

IronMaster Dumbbells 5 to 70 lbs			
Plates (lb)		5	5
15	lbs	0	1
20	lbs	1	1
25	lbs	1	2
30	lbs	2	2
35	lbs	2	3
40	lbs	3	3
45	lbs	3	4
50	lbs	4	4
55	lbs	4	5
60	lbs	5	5
65	lbs	5	6
70	lbs	6	6

IronMaster Dumbbells 55 to 115 lbs			
Plates (lb)		5	5
55	lbs	0	0
60	lbs	0	1
65	lbs	1	1
70	lbs	1	2
75	lbs	2	2
80	lbs	2	3
85	lbs	3	3
90	lbs	3	4
95	lbs	4	4
100	lbs	4	5
105	lbs	5	5
110	lbs	5	6
115	lbs	6	6