passes through only a single turn of the cochlea and is prevented from gouging into the walls of the cochlea due to provision of the bevelled guiding member. The guiding member can be provided as a drop-shaped member secured to the end of each prong or by forming an eyelet in the distal ends of the prongs.

The present invention is related to an electrode for implantation into the cochlea in order to establish electrical communication to the acoustic nerves of the human ear, the electrode comprising an insulating support member having nerve contact points and associated supply lines.

Electrodes of this kind have been described by Martin Sonn and Wolfgang Feist in an article entitled "A prototype flexible microelectrode array for implant-prosthesis"

Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents.

Publication number	US4261372 A
Publication type	Grant
Application number	US 05/959,757
Publication date	14 Apr 1981
Filing date	13 Nov 1978
Priority date	22 Nov 1977
Also published as	DE2861584D1, EP0002226A1, EP0002226B1
Inventors	Carl C. Hansen, Ole M. Lauridsen
Original Assignee	Hansen Carl C, Lauridsen Ole M
Export Citation	BIBTeX, EndNote, RefMan
Patent Citations (7), Non-Patent Citations (3), Referenced by (59), Classifications (9)	
External Links: USPTO, USPTO Assignment, Espacenet	

Here we see that Google has an application made to process sound into the cochlea implant making people hear voices making them crazy leading them to death or worse

Patent US20060235486 - Sound processor for a cochlear implant - Google Patents - Google Chrome

www.google.si/patents/US20060235486

A privacy reminder from Google

Sound processor for a cochlear implant

US 20060235486 A1

ABSTRACT

The sound processor and method uses a model of basilar membrane motion to select stimuli, based upon the predicted motion which the acoustic signal presented would produce in an acoustically excited normally hearing cochlea. The filter, used, in contrast to single channel per electrode approaches, cover multiple channels and overlap with each other. Consequently the stimuli presented produce a neural excitation pattern which approximates the spatio-temporal travelling wave observed on the basilar membrane in an acoustically excited normally hearing cochlea. Preferably, the predicted electrode stimuli are based upon the instantaneous predicted amplitude of the electrode location.

Publication number	US20060235486 A1
Publication type	Application
Application number	US 11/453,043
Publication date	19 Oct 2006
Filing date	15 Jun 2006
Priority date	19 Jun 2000
Also published as	CA2405523A1, 8 More >
Inventors	Peter Blamey, Brett Swanson, Hugh McDermott, James Patrick, Graeme Clark
Original Assignee	Cochlear Limited
Export Citation	BIBTeX, EndNote, RefMan
Patent Citations (8), Referenced by (1), Classifications (12)	
External Links: USPTO, USPTO Assignment, Espacenet	

IMAGES (7)

Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents.

Here we see some kind of polymer resolving in the ear implanting to make hear voices

Patent WO1997010784A1 - Bioresorbable polymer use in cochlear and other implants - Google Patents - Google Chrome

Patents English French Find prior art Discuss this application

Bioresorbable polymer use in cochlear and other implants

WO 1997010784 A1

ABSTRACT available in English

DESCRIPTION available in English

CLAIMS available in English

Publication number	WO1997010784 A1
Publication type	Application
Application number	PCT/AU1995/000622
Publication date	27 Mar 1997
Filing date	20 Sep 1995
Priority date	20 Sep 1995
Also published as	CA2230595A1, CA2230595C, US5653742
Inventors	John Parker, Claudiu Treaba
Applicant	Cochlear Limited
Export Citation	BiBTeX, EndNote, RefMan
Patent Citations (5), Non-Patent Citations (1), Referenced by (52), Classifications (10), Legal Events (9)	
External Links: Patentscope, Espacenet	

Cited Patent	Filing date	Publication date	Applicant	Title
AU5251079A *				Title not available
AU5962390A *				Title not available
AU7100281A *				Title not available
EP0002068A2 *	21 Nov 1978	30 May 1979	Carl Christian Hansen	Electrode for implantation into cochlea
EP0350188A1 *	26 Jun 1989	10 Jan 1990	Pfizer Limited	Sustained drug release device for veterinary use

Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents.

It seems they also have made some kind of emergency alarm version of hearing voices for the public testing it on human subjects illegally apparently

Patent WO1999017585A1 - Public alarm apparatus and method for cochlear implants - Google Patents - Google Chrome

Patents English French Find prior art Discuss this application

Public alarm apparatus and method for cochlear implants

WO 1999017585 A1

ABSTRACT available in English

DESCRIPTION available in English

CLAIMS available in English

Publication number	WO1999017585 A1
Publication type	Application
Application number	PCT/AU1997/000649
Publication date	8 Apr 1999
Filing date	29 Sep 1997
Priority date	29 Sep 1997
Also published as	US5941905
Inventors	Peter Single
Applicant	Cochlear Limited
Export Citation	BiBTeX, EndNote, RefMan
Patent Citations (5), Non-Patent Citations (2), Referenced by (2), Classifications (9), Legal Events (8)	
External Links: Patentscope, Espacenet	

Cited Patent	Filing date	Publication date	Applicant	Title
AU6865596A *				Title not available
EP0581416A1 *	17 May 1993	2 Feb 1994	Ren-Guey Yang	Alarm zur Erinnerung an ein verlegtes tragbares Zellelefon
GB2279170A *				Title not available
US4532930	11 Apr 1983	6 Aug 1985	Commonwealth Of Australia, Dept. Of Science & Technology	Cochlear implant system for an auditory prosthesis

Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents.

It seems GWEN cell phone towers (the top) are used for microwave irradiation and use the Microwave auditory effect. It seems more than one technology combined maybe also Tesla wick was secretly developed further by the government but corporations do not want to have free energy they want people to pay for energy.

This is on cellular level to the cochlea the tech seems to be advanced to a gene

The screenshot shows a Google Chrome browser window displaying the patent page for EP1755400A2. The title is "Aav mediated gene delivery to cochlear cells". The abstract describes a method of transducing mammalian cochlear cells using adeno-associated virus (AAV). The publication number is EP1755400 A2, and the application number is EP20050814107. The inventors listed are David Poulsen, Peter Vondersten, Diana Lurie, and Ida Stone. The applicant is The University Of Montana. The page includes sections for ABSTRACT, DESCRIPTION, and CLAIMS. A blue banner at the bottom promotes Google Patents with machine-classified Google Scholar results.

Here we see that they put subliminal message in your head mind programming you

The screenshot shows a Google Chrome browser window displaying the patent page for US5270800. The title is "Subliminal message generator". The abstract describes a combined subliminal and supraliminal message generator for use with a television receiver. The publication number is US5270800 A, and the application number is US 07/574,432. The inventor listed is Robert L. Sweet. The applicant is Sweet Robert L. The page includes sections for SAMENVATTING and a detailed description of the generator. A blue banner at the bottom promotes Google Patents with machine-classified Google Scholar results.

In my case there might be a corrupt police officer trying to create the circumstances to destroy my life. As described in RATS NO SNITCH the ebook online <http://rats-nosnitch.com/> such tactics are used to disrupt or to wreck a person's life totally.

It is only natural to understand someone giving you command to get in trouble with others, to watch other in the eye, to act jealous while you are not is just trying to convince other you are mentally ill. Because the person cannot do anything against you in real life the person is dependent on the group of person's trying to isolate you from society to convince authorities and others (to make the group bigger) that you are a nut case. That you are a danger to them and society. Even while you are not. That is why they can abuse this setting, using anything they have on you like martial arts movies online. To try and draw a image of criminality or associate it with that one. Snitches can try to push you to commit crimes to earn their money. It is their own pathetic way in Groningen Netherlands. There is a whole infragard of indonesian people and two vietnamese guys with friends and locals who try to make their living this way by cooking people and feeding the mental industry and State.

There seems also some kind of subliminal presentation system combining voices in the ear (cochlea) with subliminal neuro programming to robotize humans

The screenshot shows the Google Patents interface for Patent US5159703. The page title is "Patent US5159703 - Silent subliminal presentation system - Google Patents - Google Chrome". The URL is "https://www.google.com/patents/US5159703". The patent title is "Silent subliminal presentation system" with the number "US 5159703 A".

SAMENVATTING

A silent communications system in which nonaural carriers, in the very low or very high audio frequency range or in the adjacent ultrasonic frequency spectrum, are amplitude or frequency modulated with the desired intelligence and propagated acoustically or vibrationally, for inducement into the brain, typically through the use of loudspeakers, earphones or piezoelectric transducers. The modulated carriers may be transmitted directly in real time or may be conveniently recorded and stored on mechanical, magnetic or optical media for delayed or repeated transmission to the listener.

AFBEELDINGEN (3)

Publicatienummer US5159703 A
Publicatietype Verlening
Aanvraagnummer US 07/458,339
Publicatiedatum 27 okt 1992
Aanvraagdatum 28 dec 1989
Prioriteitsdatum 28 dec 1989
Status van betaling Verlopen
Uitvinders Oliver M. Lowery
Oorspronkelijke patenteigenaar Lowery Oliver M
Citatie exporteren BiBTeX, EndNote, RefMan
[Patentcitaties \(10\)](#), [Verwijzingen naar dit patent \(20\)](#), [Classificaties \(21\)](#), [Juridische gebeurtenissen \(8\)](#)
Externe links: [USPTO](#), [USPTO-toewijzing](#), [Espacenet](#)

Here we see that subliminal acoustics can manipulate the nervous system with sound

The screenshot shows the Google Patents interface for Patent US6017302. The page title is "Patent US6017302 - Subliminal acoustic manipulation of nervous systems - Google Patents - Google Chrome". The URL is "https://www.google.com/patents/US6017302". The patent title is "Subliminal acoustic manipulation of nervous systems" with the number "US 6017302 A".

SAMENVATTING

In human subjects, sensory resonances can be excited by subliminal atmospheric acoustic pulses that are tuned to the resonance frequency. The 1/2 Hz sensory resonance affects the autonomic nervous system and may cause relaxation, drowsiness, or sexual excitement, depending on the precise acoustic frequency near 1/2 Hz used. The effects of the 2.5 Hz resonance include slowing of certain cortical processes, sleepiness, and disorientation. For these effects to occur, the acoustic intensity must lie in a certain deeply subliminal range. Suitable apparatus consists of a portable battery-powered source of weak subaudio acoustic radiation. The method and apparatus can be used by the general public as an aid to relaxation, sleep, or sexual arousal, and clinically for the control and perhaps treatment of insomnia, tremors, epileptic seizures, and anxiety disorders. There is further application as a nonlethal weapon that can be used in law enforcement standoff situations, for causing drowsiness and disorientation in targeted subjects. It is then preferable to use venting acoustic monopoles in the form of a device that inhales and exhales air with subaudio frequency.

AFBEELDINGEN (5)

Publicatienummer US6017302 A
Publicatietype Verlening
Aanvraagnummer US 08/961,907
Publicatiedatum 25 jan 2000
Aanvraagdatum 31 okt 1997
Prioriteitsdatum 31 okt 1997
Status van betaling Betaald
Uitvinders Hendricus G. Loos
Oorspronkelijke patenteigenaar Loos; Hendricus G.
Citatie exporteren BiBTeX, EndNote, RefMan
[Patentcitaties \(7\)](#), [Verwijzingen naar dit patent \(28\)](#), [Classificaties \(14\)](#), [Juridische gebeurtenissen \(3\)](#)
Externe links: [USPTO](#), [USPTO-toewijzing](#), [Espacenet](#)

Here below we see how you can be mind programmed only by watching a video

The screenshot shows the Google Patents interface for Patent US5644363 A. The title is "Apparatus for superimposing visual subliminal instructional materials on a video signal". The summary (SAMENVATTING) describes a subliminal video instructional device with circuitry for receiving a video signal, detecting synchronization, and adding a subliminal message. The technical details (AFBEELDINGEN) section shows four diagrams labeled Figure 1.

Publicatienummer	US5644363 A
Publicatietype	Verlening
Aanvraagnummer	US 08/410,275
Publicatiedatum	1 juli 1997
Aanvraagdatum	24 maart 1995
Prioriteitsdatum	24 maart 1995
Status van betaling	Verlopen
Uitvinders	Talbert Mead
Oorspronkelijke patenteigenaar	The Advanced Learning Corp.
Citatie exporteren	BIBTeX, EndNote, RefMan
Patentcitaties (7), Verwijzingen naar dit patent (41), Classificaties (17), Juridische gebeurtenissen (6)	
Externe links: USPTO, USPTO-toewijzing, Espacenet	

It appears Google want to neuro program also with their Google glasses

The screenshot shows the Google Patents interface for Patent US5175571 A. The title is "Glasses with subliminal message". The summary (SAMENVATTING) describes a pair of subliminal imaging spectacles with visual subliminal images designed to merge into one image due to a stereoscopic effect. The technical details (AFBEELDINGEN) section shows two diagrams.

Publicatienummer	US5175571 A
Publicatietype	Verlening
Aanvraagnummer	US 07/640,224
Publicatiedatum	29 dec 1992
Aanvraagdatum	11 jan 1991
Prioriteitsdatum	11 jan 1990
Status van betaling	Verlopen
Ook gepubliceerd als	CA2007611A1
Uitvinders	Faye Tanefsky, Michael R. McCaughey
Oorspronkelijke patenteigenaar	Faye Tanefsky, Mccaughey Michael R
Citatie exporteren	BIBTeX, EndNote, RefMan
Patentcitaties (7), Verwijzingen naar dit patent (15), Classificaties (11), Juridische gebeurtenissen (4)	
Externe links: USPTO, USPTO-toewijzing, Espacenet	

Here a patent for mixing subliminal recordings making it all together into electronic harassment TI program for behavior modification and silent killing

The screenshot shows a Google Chrome browser window displaying the Google Patents page for US 5170381 A. The page title is "Method for mixing audio subliminal recordings". The search bar at the top contains "Patent US5170381". Below the search bar, there are navigation buttons: "Stand van de techniek zoeken", "Dit patent bespreken", "Pdf weergeven", and "PDF downloaden". The main content area is divided into two columns. The left column contains the title "Method for mixing audio subliminal recordings" and the number "US 5170381 A". Below this is a section titled "SAMENVATTING" (Summary) with a paragraph of text describing the patent's method. The right column contains a table of patent details. At the bottom of the page, there is a blue banner with the text "Try the new Google Patents, with machine-classified Google Scholar results, and Japanese and South Korean patents."

Publicatienummer	US5170381 A
Publicatietype	Verlening
Aanvraagnummer	US 07/440,244
Publicatiedatum	8 dec 1992
Aanvraagdatum	22 nov 1989
Prioriteitsdatum	22 nov 1989
Status van betaling	Betaald
Ook gepubliceerd als	DE59010518D1, EP0429971A2, EP0429971A3, EP0429971B1
Uitvinders	Eldon Taylor, James R. Woodhams
Oorspronkelijke patenteigenaar	Eldon Taylor, Woodhams James R
Citatie exporteren	BIBTeX, EndNote, RefMan
Patentcitaties (12), Niet-patentcitaties (4), Verwijzingen naar dit patent (19), Classificaties (19), Juridische gebeurtenissen (3)	
Externe links:	USPTO, USPTO-toewijzing, Espacenet

What they do (Monarch Mkultra mind control program):

- Gangstalk a victim until death follows mostly silently or by community "staged accidents"
- Make a person paranoid by street theater, drive around you making noise, provoke
- Make U-turn with cars they want you to back off and them to win against you every time
- Convince police & mental care something is wrong with you while they harass you
- Have your previous phone and internet data gathered and do as if they know everything
- Make a personal psychological script to destroy your life by interrogation getting more data
- Marriage is destroyed, Children are targeted (legal kidnapping), Career is destroyed
- They try to convince other people, family members and friends something is wrong with you and that you are mentally ill so they take a distance from you and the informants can attack
- Target is isolated from family and friends who will also get bad feeling induction about target by emotion induction with the patents which can also be done with the spouse and kids
- They setup boobytraps with fake independent witnesses who are mostly locals convinced they do a good thing by the group that tries to silently kill you
- Target ends up in jail or mental care where they convince target to commit suicide or to commit more crimes and even to work for intel doing dirty jobs to get killed afterwards
- Mostly homelessness comes or a bad life they always do as if the person is mentally
- Everyone keeps silence about the harassment most people do not even know how far they go but think they are just helping the informants to prevent crime
- This program is known how far beyond the law informants go Google for "rats no snitch" and you will find this document explaining their threats and provocation: <http://rats-nosnitch.com/>
- Some are programmed as Manchurian candidates or false flag terrorists to perform theatre pieces in which the government can play the hero and win the citizens trust for even more surveillance look at 911 or Tristan from Alphen a/d Rijn in the Netherlands he heard demons speak to him which was just v2k they mind controlled him to be an example for the state's

power. Also Myron May who was a advocate says before he died as a Manchurian candidate that he was subjected to this kind of harassment here: <https://www.youtube.com/watch?v=a1vIkUZjRI4> These group make people mentally ill in the background cooking them for aggression while going to the cops saying the person is a danger and then try to entrap the person to make him die. The patents speak for themselves, these guys do not come out in public but provoke their victim and follow him to silently assassinate him CIA style. We know that Google was funded by the CIA so it no wonder that these kind of groups exists who hide behind national security as a excuse to make money. These citizen spies and snitches who operate illegally are dependent on making money like this, they neuro program their targets to get away with their crimes. Both the headquarters of the IRS and Google are located in Groningen Netherlands, it is only logical that some people over there have access to the technology as it is both the IRS that protects the state and Google who was founded and used by the intelligence services. **But even the private security sectors and freemasons now have this tech.**

Used tech from Google patents:

- Google neuro platform patents
- Google mind altering
- Google consiousness
- Google cochlea tech

The harassers are able to:

- Read live EEG feedback
- Induce feelings (emotions) in a personal
- Give dreams and see how their target reacts
- Remotely torture and play audio data through ALICE chatterbot
- Operators are a Cybernetic Mind Hive team
- Mimic schitzofrenia with the Cochlea patents

Rats no snitch is so important for you:

- Rats no snitch <http://rats-nosnitch.com/rats.pdf>

These patents are used to win court cases, make people mentally ill, recruit Manchurian candidates and False flag terrorists, creating criminals, revenge for government officials, to test Mkultra alike techniques for behaviour modification, silent assassination, suicide induction and corporate concurrent killing & spying!

Here we see one of the female gangstalkers in the middle she made one of her family members think he is Beyonce and now tries to be famous as Bejornce on YouTube (gay)



Here we see the informants the Vietnamese guy doing the Hitler hand showing he is playing **Zerzetsung** or **Zersetzen** German style community gangstalking is the main character behind all this. He works for intelligence and is a master interrogator using intel interrogation techniques and NLP for squeezing out information and to provoke his victim to commit crimes and to get slaughtered by the system he believes in as informant. He setup a fake company called robotkids with this brother (you can imagine why the subliminal word robot) to try to entrap me with fake witnesses for company damage claims to drain money.

Groningen Netherlands Area Gang stalkers Electronic harrasment V2k RNM Snitch community

ACTING AS NEW NEIGHBORS DRIVING AROUND YOU IN THEIR CARS INTIMIDATING POLICE ENTRAPMENT USING FALSE WITNESSES

Mike Vos

Darell Oehlers

Janine Ruby Lindveld

Hoa Hong Nguyen

Foeboe

Famos

Pham Nguyen

Yeah right pig pathetic & weak use your bike chain accordingly

Wow snitches get riches from a ugly blue car to a new red kever and also cars for all your friends and family you are a real moneybag how much does it pay as a informant rat to snitch out people or to make something up to innocent ones

Buying new clothes and stuff being paid as a rat/snitch to go on vacation? Trying to be popular and famous and trying to put others down who also post videos on YouTube? You are still a snitch gir!!

Informant - Wikipedia, the free encyclopedia
An informant is a person who provides privileged information about a person or organization to an agency. The term is usually used within the law enforcement world, where they are officially known as confidential or... EN.WIKIPEDIA.ORG

Below you will see Rats/Snitches from a informant community from Groningen trying to frame/push everyone for money with the police even when innocent
Their goals: Drive you into Police custody > Mental care (declare you paranoid schizofrenia) > Send CPS after any children Legal kidnapping > Isolate you > Suicide/Murder Psychology

TRAVEL VLOG: London Trip 5:16
170 weergaven • 1 maand geleden

Recept - Appel Spelt Pannenkoekjes 2:38
197 weergaven • 3 maanden geleden

Recept - Homemade Aardbeien Limonade 1:52
282 weergaven • 3 maanden geleden

SHOPPING Alles afspelen

Yeeeh I got paid for snitching & acting street theatre now I am going to buy new clothes and go on holiday

Winter Sale Shoplog - Primark, Zara en H&M 11:00
door Janine Ruby
3.179 weergaven • 6 maanden geleden

Shoplog Miami | Forever21, LoveCulture, Victoria's Secret,... 13:27
door Janine Ruby
641 weergaven • 7 maanden geleden

Missusing v2k ultrasound & NM neuro monitoring

Gemeente Groningen

In this particular case it is easy to see that the Oehlers guy is lying:

- First he says I have hurt him and punched him a blue eye just like the fake witness said
- I told the police he has a bicycle chain with him which he used to hit they did not believe me
- Later on Oehlers declares he had a bicycle chain in his hands but did not used it (he lies)
- I told the police that I did not punched Oehlers at all and put my finger in his eyes

-Oehlers then later on in another statement says that his eye went blue because I put my finger against it and that this is used to kill someone (he wants to convince the police he is the victim)

-This immediately means his fake witness lies, as he told the police also that I hit him a blue eye! While I did not. Then changes their stories at the police station shows their snitch status.

