

# Amazonite Meaning: Stone Healing Properties & Benefits

## What is Amazonite?

With its enchanting shades of turquoise-green blue colors with pale cream strips and grey swirls, it is a stone to soothe the spirit and calm the soul. This gemstone got its name from the famous Amazon River - the color of which replicate the peace, harmony and has a luster that surrounds it.

Amazonite, also known as Amazon Stone, is a green variety of potassium feldspar and the mineral class of Microcline.

## Healing with Amazonite Crystal

[Amazonite](#) is a soothing stone and is called the stone of courage and truth. It calms the mind and nervous system and balances both the masculine and feminine energies. It aids in maintaining good health and is beneficial in osteoporosis, tooth decay, calcium deficiency, and relieves muscle spasms.

Amazonite empowers one to discover own truths and integrity and relieves emotional trauma, worry, and fear. It provides the freedom to put across one's thoughts and feelings and set clear communication boundaries, both internally and externally. Amazonite assists in manifesting universal love and dispels negative energy. It protects against EMF pollution.

As a metaphysical healer, Amazonite is great for Throat and Heart Chakras and aligns the physical body to the etheric. It refreshes the Heart and Throat Chakras, enhancing loving communication at all levels. Amazonite helps you to see both sides of a problem, awakens compassion for others by allowing one to perceive different points of view.

## Amazonite Physical Healing Properties

In general, Amazonite is known for maintaining good health and an amazing way to boost your emotional and spiritual wellbeing. With the range of physical healing benefits, it balances out thyroid problems and aids in cell regeneration, trauma, or injury, and relieves muscle spasms.

For those having calcium deficiency, Amazonite is helpful in balancing the metabolic processes by helping the body to absorb calcium better. It is useful in resisting tooth decay and osteoporosis and prevent hair loss, and in repairing weak hair and nails. It is also beneficial for those who struggle with skin conditions and in clearing up acne and may relieve the pain of rheumatism osteoarthritis.

## **Amazonite Emotional and Spiritual Healing Properties**

Amazonite is a powerful healer for the emotional body which will increase your self-esteem and confidence and clear away any negative thoughts.

Amazonite is an encouraging gemstone that will let you appreciate all great emotions for improved communication with loved ones. It releases anger and regulates the aggressive aspects of one's personality and supports the mind to seek out emotional balance. It assists to develop the creative and imaginative side of one's artistic ambitions.

Amazonite, the 'Stone of Success and Abundance' also assist on the money front. This gemstone also brings good luck for gamblers, as it attracts money and good fortune. It will allow you to make impulsive buying decisions that help to control your finances.

## **Amazonite and the Chakras**

Chakras are the energy points in the body and each influencing a particular physical, emotional, or mental state. There are seven Chakras throughout the body and each point has an associated color.

Amazonite most affects the Heart and Throat chakras because the gemstones which are mainly of that color will have the most influence on that particular Chakra.

The Heart Chakra regulates our communication with the world and controls what we hold and what we resist. Its influences include clear communication, sincerity, and truth, feelings of love, relationships, and self-acceptance.

The Throat Chakra, known as the voice of the body allows energy from the other chakras to be expressed. If the throat chakra is out of balance or blocked, it can affect the health of the other chakras. When it is open, it allows for the expression of what we feel and think. We can bring out our ideas, beliefs, and our personal emotions, truth into the world. We have an easy flow of energy. The easy flow of energy within the body and spirit that springs upward from the lower chakras can enable free expression and natural release.

The blue crystal energy will unblock the Throat Chakra. The darker shades of blue give confidence to the power of truth, while lighter shades bring the power of flexibility, leisure, and balance.

## **Amazonite Zodiac Sign**

Amazonite gemstones are the birthstones for people having the zodiac sign – Aries and Leo. People born under the signs of Aries and Leo have a natural affinity for amazonite stone.

## **How to use the Amazonite Stones for Healing?**

### **Jewelry**

1. Wear an amazonite wrist mala or prayer beads, amazonite earrings, and necklaces to keep the amazonite gemstones near the head and throat.
2. While going out of the house, carry an amazonite worry stone in a pocket. Its soothing energy keeps the mind calm and helps in stressful times.
3. Keep an amazonite gemstone or pyramid beneath the pillow while sleeping to take the advantage of amazonite benefits through dreams.
4. For spiritual strength, wear amazonite gemstones and beads.
5. With amazonite stone, rub body areas affected by rheumatism, gout, osteoarthritis, and skin irritations
6. To help cure health problems, it is recommended to take a common dosage of Amazonite elixir- 7 drops 3 times each day.

### **Home & Office Feng Shui**

Amazonite is a great energy filter and brings a weight of worth to Feng Shui in both the home and office. If you work with technology, computers, smartphones, x-ray equipment, microwaves, etc then these gemstones will help you get rid of their electromagnetic pollution.

When placed in the home, it creates wonders and aids essential healing. Amazonite can also bring peace and harmony between you and your loved ones, encouraging being more assertive with communication.

**Be your own warrior and have a calming effect with this wonderful gemstone! View Our Amazonite for Sale Here!**