

DR ALMOUSAWI CENTER

Contact & Booking

Are you going through some hard knocks and testing times? If you have the feeling that honest and committed support could help your self-development, it would be appropriate considering the accompaniment of professionals on the resolution of things that are affecting you or holding you back.

You can get in touch via the contact details below or clicking booking section.

Characteristics of the therapeutical counselling or coaching sessions:

Duration 1 hour/session.

Price 35 KWD/session.

Discounts can be made for online counselling/coaching at 25 KWD/session.

Personalized evolution programmes from a diverse range of psychological approaches (talking therapy, cognitive analysis, neural management, psychodynamic psychotherapy, dream work...) will be designed in adaptation to the particular situational needs of the consultant, allowing a focused and efficient support that will embrace changes and flexibility as the difficulties evolve. For a productive intervention and accurate assessment of the continuous development, sessions will recommendably take place at consultant's convenience at least once a week.



Call us Now