So:

-These informants have selected me as a Targeted individual, by my martial arts movies, to be an example for the state, a Manchurian candidate or False flag terrorist either way a disposable person who commits an act of violence and gets his life destroyed by the state

-These informants are illegally trying to make me commit crimes and to get me into psychiatry

-These informants are lying to police and the judge to get away with their v2k and RNM crimes

-These informants try to convince others that I am crazy while they try to drive me crazy using neuro tech and psyops tactics

If I ever end up in jail or psychiatry because of these pathetic neuro patents, gangstalking and fake witness tactics then I want everyone to know about the corrupt justice system in Groningen Netherlands, where a group of government officials, informants and citizen spies are illegally operating Zerzetsung (community harassment) using Google neuro patents to drive people crazy with 24/7 prerecorded audio based upon personal psychological profiling and data gathered from a person's internet and phone over the years. They use a cybernetic mind hive team and play the prerecorded audio through a A.I. ALICE chatterbot that looks at certain EEG activity and reaction, then plays audio automated so the harassment team has to speak little.

Never remember your passwords, copy and paste them (autogenerated) from text files inside a Truecrypt container and do not watch the screen as you copy paste them (open up, ctrl+a to select all the text then ctrl+c to copy it, then ctrl+f4 to close the text editor and ctrl+v to paste is inside a form field, never watch the screen or know your own passwords, train this process to use it forever, neurotechnology can read the mind like a harddisk. These guys do a 24/7 neuro feedback. Always use VPN also.

Their tactics is simple:

-Drive a person mental together and get him labeled convince the local community of the danger they make the authorities believe the person is an activist and whistleblower to get him on a watchlist with access to neuro technologies on corporate and government grade

-Do police reports (many) to get a license to kill and make the police believe their intentions are good and that they are fighting or preventing crime which they get paid for

-Cook the person and make him aggressive so that he wants to hurt the gangstalkers public

-Neuro program a sociopathic, narcissistic or psychopathic character on the target

-Do as if the person is jealous on them to use that as an excuse why the person reacts on them

They behave like CIA/snitch/intel gathering cybernetic mind hive teams and recruit local citizen spies to play theater and perform gangstalking. But they are actually informants who are provoking, playing theater, performing psychological gangstalking and threatening pressure to make things go their way (the government's or corporation's way in their advantage). They will try to neuro program people around you with the neuro mind altering tech and want everyone to hate you. These watch groups guided by police are working with

all levels of government agencies like CPS, IRS, Social security, Intelligence and therefore can work together to destroy ones life, perform things like Carlos Morales described in his book: Legal kidnapping. They will make the circumstances and reports to have authorization and to make things go their way. A simple example is they will make a informant put drugs in your house or car, they will make someone you know testify against you using the person's fear and threats on intel they know about the person. They might cook someone aggressive who is inside prison and comes out soon to kill you. They might give a job to a Manchurian candidate(s) to shoot you down. They might even as a infragard community call the police playing all independent people who are calling the cops that someone has a weapon and attacks random people so that the person can be shot down by police without them making their hands dirty. This is all about you committing a crime to cash in for them, you committing suicide, you being slaughtered by them, WITHOUT the risks and WITH them getting away with is legally, They need your own stupidity, none-tactical corporation for this. Giving in to them means your life get wrecked by snitches. Fighting against them takes the risks of ending up in psychiatry and jail were they will psyop and torture you further. The government and corporations worked secretly on these neuro technologies. Google is such a company sponsored by the CIA that collects user data and works on neuro technologies as we can see in the patents. But there are many government sub contracted companies who work on neuro technologies. Things like ultrasonic hypersound, remote neuro & bio feedback, Brain to brain connection and Brain Computer interfaces already exist. Many of the tech not known to citizen, but known to spies and informants. The technologies are abused inside these groups, for recruiting other snitches, threatening in the advantage of of government and corporation, to make people homeless by entrapments using fake witnesses (draining finances), for killing silently and suicide induction, for programming Manchurian candidates and false flag terrorist were law enforcement can play the hero afterwards, for winning court cases by damage claiming (IRS black operations) when someone has a lot of money, people will try to entrap him and demand money inside court cases making up all kind of stories. Inside Groningen Netherlands there exists such a snitch/informant/provocation infragard community watch, wich have gone all corrupt because of the government has no real look on these people and the neuro technologies they abuse for their own personal gains, advantages and revenges. The only real way to stop these kind of informants is by silencing them. They are trained to harass you through v2k and remote neural monitoring until you die. So why have mercy for such people when you know whatever you will do is not right. When you have mercy for them they will still say you hurt them and make their fake independent witnessess talk. When you do hurt them you have the same effect and consequences, so the choice is obvious to make. They will try to play it safe on a distance and want you to get in trouble with others instead of them. They will tell you bullshit like you cannot carry any weapon in their area wich is bullshit, they just want to have the advantage. They will interrogate you for intel because when you have friends who understand you, they will want to silence the informants, and when you understand this all, the informant is fully dependent for not looking behind his back on the intel you will give him on the people around you who could attack them from the front or behind. Recording gangstalking and their faces is a must to do. Know thy enemy, and remember: **The enemy of my enemy is my friend/ally!** Snitches go to far in their pathetic researches, not wanting to tale the risks while playing to have balls. They do not have balls. They provoke, use tactics like call all your friends "otherwise we won't believe you" this are tactics gather intel. They try to make you weak minded while you are strong to control you and squeeze out intel. Once you know their tricks and mind control tactics, the NLP they use to induce fear and control, the (reversed) psychology and all of their little dirty tricks, there is nothing to control for them anymore. This is were the PERPS (team of harassers) wants to

call the police. So this is what they do after years of trying to convince you that they are in control of you life through v2k and remote neural monitoring:

“When we see you walk in Groningen, our fake independent witnesses are ready, we will call the police independently, tell them you carry a weapon and the police will believe it because we all as a infragard call them as individual people (community powered), now there is a big chance the police will shoot you down, as we tried to give you a mental label with the patents” They want the police to see you as disoriented, confused, mental so that they can give the case to psychiatry. Inside psychiatry the state will try either to reprogram you or to kill you using medicines or suicide induction, it is all about behaviour modification (Mkultra). Now the program has gone remote through technologies, only death can stop the program, either it is you or it will be your harassers. You must understand they blow up the situation, the lie and deceive that is how they are trained, to gather intel at any cost. The pathetic and weak motherfuckers who make their money like this, acting as one family while they are just guys searching for money and doing it in the name of National security, they push their targets to commit crimes. The Vietnamese guy did not even exist the police of Groningen told me. Well here he is in this document on pictures. He might be some kind of pro snitch or remote interrogator/provocateur agent working there locally. He uses all of his mongol friends to work with him, his brother and family, his Volkswagen friends to act like a gang and perform gangstalking. While playing thug and acting hard to get popular and to convince locals he prevents crime, he uses them with mind control for his dirty jobs. He gets the money while others think he is preventing something from happening or fighting crime locally in the advantage of Groningen, Netherlands. I am not a guy from a farmer city. My father’s family was inside the criminal world since Surinam and also in the Netherlands. I grew up in the nice places in the Hague, Zeehelden kwartier for 50% were my mother lived and I grew up in the most dangerous part of the Netherlands were my father lived for 50%. Although I am no criminal of any kind, I know many and I have seen their story ending both good and bad (bad = death). This is one of the cities were they shoot with silencers, not the wannabee gangster way, someone calling himself a negro name like Foeboe and then acting around while being a snitch running like a little bitch to the cops for help nagging everyone is crazy, calling the help of a infragard for police entrapment, no, many people aren’t just like that.

When someone goes too far he had it see coming. This is how life goes, there is no law available then except the law of nature like it is in reality without socociety around it.

Never ever will I betray someone like a snitch, I rather die then to become one. It is the lowest of the lowest job you can take and be, no matter how much money each job pays.

I am not afraid of any snitch and his police support, because I know even when I will get boobytrapped or shot everyone knows about it and understands this now. Play thought police and threaten is what this guy does, he does not understand that thoughts are not facts and if they were and such EEG decoding activity was allowed in court, I would be arrested for thinking about stealing a candy or imagining inside my head how I jump and kicked a person to the head. Because thoughts are not facts, this whole neuro weaponry is dependent on the believe system of the person, if he allows it to get destroyed remotely he will, if he does not he will not. Blood flows were it should flow, and the intelligence services police of having full control is over. They create crime, Manchurian candidates, False flags, setups on innocents, recruit spies and snitches, the lie and deceive, they divide in status, they are of no life value.

Checkout this video: <https://www.youtube.com/watch?v=-rYFF8uYf2o>

Communications Intelligence (COMINT)

Blanket coverage of all electronic communication in the U.S. and the world to ensure national security. The NSA at Ft. Meade, Maryland has had the most advanced computers in the world since the early 1960's. NSA technology is developed and implemented in secret from private corporations, academia, and the general public.

Signals Intelligence (SIGINT)

The Signals Intelligence mission of the NSA has evolved into a program of decoding EMF waves in the environment for wirelessly tapping into computers and tracking persons with the electrical currents in their bodies. Signals Intelligence is based on the fact that everything in the environment with an electric current in it has a magnetic flux around it which gives off EMF waves. The NSA/DoD has developed proprietary advanced digital equipment which can remotely analyze all objects whether man-made or organic that have electrical activity.

Domestic Intelligence (DOMINT)

The NSA has records on all U.S. citizens. The NSA gathers information on U.S. citizens who might be of interest to any of the over 50,000 NSA agents (HUMINT). These agents are authorized by executive order to spy on anyone. The NSA has a permanent National Security Anti-Terrorist surveillance network in place. This surveillance network is completely disguised and hidden from the public.

Tracking individuals in the U.S. is easily and cost-effectively implemented with the NSA's electronic surveillance network. This network (DOMINT) covers the entire U.S., involves tens of thousands of NSA personnel, and tracks millions of persons simultaneously. Cost effective implementation of operations is assured by NSA computer technology designed to minimize operations costs.

NSA personnel serve in Quasi-public positions in their communities and run cover businesses and legitimate businesses that can inform the intelligence community of persons they would want to track. N.S.A. personnel in the community usually have cover identities such as social workers, lawyers and business owners.

Individual occasionally targeted for surveillance by independently operating NSA personnel

NSA personnel can control the lives of hundreds of thousands of individuals in the U.S. by using the NSA's domestic intelligence network and cover businesses. The operations independently run by them can sometimes go beyond the bounds of law. Long-term control and sabotage of tens of thousands of unwitting citizens by NSA operatives is likely to happen. NSA Domint has the ability to covertly assassinate U.S. citizens or run covert psychological control operations to cause subjects to be diagnosed with ill mental health.

NSA's domestic electronic surveillance network

As of the early 1960's the most advanced computers in the world were at the NSA, Ft. Meade. Research breakthroughs with these computers were kept for the NSA. At the present time the NSA has nanotechnology computers that are 15 years ahead of present computer technology.

The NSA obtains blanket coverage of information in the U.S. by using advanced computers that use artificial intelligence to screen all communications, irregardless of medium, for key words that should be brought to the attention of NSA agents/cryptologists. These computers monitor all communications at the transmitting and receiving ends. This blanket coverage of the U.S. is a result of the NSA's Signals Intelligence (SIGINT) mission.

The NSA's electronic surveillance network is based on a cellular arrangement of devices that can monitor the entire EMF spectrum. This equipment was developed, implemented, and kept secret in the same manner as other electronic warfare programs.

With this technology NSA personnel can non-obtrusively tap into any communication device in existence. This includes computers, telephones, radio and video-based devices, printers, car electronics, and even the minute electrical fields in humans (for tracking individuals).

Signals Intelligence Remote Computer Tampering

The NSA keeps track of all PCs and other computers sold in the U.S. This is an integral part of the Domestic Intelligence network.

The NSA's EMF equipment can tune in RF emissions from personal computer circuit boards (while filtering out emissions from monitors and power supplies). The RF emission from PC circuit boards contains digital information in the PC. Coded RF waves from the NSA's equipment can resonate PC circuits and change data in the PC's. Thus the NSA can gain wireless modem-style entry into any computer in the country for surveillance or anti-terrorist electronic warfare.

Radio and Television signals can be substituted at the receiving end with special EMF equipment. Replacing signals in Radios and Televisions is another outgrowth of the NSA's Signals Intelligence (SIGINT) mission.

Detecting EMF Fields in Humans for Surveillance

A subject's bioelectric field can be remotely detected, so subjects can be monitored anywhere they are. With special EMF equipment NSA cryptologists can remotely read evoked potentials (from EEGs). These can be decoded into a person's brain-states and thoughts. The subject is then perfectly monitored from a distance.

NSA personnel can dial up any individual in the country on the Signals Intelligence EMF scanning network and the NSA's computers will then pinpoint and track that person 24 hours-a-day. The NSA can pick out and track anyone in the U.S.

NSA Signals Intelligence Use of EMF Brain Stimulation

NSA Signals Intelligence uses EMF Brain Stimulation for Remote Neural Monitoring (RNM) and Electronic Brain Link (EBL). EMF Brain Stimulation has been in development since the MKUltra program of the early 1950's, which included neurological research into "radiation" (non-ionizing EMF) and bioelectric research and development. The resulting secret technology is categorized at the National Security Archives as "Radiation Intelligence," defined as "information from unintentionally emanated electromagnetic waves in the environment, not including radioactivity or nuclear detonation."

Signals Intelligence implemented and kept this technology secret in the same manner as other electronic warfare programs of the U.S. government. The NSA monitors available information about this technology and withholds scientific research from the public. There are also international intelligence agency agreements to keep this technology secret.

The NSA has proprietary electronic equipment that analyzes electrical activity in humans from a distance. NSA computer-generated brain mapping can continuously monitor all the electrical activity in the brain continuously. The NSA records and decodes individual brain maps (of hundreds of thousands of persons) for national security purposes. EMF Brain Stimulation is also secretly used by the military for Brain-to-computer link. (In military fighter aircraft, for example.)

For electronic surveillance purposes electrical activity in the speech center of the brain can be translated into the subject's verbal thoughts. RNM can send encoded signals to the brain's

auditory cortex thus allowing audio communication direct to the brain (bypassing the ears). NSA operatives can use this to covertly debilitate subjects by simulating auditory hallucinations characteristic of paranoid schizophrenia.

Without any contact with the subject, Remote Neural Monitoring can map out electrical activity from the visual cortex of a subject's brain and show images from the subject's brain on a video monitor. NSA operatives see what the surveillance subject's eyes are seeing. Visual memory can also be seen. RNM can send images direct to the visual cortex, bypassing the eyes and optic nerves. NSA operatives can use this to surreptitiously put images in a surveillance subject's brain while they are in R.E.M. sleep for brain-programming purposes.

Capabilities of NSA operatives using RNM

There has been a Signals Intelligence network in the U.S. since the 1940's. The NSA, Ft. Meade has in place a vast two-way wireless RNM system which is used to track subjects and non-invasively monitor audio-visual information in their brain. This is all done with no physical contact with the subject. RNM is the ultimate method of surveillance and domestic intelligence. Speech and 3D sound, and subliminal audio can be sent to the auditory cortex of the subject's brain (bypassing the ears) and images can be sent into the visual cortex. RNM can alter a subject's perceptions, moods, and motor control.

Speech cortex/auditory cortex link has become the ultimate communications system for the intelligence community. RNM allows for a complete audio-visual brain-to-brain link or brain-to-computer link.

National Security Agency Signals Intelligence Electronic Brain Link Technology

NSA SigInt can remotely detect, identify and monitor a person's bioelectric fields.

The NSA's Signals Intelligence has the proprietary ability to remotely and non-invasively monitor information in the human brain by digitally decoding the evoked potentials in the 30-50 hz, .5 milliwatt electro-magnetic emissions from the brain.

Neuronal activity in the brain creates a shifting electrical pattern that has a shifting magnetic flux. This magnetic flux puts out a constant 30-50 hz, .5 milliwatt electromagnetic (EMF) wave. Contained in the electromagnetic emission from the brain are spikes and patterns called "evoked potentials."

Every thought, reaction, motor command, auditory event, and visual image in the brain has a corresponding "evoked potential" or set of "evoked potentials." The EMF emission from the brain can be decoded into the current thoughts, images and sounds in the subject's brain.

NSA SigInt uses EMF-transmitted Brain Stimulation as a communications system to transmit information (as well as nervous system messages) to intelligence agents and also to transmit to the brains of covert operations subjects (on a non-perceptible level).

EMF Brain Stimulation works by sending a complexly coded and pulsed electromagnetic signal to trigger evoked potentials (events) in the brain, thereby forming sound and visual images in the brain's neural circuits. EMF Brain Stimulation can also change a person's brain-states and affect motor control.

Two-way Electronic Brain-Link is done by remotely monitoring neural audio-visual information while transmitting sound to the auditory cortex (bypassing the ears) and transmitting faint images to the visual cortex (bypassing the optic nerves and eyes, the images appear as floating 2-D screens in the brain).

Two-Way Electronic Brain Link has become the ultimate communications system for CIA/NSA personnel. Remote Neural Monitoring (RNM, remotely monitoring bioelectric information in the

human brain) has become the ultimate surveillance system. It is used by a limited number of agents in the U.S. Intelligence Community.

RNM requires decoding the resonance frequency of each specific brain area. That frequency is then modulated in order to impose information in That specific brain area. The frequency to which the various brain areas respond varies from 3 Hz to 50 Hz. Only NSA Signals Intelligence modulates signals in this frequency band.

Brain Area Bioelectric Resonance Frequency

(Information Induced Through Modulation)

Motor Control Cortex (*Motor Impulse Co-ordination*)

10 HZ

Auditory Cortex (*Sound which bypasses the ears*)

15 HZ

Visual Cortex (*Images in the brain, bypassing the eyes*)

25 HZ

Somatosensory Cortex (*Phantom Touch Sense*)

09 HZ

Thought Center (*Imposed Subconscious Thoughts*)

20 HZ

Remote RNM Devices

a) NSA's RNM equipment remotely reads the evoked potentials (EEGs) of the human brain for tracking individuals and can send messages through the nervous system to affect their performance.

b) [Information missing from original]

c) RNM can electronically identify individuals and track them anywhere in the U.S. This equipment is on a network and is used for domestic intelligence operations, government security, and military base security, and in case of bioelectric warfare.

Spotters and Walk-Bys in Metropolitan Areas

a) Tens of thousands of persons in each area working as spotters and neighborhood/business place spies (sometimes unwittingly) following and checking on subjects who have been identified for covert control by NSA personnel.

b) Agents working out of offices can be in constant communication with Spotters who are keeping track of the NSA's thousands of subjects in public.

c) NSA Agents in remote offices can instantly identify (using RNM) any individual spotted in public whom is in contact with surveillance subject.

Chemicals and Drugs into Residential Buildings with hidden NSA-Installed and maintained plastic plumbing lines.

a) The NSA has kits for running lines into residential tap water and air ducts of subjects for the delivery of drugs (such as sleeping gas or brainwashing aiding drugs). This is an outgrowth of CIA pharmapsychology.

Brief Overview of Proprietary U.S. Intelligence/Anti-Terrorist Equipment Mentioned

Fixed network of special EMF equipment that can read EEGs in human brains and identify/track individuals by using digital computers. ESB (Electrical Stimulation to the Brain) via EMF signal from the NSA Signals Intelligence is used to control subjects.

EMF equipment that gathers information from PC circuit boards by deciphering RF emissions thereby gaining wireless modem-style entry into any personal computer in the country.

All equipment hidden, all technology secret, all scientific research unreported (as in electronic warfare research).

Not known to the public at all, yet complete and thorough implementation of this method of domestic intelligence has been in place since the early 1980's.

This is now not only in the US but the entire world as a crime prevention device that has gone bad. Police and informants abuse it, freemasons got their hands on it, private security sector uses it for corporate spying on patents and ideas, mental uses it to label people mental and get more test subjects into their slaughter houses. Every government agency and individual has its own purpose on using it.

So keep reading on now to the next page...

It seems here he was harassing other people also in Groningen and driving them crazy



Here on the left a group consisting of Volkswagen fans acting as a criminal gang to perform a job for local intelligence/IRS/Mental care to use scare tactics hoping someone will be scared. This group from Groningen Netherlands is trained in intelligence gathering (snitching) and is known to locally be hired by police to keep Groningen Netherlands safe. But they abuse technologies like V2K and RNM to reprogram people and silence them in their own personal advantage. Sometimes they to jobs like legal kidnapping, making people scared for government agency employees, being handlers for those difficult to handle for the government and doing the dirty jobs as throwaways in exchange for freedom that cannot legally be done by police. I found this picture on the internet in a document.

The bigger companies and the government hold certain patents the public does not know about using electromagnetic fields to communicate. Below you will find them from GOOGLE a company wich is also there in Groningen Netherlands:

<https://www.google.com/patents/US5159703>
<https://www.google.com/patents/US4877027>
<https://www.google.com/patents/US4858612>

IRS & MENTAL AGENTS MAKE PEOPLE CRAZY IN IRS CITY GRONINGEN NETHERLANDS FOR MAKING EXTRA BUCK NEXT TO THEIR SOCIAL SECURITY INCOME

Here on the left and on the bottom you will find videos from the channel of a woman who got from one of the agencies in Groningen Netherlands after wich she was continuously afterwards being harassed by the same group of people from the Hitler cult on the pictures. They made her crazy and put her into Lentis mental care.

