Some Rules of Gerunds and Infinitives

Joine Rules of Well		
1. After verbs of feeling and opinion > Gerunds	5. After prepositions that follow a verb or an adjective > Gerunds	
VERBS: admit, avoid, consider, deny, dislike, enjoy, fancy, feel like, finish, can't help, involve, keep, mean, mind, miss, practise, risk, can't stand, suggest	Prepositions: be interested in, apologize for, be used to, accuse (someone) of, specialize in, succeed in, insist on	
e.g: A healthy life involves taking exercises.	e.g: Are you interested in taking photograps?	
2. Expressions with "spend"> Gerunds	6. After some verbs > Infinitives Verbs: aim, fail, intend, learn how, long,	
Expressions: spend (one's) time, spend (quantity) time.	Manage, need, offer, plan, prefer, refuse, try, want	
e.g: I spent my time reading English books.	e.g: You need to fill in the blanks. Do you want to help us?	
Ali spends a lot of time listening to BBC.		
3. After adjective that describe how someone feel about something > Infinitives	7. After adjectives to give an opinion about something > Infinitives	
Adjectives: afraid, anxious, ashamed, careful, determined, free, frightened, happy, keen, quick, ready, sorry, willing	Adjectives: agreeable, amusing, boring, difficult, easy, hard, impossible, nice, good, important, necessary	
e.g: We are happy to celebrate our fifth anniversary.	e.g: It's necessary to understand grammar.	
I am sorry to interrupt you.		
4. After some adjectives which can be used in phrases with "be" > Infinitives	8. After verbs followed by an object > Infinitives	
Phrases: be supposed to, be expected to, be allowed to, be prepared to	VERBS: advise, allow, dare, encourage, forbid, force, instruct, order, permit, persuade, remind, teach, tell	
e.g: You are not supposed to do every question correct.	e.g: I told him to stay there. My English teacher advised me to listen to English music.	

Some verbs can be followed by —ing or to-infinitive with different meanings. What's the meaning?

Stop	I've stopped watching cartoons.	Stop an activity
	We stopped to go to the toilets at the petrol station.	Stop in order to
Try	I 've tried to understand his English, but I was unsuccessful.	Make an effort
	Let's try restarting the computer.	See if it works
Remember	Remember to bring your portfolio to the class tomorrow.	Don't forget
	I remember collecting marbles in our old neighbourhood.	Past memory
	I regret to tell you that your application has been rejected.	To apologise for something bad.
Regret		To inform something bad. This is
		used in more <i>formal</i> situations.
	I regret not saying goodbye before leaving.	To be sorry now for something we
		did in the past.