

Metabolic Surgery Dubai

A metabolic surgery is a medical specialized doctor who aims to perform surgeries that help in reducing weight and treat several metabolic syndromes. These surgeries may include gastric bypass, sleeve gastrectomy, and biliopancreatic diversion with a duodenal switch. Several [Metabolic Surgery in Dubai](#) perform these surgeries with proper care and vigilance.

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Are you struggling with obesity and related health issues? Are traditional weight loss methods not providing you with the results you desire? If so, [Metabolic Surgery in Dubai](#) may be the solution you've been looking for.

In this article, we will explore what metabolic surgery is, its types, benefits, eligibility criteria, preparation, procedure, recovery, risks, success stories, and frequently asked questions, so you can make an informed decision about this life-changing procedure.

Introduction

Obesity has become a global epidemic, with millions of people suffering from its detrimental effects on health and quality of life. Metabolic surgery, also known as bariatric surgery, is a surgical intervention that aims to help individuals struggling with obesity achieve significant and sustained weight loss.

In Dubai, a leading healthcare hub in the Middle East, metabolic surgery has gained popularity as an effective and safe solution for weight loss and improvement of metabolic health.

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What is Metabolic Surgery?

Metabolic surgery is a surgical procedure that alters the anatomy of the digestive system to aid in weight loss and improve metabolic health. The most common types of metabolic surgery include gastric bypass, gastric sleeve, gastric banding, and duodenal switch.

These procedures work by reducing the size of the stomach, limiting the amount of food that can be consumed, and/or rerouting the digestive tract to bypass a portion of the small intestine. This leads to reduced caloric intake, increased satiety, and changes in gut hormones that help in weight loss and improvement of metabolic parameters such as blood sugar, cholesterol, and blood pressure levels.

Types of Metabolic Surgery

Dubai offers a wide range of metabolic surgery options to suit the unique needs of each patient. The most commonly performed procedures include:

Gastric Bypass: This procedure involves creating a small pouch from the stomach and connecting it directly to the small intestine, bypassing a portion of the stomach and small intestine. This restricts food intake and causes malabsorption, resulting in significant weight loss.

Gastric Sleeve: Also known as sleeve gastrectomy, this procedure involves removing a large portion of the stomach to create a smaller sleeve-shaped pouch. This restricts food intake and reduces hunger, leading to weight loss.

Contact Us

- Address: Villa 1091, Al Wasl Road, Al Manara Area (On the junction of AlThanya & Al Wasl Road) Dubai
- Mobile: 971 561772998
- Website: www.dynamicclinic.com