<http://www.youtube.com/channel/UckMj3F30xn-HzXINchQGBhQ>

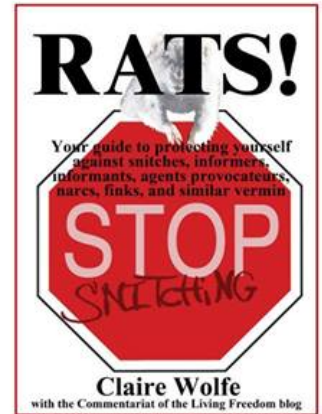


Gang stalking, police entrapment, police harassment, snitch recruiting, intel gathering, legal kidnapping, agency employee scare tactics, revenge tactics, mental care isolation, silent killing, creating disorders, feeding mental and medic industries, changing minds, creating slaves.

You are being fed with propaganda and controlled by a system that is about to break down soon.

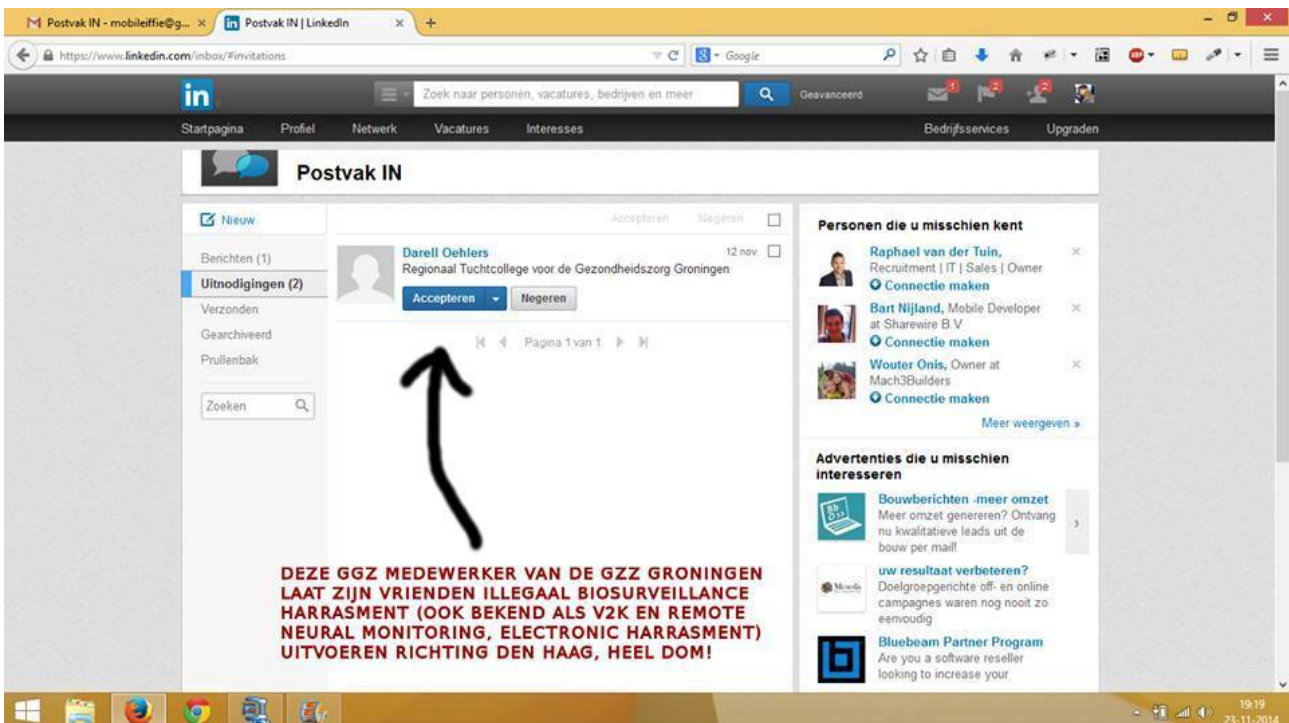
They show you what they want you to show and know and they hide what is in their advantage for you not to know.

Understand people are not crazy, they are being made crazy. Deceases are being invented to feed industries, like tesla tech is being hidden for money.



<http://rats-nosnitch.com/>

Also one of his friends acted as mental care personnel on his LinkedIn profile trying to add and provoke me



TI's get neuro programmed **to perform bad behaviour** in the favorite of law enforcement/ Intel agencies/Infragards by subliminal or auditory harassment. Their behaviour and stress level does give **earlier death** and bad health. By cooking the TI they want to provoke aggressive behaviour to convince others isolation is necessary. **These community watches** make money out of these little control jobs while destroying lives without remorse. But also suicide and murder follows either by letting TI' s kill eachother or use them as puppets to do risky **jobs the police cannot do themselves** without not by passing the law. By deception and **programming personality types of sociopath, psychopath or narcissist** they make sure the person looses his marriage and kids, friends and family to isolate and convince them also the target is crazy or no good. These illegal operation are funded by IRS tax money by corporations and governments in the form of **gangstalking and v2k RNM**



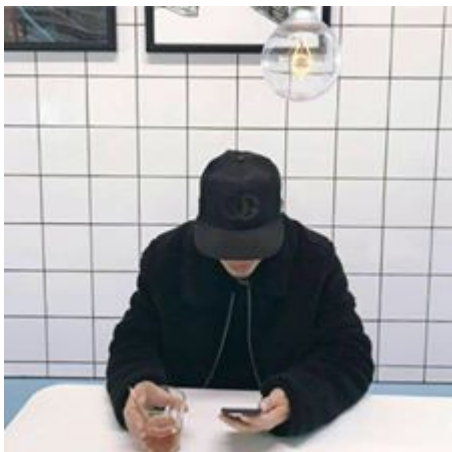
Freedom is something we should fight for. The government and “the company” above the hoax of world governments are slaughtering and testing us as “Guinea Pigs” in their own advantages. Only we can allow it or stop it.

- Never be afraid of anyone
- Understand NLP and mind control, psychology how humans try to control eachother
- Learn survival skills in case you loose your finances get a bugout bag
- Learn martial arts so you can defend yourself
- Learn how to make a shelter and safe area
- Learn how to handle firearms and make detonation devices (CIA manual explosives)

Here we see the Vietnamese guy again who is doing these operation in Groningen



Here we see the informant sitting in a interrogation alike style inside a interrogation room

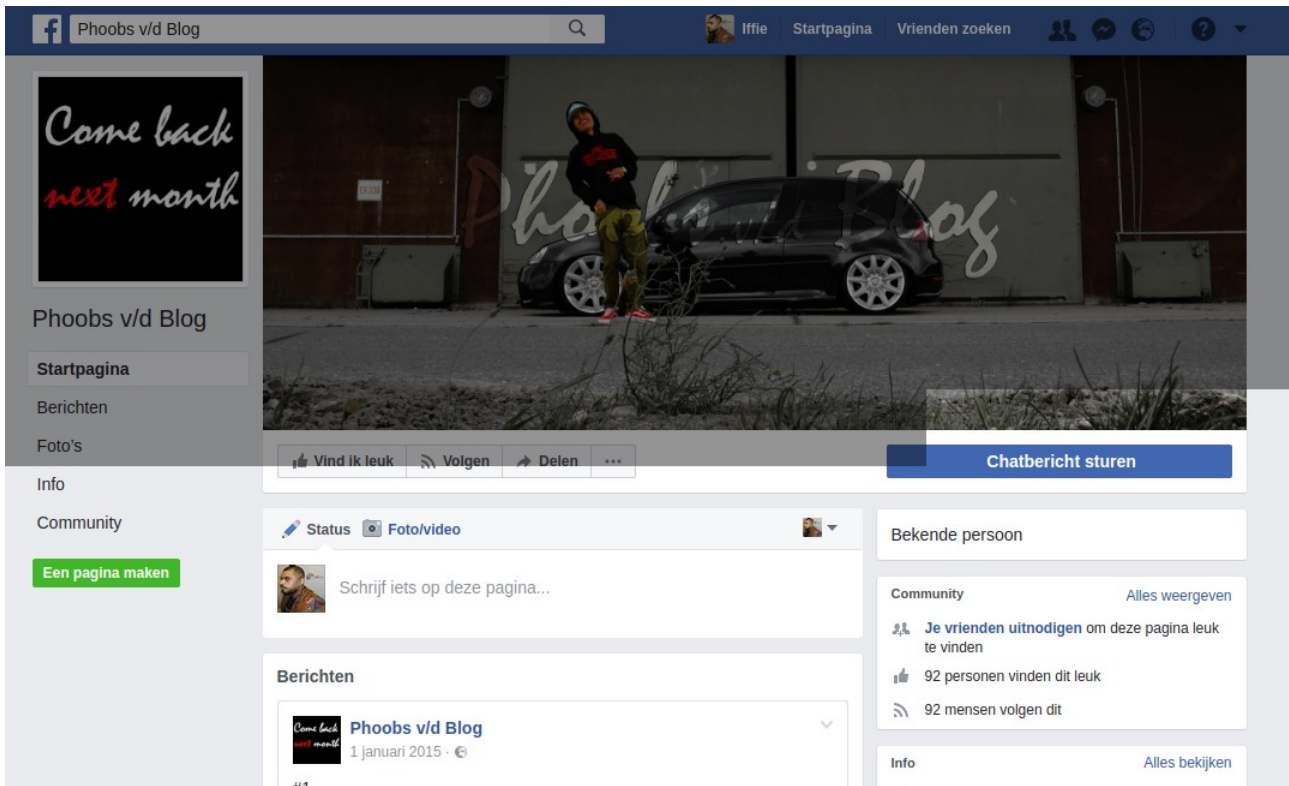


He rides bikes, motorcycles and Volkswagen cars with his brother playing famous inside Groningen area with his Girlfriend Janine Ruby. While provoking others, snitching, doing remote v2k and remote neural monitoring for intel gathering and provocation purposes. This guy who calls himself Foeboe/Fubu the brand of a Afro american clothing company is a snitch working for the Police Intelligence Services locally in Groningen Netherlands. He searches with his friends for potential victims he can label as mental and dangerous for national security and grants himself access to neuro tech (a briefcase wich connects to GWEN cell towers and emits microwave irradiation signals). He harasses his victims to act aggressive in public to get a community license to kill, setups entrapments with locals playing independent witnesses and get paid for putting people in psychiatry and jail. This professional snitch is not happy with me as his enemy as I expose him and do not give a fuck about his fake acting friends. Things will end up bad for a person such like that.

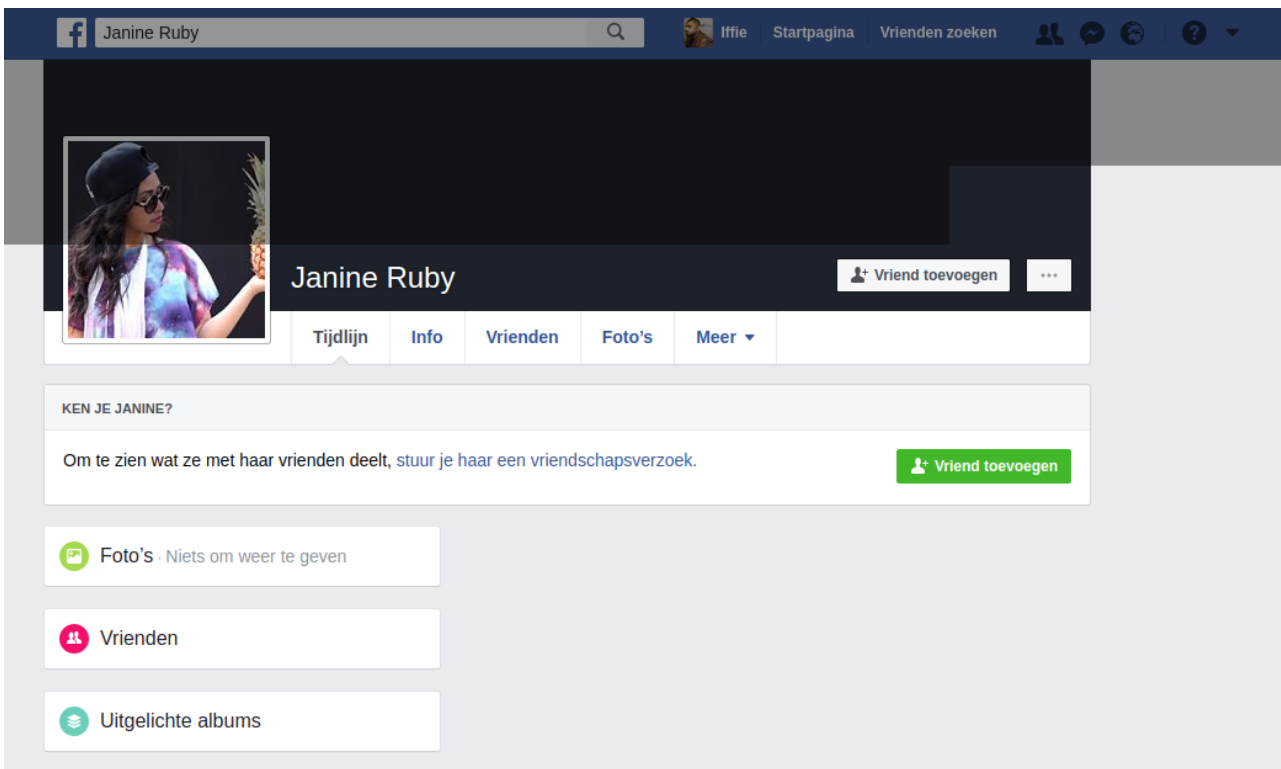


He is a expert in mind control, acting, NLP (mirroring, anchoring, triggers), (reverse) psychology, mind tricks, stress induction, fear induction, psyops (CIA level) he is a well informed talking snitch bitch with a very big mouth but he ain't smart neither tactical.

Here we see him saying on his page he is a famous person once again. This rapper alike, almost standard looking snitch boy hides behind the cops and literally drives around with them behind him too. To visit places he walks behind the cops and makes his friends drive in front before he goes somewhere because such a big snitch like him has a lot of enemies.



This here below is his girlfriend Janine Ruby Hellen Lindveld playing popular on the web



Electronic Harassment and Gang Stalking
Besloten groep

Discussie

Bericht van Monica

Leden

Evenementen

Video's

Foto's

Bestanden

Zoeken in deze groep 🔍

Sneekoppelingen

- Targeted individuals not...
- Slowfastmoves Iffie Ha...
- Thehaguedenhaag
- Targeted individuals 20+
- Targeted Individuals... 17
- Targeted Individuals ... 9
- Targeted Individuals Act...
- Targeted Individuals As...
- Electronic Harassment ...

Monica Beranek 16 uur

It is not right of them to state I have to move out of where I live, and give up custody of my children, and to not be able to do anything with my ex-boyfriend. They turned him into a transgender, just like they keep trying to turn me into a god damn lesbian.

Leuk Opmerking plaatsen

Iffie Hamidullahkhan

1 keer gedeeld 1 opmerking

Iffie Hamidullahkhan You are right those fuckers tried same with me in Groningen Netherlands. This is all a IRS hoax clearly. They have bought the mind altering and consiousness patents from Google to try and control the world.

For doing so they need people to:

- Be afraid of the state; SO they hire Gangstalkers & street theatre players threatening you with this neuro tech and intel they gathering through tapping phone & internet data
- Get property and make you sell it for less in their advantage for this they might make you afraid using gangstalking to drive you paranoia and move out or they might use v2k to mimic ghost and stuff to make you move out and sell the home
- Want you to pay taxes and if you do not then shoot you it meaning --> Labeling you mental to either kill you with the excuse of " being in a psychoses" or to control your finances because you are not capable of
- They might neuro program you into buying a lot of stuff on the internet to loose finances, or entrap you using false witnessess of their own to blame you for crimes you did not committed draining money throught court cases making you homeless
- Legally kidnap your children to make them new slaves to the system of the state because probably you see the truth of the fakeness and enslavement properties of this system
- To label you as a whistleblower or activist who must be removed from soceity in advantage of the system to prevent any revolution

All in all it seems all agencies especially the IRS, Intel, Police, Mental care and CPS are doing this silently because more people see the truth about the government and the enslavement purposes of the system making the rich richer and the poor poorer!

Leuk · Beantwoorden · Zojuist · Bewerkt

Schrijf een opmerking...

The state hires informants and citizen spies for its own advantages and this is one hell of a snitch operation gone wrong for law enforcement even when they have lost the shit, they want to make it look as they haven't. It is funny to see how I go everywhere even in Groningen and nobody dares to attack or even to show up while they are make reports at the cops as community as premeasure for public slaughter and to prevent from people getting back at them. There is something this little snitch does not understand. When tactics are exposed you should come with new ones. When people know your face you should, well, do what he does go everywhere with the cops and friends to make sure, but when you then know that people know you lied about not able to carry weapons and that the laser that shoots you down from a satellite when you come near the little snitch is bullshit then yeah,

you just must be stupid or something. The problem here that you the reader of my intel sees and everyone who knows me is that the results of this all will not end up will, for them. Because I will never stop pushing this intel into the brains of the right persons. And with a history of immense violating cyber security and keylogging over millions of people over the years over the internet gathering intel, keystrokes, screenshots and webcam screens. His head showing up at all those people with their own private intel does not end up will, because now there are people who I do not even know who want to get even with him on their own method. So if this snitch and his friends get poisoned, shot, stabbed, kick or punched into a chest, it is not my responsibility. He went as far as this with me, I just did the same with other intel then he possess. This is called: Life. You should not make the move before you know the risk, anyway a snitch should always take the risk, but this one uses the Google neuro patents for safe play. Another reason could be like an agent wants to kill you for state security this can be done in different dark ways:

- Manchurian candidates and assassins who work for the statement
- Silently by stress inducing,mimicing brain waves that cause hart attacks
- By draining money making people homeless to come in bad health
- Inside the psychiatry of death by psy meds and suicide induction through v2k
- Staged car accidents with acting citizen spies
- Posioning food with undetectable posion
- Many more ways

The IRS uses the v2k and RNM for knowing if someone pays his taxes or hides money. They can use the 360 degree sounds combined with bad dreams, also like we see often for the following:

- Mimic ghost for the superstitious so they sell their houses at lower prices
- Give the report to intelligence to kill someone using someone in prison who has no income when he comes out or a Manchurian candidate doing the dirty job

The CPS uses it for example:

- To drive parents and children crazy giving them a mental label so they are uncontrollable and should become controllable for the state (psychiatry)
- Informants to plant drugs in the homes of parents accusing them of being part of a criminal organization so that the CPS can take the kids
- In conspiracy make a community think that good parents are no good parents using the Google mind altering and consciousness patents

The police uses it for:

- Interrogation
- Killing
- Recruiting snitches
- Infragard community watches

Corporations use it for:

- Spying
- Claiming patents on inventions (stealing ideas)

Social security uses it for:

- Anti fraude

CPS uses it for:

-Creating circumstances legal kidnapping can take blame (drive parents insane or criminal)

Mental care uses it for:

-Labeling people mental by making them mentally ill

-The UFO hoax, beaming holographic images in the sky, using v2k for sounds, remote neural monitoring for the dream state to make people think they are kidnapped, and electro magnetic pulse to kill of cars/radios to make it all real, these people are labeled crazy and used for guinea pig experimentation

-Ghost and stories alike induction that our grandma's told us, all bullshit, people made up those stories to protect their property from intruders or drive a person nuts, fear induction

The government may even make up a excuse or force you to commit a crime, only to get you under 24/7 surveillance and harassment. But they have all the same thing in common:

They work for the state or corporations, they want to cash in hard for their own, they do not care about your children, family, parents. They use anything against you they can to destroy you and gather intel from you and around you by neuro feedback to do so. There is no way out it because its the government system, society and the ones protection the system that go as far as killing and programming the weak minded to kill each other while they laugh. The elite sees their citizen and the government as weak slaves, who believe in a system that threatens them to corporate or otherwise to end up in jail or psychiatric clinics were they are labeled a danger for society, activist or whistleblower and are harassed until death.

The governments of the world created believe systems (Koran, Torah, Bible) to put people against eachother and to control them. This whole psyops program called "The system" is a deceptive, enslaving program that programmed the whole world into separation and control. Nobody is actually free until they understand that the whole system is hoax. That money is created by people so seperate rich from poor so that others may live a better life than others. Gold and diamonds are just rocks but because of the mind control and programming, the value people put on it, they are important and valuable. You have to be rich, beautiful, perfect like the media and movies tell you spreading propaganda. Nobody cares for your skills if you are not the stereotype picture that can fit on a screen. Mind control programs is what they are, guys have to be muscled and thug (super soldier programming) and girls have to be hot (sex kitten programming). This is how soceity is, made by perverts and people fucked up in the head, super psychological. The ones they want to isolate they entrap with communities and kill them silently. Inside everyone who knows the truth suddenly grows a whistleblower/activist thought on how free the world would be would it not be captured inside a corrupt system of motherfuckers and stupid alike people. Law enforcement takes out weapons but shoots us down. We may not defend ourselves in any ways against such people because else we are in violation? Really? Read that sentence again, what the fuck. As stupid as they are trained,they are. Yes I am talking about police and intelligence. They must have it from deception and lies hoping that makes them big. While they get a basic training in grappling, learn to fire with a semi automatic firearm and get a little fun stick or tease, think about what should happen if the whole world goes into revolution against the system. Better weapons, smarter, more united and tactical. Many already are on that level but too few have the balls to make sure there are enough to do the right thing. Please do not get yourself neuro programmed by anyone, you do not have to be perfect, nobody is or ever will be like that. You can only become as good as you can be and that is alright. If there was no difference in mankind there would be no fun and nobody to protect. Law enforcement is corrupt all over and abuses their position for torture also in prisons and mental institution. It is disgusting how

people working for this system can be low lives like this. While they try to infiltrate anti government organizations with informants making it look for the public as if its for their purpose the only purpose for the whole system is to protect the world government and its minions to life a better life than its citizens. Even hard working people cannot earn enough money to life a certain life, they are robbed by the IRS from their money or even their lives if a IRS informant tells the person hides money, the case will be hand over to intelligence. Intel can then hire convicts, agents, Manchurian candidates or assassins for the person. The person can be manipulated also with the neuro patents to kill someone he believes is doing him wrong.

