

# Bariatric Surgeon in Dubai

Are you looking for a [Bariatric Surgeon in Dubai](#)? The bariatric procedure helps reduce the size of your stomach. The expert will help you to lose weight.

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Are you tired of struggling with obesity and the associated health complications? Have you tried different weight-loss approaches without any success? Then it might be time to consider **Bariatric Surgery in Dubai**, a medical procedure that can help you **lose weight** and improve your health. In this article, we will discuss everything you need to know about **Bariatric Surgery in Dubai**, including the procedure, cost, risks, and benefits.

## What is bariatric surgery?

**Bariatric surgery**, also known as [Weight Loss Clinic Dubai](#), is a surgical procedure that helps people with obesity lose weight by reducing the size of their stomach. This reduces the amount of food the stomach can hold and makes the patient feel full faster.

[Bariatric surgery in Dubai](#) is usually recommended for people who have a body mass index (BMI) of 40 or more or a BMI of 35 or more with associated health complications such as type 2 diabetes, high blood pressure, or sleep apnea.

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- **Types of bariatric surgery**

- There are several types of bariatric surgery, including:

- [Gastric bypass surgery](#)

- [Sleeve gastrectomy](#)

- Adjustable gastric banding

- Biliopancreatic diversion with duodenal switch

- Each type of surgery has its own benefits and risks, and the choice of surgery depends on the patient's individual needs and preferences.

- **Criteria for bariatric surgery**

- **Bariatric surgery** is not suitable for everyone, and there are certain criteria that patients must meet before they can undergo the surgery. These include:

- Having a BMI of 40 or more or a BMI of 35 or more with associated health complications

- Being unable to achieve and maintain **weight loss** through Non-Surgical methods

- Being committed to making lifestyle changes after the surgery

- Being in good physical and mental health

# Contact Us

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