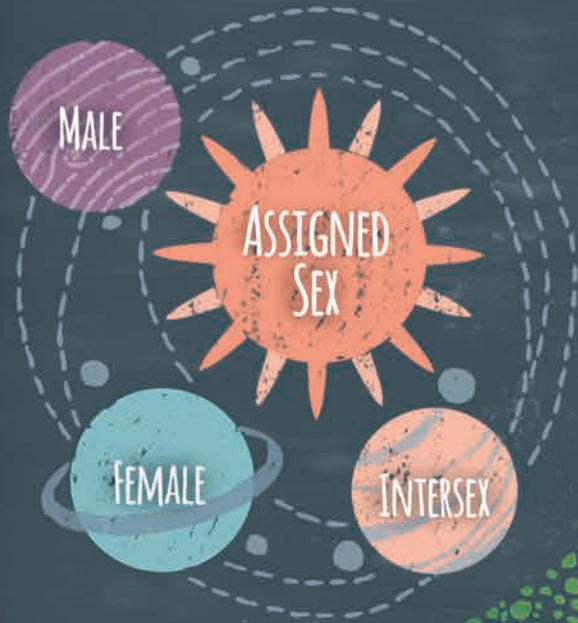


# Gender Galaxy

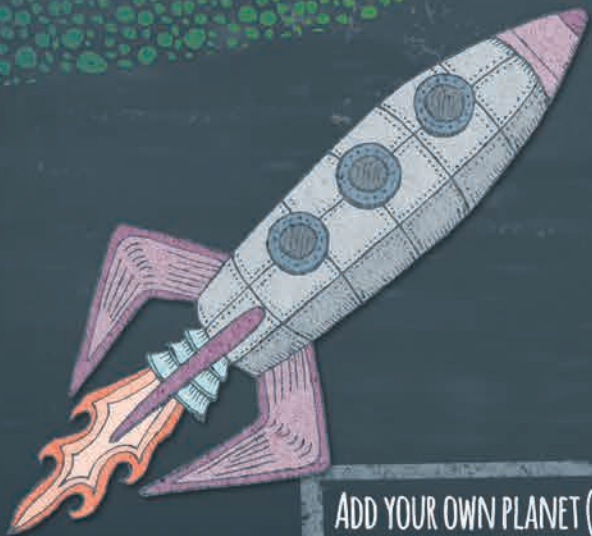
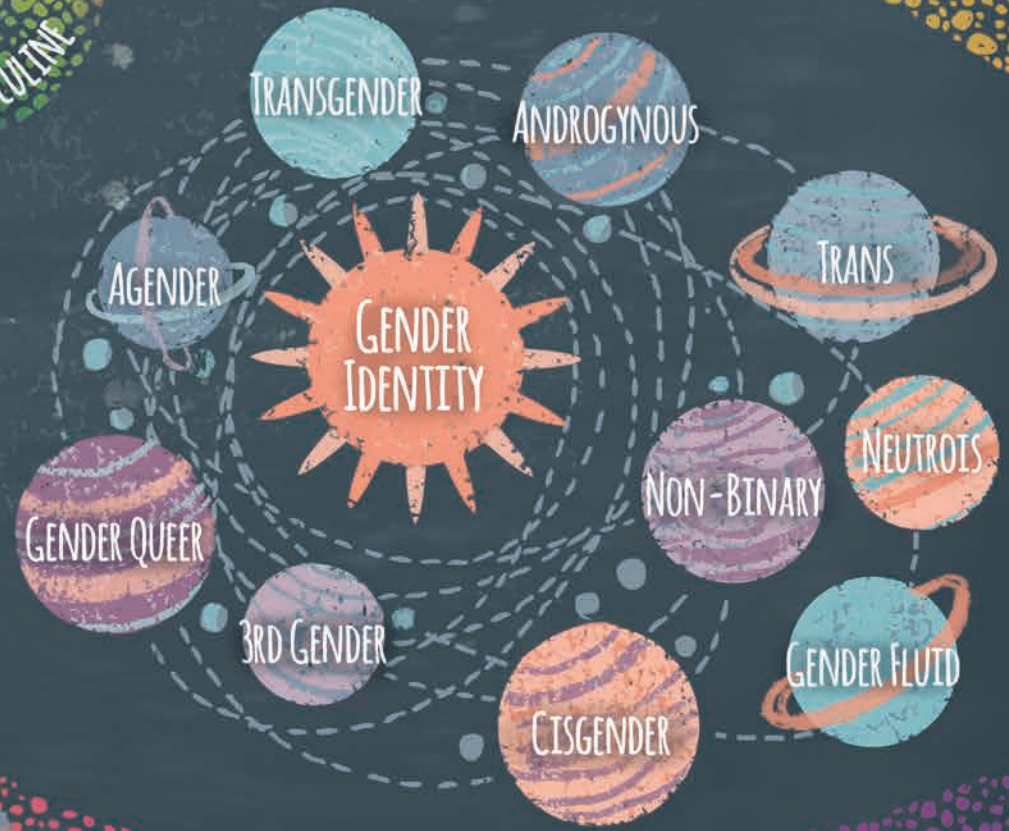
TWO SPIRIT  
GALAXY