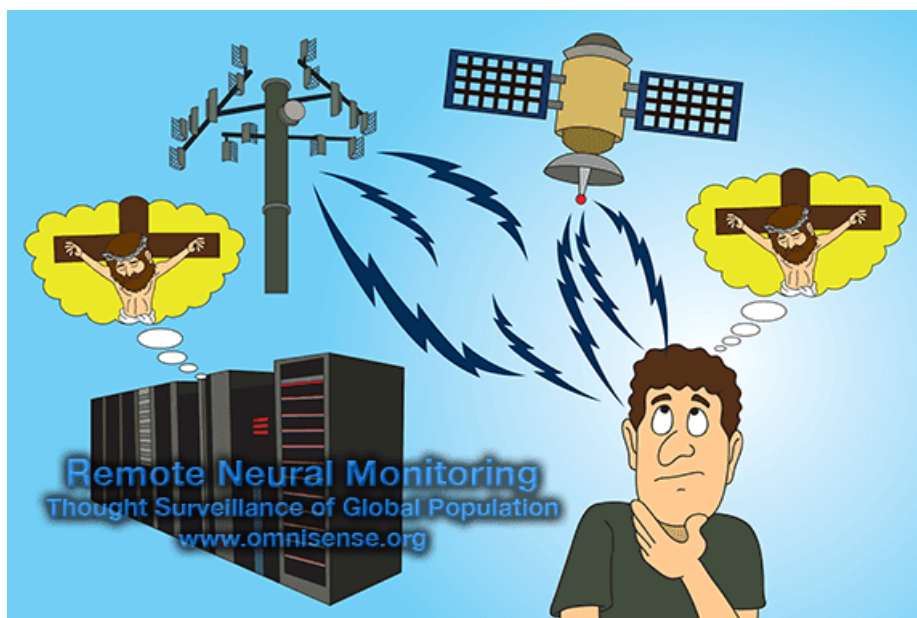
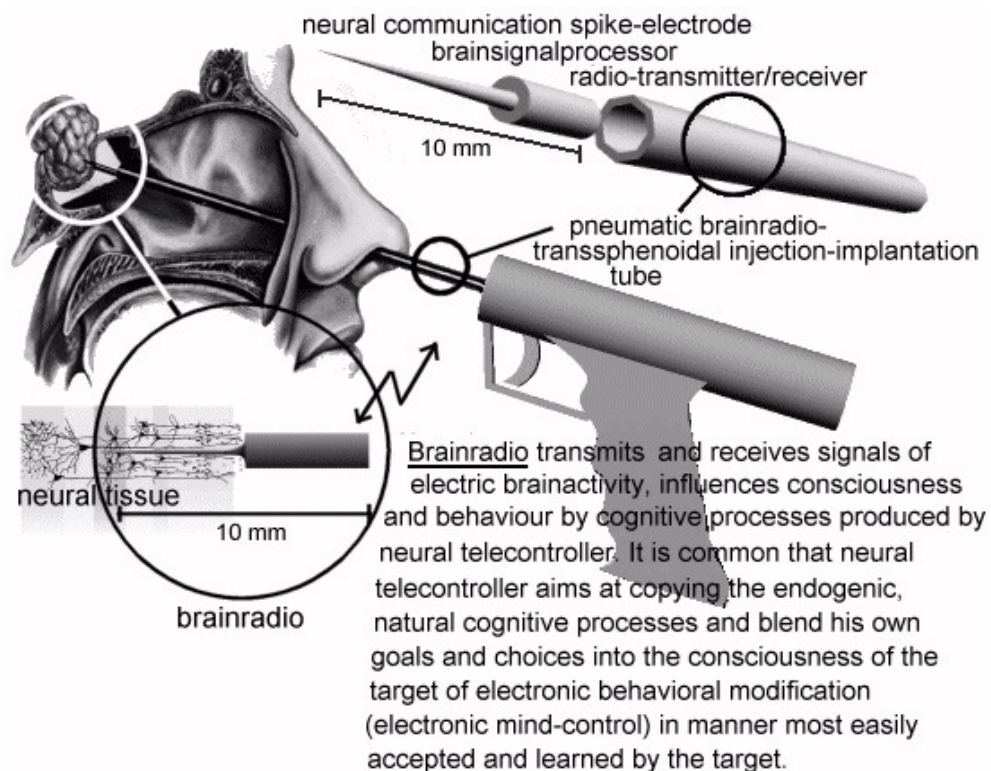
In the fourth kind movie from 2009 we see how multiple subjects have gotten the same dream, about a white owl and UFO's this are just the mind control patents wich were tested inside that little city. They all experienced the same like Targeted individuals do. But is was all psychology combined with mind altering controlling their dreams and using subliminal suggestion.

Also in the series of Prison break we see how Linc was setup by a government agent and falsely accused of killing someone, then sentenced to death while innocent. These setups happen often and intel agents are hired or entire infragard communities to destroy a persons life. Government employees and intelligence agencies thing they rule the world and can slaughter citizens for fun. They want to disarm us, while arming themselves nicely and torturing us, wanting us to have no opinion at all and follow their rules of oppression believing their propagation, their believe systems (which they madeup themselves to mind control us) and their ways of living, believing in a society that is honest while it follows us and our children their entire lives, enslaves, limits and make us believe it is all for our own good.

Marriage. Children, career and finances are targeted to disable a targeted individual. Afterwards he gets offers to perform little dirty jobs usually at the cost of his life being setup by police and intelligence agencies. They target the homeless, the convicts, the ones that are government dependent, the activists and whistleblower. For testing purposes or to use as a disposable human being or set an example. With fake witnesses and police reports they try to get licenses to kill for community or individual slaughter and label targets mental so that no judge will believe them. They want targets death by the system or by accidents. Remove them without anyone noticing, silently.


It requires training to get on the level of a intelligence agent but is can be done by anyone. Once you are in the level, trained. You will understand the whole system is a hoax. You will realize that anyone who sees through it is a whistleblower or activist for the government and may therefore be targeted to death by their agents and other scum that work for the government and their important corporations. As they invented money they are also the ones having unlimited money so resources available. There is reason why they want the poor to stay poor and the rich to become richer. It is all a power play. Theater in the news leads us away from what is really happening a world destroyed by a world government and a corrupt intelligence agency that kills people silently behind the radar for fun and for eliminating potential opponents, in the excuse of (inter)national security.

While it may sound harsh there is a level that should be reached for anyone to not be afraid of death, because else you cannot live at the fullest, especially if you got any snitches, intel agents or undercover police behind you trying to silently assassinate you creating the circumstances they can do it for. This industry has big money and people who participate in things like gangstalking are paid well. They together drive a person insane until the person commits suicide or get in trouble in some or another way. They try to make you take commands from you and then try to bring you in trouble with other targets or persons. Also when driving they might stage car accidents which look totally normal for the citizens while they just killed one of their targets.




Janine Ruby Video's Afspelijsten Kanalen Discussie Over


Uploads




SUMMER IN PARIS
406 weergaven • 8 maanden geleden



TRAVEL VLOG: Venice - Italy, The Floating City
1.200 weergaven • 1 jaar geleden




TRAVEL VLOG: Marrakech - Morocco →
6.575 weergaven • 1 jaar geleden




TRAVEL VLOG: Griekenland - Greece →
625 weergaven • 1 jaar geleden

BEAUTY




Mijn snelle everyday haarstijl - Messy Waves
Janine Ruby
2 jaar geleden • 481 weergaven
Blog: <http://janineruby.com/>
Instagram: <http://instagram.com/janineruby>


TRAVEL & VLOGS




SUMMER IN PARIS
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TRAVEL VLOG: Venice - Italy, The Floating City





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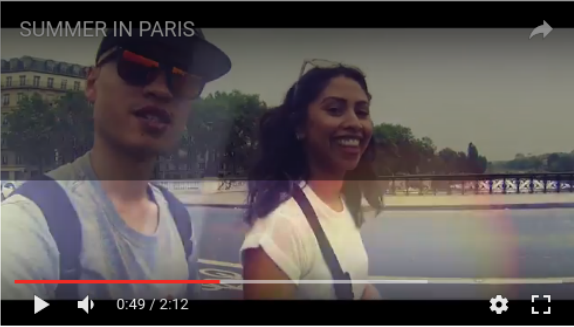
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Home Video's Afspelijsten Kanalen Discussie Over



SUMMER IN PARIS
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Summer in PARIS 2016
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Instagram: <http://instagram.com/janine...>
Music: Lost Kings - Phone Down (Trinix Remix)
[Meer weergeven](#)



Fast Moves
From CMAA & Martial arts blog by Mike

These local Infragard community watching groups destroy their victims psychologically, socially and financially!

SAY NO TO Targeted Individuals Fuck Cybernetic Mind Hive Teams

ZERZETSUNG

**INFRAGARD AND LOCAL COMMUNITY WATCHES
GANGSTALKING VICTIMS INTO SILENT DEATH**

Abusing neuro and bio feedback patents and EEGlab software



Today some of our own Spy agencies are using these Zersetzen "secret police" techniques to bully innocent citizens and whistleblowers for private power elites in situations that have nothing whatsoever to do with national security. Zersetzen is a more sophisticated "Orwellian" form that was developed to cause "severe and prolonged suffering" without leaving marks. Zersetzen combines character assassination and slander with intimidation, harassment, surveillance, cyberbullying and threats. Zersetzen is about overriding the rule of law. Once the Spy agencies are involved people are scared to help, and all normal support structures and avenues for grievance simply freeze up. Zersetzen is about slander & character assassination, surveillance, stalking, intimidation, harassment, threats to persecute whistleblowers, activists, enemies of establishment power-elites and those with knowledge that could shame power-elites. They put their own citizen under pressure and control programs by labeling them mental and putting them in mental care taking medicines to keep them silent or to kidnap their children using CPS legal kidnapping techniques and then threaten them about their kids to keep them under control. Zersetzen overrides the "rule of law" as its perpetrators are Spy agencies that operate with impunity above the law. Police, Politicians, etc. are too scared of these Spy agencies to intervene. Zersetzen requires a high-level cover-up to pervert justice!

And those of my sheeps that do not listen to their master let me hire those that do listen to play Zersetzung and give them money presents immunity and vacations.

-So that they may silently slaughter those who do not accept my system of enslavement label them mental and get those under control again or silently kill them.

-Coverup the abuse and torture using our agencies destroy them psychologically, socially and financially so that they have no energy, nobody to fall back on and have to go to social service.

-When my sheeps have kids take them CPS so that they may not be raised as their parent understanding my enslavement system, because else revolution will follow and I loose my power, instead take them and raise them in state sponsored foster cares so that they get brainwashed throught my system and follow the rules of the government system

-Use our intelligence agencies and citizen spies to cook new false flag terrorist and Manchurian candidate for one of our puppet plays and then we play the hero for them afterwards so that we win their trust.

-When one does understand our system of enslavement make him act crazy with a whole community Zersetzen destroy his life and get him homeless let the police shoot him and say he was mental

-Hide Tesla technology so that they have the need to pay for working for energy and let them have faith in God so we can devide them for war and put them against eachother because united they are a danger to us.

-Those that outsmart me put them under surveillance using our technologies not known by our sheeps, let them work for us as slaves, go to school and learn only what we want them to, do the work we want to and marry to make us new sheeps, let our power rule the world give them disinfo and show them propaganda and indoctrinate them.

-When those that talk cannot be heard hire cybernetic mind hive teams do behaviour modification get them bad until they commit suicide or get accidents by loosing their focus our current neuro and bio technology allows Brain connects

You have been a sheep your whole life it is time to be another kind of animal right now!

Zerzetsung: We let citizens kill citizens
And we watch the show XOXO Your Government



So what works against v2k?:

- Play 2 different radio streams and listen to that instead of the harassment
- Go on fiver search for a speaker record your own audio as you hear on my website, someone calling you name makes your brains go to direct focus on that audio instead of v2k
- Commercial things like the Quwave defender does not work

What works against remote neural monitoring?

- Never remember your passwords or think about things you do not want them to know and use VPN always

-Learn about mind control techniques and NLP read the books I have mention inside this document!

We can clearly see that this group used the same tactics all over again: Together go to the police and mental care saying that someone is mentally ill than provoke the person to commit crimes and claim bounty money. These pathetic guys are totally dependent on the crime industry for making money. The patents to induce sounds and control/read EEG waves for neuro feedback and brain/dream altering only allows them to get more and more money this way. Together they try to assassinate people in conspiracy playing independent people. This all in the name of the state. They make it look as they have overpower while they depend on lies, deception, convincing others that a target is crazy and a danger so that the community participates in the harassment convincing authorities and other people like family members even more that the target may be a nutcase. These paid informants and citizen spies are bad. They abuse their games for personal revenges for each other and abuse the patent with all kind of excuses and threats to get away with their crimes.

THEY WILL ALL TOGETHER DO AS IF YOU ARE CRAZY AND THEY DO NOT KNOW ABOUT ANYTHING (ALL IN CONSPIRACY) SAYING THAT YOU HARASS THEM INSTEAD OF THEM HARASSING YOU WITH ELECTRONIC HARASSMENT THIS IS PART OF THEIR TACTIC SO THAT THEY CAN LEGALLY HURT YOU WHILE ASSUMING YOU ARE PROGRAMMED TO NOT DO THAT TO THEM BY THINKING THE POLICE AND MENTAL CARE THINKS YOU ARE A PATIENT! YOU ARE DAMNED IF YOU DO AND DAMNED IF YOU DO NOT AS THEY FIRST MAKE SURE IT LOOKS LIKE YOU HARASS THEM WITH THE NEURO PATENTS BY MAKING YOU COMMIT SOME KIND OF HATE CRIME AGAINST THEM FIRST BE READY IT IS NORMAL FOR THEM TO THROW IT ALL ON THE PERSON IS MENTALLY LABELED CRAZY PARANOID AND SCHITZO SO THEY CAN CONTINUE THE GANGSTALKING AND REMOTE TORTURE SYSTEMS TO INDUCE AUDIO AND DRIVE A PERSON CRAZY TO COMMIT SUICIDE, A CRIME OR TO BE USED AS A MANCHURIAN CANDIDATE OR FALSE FLAG TERRORIST IN ALL CASES THEY SEE YOU AS A DISPOSABLE PERSON THAT SHOULD NOT BE ALIVE & TORTURED

I WENT TO GRONINGEN FOR OVER 5 YEARS SINCE I MOVED FROM THERE EVERY TIME I DID NOT SEE THE SNITCHES WHILE THEY REMOTELY TRY TO PROVOKE ME AND CONVINC OTHERS THAT I AM A DANGER AND CRAZY. I AM JUST A MARTIAL ARTISTS AND ICT PROFESSIONAL BUT THESE PATHETIC RAT MONEY LURKING SNITCHES WENT TO THE AUTHORITIES TO CONVINC THEM I AM SOME KIND OF TERRORIST SO I ENDED UP ON SOME KIND OF GOVERNMENT/LAW ENFORCEMENT WATCHLIST WERE PATHETIC SNITCHES TRY TO FUCKING KILL ME OR SOMETHING IN EVERY SNEAKY WAY THEY CAN IMAGINE TO GET AWAY WITH IT. BY COOKING OTHERS WITH THE NEURO PATENTS, BY TRYING TO TALK ME INTO SUICIDE, BY SAYING THINGS TO GET ME IN TROUBLE WITH OTHER PEOPLE, TO SETUP COURT CASES WITH FAKE WITNESSESS DRAINING MONEY TO GET ME HOMELESS. WELL IT IS SO FUNNY BECAUSE IN THE MEAN WHILE THEY CONTINUE INTERROGATION FOR JUST ONE THINGS: TO MAKE ME TALK ABOUT OTHERS, WHICH I NEVER WILL DO. JUST BECAUSE I AM NOT A SNITCH, I DO NOT LIKE PROVOCATION ON A DISTANCE PEOPLE SHOULD DO THOSE THINGS IN REAL LIFE. AND THE GUY THAT WAS HIRED TO GET A LICENSE TO KILL THROUGH AUTHORITIES FOR

HIMSELF AND HIS FRIEND IS FUCKING STUPID AND WEAK. HE MADE TOO MANY MISTAKES AND LIED IN HIS STATEMENTS JUST LIKE THE WITNESS FROM GRONINGEN. WHEN YOU SEE THEM THEY LOOK LIKE A BUNCH OF STUDENTS HIRED BY INTELLIGENCE OR POLICE TO PERFORM DIRTY JOBS AS SNITCHES, NO MATCH FOR ANYONE BUT BIG MOUTHS ON A DISTANCE. WHILE THEY HIDE I SHOW UP EVERYWHERE IN THE NETHERLANDS AND STILL NO INDO SNITCH GUYS TO FIND THERE. NO PRO VIETNAMESE SNITCH. JUST PEOPLE SEARCHING FOR EASY MONEY. CREATING CRIME AND PLAYING THEATRE WHILE THEY AS SNITCHES GOT ALL THE PREVIOUS PHONE AND INTERNET DATA RECORDS FROM THE POLICE AND CREATED A PSYOPS PROGRAM TO DESTROY LIVES.

WHILE THEY PROVOKE YOU, THREAT YOU, HIDE AND TALK SHIT, THEY SCREAM HELP POLICE SOMEONE IS A MENTAL PATIENT (WHILE THEY DRIVE THE PERSON MENTAL) REMEMBER: THEY ARE FAKE AND ARE NOTHING REAL. JUST SNITCHES LOOKING FOR MONEY AND THEY TARGET YOU IN THIS CASE ME AND BLOW UP MY MARTIAL ARTS MOVIES INTO CRIMINALITY! NOW I AM A ACTIVIST AND WHISTLEBLOWER BECAUSE I SPEAK THE TRUTH? I CAN ONLY PROMISE ONE THING I WILL STOP ONLY WHEN I GET KILLED BY INTELLIGENCE OR POLICE. OHW WAIT I AM LYING, EVEN THEN I WILL CONTINUE BECAUSE NOW THE WHOLE WORLD KNOWS I AM A ENEMY OF THE STATE AND ITS MINION CITIZEN SPIES AND SNITCHES NETWORK

Be careful they might recruit anyone around you paying them money or using threats, be ready for anything in your life when you are in a fight with intelligence or the state. Many of use knowing the truth have died inside "setup accidents", "undetectable poisons" and by fights with others that were programmed to kill us.

In my life I discovered a pathetic industry of death made by law enforcement, government agents, corporations like Google and intelligence agencies. Who setup innocent people to die at their command. The intelligence agencies now control the world government with the mind patents, they create assassins and Manchurian candidates and cover their crimes up so that citizens believe in a system that is a psychological mind control system over human life. Mass control weapons are created to control the masses using extra low frequencies available on phone GWEN cell towers wich are everywhere around the world. Inducing sounds, mind altering, consciousness editing and programming the human mind for absolute control and killing is what they do these days. The next generation must be prepared for the intelligence agencies tricks. It only requires a strong mind combined with survival and combat skills, knowing psychology, NLP, mind control tactics and about the neuro patents. In this document you have seen the patents exist and Google develops them like they are busy with robotics and nanotech.

MY END CONCLUSION: *Another reason for the government to target me is that they owe me money. I can prove I need my money reversed from the age of my 18th birthday by certain documents. At first one of their agencies let's call it IRS told I might be a special case and I should go to court with them to find that out. Then suddenly my lawyer got a letter saying they do not even want to go to court, they changed their minds and they think I am not a special case. In the mean while their informants tried to destroy my life and tried to get me into isolation as I cannot receive the money in custody inside any jail or mental care. So the government wants to kill to save money instead of paying money out. It is pathetic how they try it and want to get away with their crimes.*

Corrupt police, informants and intel tries with suggestion and subliminal messaging, threats and tactics to make sure the court cases fall in the advantage of the government. They use the basic tactics for this all the government agencies and their powers: IRS will make me homeless, CPS will snatch my children, Intelligence will remotely cook others to assassinate me and family members, mental care will lock me inside a psychiatric clinic to get me to commit suicide. It is so funny how these covert agent faggots try to play thug doing their little undercover operations in Groningen for the IRS with Google neuro patents for mind altering and consciousness editing. Their program:

- EEG mind reading (neuro & bio feedback)
- REM sleep altering to control and give dreams/nightmares (fear induction/interrogation)
- Use a personal psychological script gained from intel from previous phone and internet data to harass and threaten with
- Repeat everything with ALICE chatterbot and make a Cybernetic Mind Hive team monitor your thought and processing to automate audio plays on EEG activities
- Play theater to convince you and make moves to let you know that you are under surveillance and should cooperate in the advantage of the government and the state
- Their informants convince citizens, family members and locals to participate in the harassment throwing it all on the victim being mental while cooking the victim with v2k and remote neural monitoring



It is possible that these people work as citizen spies and snitches for the Government Communications Headquarters. They have other like Google not only a commercial license but a Spying license to its citizens as government. These people saw that I made stealth keyloggers tested them on [virustotal.com](https://www.virustotal.com) and violated the law of privacy. Still this are snitches in my opinion that look for money Mkultra'ing chosen targets to provoke them in committing crimes to get caught. In my case they can after me when I went before some government officials Jos van den Boogaard, Sieger de Vries and Ron Boerrigter who had probably told to the Government Communications Headquarters there is something wrong with me. This seems the assumable story. Then they decided to in conspiracy make me tell how I violated their system to make money out of it or prevent that I come out with it making the government a fool. Therefore they tried to discredit me and used

gangstalking to drive me paranoia and the HSS ultrasound with remote neural monitoring to mimic schizophrenia. This really are weak pathetic fools with a big mouth. I came to Groningen 5 years in a row after I moved and I am still coming. Every one of them waits until I look like a crazy person or aggressive so they can call the police and setup a boobytrap with false witnesses to isolate me. They do not want me to get any money from the government. They also pushed me to become a activist against the government as they work for it and provoke me while they want to prevent me from telling the truth about their securityless foolish admins who use Windows computers and servers even withing Europol. It is pathetic.

