## **Tonic Clonic Seizure Definition**

Tonic clonic seizure is a common type of epilepsy. It affects both sides of the brain. Clinically Proven Seizure Alarm This form of epilepsy is characterized by strong, jerking movements of the arms and legs.

A person suffering from a tonic clonic seizure may also have a number of other symptoms. Some people may be confused, experience sleepiness, or have memory loss. They may also feel physical soreness, a headache, or a stiff neck.

Most people with tonic clonic seizures can lead a normal life. However, they should continue taking their seizure medication as prescribed. If they stop taking their medication abruptly, they could have repeated seizures.

Generalized tonic clonic seizures are characterized by sudden loss of consciousness, a jerking of muscles, and confusion. Seizures occurring while swimming can be extremely dangerous.

These seizures occur in about 25% of all people with epilepsy. Fortunately, most people with epilepsy can prevent them. The best way to prevent seizures is to control any triggers.

Some signs of tonic clonic seizures include jerking or shaking, a deep sigh, and gurgling noises. Other symptoms may include fatigue and a loss of bowel or bladder control.

In order to properly diagnose tonic clonic seizures, a doctor may perform a neurological exam, blood tests, and brain imaging. Video EEG monitoring can also help to confirm the diagnosis.

If the seizure is ongoing, the child's parents should call the police or the local emergency center. In the event of a status epilepticus, the child must go to the hospital for treatment.