SEXUALITY  
GALAXY



FEMININE  
GENDER EXPRESSION = INFINITE POSSIBILITIES  
MASCULINE



ADD YOUR OWN PLANET (COMET OR MOON)!  
MAKE YOUR OWN SOLAR SYSTEM OR GALAXY!



# Gender Galaxy Definitions

**AGENDER:** people who identify as not having a gender or being genderless. They can exist outside of the gender binary, be gender non-conforming, and/or identify as trans.

**ANDROGYNOUS OR ANDROGYNE:** people whose gender expression and/or identity is between, across (both), or outside of the binary and/or does not conform to gender norms.

**ASSIGNED SEX:** the word assigned is used because doctors will usually determine a baby to be either male or female at birth. Doctors assign sex based on characteristics such as chromosomes, hormonal profiles, and genitals. The ways that these sex characteristics can manifest in individuals' bodies is diverse and not as definite or binary as the categories of male and female suggest. Therefore, sex is not only assigned but the binary sex categories of male and female are socially constructed.

**CISGENDER:** people whose gender identity and assigned sex are the same (e.g., someone who was assigned male at birth and identifies as a man).

**CIS MAN:** someone who identifies as cisgender and as a man.

**CISSEXISM:** systemic or individual behaviours, assumptions, and rules that grant preferential treatment to cisgender people.

**CIS WOMAN:** someone who identifies as cisgender and as a woman.

**CLOSETED:** a figure of speech used to describe a person who is keeping their sexual orientation and/or gender identity a secret from others. It is often used in a derogatory or disempowering way (someone who believes they know others' sexual orientations better than the person themselves).

**COMING OUT:** a figure of speech that refers to communicating your sexual orientation and/or gender identity to yourself and others.

**FEMALE:** one of the categories that babies are assigned at birth based on sex characteristics such as hormones, chromosomes, and genitalia.

**FEMMEPHOBIA:** the fear, aversion, hatred, and de-valuing of anything and anyone that is considered feminine, regardless of gender identity.

**GENDER:** refers to the ways that masculinity and femininity have been socially constructed and re-enforced by the dominant culture through norms, scripts, and stereotypes. Gender is socially constructed as a binary (usually through classifications of woman or man), even though this is not the reality of how gender is experienced internally (gender identity) and expressed externally (gender expression).

**GENDER BINARY:** describes the system in which a society classifies all people into one of two categories (men and women), each with associated stereotypes and norms.

**GENDER CREATIVE AND GENDER INDEPENDENT:** terms often used to describe children who do not conform to binary constructions of gender. Children who are gender creative or gender independent may or may not grow up to identify as transgender.