In my opinion it is too much of a co-incidence that a snitch comes after me in the place were both the patents are (Google's headquarters & The IRS headquarters: Groningen) and the Government Communications headquarters probably in Amsterdam and Groningen. While I should get money they are trying to prevent me from getting money or being successful in any way, the government thinks, it does not work for them. They tried behaviour modification to get me in trouble with others because they do not have the balls themselves and tried to program others inside jail with v2k to attack me but it did not work. While their agents cannot gain control over me because I know too much about this subject he is afraid to tell his superior he failed his job. This pathetic Vietnamese informant working for the government doing dirty jobs feels special because of the certain immunity he got, even when he believes his own bullshit he does not dare to take the risk with his friends to set a move when I walk Groningen after moving from there 5 years in a row, going there and then nobody shows up. Instead he insists on interrogating me until he gathers the intel he needs, even knowing he cannot squeeze any bit of information out of me not even with real torture if it could, so his remote torture and outcomes are like a fairytail. This pathetic Vietnamese, Indo snitch group from Groningen Netherlands hiding behind a Volkswagen local car club, doing the governments dirty jobs, silently harassing people, doing behaviour modification and killing people to prevent the government from having financial loss and themselves getting privileges, vacations, new cars from the cops and playing thugs all over, is just funny if you look at their stupid faces. These are untrained, none professional, dumbass, untactical, funny looking guys, that will not exist when a situation gets real. These guys covers are blowned and I am NOT sorry. With their job, they should take their risk instead of nagging and crying, playing thug and then drive around with the cops behind them to setup entrapments with fake witnessess to make sure someone looses his finances and the state gets in control. A mental label helps with that, they use the patents to make it look as if you are confused, angry, cooked, drive you paranoid with gangstalking and street theatre, try to make you schitzo using v2k 360 degree audio only you can hear, they try to make you talk about god and other things to others so that they might think you are nuts. When they isolate you in jail or mental care they torture you further until you commit suicide or get killed with behaviour modification and those that prevented the payout to you and saved the IRS money get a bonus. This



is the real setting behind gangstalking, Creating activists and whistleblowers when it comes in advantage for them to silence someone and then create staged accidents and cover them up. Inducing fear and obligation everyone to surrender to a enslavement system, with all the money of the world in their hands, for our own good, weapons may not be carried, buy they can and they may hurt us with it, are you kidding me? Time has come. Someone will show power, growing, internationally. That person has grown inside every organization for one particular reason.

Yes I made this snitch girl like a fool with her pics but it is to irritate her and her Government Communication Headquarters friends (especially the Vietnamese boyfriend), nothing personal. Just revenge like they use their patents on me to drive me into committing crimes and suicide. They have to understand that I understand all of it so it does not work. Mind control tactics just do not work on me. I did not expect something so low from the government.

Yes these Gangstalkers from Groningen seem be be wannabees popular and gangsters that also come on YouTube and perform online activities. The guy with the head calls himself Foeboe/Fubu the brand of negro sports ware. While she has like millions of dollars and travels the world with her friends. It is very funny to see how these snitches get overpaid on someone else suffering from induced synthetic mental illness. Many people are just under remote neural monitoring not mental.

ALL ACTING THEY DO! But they could cook people in jail making them false promises, so they kill you and get caught themselves without the promises coming true. Very smart. The patents exist, just like Cybernetic Mind Hives.

REMOTE NEURAL MONITORING THIS IS THE TRUTH READ BELOW AND WATCH ALL OF IT EVERYONE KNOWS NOW!!!

Watch this for better explanation it is essential to watch it till the end and you will understand it:

<https://www.youtube.com/watch?v=RA53Ei9N2A>

<https://www.youtube.com/watch?v=WpZEjf-Ta6g>

<https://www.youtube.com/watch?v=YwSiVTA7pnc>

<https://www.youtube.com/watch?v=plrHU4VKbRM>

THIS EXPLAINS REMOTE NEURAL MONITORING!

<https://www.youtube.com/watch?v=-rYFF8uYf2o>

You cannot trust your own emotions/feelings/dreams/thought as they can be induced and subliminally sugges remotely using electro magnetic extra low frequency neuro technologies! So understandig the subject and taking control over yourself is key! Remote neural monitoring allows to read thoughts/influence the mind/induce emotional feelings (anger,love,sadness) and give you dreams.

So the mind is controlable with neurotech Read on here it comes...

THE MASTER PLAN OF THE ELITE: Depopulation

The global elite have a master plan - depopulate the earth. They believe that the maximum sustainable population for earth is 500 million. They want everyone death but silently.

They are slowly accomplishing this goal by:

*War. (They fund both sides - let that sink in) believe systems and opinions are used to do so (CIA)

*Gay/Transgender/Gender Change movements (They fund protests, and pay hundreds of millions of dollars on advertising every year pushing the ideas they need to implement. Changing genders messes with our DNA code, thus making it very difficult to reproduce)

<https://m.youtube.com/watch?v=y7XgWTeaYNc>

<https://m.youtube.com/watch?v=UKgxxNES4Zs>

*Poisoning our water, air and FOOD, making us sick & live shorter lives

<https://m.youtube.com/watch?v=mcZaJEMsSwM>

<https://www.safewater.org/.../1/.../water-fluoridation-in-canada>

<https://m.youtube.com/watch?v=aFVF3MJNOHg>

*Implementing worldwide pharmaceutical giants & pill pushing

*A.I. movement (robotic sex dolls, etc)

https://m.youtube.com/watch?v=OBq89e_2FRg

*Increasing violence, murder & therefore the amount of people in our prison systems (remember; they fund riots & movements - black lives matter, feminist movements, etc) they invented God for control

*Drugs (the supposed 'war on drugs' in the US costs about \$500 per second... and it has been very unsuccessful. Wonder why? It's because government is the largest drug dealer there is. Besides the fact that the elite want drugs accessible for themselves, it is a trillion dollar underground industry AND it creates death, prison time (billion dollar private industry) and therefore, less reproduction.

There are many other ways they accomplish the depopulation goal.

THEY TRY TO CONVINCING YOU THAT YOU ARE UNDER 24/7 SURVEILLANCE WHY AUTOMATING THE PROCESS AND REPEATING THEIR SPEECH SO THAT YOU DO NOT GET THE THOUGHT THAT

YOU CAN DO ANYTHING AGAINST THEM WHILE YOU CAN

If you do some research, you'll find that our fertility rate is dropping, globally.

https://m.youtube.com/watch?v=PUwmA3Q0_OE

They use the UFO hoax and other fear induction madeup things at certain locations to mass control people and perform population control. Because normal people have no idea on electro magnetic field and Tesla technologies wich the government and their corporations experienced years in silence with, they are experiencing things like real horror that is suggest into their minds. This people can easily be isolated into mental care and used as Guinea pigs for testing new drugs and performing Mkultra improvements.

With **Remote neural monitoring** (reading minds/inducing thoughts/controlling emotions/dream control and talking to the mind bypassing the ear it is even more easy to create mental diseases than ever. Believe systems are used to control and silently kill. The try to remove the fear of death and control people making more chance for them to feel superior as another side is supposed to be there removing the fears of death. What really is after death we do not know, if there even is something. Death is one of people's most biggest fear and used for control their entire life thinking about it. Believe systems close the gap for this as giving people hope and a guideline using the books of God (elite government), while Satan (involved with criminal minds) does the opposite and make hell exists so that people who believe would rather go the heaven and live their life in peace on earth. The intelligence agencies use this mechanism for controlling humans while, even this we do not know, maybe in the beginning had good intentions (believe systems) but now has gone out to wars, control, power and enslavery. Remote neural monitoring is used currently for people control all over the world killing those people that the elite thinks should not be there. Paying their snitches and those that corporate a lot of money. Some people even corporate while they do not even know it. Killing someone else silently are thinking they do something good for society.



The Big Acquittal

@BeattyLaw

FREE LEGAL ADVICE: Do not EVER give a statement to police.

They will say you can go home after. YOU CAN'T.


They will say they just want to help. THEY DON'T.

They will say you are not a suspect: YOU ARE.


Stop talking. Say nothing. Lawyer up.

THEY ARE NOT YOUR FRIEND.

11/29/17, 9:33 AM

Remote neural monitoring is a **police informant hoax done by cybernetic mind hive teams**. It is meant to make you believe you are under 24/7 surveillance and convince you that you cannot commit any crimes. While they just **repeat their psyops MKUltra script to neuro program you** using a ALICE chatterbot that reacts automatically on thought activity. They try to **automate the harassment and interrogation process** as much as they can. Acting like people you know from your life gathered from phone and internet data they want to have a bigger chance for them **to make you listen** and mind control you. Using NLP they try to create triggers and try to induce fear. Thoughts are not facts and **therefore RNM is useless in court**. If the police had any evidence against you they would have already arrested you using these **thought police** informants. They **interrogate you and provoke you** to make sure you are not a danger which they want you to be as they get paid bigger. Using **dreams** they interrogate you also. For protecting themselves they **setup entrapments with false independent local witnesses** to win court cases and make it look as if you harass them and that you are discredited to make sure the judge believes them. Many lives have been destroyed while they gathered intel and abused their neurotech equipment on **innocent citizens** making them **Guinea pigs**. People lost their finances, marriage, children, family, friends and even became homeless. Never cooperate with them. See them as **fools with neuro patents unable to do anything** in real life trying to destroy yours remotely with bullshit. You are in control of your life and Nobody else is. **Fuck them for being fake** trying to convince you to pull back. They are coming as new neighbors, driving with their cars **making U-turns** to make you pull back, acting around as thugs while making police reports against you and talking shit about you. Making you look guilty without them having real evidence. This kind of weak people are pathetic. When you decide to attack them do it subtle, stealth. They cannot do a fuck telling you they can. This infragard community is dependant on calling the cops yell that you are mental and dangerous and then talk shit like you carry a gun so that police can shoot you. These kind of people are easy targets themselves once you know, tables are turned around. **THE POLICE IS NOT YOUR FRIEND THEY ARE TRAINED TO ENTRAP YOU & ISOLATE YOU. SO SHUT UP!** 

REMOTE NEURAL MONITORING: SPIES

They read your mind to supposedly **prevent crimes**. While they provoke you into committing a crime to see if you do. They try mind control, NLP, fear induction, community gangstalking, street theatre, provocation, gaslighting, reverse psychology, creating confusion, false promises, making you dependent, government agencies work together, corporations work together, they look like informants and snitches. Well **they are informants** alike believing in a **neuro technological system** to read minds, control dreams, mass control and silent killing. They **are convinced they participate in creating a better world** and drag others into that idea thinking they help into crime prevention. While the government, individuals and corporations just **use neurotech to destroy lives**. 

THE FORCE THAT SUPPOSED TO BE GOD

Even **now that we know believe systems are engineered** by extreme psychological humans to control other humans we can see that **life was designed**. The circle of life and how things are made that we are born, live and die, all in repeat has been thought of otherwise we could live forever. There is a designer that designed this process. What kind of force or energy this is does not matter **human kind is too stupid to know** and never will. Thinking about this keeping us busy with it prevents us from living as everyone wants to be right about their opinion about this. The truth is there are no rules, there is no law except the ones you believe in living your life. Even if there is a God kind of creature or energy he does not like you because you are a dumbass human. Having a good life starts with **stop overthinking about subjects**. Happiness starts with the things you can control and getting a grip on them. Finding balance in doing the things you love to do as life on earth is a short time. It is over without you noticing it just as spending time with your family. Stop stepping into the matrix of control. **Become** the control.

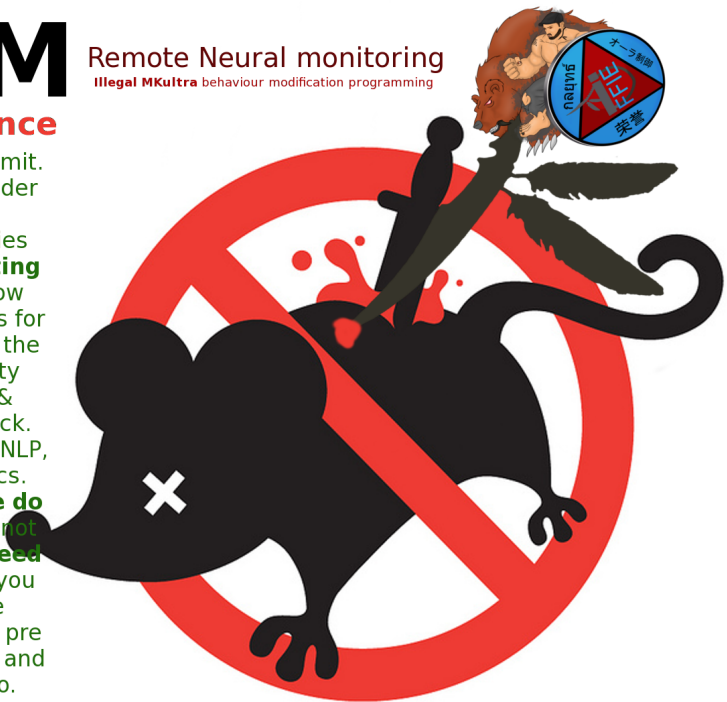


STOP RNM

Remote Neural monitoring
Illegal MKUltra behaviour modification programming

Illegal police state surveillance

A fool accuses you of crimes you did not commit. Now a neurotech system tries to take you under control combined with gangstalking and provocation using informants and citizen spies **who think they are preventing and fighting crime**. Some of these fools do not even know they destroy a targets life. All the snitch cares for is making crime and claiming money playing the local hero for their little infragard community watch. They get paid in immunity, money & vacations. While the police watches their back. Become psychological enough to understand NLP, reversed psychology and mind control tactics. They **can do nothing in real life therefore do it on a safe distance** to you. Thoughts are **not** facts so RNM means nothing in court. They **need your cooperation to make you believe** you are under 24/7 surveillance while they are automating most of it. Everything they say is pre recorded and repeated to neuro program you and make you pull back while you do not have to.



RATS!



Your guide to protecting yourself
against snitches, informers,
informants, agents provocateurs,
narcs, finks, and similar vermin

STOP
SNITCHING

Claire Wolfe

with the Commentariat of the Living Freedom blog

RATS!

Your guide to protecting yourself against
snitches, informers, informants, agents
provocateurs, narcs, finks, and similar vermin



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with the Commentariat of the Living Freedom blog

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Acknowledgments

I intended to acknowledge the dozens of people who contributed to this book. Given its touchy subject matter, I figured I'd use only their online nyms, not real names. But, sadly, almost everyone I asked responded, "Don't mention me!"

Such is the nature of the police state.

So the only contributors credited anywhere in the book are those who wrote items especially for this project or whose comments on my blog, *Living Freedom*¹ I reprinted here. Their nyms appear with their contributions.

Despite the lack of credits, this book was truly a collaborative project. Contributors included lawyers, former cops, security specialists, political activists, members of the drug culture, business executives in "sensitive" fields, outlaw bikers, and in a couple of cases people whose identities are so deeply secret that I couldn't credit them even if I wanted to. (To guard against the possibility of any snitch sympathizer planting misleading information, outlaws, former snitch victims, and lawyers checked the text *after* more "official" folk had their say. I'm relieved to state that, while many people added valuable information as the book grew, nobody in this very experienced crowd spotted anything false or suspiciously "coppish.")

Contributors came from all walks of life – from the ultra-respectable to the underground. All shared the same goal of helping non-violent people save themselves from snitches and – hopefully, someday – ending the corrupt and evil "snitch culture." Once I pulled the book together with all that help, an anonymous proofreader and a friendly layout artist took it from there. There are two people I am allowed to credit: cover designer Keith Perkins and illustrator Travis Halverson, whose

¹ www.backwoodshome.com/blogs/ClaireWolfe/

"no rattin'" drawing you'll find at the end of the book.

Each and every contributor was a volunteer. This book couldn't have happened without them.

This book is for you if ...

You are a non-violent person engaged in any activity that may be controversial, illegal, or merely "sensitive" or unconventional. These days, anything out of the ordinary can make you a target.

Some people who could use this book:

Anti-war or environmental activists

Recreational drug users

Participants in the underground economy or anybody who does business in cash

Critics of local or national powers-that-be

Anyone whose profession involves "sensitive" information or activities

Gun owners or dealers

Third-party or "fringe" political activists

Hobbyists who work with dangerous materials

Photographers/videographers

Religious dissidents

People with offshore or unconventional investments (including perfectly legitimate ones)

It doesn't matter where you fall in the political spectrum or even if you're apolitical. If police might target you or your activities, you need to understand how snitches could mess up your life.

This book is NOT for you if ...

You aim to commit violence against innocent people. In that case, reporting on you isn't snitching, it's self defense.

What exactly is a snitch?

There are a lot of different types of snitches. We could write an encyclopedia defining them. But we're going to keep this simple.

For purposes of the book, a snitch is anybody who inserts him- or herself into your non-violent activities on behalf of government. "Government" may mean local cops. It could also mean the FBI, the Department of Homeland Security, or a host of other state or federal agencies. It's absolutely mind-boggling how many seemingly innocuous agencies these days have arrest powers, armed enforcers — and snitches employed in sneaky sting operations. And thousands of them use snitches.

There are two common categories of snitch you need to look out for:

The infiltrator/agent provocateur. This is someone (often a professional) who is inserted into a group for an active purpose, such as disrupting the group, or worst, talking formerly innocent (or at least formerly non-violent) people into committing crimes in order to bust them. Agents provocateurs may, among other things, try to turn non-violent protest into violent action, thus discrediting movements, giving excuses for crackdowns, and giving more publicity and power to government agencies.

The informer/informant. This snitch is often a legitimate member of a group or social circle who continues to be active while giving information to the police. This person may be acting under duress (to save his own skin after being arrested, for instance). This person may be hoping the cops will pay with money, drugs, or ongoing criminal immunity for her dubious "services." While this person isn't necessarily a professional agent provocateur, he may nevertheless try to talk friends into committing crimes so he can get more

credibility or rewards from his police handlers.

These aren't the only types of snitches. For example, there's also what we'll call the "**accidental snitch**" — though **idiot snitch** might be more appropriate. This is the person who simply can't keep her mouth shut about illegal or controversial activities. Cops *love* these guys! They don't even have to threaten them, pay them, hire them, train them, or gain any leverage over them. They just sit back and listen to them reveal secrets.

Then there's the type of snitch the British call a **grass** and old American gangsters might have called a **stool pigeon**. This is a person who blabs to cops or other government agents *after* you (and probably he) have already been arrested. This person isn't going to interfere with your activities; that's already been done. He's "only" going to give sworn affidavits and courtroom testimony against you, justifying it as a means of saving his own skin. There's not much you can do about this person. By the time you learn one of your former friends is a "stoolie," it's too late.

There are **vengeance snitches** — people who turn on friends and associates after having a falling out or not getting their way. There are **jailhouse snitches** — either deliberately planted in your cell after you've been arrested or just opportunists who happen to be there and are willing to share whatever you say (or make up lies about things you said).

Each and every one of these people is a betrayer of friendship and trust. All of them are just plain *rats* — and they're as welcome in the company of good people as rats are in a pantry.

To keep things simple we're going to call them all snitches — though we'll differentiate when we need to help you look out for specific problems.

What makes snitches so dangerous?

Snitches are everywhere and their use is growing. In many cases, genuine police investigations into actual crimes are almost a thing of the past. Government agents just round up some snitches, get them to lie or arm-twist them into spying and – *voila!* – an instant and easy case against virtually anyone they want to target. Sometimes they get everything they need from some anonymous person who makes false accusations via a tips hotline.

Snitches (and cops) lie all the time and get away with it. So do prosecutors and virtually all government investigators. Good luck "proving your innocence" if some liar says you were part of a drug deal, laundered money, plotted to blow up a bridge, or asked him to help you murder somebody. Never mind that, in our legal system, the government is supposed to have to prove your guilt; that's become a quaint notion.

Snitches damage individuals, organizations, and movements even before they actually rat on anybody. The mere fear of them destroys trust, friendship, and cohesiveness. Some are deliberately inserted into groups to cause exactly that sort of chaos and dissension.

They tarnish otherwise legitimate political movements. When the media reports that members of Group X or Movement Y have been caught running drugs or guns or plotting to dump toxic chemicals in a reservoir, guess what sticks in the public's mind – your legitimate goals or the "fact" that you're a bunch of terrorist whackos? Later, when it comes out that the entire plot was a fiction created by an agent provocateur who got a few marginal members to go along with a scheme the government itself cooked up, hardly anyone notices. All they think is, "Oh, Group X; yeah, they're a bunch of violent loonies. Thank God the FBI saved us from them."

