

Biofeedback Instructions

1. Prepare the necessary hardware:
Spooky2-XM generator, Spooky Boost, Spooky Pulse, Spooky Tens Pads, Spooky Tens Cable, and a quiet room with a bed for you to lie down.
2. Carefully set up all Spooky2 items. Connect one TENS pad on the left foot and the other on the back of the right hand.
3. We recommend the following settings:

Program Options

Frequency Multiplier	1	Duty Cycle	Out 1	Out 2	Frequency Limits
Repeat Every Freq	1	Amplitude	50	50	Over 0 Hz apply
Repeat Each Set	1	Offset	0	0	<input type="radio"/> Scalar Subharmonic
Repeat Program	0	Phase Angle	0	0	<input checked="" type="radio"/> Octal Subharmonic
Dwell Multiplier	1				Apply

Amplitude Wobble: Disabled 0 % 16 Steps
 Frequency Wobble: Disabled 0 % 16 Steps

Reduce Amplitude < 10 kHz
 4 Hz Gate Randomized
 Skip Concurrent Duplicate Freq
 Remove Duplicate Frequencies
 Override Pause Schedule
 Prevent Global Start

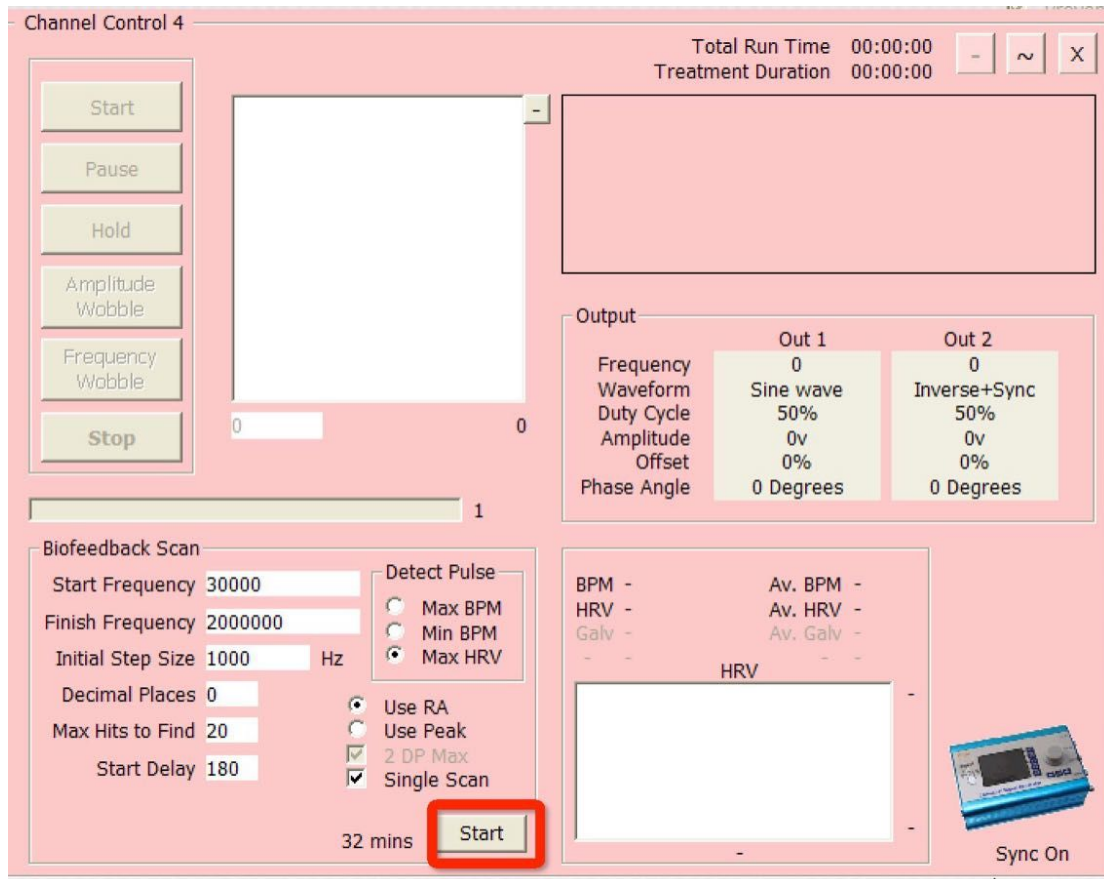
Out2 Control

Out 2 = (Out 1 X 1) + 0 Hz
 Out 2 = (Out 1 X 1) Volts
 Copy Gate Stop when OUT 1 stops

Waveform

	1	2	X	Spike Length	Ratio	Spectrum %
<input checked="" type="radio"/>	<input checked="" type="radio"/>		1	0	2	0
<input type="radio"/>	<input type="radio"/>		1	0	2	0
<input type="radio"/>	<input type="radio"/>		1	0	2	
<input type="radio"/>	<input type="radio"/>		1	0	2	
<input type="radio"/>	<input type="radio"/>		11	0	2	
<input type="radio"/>	<input type="radio"/>		11	0	2	
<input type="radio"/>	<input type="radio"/>		16	0	2	
<input type="radio"/>	<input type="radio"/>		16	0	2	
<input type="radio"/>	<input type="radio"/>	BXBY	1	0	2	0
<input type="radio"/>	<input type="radio"/>	BXBY	1	0	2	0
<input type="radio"/>	<input type="radio"/>	Follow Out1				
<input type="radio"/>	<input type="radio"/>	Spike+Sync				
<input checked="" type="radio"/>	<input checked="" type="radio"/>	Inverse+Sync				
				<input checked="" type="checkbox"/> + Spike		
				<input checked="" type="checkbox"/> - Spike		
				Count	0	

F2 = F1 X 1 Hz 0⁰
 Add F1 to F2



Clear any loaded frequencies.

The Start delay should be set to 240 to provide more time to settle down and relax.

Open the audio so you can hear the notification when completed.

4. Lie down for the scan. Either rest on your back or on your right side. Make sure you are comfortable. Any disturbance will invalidate the results.
5. When the scan has completed, save the scan results to the database. The database can be subsequently loaded into any vacant channel and a reverse lookup performed.