**GENDER EXPRESSION:** how a person publicly presents their gender. This can include behaviour and outward appearance such as how someone dresses, wears their hair, if they use make-up, their body language, and their voice.

**GENDER FLUID:** a term to describe someone who moves between binary constructions of gender and whose gender identity and expressions vary over time.

**GENDER IDENTITY:** refers to an internal sense or awareness that all people have. For most, it can be described as a kind of "man-ness" or "woman-ness." But gender is not limited to two; it is not binary.

**GENDER NON-BINARY AND GENDER QUEER:** umbrella terms used to describe someone whose gender identity and/or expression does not conform to the socially constructed gender binary.

**INTERSEX:** is an umbrella term used to describe people who have chromosomes, hormonal profiles, or genitals that do not typically fit into binary medical and social constructions of male and female. Biological sex, like gender, is not binary. Between 0.05% and 1.7% of people are born with intersex traits, although not everyone with intersex traits identifies as intersex (Free & Equal, 2015).

**LGBTQ+:** the LGBTQ+ acronym includes gender identities as well as identities related to sexual orientation. Fully spelled out the acronym contains lesbian, gay, bisexual, transgender, and queer, with the plus indicating more identities such as asexual, intersex, pansexual, two spirit, and questioning.

**MALE:** one of the categories that babies are assigned at birth based on sex characteristics such as hormones, chromosomes, and genitalia.

**NEUTROIS:** people who identify as gender neutral. They may see themselves as fitting under the gender non-binary and/or trans umbrellas.

**OUTING (SOMEONE):** when someone reveals another person's sexual orientation or gender identity to an individual or group, often without the person's consent or approval. Not to be confused with "coming out."

**THIRD/3RD GENDER:** an umbrella term used to describe people who exist outside of the gender binary. For some people it means the construction of a new gender.

**TRANS:** an umbrella term to describe people whose gender identity and assigned sex are different. It can be used for a range of identities and experiences; every community and individual may define trans differently. Trans is a term that someone chooses to describe their own identity. It is not something you can tell or determine in others.

**TRANS-FEMININE:** someone who identifies as transgender and feminine.


**TRANSGENDER:** people whose gender identity and assigned sex are different. Transgender like all gender identities is internal and not something you can tell or determine in others.

**TRANS MAN:** someone who identifies as transgender and as a man.

**TRANS-MASCULINE:** someone who identifies as transgender and masculine.

**TRANSMISOGYNY:** the intersection of transphobia and misogyny. It is misogyny directed at trans women, trans people, and gender non-conforming feminine people. This includes a range of negative attitudes and feelings such as prejudice, fear, discrimination, harassment, and bias towards trans and gender non-conforming people who either identify as women and/or identify as femme/feminine. Transmisogyny comes from outside and within the LGBTQ+ community.

**TRANSPHOBIA:** the systemic and individual oppression of people whose gender identity and gender expression do not conform to cisgender identities. This includes a range of negative attitudes and feelings such as prejudice, fear, discrimination, harassment, and bias towards transgender people and gender non-binary, gender creative, and gender non-conforming people.

 **TWO SPIRIT (OR 2 SPIRIT):** is a term used by some Indigenous people to self-identify. It is an Indigenous specific term that can only be used by Indigenous people to identify themselves. While the term itself is Anishinaabe based, it has been taken up by different Indigenous nations to describe complex experiences and identities as well as cultural roles and responsibilities. Two spirit can sometimes refer to sexual orientation and at other times to gender identity, depending on the individual and/or their particular nation. It can also describe roles and responsibilities specific to different Indigenous nations that may or may not be tied to sexual orientation and/or gender identity. Like any other term that people use to self-identify, do not assume that just because someone is Indigenous and identifies as LGBTQ+, that they will use the term two spirit to identify themselves. (For more information about the term two spirit and two spirit identities, visit [www.nativeyouthsexualhealth.com/supportcircle.html](http://www.nativeyouthsexualhealth.com/supportcircle.html))

**TRANSWOMAN:** someone who identifies as transgender and as a woman.