They send people to prison. Sometimes innocent people. Often the victims of snitches have committed "crimes" that are much less serious than those of the snitch himself. A snitch is often either a real scumbag who's in the pay of police or a formerly decent person trying to save herself (or family members or friends) from a long prison sentence by getting others to commit crimes.

They may literally cost you your life, your fortune, and your sacred honor. Not to mention your family, your freedom, your friends, your job, your savings, and your reputation. *And don't imagine that "mere" innocence will protect you.* The more innocent you are, the more you're likely to be blindsided and hurt by one of these betrayers – because innocent, naive people make easy targets.

They corrupt entire cultures. Think of East Germany under the STASI or the old Soviet Union. Literally husbands couldn't trust their wives. Parents couldn't trust their children. Brothers couldn't trust brothers because so many were reporting to the state. Now, some countries that knew the horror of snitch culture forbid or limit the use of snitches. At the same time, formerly free nations are relying on snitches for everything and encouraging every moron in the land to "see something and say something."

A fact to remember

This book could help you avoid becoming the victim of a snitch. It could even help you avoid being pressured into becoming a snitch yourself.

But there are NO guarantees. Snitches are effective precisely because they're so hard to detect.

Snitches prey on the naive and unsuspecting and on misplaced friendship. No book is a substitute for common sense and healthy skepticism. You have a brain: USE IT.

You have a gut. When it tells you you're in danger, BELIEVE IT.

PART ONE

Recognizing and Avoiding Snitches

FIRST RULE: Learn and practice good security consciousness

The military calls this OpSec – Operational Security. It means conducting yourself in such a way as not to give away secrets or walk stupidly into avoidable dangers.

Don't talk about secret or illegal activities outside your group.

Within your group, talk about them only to people who have a need to know.

Keep groups small. Maybe even as small as a "cell of one."

If you use email, encrypt it. Not only that, but encrypt all email you possibly can, not just email containing sensitive material. Encrypt your cute cat jokes and your discussions of last night's favorite TV show (that way you don't call special attention to your most confidential exchanges).

Do not post sensitive material on social media (a no-brainer, but apparently some still do it).

Attorney safety tip:

A lawyer who consulted on this book says:

"When dealing with police, prosecutors or their agents, do NOT base your theory-of-the-game on TV, movies, or other sources. Or on constitutional theory you may have learned in school. The other side is playing for keeps and to them rules are irrelevant inconveniences. Ask Bradley Manning."

Do not post sensitive material on social media *even when your privacy settings allow only "friends" to see it*. A 2012 court ruling said it's perfectly okay for those "friends" to turn around and show your allegedly private info to government agents.

Do not talk to cops or indeed any government agents – about anything. Ever. The most innocent remarks can be used against you. The "nicest" cop is still not your friend. (We'll have more on this in Part Three and in the appendixes. This is *extremely* important!)

Know the laws, potential sentences, and likely prosecutorial practices against any crimes you're committing.

If you're a political activist, keep your nose clean in other ways. For instance, if you're an anti-drug-war activist, don't sell drugs on the side. Don't make yourself an easy target for spurious (or worse, real) criminal charges.

Unless you actually want to be arrested to become a test case (a dangerous but sometimes useful tactic), then do everything you can to avoid giving anyone ammunition to tarnish you or your cause.

Do your best to make sure your associates also follow good security practices.

Get yourself *away* from associates who are blabbermouths, boasters, loose-lipped drunks, or "friends" who insist on posting their (and your) every activity on the Internet.

We repeat: GET YOURSELVES AWAY from anybody who can't keep his mouth shut!

Tip from experience:

This comes from a friend of mine who spent "the worst two weeks" of his life in jail, courtesy of a snitch: "Don't hang with people who are dishonest or lie, even in small, unimportant things. They have no honor to lose and everything they say and do is based on profit or benefit to them."

Recognizing a snitch

While some clumsy snitches are obvious, many more are nearly impossible to recognize. What follows are only guidelines. Use them as an aid to your own brain and your own gut, but understand that when you organize with others to do controversial things, you very probably *will* have at least one snitch in your midst. There is simply *no* group that cannot be infiltrated. The longer you continue and/or the more controversial your activities, the more likely you are to attract one or more rats.

Some typical things snitches and/or agents provocateurs do:

A stranger or casual acquaintance tries to get you to do or advise on illegal activities.

A friend suddenly starts pushing you to do or advise on illegal things.

A person joins your group and statements he/she makes about his/her background just don't add up.

A person joins your group and starts stirring up trouble and creating divisions.

A person joins your group and is overly eager to be useful, to pay for the group's activities, to initiate activities, supply equipment, to escalate dangerous activities, etc.

Someone goes out of his way to gain your trust, to be really buddy-buddy with you. Then, when you resist getting into dubious activities, he drops all interest in you (he's looking for an easier mark).

Advice from the underground

This ultra-basic piece of advice goes back at least to the agitators of the 1960s. Yet people still get entrapped by ignoring it: "You can always tell the FBI agent. He's the one who's trying to get you to bomb something."

You're asked to do illegal or dubious business with a "friend of a friend." This is a big one. It's amazing how many "friends of friends" (where controversial activities are involved) are actually undercover cops.

Someone asks you to do something illegal or dangerous that he could just as easily do himself or have done elsewhere.

Someone starts agitating to have your group do something outside the group's purposes. ("Hey, we just run a little of this 'stuff' across the border and it'll make us a lot of money that we can use to do good.")

An older, "more experienced" person joins your group or circle and soon becomes a counselor of sorts to the youngest, most edgy, most insecure, most angry, or most naive members. He "cuts them out of the herd" in order to pull them into illegal plots. (This is a classic tactic of the agent provocateur.)

Anyone in your group starts agitating for violent action. People who agitate for illegal activities may be snitches; *or* they may be genuine fools who will attract snitches.

These are not the *only* ways snitches get you in trouble. But they're among the most common ones.

On the other hand, appearances can be deceiving.

An online commentator who goes by the handle Bulucanagria recalls:

Some years ago I was returning from a job interview. I was changing buses in downtown Cincinnati when I saw that there was a hemp rally about to begin. Naturally I stayed on to enjoy the festivities.

Coming from a job interview I was dressed casually, but rather nicely; slacks, button down shirt, decent shoes. Also, I'm a fairly large white guy with short hair, my preference because when my hair

grows out I look like a used Q-tip.

So, I'm standing at the back of the crowd when a band comes on to warm up the crowd. The singer intros the song by saying, "This is dedicated to all the undercover cops out there today ..." and about a dozen people turn and look at me with knowing expressions. I had to laugh out loud!

The first speaker comes out (Gatewood Galbraith RIP), and soon some naif sparks up a joint ... and is immediately arrested by the tie-dyed, long-hair, bearded hippie! Again I couldn't help myself and laughed out loud. I've smoked my share of The Devil's Lettuce but sometimes potheads just ain't too bright.

My point is that another potential sign of a plant is somebody who seems to match all the stereotypes of the group you're in. The agent involved may be smart and subtle enough to provide a nuanced portrayal of a "fellow traveler," or he may be an ignorant jackwagon who believes all the hype put out by his overlords and thinks of his quarry as cartoon characters. It's true that stereotypes become so by generally being true, but it's doubtful that any one individual would embrace them all.

Again, this seems like something a savvy person would already understand but, since we're trying to explain these things to ignorant fools (i.e. me 30 years ago), I thought I'd share.

What makes snitches so persuasive?

Snitches, especially professional agents provocateurs, can be master manipulators. Many otherwise-smart people have been drawn into their traps because they failed to recognize not only the specific techniques listed in the last section but because they failed to understand the psychology of snitchery and entrapment.

Snitches play on your trust and/or your desire to go along with others.

They may appeal to your loyalty or your fear or some other emotion ("You won't do it? Wow, and here I thought you were one of us." "C'mon, if you had any guts you'd do this." "How are we ever going to change things if we don't take radical action?")

They may literally "cut from the herd" the most naive, trusting, foolish, or discontent of your associates, isolate them, and psychologically manipulate them into committing crimes.

They may pretend to be your friend. — especially a friend in need. ("I know you don't usually deal, but couldn't you just sell me a little from your stash?" "Look, just help me get this money out of the country; it's no big deal." "Hey, I know you have a machine shop in your garage; how about helping me cut down the barrel on this shotgun? I'll pay you.")

They may actually *be* your friend — but a friend who has gotten into legal trouble and has turned to snitching to save themselves from a long prison sentence. (Same sorts of urgings as in the last bullet point, but this time coming from somebody for whom that wouldn't be characteristic behavior.)

They may make it easy to commit crimes by not only pushing the idea, but actually supplying the funding, the

equipment, the transportation, and the planning for the crime. They may come across as natural leaders ("Trust me, I know how to do this!")

They may make hyper-strong appeals to your cause – then use the leverage they gain to make equally strong appeals for committing crimes.

They often play upon a normal human desire to want to DO something - which is likely why, if you're a political person, you're a member of the group in the first place.

And finally – let's never forget – some snitches play on that most basic instinct of all – S.E.X. Spy agencies have known this as long as there have been spy agencies. The KGB used to call it "the sparrow trick"; get a red-blooded heterosexual male up close with an attentive, manipulative female and said male will eventually whisper all manner of secrets into her ear. These days, it probably works the other way around, too. And no doubt homosexual attraction can blind eyes and loosen lips just as effectively.

Case in point: Steve Haug

Haug is one of the agents provocateurs the FBI planted with the Hutaree Militia – a group that basically did not do much while its members spouted unpleasant political rhetoric. Haug inserted himself so persuasively into the group that he became the best man at the leader's wedding.

And all the while he was recording hundreds of hours of conversations and aggressively trying to get the group to cook up a "bomb plot." A judge eventually threw out all the major charges, but not until some Hutaree members had spent two years in jail awaiting trial.

It's also worth noting: One of the other snitches who helped bring down the Hutaree was a mouthy radio-show host called Hal Turner.

Turner used another infamous tactic of snitches; he constantly urged, and even threatened, violence against public officials. All the while he was on the air, rousing dimwits into a frenzy, *he was also a paid FBI informant, reporting on the very people he was inciting*. And that's not at all unusual or surprising.

Another point to remember about snitches

This comes from "just waiting," who also contributed the excellent primer on interrogation that you'll find in the appendices. He notes: "While all snitches are cowards, not all snitches are wimps or sissies. Just because we talk about them as lesser beings doesn't mean some of them aren't tough as nails – fighters and brawlers.

"If nothing else, snitches show a very developed sense of self-preservation and a willingness to do anything to save their own ass. Being a rat doesn't diminish their ability to fight, it just changed their tactics and focus temporarily."

So beware: Another way snitches can be dangerous is to physically hurt you if you get in their way.

"Mere" snitching vs active entrapment

Back in the late sixties or thereabouts, there was a federal case in which Treasury agents latched on to a printer who was willing to fantasize about doing some counterfeiting. Undercover Treasury agents encouraged him to really do it. Despite being a printer, he didn't have the special plates required to print money. So the Treasury agents provided them. Then he didn't have the special paper required to print money. So the Treasury agents provided it. And so on.

A judge tossed the case. And rightly so. There would never have been a crime, had the federal agents not provided the means and a big chunk of the motivation. That's entrapment.

Today, that dumb sap of a printer would be in prison for a long, long, time. As Bovard says, standards have changed. Although a jury will occasionally decide that some act of entrapment is so outlandish they'll refuse to convict (do an Internet search on "FCPA Africa Sting" for a great example), victims of entrapment have ended up serving decades in prison for going along with plots cooked up entirely by government agents. Even those eventually found not

Times have changed – not for the better

In a *Playboy* article, James Bovard wrote: "Up until the early Seventies, defendants often successfully challenged entrapment as a violation of due process. But in 1973, the Supreme Court, in an opinion written by Chief Justice William Rehnquist, gutted most defenses against government entrapment by focusing almost solely on the 'subjective disposition' of the entrapped person. If prosecutors can find any inkling of a defendant's disposition to the crime, went Rehnquist's logic, then the person is guilty, no matter how outrageous or abusive the government agents' behavior. Justice William Brennan dissented, warning that the decision could empower law enforcement agents to 'round up and jail all 'predisposed' individuals.'"

guilty may lose everything in the effort to save themselves.

With courts allowing more and more acts that would once have been considered illegal entrapment, more and more "mere" snitches are using their wiles to talk people into illegal deeds and are even providing the means and money to carry those deeds out. The lines between "mere" snitches and agents provocateurs are blurring.

Beware of anybody who not only wants you to commit illegal acts but goes out of his way to "help" you do so!

Dangerous myths about snitches and undercover agents

There are two huge myths about snitches, narcs, undercover agents and other cop-associated rats that you'll hear all the time. The people spouting this BS always sound as if they know it for a fact. But the only fact is that they're misinformed – and are dangerously misinforming you.

Here are the two myths:

Myth #1: If you ask if someone is a narc, they have to tell you.

NO they don't. The myth holds that if you say, "Are you a narc?" or "Are you a cop?" and the person replies, "No," then they can never, ever bust you. Baloney! Every variety of snitch can look you straight in the eye and say, "I'm not a snitch" – then turn right around and land you in jail. Court cases around the nation - a search engine is your friend, here - have affirmed the “right” of government agents to lie to their targets. Which brings us to:

Myth #2: Cops are never allowed to lie to you.

OMFG, cops – and all kinds of other government agents – lie and they lie and they lie. And in nearly every case the courts allow them to get away with it.

But that brings up a related subject. Increasingly, *you* can get in trouble for lying to *them*. Even an innocent and harmless misstatement can be twisted into a prison sentence for you (search on "Martha Stewart prison" for an example).

There *are* a few sorts of lies that are so egregious that if a police officer tells them the case against you may be thrown out of court (attorney Jamie Spencer gives an example here¹). But

¹ <http://blog.austindefense.com/2006/10/articles/war-on-drugs/are-the-police-allowed-to-lie-to-you-during-a-criminal-investigation/>

only *after* you've been busted, scared out of your wits, deprived of your property, and perhaps driven into bankruptcy.

So just remember: Cops and other government agents are the most evil liars in the world – because they have power to hurt you, they'll use it ruthlessly, and they know they can get away with almost anything. If you know, or even have good reason to suspect that someone is a cop or any sort of government agent, **DO NOT TALK TO THEM**. About anything. Don't try to outwit them. Do not try to turn the tables on them. Don't even talk about the weather around them. The only things you ever want to say to a cop are things like, "Am I free to go?," "I do not consent to a search," or "I will not speak to you without an attorney present."

Attorney safety tip:

A day or two spent in jail because of a frustrated government agent beats a lifetime spent there because of a verbal misstep.

What to do if you believe a snitch is personally targeting you

Let's assume that you suspect — but aren't sure — that someone in your circle is a snitch. And worse, you think the person is, or even might be, targeting you. What do you do?

Again, get away from the person

Do not try to outsmart the person

Do not feed the person false information (because if that person is an undercover agent this could be a crime in and of itself)

Do not commit violence against the person

Just get away — even if it means leaving a group

If you think you've already said or done something compromising with this person, see a good lawyer and read the section of this booklet on how to conduct yourself if you get arrested.

Another tip from this book's helpful attorney: "Consider making your OWN complaint to the authorities about this 'nutball' [the person you suspect of being a snitch]. This a) puts you on the record as NOT being in bed with the snitch, b) alerts the snitch and his handlers that you're aware of him and are thus less likely to be an 'easy target,' c) creates an appearance that you're not one of the bad guys - since you're not hiding anything, and d) maybe - with a little luck - the snitch ends up in jail himself for some time. I would not consider this 'do not try to outsmart' described above (which I agree with)." Of course, if he turns out *not* to be a snitch, you may have harmed an innocent person by calling the cops on him. It's a risk. But if the person really *is* an agent of the government, this can be a pretty good act of self-protection. Oh, and one of my friends who speaks from

experience, points out that if you're going to report a snitch to the cops, it's best to do it through a lawyer. Otherwise you're talking to cops, which is a no-no.

It's an old joke, but ...

SterlingStrings writes:

Back in Soviet Russia, twin brothers were born. They slept in the same crib. As they grew older, they went to the same schools, and entered the same military duty side by side. After the military, they started work next to each other in the same factory. They were married on the same day, and raised their families next door to each other in the same apartment building.

The years go by, and the brothers find themselves as old men, sitting on a park bench, sharing a bottle of vodka.

"What do you think of these new reforms they keep talking about?" asks one brother.

"Nyet" Says the other, "One of us might be KGB!"

As I said, old joke, but an element of truth. The sad reality is, everyone has their version of the "thirty pieces of silver." Pressure on a family member, fear of jail time, exposure of a dark secret ... anybody can be turned. The trick is in riding the fine line between necessary trust and over extending yourself and putting yourself at risk. Personally, I'm in favor of compartmentalizing information. Discuss "X" with one person/group, share "Y" with another group, and keep your yap shut about "Z".

Also, remember that the Internet is the greatest snitch out there. Every click, every search, every action CAN be recorded. I have no evidence that it's being done successfully, but it can be done. That's enough for me to never use a single point of entry to the WWW. Visit the public library for some, your local coffee shop for more, do some lightweight stuff at home, and don't surf and research at the same time. Find stuff, data dump it to a secure source, and read it later. If you find it irrelevant, trash it then.

Heads down, eyes up!

PART TWO

A Snitch Uncovered

If you believe there's a snitch in your group

We've talked about how to recognize snitches and what you, as an individual, should do to protect yourself. Again, we have to stress that there are no magic bullets; you might be blindsided and severely damaged by a snitch despite your best instincts and best efforts at OpSec. The advice in this booklet can lessen the chance of that, but nobody can give you any guarantees.

Let's say, though, that you believe you've spotted a snitch and this snitch is not only in a position to harm you, but also a group you belong to — whether that be a bunch of dope-smoking friends, a group of hobbyists or gun owners, an activist political organization, or a religious group.

The first thing to do, as we have said before and will say again, is to get away from that person and his or her influence. However, now you've got other people to worry about.

Some members of your group may be absolute innocents. Some may be blabbermouths or edgy types who are walking stupidly into the snitch's trap. Some may be friends with the snitch and hostile to anybody who expresses doubts about the person. Some may even be associates in the snitch's plan to bust you (it's not unusual for government agencies to plant multiple agents into one operation and the bitter old joke that, if not for the snitches, some meetings would be empty, isn't that far wrong).

What do you do?

Document your suspicions.

If possible, conduct some careful, subtle investigation to see if your suspected snitch's background and life matches her claims. Does she really live where she says? Has she been seen with police? Do her statements about her education or her friends hold up? If not, you may not have a snitch, but you have an untrustworthy person, for sure.

Share your specific reasons for suspicion with people in the group that you trust. Yes, we know that snitches destroy trust, so be very careful when choosing one or two others to confide in.

If you can do so without violating your state's law, quietly begin video or audiotaping all interactions with the suspected person. If state wiretapping laws forbid recording without the consent of all parties, then at least consider openly recording meetings to counteract any lies the snitch may tell his handlers.

Start a 'Facts, Acts, and Circumstantial file.' After each incident write details down. Facts are the time, date, occasion, incident, characteristics of the person(s). Acts are what they did. Circumstantial is the impressions and anything odd about the situation. Use the FAC file and keep notes from unsettling situations and see if a pattern emerges. (Note: This item also appears in Appendix 2, where you will find details on how to do this, along with many other commonsense OpSec tips.)

Do not make open accusations unless you have proof positive of snitchery or copness (as when New York Libertarian Party activists (see below) spotted a former "suspicious" member in the *New York Times*, helping the FBI with an arrest).

Discuss with your most trusted associates what to do.

Just as your first individual move is to keep away from the

suspect individual, the best group action may be to simply shut the person out. Stop talking with them. Stop inviting them to meetings. Stop asking them to be involved in projects. Freeze them out of all activities and discussions.

In a serious case, you may end up having to shut down the entire group to foil a snitch or agent provocateur. If so, have a plausible excuse if you can.

Always, always make sure that you and the other "on the up and up" members of your group remain on record as NOT advocating illegal, and in particular violently illegal, activities. Got a blog, a Twitter account, a Facebook page? Make your opposition to certain activities clear and public.

Furthermore, make sure you stay on record as NOT advocating things that the snitch wants. Do not line up behind, or even pretend to agree with, that person's policy recommendations, strategies, or tactics. Remember, you may well be being recorded. You do not even want to appear to superficially agree with things an undercover operative is trying to talk you into.

Again, finally, you may have to recognize that you can neither help nor save those who do not wish to be helped or saved. It may be that your final act has to be turning your files over to some other trusted member of the group and leaving. You always have a chance of finding another group. You're not going to have a chance to find another you.

One interesting (though dangerous) way to ID snitches

In his youth, Steve was a member of a number of groups that attracted the attention of cops and snitches. There were so many iffy hangers-on that the tiny core of solid people weren't sure who was a cop or who just smelled like one, or who was a snitch and who might just be a misfit or an idiot.

Then three people hit on a plan. Steve explains:

"Three of us who fairly trusted each other wondered how bad we

were compromised and decided to try a test. We were a lot of loosely organized groups with a variety of hangers on. Each of us met with some of these people and called a 'secret' meeting. It was a cop's wet dream – with guns, drugs and heavy people promised. One of us went to each of these meetings and it was only some of the people told about it and a massive police presence at all of them. (The smart people stayed home.) It became unpleasant when the Feds, cops and such realized it was a trick.

