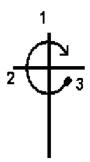
Helios School of Esoteric Science

The Rose Cross Ritual

Decide first which are the Cardinal points of the room (i.e. North, South, East, and West). These should coincide reasonably closely with the actual geographical directions if possible, but this is not essential and purely arbitrary points may be taken as long as they are used consistently and with symbolic intention. Now start thus:

 Stand in the centre and go to the South-East Corner and make a large Calvary Cross and circle in the air, and, pointing to the centre of it, vibrate the Name Yeheshua.
This name is a compilation of the God-Name Yod-Heh-Vau-Heh, with a letter "Shin," representing the human spirit inserted into it.



- Draw the circle quite rapidly, as if you were setting a top spinning, to form a vortex of force oriented by the Cross. On sounding the Name, the figure can be seen to solidify from an outline of light to an actual blood-red rose blooming on a golden cross.
- 2. With arm outstretched before you, go to the South-West and repeat.
- 3. Go to the North-West and repeat.
- 4. Go to the North-East and repeat.
- 5. Complete your circumambulation by returning to the South-East, pointing at the centre of the original Rose-Cross. In the course of this circumambulation, visualise your finger tracing a line of light.
- 6. Return to centre, raising your arm to trace a vertical arc of light, and trace the Rose-Cross above your head and vibrate the Name.
- 7. Go to North-West and bring down hand to point at centre of the Rose Cross there. There is no need to retrace it or recall the Name.
- 8. Turn right about to face the South-East and retrace steps, but now tracing an arc of light through the floor to make a Rose-Cross under your feet in the centre. Vibrate the Name.
- 9. Complete tracing vertical circle by returning to South-East and bringing arm up to point at the Rose-Cross already there.
- 10. Raising your arm, return to centre, picking up the Rose-Cross above your

- head. Vibrate the Name to mark start of third circle, but there is no need to retrace the Rose-Cross.
- 11. Trace circle down to North-East. No need to retrace the Rose-Cross there, or to vibrate the Name again.
- 12. Trace under floor to link up with the Rose-Cross beneath your feet in centre.
- 13. Trace circle up to South-West Rose-Cross.
- 14. Complete circle by returning to centre, bringing arm up to the Rose-Cross above your head there.
- 15. Lower arm and make a Rose-Cross of yourself by performing Qabalistic Cross. Strongly visualise yourself as the centre of the network of Rose-Crosses around, above and below you, and meditate upon the significance of the Ritual.
- 16. Check on the maintenance of your visualisation and do a quick vibration of the Names. Perform ten rhythmic breaths.
- 17. Rise and perform the Qabalistic Cross.