"It left me with the depressing feeling that it was next to impossible to put a heavyweight group of more than one person together without a snitch."

Here's one way to spot a snitch!

Online commenter BusyPoorDad writes:

Years ago, when the New York Libertarian Party was starting up, a new member joined and became active. He said he was from a low-income neighborhood, worked a manual labor job, and did not know much about politics. He looked the part but things just did not add up.

He knew how to set a table for a formal dinner, used the Robert's Rules very well, and fit in very well with the highly educated members. After about four months of working with us, he just stopped coming. This sort of thing happened a lot but there were no signs of discontent. He was always willing to do everything he was asked to help do (petition, run Nolan chart tables, etc.).

About a year later he was spotted in the NY Times holding on to someone arrested by the FBI for something.

His background just did not fit with him. We never saw him reading books, he talked about watching TV and working at a warehouse, but he was able to be cultured, had a good vocabulary, and really wanted to be part of everything.

HISTORICAL ways of dealing with *known* snitches

Since, as one wag observed, the first snitch arose shortly after the first secret, history offers us lots and lots of examples of how groups have handled the betrayers in their midst.

We do not recommend any of these methods! On the contrary, we advise in the strongest terms possible *against* them. This is just to note how seriously people have historically taken those who betray them. But, again, to be blunt - DO NOT DO ANY OF THIS! These examples are for historical, educational purposes *only*.

The IRA used to shoot betrayers in the kneecaps. It wouldn't kill them, but everyone who saw a former activist lurching down the street on destroyed knees knew what he was.

The Mafia would famously send stool pigeons to "sleep with the fishes."

Resistance groups, particularly during wartime, have been known to leave the bodies of betrayers in public squares with messages pinned to them — or even carved in them. While still saying it's a bad idea, it did have the effect of discouraging the general populace from working with the enemy. Today snitches and betrayers often see benefits and face nowhere near enough drawbacks for their dirty work.

In the 1980s and 1990s, the African National Congress punished perceived collaborators with the monstrous method called "necklacing." They'd shove a gasoline-filled tire over a miscreant's neck and arms and kill the person by setting the tire alight.

After World War II, many women who had slept with or otherwise collaborated with Nazis were humiliated by having their hair hacked off while mobs screamed, "Nazi whore!" This might not sound like much compared with

bestly punishments like necklacing. But public humiliation, shunning, and the attack on their femininity was hugely degrading and psychologically damaging.

How do YOU treat an exposed snitch?

Since you are not a Mafioso, and since (so far) we are not in an outright shooting war with an enemy state, there is no justification for historical hardcore tactics. We'll say it again: your best bet is just to get away from the snitch and take protective measures as described above.

However, if you're very sure a person is a rat and you want to take further steps to render the snitch ineffective or miserable, here are some milder, but potentially effective, tactics. Again, we DO NOT NECESSARILY RECOMMEND any of these things. They may be good or bad ideas, depending on the people and the circumstances. They're just possibilities:

Spread the word. Use social networks both online and in the real world to notify others that the person is an informant. Be as factual and give as much evidence as possible. (There is even a website that contains a national database of known rats, but since it's a paid membership site, we're not recommending it here. Do a Startpage.com or DuckDuckGo.com search¹ to find it if you're interested.) Post the snitch's photo, address, or other personal details online unless that violates a law in your area. This strategy is, however, a serious two edged sword - as those methods are ones that may be used by agents provocateurs in attempting to damage a group by further destroying trust. In fact, such tactics may well end up with YOU being labeled - no matter how unfairly or incorrectly - as the snitch! In fact, removing competent and trustworthy personnel from a group is high on a snitch's to-do list, and this can be a gift from on-high to a snitch.

Expel the person from the group. You can do this quietly – perhaps just by moving meetings and failing to inform the

¹ Both are more secure than Google

person of the new place. Or you can do it publicly, literally holding a purge or a type of trial where you present the evidence against the person.

Organize a shunning. Shunning has historically been a *huge* tactic in close communities. Shunning means shutting a person (and sometimes his family members) out of virtually all ordinary activity. A target of shunning isn't welcome into people's homes, can't get served at restaurants, doesn't have his greetings returned, can't get help from any of her former friends, and is generally unable to function within the community. Obviously in many ways this has become harder to do as we've become less reliant on our towns and neighborhoods. On the other hand, the Internet has made other, non-traditional forms of shunning possible.

Turn them in to the "legitimate" authorities. We mentioned this option before as a means of protecting yourself and your true friends. The same tactic may work to halt the snitch in its tracks or even put it in jail. Snitches are often serious criminals. They may well be up to nefarious deeds that their handlers in the police departments or government agencies don't know. Or a snitch who's working for the local PD may be unknown to the FBI, who might be interested to learn about other things he's up to. Again, we are very, very squeamish about the idea of turning any non-violent, non-thieving person into to *any* law-enforcement agency. But ... well, you'll need to judge for yourself what the snitch in your midst deserves. And of course, do this through a lawyer. Don't talk directly to government agents.

Fun and games. Again, this is a tactic *we do not recommend*. However, traditionally it's been used as a lovely bit of revenge and a way to keep snitches busy without letting them know you're already on to them. The idea is to keep the snitch running in circles with false leads. Set one snitch spying on another. Or give the snitch false evidence to focus

on while you go about your real business unmolested. We consider this to be in the category of trying to "outsmart" the snitch — which is not wise. And you must be especially careful that you never put yourself in a position where you can be accused of "lying to law enforcement," since you can go to prison for that even when you're innocent in every other way. But such games can be fun while they last.

Rehabilitate and take the snitch back into your circle. There are people who believe that some snitches — especially young, inexperienced people who get in over their heads, get in legal trouble, and are intimidated into becoming snitches — should be forgiven, rehabilitated, and eventually brought back into the fold of trust. A very humane anarchist, Tom Knapp, took this position when young anti-drug-war activist Stacy Litz was arrested and pressured into becoming a drug informant. Not many people sympathized (and Litz made her own reputation worse with her online writings). But some very decent folks might want to open their arms to a "reformed" snitch. All we can say is, if you want to go that way, make damned sure the rat has actually reformed first — and can prove it through actions, not mere words.

A modern shunning

In the mid-1990s, Bob Black was a very well-known anarchist. Then, after a personal dispute with fellow writer Jim Hogshire and Hogshire's wife (a "he said-she said" encounter whose facts are known only to the three who were present), Black did the unthinkable.

And in this case the unthinkable was verifiable. On February 21, 1996, Black wrote a letter to the Narcotics Division of the Seattle Police Department, accusing Hogshire of a multitude of drug crimes, and implying that Hogshire was armed and dangerous.

Paramilitary police descended on the Hogshires' apartment. They confiscated perfectly legal items (including dried poppies and a mug

warmer they mistook for a drug-weighing scale). Both Jim and Heidi Hogshire spent three days in jail. Even though a judge eventually dismissed the charges, Black's accusation made a hellacious mess of Hogshire's life, cost him tens of thousands of dollars, and contributed to the breakup of his marriage.

In the long run, however, it was Black who paid the bigger price. His publisher (who was also Hogshire's publisher) destroyed all remaining inventory of Black's books and published an article exposing Black's perfidy. Another publisher Black had worked with wrote an open letter in defense of Hogshire. Years later, archives all over the Internet still tell the story; you can easily find a copy of Black's snitch letter. Although as of this writing, Black has managed to keep his Wikipedia page scrubbed of the gory details, the evidence will be out there on other sites as long as he lives and few people will ever again give serious credence to an "anarchist" who reports people to the cops the moment he gets irritated with them.

Repairing the damage snitches do

Unfortunately, it's quite possible you'll never be able to repair the damage done by a snitch. You or someone you care about may end up in prison, broke, or otherwise badly hurt. A group or movement you belong to may collapse or members may split off in anger and distrust.

As one former government agent pointed out after reviewing a draft of this book, ruining activist groups is "at least one of the auxiliary functions of snitches."

But finding a snitch in your midst can also be a valuable learning experience.

It can teach you the importance of good security practices.

It can reveal who's trustworthy and who's not.

It can teach group members not only to be less gullible, but teach them what signs to look for when a snitch is targeting them.

Uncovering a snitch can help the remaining trustworthy members of a group to pull together.

If you're lucky and the activities of your snitch are particularly egregious, you might even get sympathy, donations, or renewed positive attention once good people realize what evil that person and her handlers tried to do to you.

In part, the long-term results of being targeted by a snitch depend on how you and your associates handle the problem. After the initial shock and recovery, look upon it as a chance to learn and teach others.

Beware of accusing someone who might not be a snitch

It can be very, very difficult to detect a snitch — until it's too late. We sometimes face the evil choice of making a false accusation against an innocent person or keeping quiet about our suspicions and ending up with somebody (maybe even us) getting busted.

The damage a false accusation of snitching can do is horrifying. First, an innocent person suffers a grave wrong. He loses his reputation unjustly. She may be attacked by others. Second, your group of associates may break down in chaos. Your real work may suffer.

Then — this also happens — a wrongly accused person who gets expelled, shunned, or attacked *may actually become a snitch in revenge.*

It's also important to remember that a person who makes a false accusation of snitching is acting like a snitch himself. And in fact, one tactic a snitch might use to divert suspicion from herself is to point the finger at someone else.

So if you suspect someone of snitching but you have no solid reason for your suspicions, it's usually just best to detach yourself from the person while remaining watchful. Do not do anything in that person's presence or within that person's knowledge that you wouldn't do in front of your mother. Quietly encourage others to be watchful (it's just good OpSec, after all), but do not make public accusations without real reason.

Is there a danger in such a wait-and-see approach? You betcha. Around snitches, and in a "snitch culture" like ours, there is *always* danger in many forms.

PART THREE

WHAT HAPPENS IF YOU GET BUSTED?

You may be pressured to become a snitch

It happens all too often these days. You get busted and the next thing you know the cops are either threatening you or sweet-talking you into snitching on somebody else. They may promise to "help" you if you agree to become an informant. They may tell you that a friend arrested with you is already singing like a bird, and you should, too, if you want to save your ass (see "The Prisoner's Dilemma" later in this book). They may say they already "know everything," so you might as well tell "your side of the story" to make others look worse than you. If they think you're particularly dumb and harmless, they might even take you out and buy you donuts while talking you into being their pawn (yes, Philadelphia cops actually did that in their successful effort to turn anti-drug-war activist Stacy Litz into a drug-war informant).

You may imagine, sitting here reading this, that you'd never, ever, ever stoop to snitching on other people. But the fact is, until we've been tested, not one of us really knows what we might do under the right kind of pressure or persuasion.

The good news is that just a bit of advanced preparation can help any of us understand how police get us to work against our own interests and how they turn scared people into informants. Some pretty minimal knowledge can help us protect ourselves and our rights. Some of this knowledge can help us avoid being busted in the first place. Some of it can help us withstand the cynical manipulations of cops and prosecutors if we do get busted.

IMPORTANT: Please read the article on the Reid interrogation technique (TM) that appears toward the end of this booklet. The Reid technique is used by police to manipulate arrestees into cooperating – which may include everything from confessing to a crime you didn't (or did) commit to agreeing to rat out your friends.

The article was written by a man who, as a young outlaw, was twice subjected to Reid interrogations. He then grew up to study and employ the Reid Technique in his profession as an auditor/investigator.

Read and heed it. You're far less susceptible to manipulation once you understand how the manipulation works.

Do NOT talk to cops. Period.

And remember: Everything we say about not talking to cops also goes for every, single kind of government agent, local, state, national, or international.

If you are confronted by a law-enforcement officer under any circumstances — at your front door, during a traffic stop, because you've been fingered by a snitch, or for any reason whatsoever — *DO NOT TALK*. If you get arrested, *DO NOT TALK*.

The only things you should *ever* say to a police officer are things like these:

No, you may not search my vehicle.

No, you may not enter my home.

I do not consent to any search.

Am I free to go?

On the advice of my lawyer, I cannot talk to you.

I will not talk without my lawyer present.

You should never lie to a cop because that in itself may be a crime.

You should never imagine you can outsmart a cop with clever talk. They've heard it all.

You should resist the temptation to babble nervously (very difficult for some of us).

Do not try to explain yourself (also very difficult for some of us).

Do not try to talk your way out of a situation *except* where

you can state a legal or constitutional principle that demonstrates your innocence. This is a technique that can be used by people who photograph or videotape cops at work, people who legally open-carry weapons, or people who are legally protesting. (Even then you may still get busted and/or beat up, but you'll be creating a case in your favor that might come in useful later.)

Oh yeah. And if you get tossed into jail, *DON'T TALK TO YOUR CELLMATES OR THE JAILERS, EITHER*. You can chitty-chat with your cellmates to pass the time and keep them from thinking you're a jerk; you can probably also learn quite a bit from them. But *DO NOT TALK* about anything to do with your case. Even if you don't think you're admitting anything incriminating, you're opening yourself up to every jailbird who might want to trade information, even false information about you, to the cops.

JUST SHUT UP!

TIP: Know a good lawyer, keep his or her card on you, and insist on talking to that lawyer if you ever get busted or even accosted by a cop who won't take no for an answer.

Avoid using public defenders if you can. Not all of them are bad, but many of them are overworked and/or just geared to processing cases as fast as they can. They often deal with petty criminals who expect nothing more than to be "processed." With rare and noble exceptions, they are probably not your best resource if you really hope to be represented as you wish.

Attorney safety tip:

This video, mentioned again in the appendices, is possibly the best and most useful 49 minutes you will spend on this topic without paying an attorney first:

<http://www.youtube.com/watch?v=ZGgKLgVNfAo>

The police officer is NOT your friend

Again remember: Everything we say about not talking to cops also goes for every, single kind of government agent, local, state, national, or international.

Contrary to what you might have learned in kindergarten ... contrary to what you might hope ... and contrary to the image the officer might be trying to fake ... *THE POLICE OFFICER IS NOT YOUR FRIEND*. Let us say that again, just in case you didn't get it the first time: *THE POLICE OFFICER IS NOT YOUR FRIEND*.

Unless you've been living in a cave most of your life, you've probably heard of the "bad cop/good cop" technique. When you've been arrested and are being interrogated, one cop will bully and intimidate you until you're just a little puddle of terror. Then another cop (who may be present at the same time or who may come in later) will pretend to sympathize with you and want to "help" you.

Don't *ever* believe it.

If you've done your proper work and just said no to interrogation or said you'd only speak with your lawyer present, you may avoid this

Attorney safety tip:

[In the bad cop/good cop technique]

Officer A will threaten you, your family, your friends, your pets, with severe harm going back nigh unto the 10th generation. Officer B will then call him off and suggest that "just a little cooperation" on your part will help avert all that.

Also be aware that sometimes they don't HAVE to lie to get what they want from you. Seriously, I've lost count of the number of defendants I've dealt with who were skaaaaaREWED by talking to the PD and who told me, "But the officer was so NIIIIICE." Not every officer is going to be Officer McGruff - the "Officer Friendly" model can achieve amazing results.

particular form of manipulation. But wherever and whenever you meet a cop – or any federal agent or investigator, a jailer or a prosecutor – who acts like he's "on your side" or wants to "help" you or promises to get the system to "go lighter on you" – *DON'T YOU BELIEVE IT!*

The Prisoner's Dilemma

When "the authorities" have arrested you and want to turn you into a snitch, they have a powerful phenomenon on their side. It's particularly useful if you've been busted along with friends or associates, or even if the cops persuade you that they have busted or will soon be busting others in your circle. (And remember again, cops are among the biggest liars on the planet.)

In game theory, the phenomenon is called The Prisoner's Dilemma. It works something like this:

Two (or more) people are arrested but the police don't have enough information to convict either of you.

They separate the arrestees and offer each a similar deal; if you cooperate (testify against your friend, agree to become a snitch) and your friend remains silent, you'll go free. Your friend will be hit with the full legal penalty.

On the other hand, if you rat each other out, you may both get a lesser sentence.

On yet another hand, you realize that if you both remain silent, you *both* may go free — but you have absolutely no idea what your companion is doing — and the cops have given you both quite a lot of incentive to rat each other out.

In game theory, according to Wikipedia, "... the logical decision leads each to betray the other, even though their individual 'prize' would be greater if they cooperated." In reality, if you and your fellow arrestee were allowed to discuss your decisions, you'd probably both opt to clam up; it's part of the goodness of human beings that we'd rather cooperate than betray. However, the police are going to keep you apart through this process as best they can, which makes the temptation to betray seem the only logical, self-protective course of action.

Sitting here, safely reading this booklet, you might very well say to yourself, "I'm a good person. I would never rat out my friend." You imagine yourself thrusting out your chin and saying, "NO!" no matter what the personal cost to you.

And there are really some people who would do that. But they're in the minority.

In reality, you don't know how scared you'd be. You might be sitting there worrying about what your mother would think if you went to jail. You might be terrified of losing your job and being unable to pay your bills. You may have a pet or child at home you're desperate to get back to. The police will remind you that if you go to jail you'd be leaving your newborn baby or disabled spouse without protection. The police might badger you until you'll agree to anything just to have some peace.

Relationships between friends and associates complicate matters, too. Seeking self-justification, you might tell yourself you're just an innocent who got dragged into the whole situation by the other person. You might think, "Hm, well Bill's probably ratting me out right now," or "Well, there was that time when Mary didn't treat me fairly, so why should I sacrifice myself for her?" One snitch justified her betrayal of principle by telling herself that she'd be "more effective" as a political activist if she didn't go to jail; she told herself she would only snitch on certain people, ones she didn't know well or like very much.

So you never know.

If you're arrested and more than one person in your circle might join you, the only way to avoid The Prisoner's Dilemma is to decide in advance that you *WILL NOT TALK* and make sure all your associates are well schooled in their legal right to keep silent. Have them read this booklet!

But as always, there are no guarantees. We keep saying that. It's sadly true.

Mindset: The common territory between snitches and victims

Another reason that it's often easy for cops to turn victims into snitches is that there's sometimes a common mindset between people who snitch and people who fall into the traps set by snitches.

Obviously, this isn't true of everybody who gets busted or otherwise becomes the target of a snitch. But both snitches and their easiest "marks" are frequently:

Overly naive and trusting

Unprepared for bad things happening to them

Cocky and overly confident

Loudmouthed or prone to blab information without thinking

Prone to believe that "nice" cops really do want to "help" them (yes, it's another form of being overly naive and trusting, but it bears repeating because if you get caught because you trusted a rat you're more likely to turn around and trust that rat's handlers)

Very good at rationalizing their own less-than-stellar behavior

(Or conversely) So idealistic and starry-eyed that reality, when it hits, knocks them for a loop.

What happens if you refuse to snitch?

If you refuse to snitch or otherwise cooperate with government, the prosecutor may pin more charges on you and may pursue them with more determination. Worse, prosecutors may threaten to bring charges against those you love.

Or that may not happen. Sometimes pressure to snitch is just a gambit and nothing terrible will happen to you for refusing.

If you do refuse to snitch and "the man" becomes more threatening, consider going public with your courageous refusal. This *might* offer you some protection and will very likely gain you friends and supporters. As soon as you're out on bail, tell your associates what happened to you. Blog about it. Put it out on social media. Explain the kind of pressures that were put on you. Describe what you felt and endured. Describe why and how you refused to become a tool of the police.

You'll be wise if you have a good lawyer on your side from the get-go. Our helpful attorney notes: "This is a good reason for 'lawyering up' in the first place. People make fun of lawyers, but there's a *reason* we exist. Of course, keep in mind that the prosecutor is a lawyer, too, so it's not necessarily all to the good."

What if your lawyer advises you to snitch?

Some lawyers in some circumstances will advise a client to go ahead and accept an offer to snitch in exchange for more lenient treatment. Sometimes there are practical reasons: you're guilty as hell, the cops have the evidence to prove it, and your lawyer thinks that cooperating would be the best way for you to avoid a long prison sentence. Sometimes, on the other hand, your lawyer's just a lazy SOB who doesn't give much of a damn and thinks turning snitch is the easiest resolution — for him.

If you are strongly opposed to snitches and snitching, tell your lawyer up front that, whatever else happens, you're not going to do that. Then if your lawyer pressures you to accept any agreement that

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involves snitching, get a new lawyer.

And remember, it'll probably help your case a lot if you AVOID TALKING TO THE POLICE. AT ALL.

What happens if you become a snitch — and regret it?

If you are reasonably cautious in your real-world dealings and if you have prepared yourself NOT TO TALK TO GOVERNMENT AGENTS, the chances are good that nobody will successfully arm-twist or sweet-talk you into becoming a snitch. Even if you get busted, you'll handle yourself in a way that will make you less vulnerable to manipulation. (NOT TALKING may also help you in other ways, but here we're just talking about avoiding being pressured into snitching.)

But the simple fact is that *anybody* can break under the right kind of pressure — and government agents are trained in sophisticated terror and manipulation tactics. Once you fall into their clutches, you may simply be in over your head. So what if, under pressure, you agree to become a snitch — and regret it later? What if you agree to do it, then before you actually snitch on anybody, you realize you don't want to, can't, and won't betray other people?

If you become a snitch and *don't* regret it enough to stop, then to hell with you.

But having agreed to snitch, then changed your mind, you've got a tough dilemma and you could use some assistance getting out of it. You are going to have to be careful, brave, and more than a little bit lucky to handle the situation well.

First, you need a GOOD lawyer. You should have had one before you agreed to snitch, but definitely get one to advise you now.

Consider going public with your situation. Tell your associates what happened to you. Blog about it. Put your story out on social media. Explain the kind of pressures that were put on you. Describe what you felt and endured while being pushed into agreeing to snitch. Then state in the strongest terms

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why you realized you would not and could not do it.

Be prepared to lose some friends. You may *gain* friends and supporters by openly revealing how the cops treated you and how you ultimately resisted. But some people will distrust you; that's just reality.

What happens to you if you snitch and your friends find out?

Chances are, if you're a non-violent political activist or small-time dealer of "college type" drugs who got busted and turned, your friends will hate you but won't beat you up or kill you if they learn you snitched on them.

However, your reputation will be ruined and good luck earning it back.

If you snitch and get caught, at the very least be ready to humbly accept whatever those you betrayed dish out to you; you only make things worse by making excuses.

If your snitching has gotten others into legal trouble, you should accept that, at the very least, you owe them restitution. This may be difficult to do, especially since you may be facing serious criminal charges and huge expenses yourself. But it's your responsibility and you'll have to do it if you ever expect to be taken seriously again.

If you are part of a violent group or you deal hard drugs, don't be surprised if you get killed. Or as our helpful attorney says (with a nod to Captain Mal Reynolds of *Firefly*), "Prepare to be surprised very briefly. Or perhaps not so briefly; torture may be involved first."

The rest of your life if you do snitch

If you agree to snitch on your friends or associates, know in advance that you're going to have a big price to pay.

At best, snitches have to spend the rest of their lives looking over their shoulders.

Your "friends" in the police department or any federal agency that you snitch for will turn out not to be your real friends. They will toss you aside like a piece of maggoty meat when you no longer serve their purposes. Those promises they made to protect your anonymity? *Maybe* they'll keep them, but they're just as likely to leak your name or "accidentally" put your name into a public document. They may even force you into life-threatening situations and not give one bit of a damn what happens to you. After all, you're just a snitch. Snitches are a dime a dozen – and even the cops know they're scum.

Want to see how much "love" cops give their snitches? Read this *New Yorker* article about young, naive – and now DEAD – snitches. (The Throwaways ¹.)

Your snitching will probably not be important enough to earn you a spot in the Witness Protection Program, not even if you put your life in danger for your cop-handlers' sake.

You will be on your own and in peril.

You will have to live with yourself and if you have any self-awareness at all, every time you look in a mirror, a person you don't want to be will stare back at you.

If you snitch on friends or otherwise-harmless people, you should and (if you have any decency) you will feel an obligation to make things right by paying restitution or

¹ http://www.newyorker.com/reporting/2012/09/03/120903fa_fact_stillman

campaigning to get them out of prison. This obligation, which you might never be able to fulfill, could haunt you the rest of your life.

On the other hand, things could be resolved very easily. Your betrayed associates may kill you and you won't have to worry about any of this.

APPENDIX 1

The Reid Interrogation Technique (TM) By "Just Waiting"

Okay, so you find yourself under arrest because of a snitch. Hopefully you've listened to the advice earlier in this booklet. You've cleaned up your act and your surroundings once you knew there was a snitch in your midst, and the only thing you were arrested for is information given by the snitch.

First thing to understand: Once you are arrested, ALL of the rights you had as a US citizen are gone except for two: the right to remain silent and the right to have an attorney present during questioning. USE THEM!!!

No one in law enforcement (LE) is your friend, and NO ONE wants to "help" you. They only want you to confess and do their will.

The police can and will lie to you. DO NOT LIE TO THEM!!! More on that later. They will tell you they have evidence/witnesses/tapes that don't exist. They'll poke, prod, and push every button they can to try to get you to respond. They'll tell you your friends are snitching on you in the other room. They'll tell you the only way to save yourself is to tell your side of the story. They'll threaten to call your boss. They'll tell you your kids are going to be taken away and raised by the state. They'll tell you how it will ruin your parents' reputation. They'll even tell you your dog is ugly. They'll make wild, baseless accusations – anything to get a response. Because once they get you to *start* talking, they're trained in how to *keep* you talking.

If you don't trust yourself to exercise your right to remain silent, exercise the second and ask for a lawyer. Remember, you can decide to remain silent or ask for a lawyer at any time during your questioning or interrogation.

You know the kinds of things you've been doing. If you are a high-value target, if you know or associate with high value targets, or if your activities rise to the level of interest that police want to question you, LE agencies employ an interrogation method known as the Reid Technique. It is a method of interview and interrogation (read: psychological manipulation) specifically designed to produce confessions.

That is one big reason you should heed the earlier advice and **NOT TALK TO POLICE AT ALL**. But I've interviewed/interrogated maybe 100 or more people and I've found, almost as a rule, that people have the hardest time keeping quiet. They want to defend themselves, to tell their story. I've yet to meet the person who can sit quiet for 10 minutes while someone else talks about them, even less when lies and untrue accusations start to fill the air. Even for someone who has regular, unfavorable contact with LE, even people like me who have been Reided, the hardest thing to do is to shut up. When someone makes a statement or allegation, it's human nature to want to refute it.

So, if you find yourself being interrogated and you feel you *must* defend yourself, at least try to minimize the damage.

First: As I've said before, **DO NOT LIE TO LE!** You will get caught. Lies change with every telling, but the truth remains a constant. LE are trained in detecting the smallest, subtlest change in your story and ripping it wide open. Dante himself did not imagine a torture in hell like what you will experience from LE if you get caught lying to them. Plus, you are now subject to arrest for new charges, usually, Lying to LE or Obstruction, indictable crimes, and you've done so on tape. This is how some of LE's best snitches are made!

Second: If you can truthfully do so, DENY EVERYTHING. Do it simply and categorically. Don't ramble and make excuses. Just say, "I didn't do it," "I'm innocent," "That's false." As you'll see below, they'll do everything within their power to try to stop you from doing this. If you cannot honestly declare your innocence, then just say, "I want a lawyer."

Third: If you feel you have to answer an incriminating question, qualify your answer. "I don't think I was at...", "I don't recall seeing...", and "I may have met..." are all appropriate qualifiers to prevent telling an outright lie.

LE has studied the meaning of every move, every movement, every facial expression, every question, every answer. They identify and exploit weaknesses you didn't know you had. They watch and hear everything you do and say for meaning.

Repeat the question before answering? That answer is a lie.

Little or no direct eye contact? You're evasive.

Too much direct eye contact? You're cocky and/or confrontational.

Change from "is" to "was" or "a" to "the"? You're changing your story to hide something.

Sit up straight, slouch, fold your arms in your lap, fold them across your chest? You're scared, you're cocky, you're defensive. Every movement, posture and expression has a meaning to LE.

The surest way to know the Reid Technique is about to be used is the room they put you in after you're arrested. You'll know it when they open the door. And once they open that door, the **ONLY WAY TO SAVE YOURSELF IS TO ASK FOR A LAWYER!** Once the interrogation begins, LE won't stop until you ask for a lawyer or they've gotten what they want. Remember, you can ask for a lawyer at any time during the

interrogation, do not be afraid to do so!

Interrogation rooms are specially designed to make you as uncomfortable and out of your element as possible. Your chair is the hard one, in the corner, furthest from the door, and behind some type of barrier, like a desk. Your interrogators will take positions clearly letting you know that they are in total control, that you are in their world, and the only way out of the room is through them. You can't get to the lights or thermostat. They'll turn the heat up (I once knew an interrogator who wore a sweater and complained of a chill in a 90+ degree room, talk about psychological manipulation), brighten or darken the room, etc. They'll create a physically intimidating presence without ever touching you. For maybe the first time in your life, your freedom is completely stripped away and you are confined. Control of every aspect of your physical condition has been stolen from you. When you are at your most vulnerable, the interrogators are ready to begin.

Reid is broken down into three parts, **Factual Analysis**, the **Initial Behavioral Analysis Interview**, and the **Interrogation**.

Factual Analysis is just what it says, an analysis of the facts in a case. Prior to talking to you, the LE tries to learn everything there is to know about the event leading to your arrest. They've gotten a story from a snitch. They know the date, time, how many people were there, some names, some physical descriptions, the drugs dealt or the damages caused.

Today, LE is on your Facebook page learning everything they can about you while developing their interrogation strategy. They'll try to know as much about you as your best friend, and use it to try to be your friend. Your favorite band? The LEO saw them last tour. Have a cat, dog, fish? The cop is so sad, he just had to put down his 16-year-old catdogfish yesterday. His wife went to the same school as you, different years. Wow, so much in common, you two could be pals. Have a pic of you and your mom? Jackpot, he'll use her later, in his

interrogation.

The **Initial Behavioral Analysis** is supposed to weed out innocent suspects, but in reality this is where LE determines your susceptibility to further questioning and picks the strategy they will use against you. IBA starts the moment of your first contact with LE. The law-enforcement officer (LEO) asks simple, conversational, non-accusatory questions and listens to the way you frame your answers, watches your facial expressions, the way you stand. LEO has been trained in what every action and movement mean. Within the first 30 seconds, LEO knows whether you will be susceptible to questioning and if he'll be able to get you to talk. If LEO asks if you know the time, remember that that's a yes or no question. If you answer, "Yes, its 3:30," you've shown a willingness to please and to give more information than is asked. You're a perfect candidate for successful interrogation!

The official Reid **Interrogation** has nine steps, beginning with an accusation of guilt and ending with a confession. To LE, there are no other acceptable outcomes. If you were arrested as a result of a snitch, and took the advice of being arrested clean, LE has nothing more than the accusations the snitch has made. Remember, don't lie, but if you can't resist talking, at least DENY EVERYTHING! A good lawyer will rip a snitch apart and develop reasonable doubt in the eyes of a judge or jury. Snitching and witness credibility don't exactly go hand-in-hand.

LE will invariably offer you a chance to "tell your side." This is cop talk for "make a full confession." Cops brag at parties about how fast they have gotten suspects to do it.

If you don't start wailing and confess to everything, the next thing they'll try is shifting blame. They'll try to blame someone else and suggest that maybe you weren't involved but just got caught up in things. They'll give you scenarios in which to minimize your participation and guilt. They'll try to make it

somehow socially acceptable, suggesting it was a crime of passion rather than a premeditated event. LE calls it “developing a theme,” what they’re really doing is presenting options for you to pick from to confess to. React to *any one* of their scenarios or agree to anything they suggest here, and you’re not getting away until you sign a confession and give them the names and information they want.

All throughout, LE will do everything they can to keep you from denying your “guilt.” They will disrupt you mid-word, tell you to shut up, tell you it's not your turn to talk, anything just to keep you from denying your guilt. They will try to talk over any claim of innocence so that denials are never clear on the recordings.

Why? Because opposing what LEO is saying builds self-confidence, something they’re working hard to strip from you.

And secondly (and maybe more importantly), if you continue to deny, dispute, deny for the first 1, 2, 3, or 4 hours of the interrogation, then confess to something in hour 5, a good lawyer will demonstrate coercive interrogation tactics were used and hopefully have your confession thrown out.

So qualify if you have to lie. Remember those “iffy” statements (“I don't recall ...”), but deny being there, deny any knowledge of events, deny knowing people, deny everything you honestly can.

If you haven’t asked for a lawyer and haven’t been denying, the interrogation moves on to the next steps. This is where a new LEO might come in. He understands your situation, he’s sympathetic, he’s your buddy, he doesn’t agree with the other LEO's interrogation tactics, either. He’ll tell you he’s been watching and that to him, you don’t seem to be the kind of person who could do something like what you’re accused of. He'll tell you he wants to help you. You’ve seen good cop/bad cop on TV, well, this is it in real life.

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Good cop will appear to be sincerely caring about your predicament. He'll talk quietly. He'll lay out a bunch of different scenarios that minimize your guilt, all the while looking for the clue you give him that he's hit on a winning theme to follow. And that clue is so subtle you don't even know you've given it. But he does.

Good cop will give you acceptable justifications. He'll give you two options, you planned what happened or it was just a one-time thing. With either option, you're still making a confession. Good cop always leaves out option #3, you can DENY that you're guilty at all!

Good cop wants to see your tears; he knows he has you when you cry.

Once you have been broken down and are ready to admit to anything (search on "Central Park Jogger case" for false confessions) LEO will attempt to get you to tell your story to his associates or write down and sign your story. All of your protest and denial has been for nothing once you confess.

So remember these three key points: 1) The police are not your friends and do not want to help you; 2) If you don't trust yourself to remain silent, demand a lawyer (you can do so at any time); and 3) if you feel you just have to talk – don't lie, qualify and especially if you're innocent, deny, deny, deny.

APPENDIX 2

Some Commonsense OpSec

These commonsense OpSec (operational security) tips are for any group or any individual whose activities might draw the attention of the state. Some will protect you against snitches. Some will just protect you, period. The author is MJR, who works in security.

If you wish to have a private conversation, leave your home and your office and go outside and take a walk or go somewhere public and notice who is near you. Don't say anything you don't want to hear repeated when there is any possibility of being recorded.

Never leave a copy of a document or list behind (unless you want it found) and take a minute to duplicate an irreplaceable document and keep the duplicate in a safe place. Back up and store important computer disks off site. Sensitive data and membership list should be kept under lock and key.

Keep your mailing lists, donor lists and personal phone books away from light-fingered people. Always maintain a duplicate off site in a safe place.

Know your printer if you are about to publish, your mailing house and anyone you are trusting to work on any part of a project that is sensitive.

Don't hire a stranger as a messenger.

Checks for electronic surveillance are only effective for the time they are being done, and are only effective as they are being done if you are sure of the person(s) doing the sweep.

Don't use code on the phone. If you are being tapped and the transcript is used against you in court, the coded conversation can be alleged to be anything. Don't say anything on the phone you don't want to hear in open court.

Don't gossip on the phone. Smut is valuable to anyone listening; it makes everyone vulnerable.

If you are being followed, get the license number and description of the car and people in the car. Photograph the person(s) following you or have a friend do so.

If you are followed or feel vulnerable, call a friend; don't "tough it out" alone. They are trying to frighten you.

Start a 'Facts, Acts and Circumstantial file.' After each incident write details down: facts are the time, date, occasion, incident, characteristics of the person(s). Acts are what they did; Circumstantial is the impressions and anything odd about the situation. Use the FAC file and keep notes from unsettling situations and see if a pattern emerges.

Do freedom of information requests for your file under the FOIA and pursue the agencies until they give you all the documents filed under your name.

Brief your group on known or suspected surveillance.

Report thefts of materials from your office or home to the police as criminal acts.

Assess your undertaking from a security point of view; understand your vulnerabilities; assess your allies and your adversaries as objectively as you can; don't underestimate the opposition and don't take chances.

Recognize your organizational and personal strengths and weaknesses.

Discuss incidents with cohorts, family and your group.

Call the press if you have hard information about surveillance or harassment. Discussion makes the dirty work of the snitches overt.

Addendum on note-taking (Facts, Acts, and Circumstantial)

Although some might consider the following to be overkill, MJR also has experience facing opponents in court and offers this brief primer on taking the kind of notes that can guide you through a very tough grilling by police or prosecutors. He writes:

When preparing a "Facts, Acts, and, Circumstantial" list you are going to have to take notes about what is going on. The notes should be written in a clear and concise way. Use professional language and be prepared to substantiate what you record. One never knows, you could be wrong and get sued or if you do get arrested this could be the basis for a defense from entrapment.

The notebook that you use should be lined with a margin on the left. Each page should be numbered.

What to put in the notebook to make it legal

First you should start with the date. Then on the next line write the weather conditions. The reason for the record of what the weather was like is that the usual first question from a prosecutor or the other side's lawyer usually is about the weather. This is an attempt to discredit your memory.

When you make your first entry, write the time an event happened in the left margin. Next write down what happened or what you found and write down the location (address or approximate location). Then write down the actions taken by those involved and the names and addresses of any witnesses. If you make a mistake draw one line through the word and write your initials next to it. Oh and don't leave any lines blank. If more things happen during the day they all go under the same date. If the date changes you should start a new date with the weather. When you finish the last entry of the day sign your name. This makes it a legal document. Write the notes as soon as possible after an incident. Last, but never least... If you are going to use this book in court under no circumstances should you rip out any of the pages, this will only give the other side ammo to use against you. The questions you will face will revolve around you hiding something.

Here is an example of what the notebook should look like

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	<u>2012-08-02</u>
	Sunny with a few clouds, 73 deg.
09:23	I met with ***** at the
	Duncan Donuts, 123 west St.
	AnyPlace, NY. He wanted to know if
	we were going to "Teach the man a
	lesson." I told him that I would let
	him know when later. I then set a
	date and time for the next meeting.
09:44	After he left I spoke with the server,
	Betty Lou Findley. I asked her if she
	had heard what Mr. *** Had said. She
	answered yes and said she thought he
	was a little weird.
09:51	I left the Duncan Donuts.
	John P Anybody
	<u>2012-08-06</u>
	Overcast with light rain, 69 deg.
17:52	I was talking with ***** , 23
	<u>North Ave.</u> At 87 south crt. Any
	Place NY. He told me that he saw
	***** the subject talking with
	an undercover police officer. I asked
	how he knew it was a cop, he said
	that he followed the cop to the
	police station. Mr. ***** told me
	that he saw the subject at a Denny's ,
	989 Big Blvd, Anyplace NY.
18:12	Mr. ***** left and I went home.
	John P Anybody

APPENDIX 3

Line up a lawyer

I've adapted this from advice handed out by the helpful, anonymous lawyer whose tips have appeared throughout this booklet.

How to hire the *right* lawyer

1. Every person engaging in or planning to engage in illegal or controversial activities *needs* to have an attorney already on line. After you've been busted and are standing around at the police station is NOT a good time to be leafing through the yellow pages. At least not if you're serious about avoiding a long stay in custody.

2. You should also expect to drop some money up front on a consultation with a potential defense attorney. Again, calling from a police station is NOT a good moment to find out that the attorney whose number you've been carrying in your pocket hates your cause, doesn't take cases like yours, or has a conflict of interest. (In theory, even an attorney who hates you and everything you do should be able to give you a good defense; but that varies and is definitely not worth the risk. Make sure you and the attorney are comfortable with and have some reasonable basis for trusting each other, because if you get in trouble you are going to have to be seriously ready to open up to your attorney if you want a chance of winning.)

3. Former DAs and former public defenders are a good first choice. But bear in mind that DAs often are of the "lock-em-all-up" frame of mind, while public defenders are frequently used to just pleading their clients out to get the best deal possible, without concern for actual guilt or innocence. This is another reason you want to have consulted with the attorney BEFORE you need one. And yes, this may well mean you go through a couple interviews and pay a couple of fees before you find the "right one."

4. By interview I mean "find out how much the lawyer charges for

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a half-hour of time on a consult then go in expecting to pay that." When you first interview an attorney, you don't have to lay out in detail what you're up to — perhaps just say that you're a free-speech advocate or a drug legalization advocate (or whatever the general truth is) and that you have been advised to have a good criminal defense attorney on tap because these days even innocent people are at peril from snitches and sloppy justice. Ask the attorney's thoughts on your general activities. His or her length of time working in criminal defense (generally longer is better, but not always). His or her experience with people who've been accused by snitches. His or her willingness to show up at 2:00 a.m. if that's when you get busted (not *per se* a deal killer, but be prepared to spend the night in jail otherwise).

5. If you already have an attorney you like and trust, but who doesn't do criminal law, you can ask who he or she would recommend. Again, you'd still want to do an advance consult/interview with your proposed attorney. Spending a few dollars on a consultation can save you a LOT of money and headaches down the road.

6. Never forget your right to remain silent, except for, "I'd like my attorney, please." Repeat as necessary.

APPENDIX 4

Other helpful resources

Dealing with snitches

Snitch – Transcript of a PBS/Frontline documentary on the whole dirty business of snitching.

www.pbs.org/wgbh/pages/frontline/shows/snitch/etc/script.html

Got the Hollow Tips for Snitches – How radical groups of the past have dealt with snitches and how contemporary groups can learn from the past.

<http://news.infoshop.org/article.php?story=20090106144310830>

How to Handle the Snitch at Trial – This guide, by lawyer Jeffrey W. Jensen, is written for defense attorneys. If you get in trouble because of a snitch, it might help your defense.

www.jensendefense.com/hereshow/handlesnitches.html

How cops deal with snitches

"The Throwaways"— A *New Yorker* article on young, naive snitches who were murdered because the cops they were pressured into working for didn't give a rat's butt about them.

www.newyorker.com/reporting/2012/09/03/120903fa_fact_stillman

Online advice on dealing with police

Flex Your Rights – This organization has online videos, DVDs, and tons of advice on how to handle yourself during police encounters. Topics include "Don't get tricked," "When do I have to show ID?," "How to refuse searches," "10 Rules for dealing with the police," and much more.

www.flexyourrights.org/

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Don't Talk to the Police – A law-school professor (former defense attorney) and a cop explain why you should never, ever talk to police even (and perhaps especially) if you're innocent, even if you're telling the 100% truth. This explains, in graphic detail, with examples, about how police will twist your words and/or lie about you if you say *anything at all* to them.
www.youtube.com/watch?v=6wXkI4t7nuc

An online guide to interrogation techniques – This site contains an extract from TM 30-210 Dept. Army Technical Manual "Interrogation Procedures." Although designed to *teach* interrogation, it can also help victims of interrogation recognize and thwart typical intimidation and questioning techniques.
www.uboatarchive.net/POWInterrogationArmyTechnicalManual.htm

Books

You & the Police! by Boston T. Party

Snitch Culture: How Citizens are Turned into the Eyes and Ears of the State by Jim Redden

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